

# ARIZONA MOUNTAINEER

AUGUST 2000

*A toast to trails — with NA sparkling juice. Scottsdale's new mayor, Mary Manross, at right, lifts her goblet at the celebratory bash that culminated weeks of climber-access-trail labor. Story page 5.*



# THE ARIZONA MOUNTAINEERING CLUB

**MEETINGS:** The AMC meets the 4th Mon. of each month (Nov. and Dec. meetings are usually the 3rd Mon.) at 7:00 pm at:

Los Olivos Senior Center  
2802 E. Devonshire Ave.  
Phoenix, Az.

(28th St. just north of Indian School Rd.)

**BOARD MEETINGS:** Board meetings are open to all members and are held two Mondays prior to the Club meeting at Los Olivos Center.

**DUES:** Dues cover January through December. A single membership is \$25.00 per year; \$30.00 for a family. Those joining after June 30 pay 50% of the yearly rates. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be given to the treasurer or sent to:

Arizona Mountaineering Club  
P. O. Box. 1695  
Phoenix, Az. 85001-1695

**SCHOOLS:** The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Contact the Training & Safety Committee for schedules and costs.

## FOR MORE INFORMATION:

Call (623) 878-2485

email [info@AzMountaineeringClub.org](mailto:info@AzMountaineeringClub.org)

Web [www.AzMountaineeringClub.org](http://www.AzMountaineeringClub.org)

## BOARD OF DIRECTORS:

President	Sue Goins	480-821-0535
Vice-President	Erik Filsinger	480-314-1089
Secretary	Lynn Alexander	480-396-1055
Treasurer	Bill Stinson	602-547-2560
Director-1yr	Sherrie Holbrook	602-788-4031
Director-1yr	Jeff Nagel	602-721-1968
Director-1yr	Scott Hoffman	623-580-8909
Director-2yr	Dan Langmade	480-948-6957
Director-2yr	Dan Bolin	480-835-1942

## COMMITTEES:

Access	Wayne Schroeter	623-878-3914
Co-Classification	Scott Hoffman	623-580-8909
Co-Classification	Jeff Nagel	602-721-1968
Conservation	Charlene Todd	480-917-5354
Elections	Don Thomas	480-892-9513
Equip Rental	Paul Norberg	602-808-9244
Email	Penny Medlock	480-807-4920
Co-Librarian	Mark Fleming	480-423-5064
Co-Librarian	Chelsea Alexander	480-396-1055
Membership	Rogil Schroeter	623-878-3914
Mntneering	Erik Filsinger	480-314-1089
Mntneering	Dan Bolin	480-835-1942
Newsletter	Wally Vegors	602-246-9341
NL Distribution		
Co-Outings	SallyBorgLarimer	480-425-9689
Co-Programs	Lisa Barnes	623-931-6721
Co-Programs	Donna Forst	602-485-4648
Public Relations	Kim Huenecke	602-569-0790
Trail Maint.	Jutta Ulrich	602-234-3579
Training, Safety	Wayne Schroeter	623-878-3914
Basic Class	Mick Strole	602-788-4031
Anchors Class	Tim Medlock	480-807-4920
T-shirts	Dustin McDaniel	623-334-2163
WebSite	Jim Sumrall	480-966-4525

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**THE AMC ACCESS COMMITTEE:** The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Access Committee Chair, Wayne Schroeter, at 878-3914, or [wshroeter@sprintmail.com](mailto:wshroeter@sprintmail.com).

**THE ACCESS FUND:** This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of any amount to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$15 or more is needed to receive Access Notes, The Access Fund newsletter.

## THIS MONTH IN THE AMC

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## AMC NEWSLETTER

The *Arizona Mountaineer* is published monthly by the AMC. Items for publication, subject to approval, should be sent to the editor at the AMC P. O. Box. Cover photos and other mountaineering photos are welcome (please submit prints). Climb write-ups ARE welcome. For info call the editor at 602-246-9341. Address e-mail to [vegors@worldnet.att.net](mailto:vegors@worldnet.att.net). Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates:  
Personal ads: free to members.

Business ads: \$5.00 for business card; \$10.00 for half page; \$20.00 for full page \$25.00 for inserts/mo

**August Deadline: 14 July 2000**

## AMC AUGUST BIRTHDAYS

Gary Hendrickson 1, Barton Santello 1, Heather Houk 4, Mark Trainor 6, Troy Axelrod 8, Jason Cooper 8, Sharon Regen 8, Cody Young 10, Tom Kreuser 11, Steve Tillery 11, Matt Salamone 12, Kurt Krause 14, Kit Strole 15, Martin Combs 17, Dustin McDaniel 17, Kathy Sharp 17, Sam Digard 20, Scott Steinhagen 20, Debby Brown 21, Chris Query 21, Keith Jones 23, Steven Anderson 24, Tobias Schwarz 24, Jim Waugh 24, Gary Youngblood 24, Brett Bigelow 25, Sage Dunham 25, Jody Terrizzi 27, Emma Benenati 29, Karen Leeds 29, Heather Markert 29, Greg Bodi 30, Adil Hussain 30, Dean Bothwell 31, Tim Lange 31

## NOT STUFF!!!

I know summer just started, kiddies — but it is almost time to sign up to help teach the fall schools.

So you need to play real hard until school starts. See AMC's cool country no-limit outing schedule.

## AMC LIBRARY

You must be an AMC member, i. e., your name must be on the most current membership list.

The circulation period is 1 month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if you are unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

## MINUTES OF THE AMC BOARD MEETING: 7/10/00

**BOARD MEMBERS PRESENT:** Sue Goins, Erik Filsinger, Lynn Alexander, Bill Stinson, Sherrie Holbrook, Jeff Nagel, Scott Hoffman, Dan Bolin  
**COMMITTEE MEMBERS PRESENT:** Wayne Schroeter, Don Thomas, Wally Vegors, Kim Huenecke, Jutta Ulrich, Jef Sloat,  
**MEMBERS PRESENT:** Tom Conner

**Start time-** 7:05 pm                      **End time-** 8:15 pm

**ACCESS:** Wayne met with climbers in Flagstaff about the re-opening of the Overlook. He & Erik discussed at length the AMC's opposition to (or support of) Prop 100. Decided not to pursue officially without a poll of the membership.

**ADVERTISING:** NR

**CLASSIFICATION:** NR (Although *the box* has now been passed to Jeff...)

**CONSERVATION:** NR

**ELECTIONS:** NR

**EQUIPMENT RENTAL:** NR

**LIBRARY:** NR

**MEMBERSHIP:** 484

**MOUNTAINEERING:** NR (Jim Kisler summited Denali, per Sue)

**NEWSLETTER:** Thanks to Sally for article on Lost Arrow. Lisa is resigning from NL Distribution Committee. Looking for a volunteer.

**OUTINGS:** Need outings for August.

**PROGRAMS:** Richard Horst this month. August will be members' slide show and photo contest night.

**PUBLIC RELATIONS:** Zooquest was a big success. Thanks to all from Kim. If they do it again next year, should we participate?

**TRAIL MAINTENANCE:** Almost done w/ Pinnacle Peak. Wayne hopes to make his "Wedge & Cheese Party" an annual event once PP is finished.

**TRAINING AND SAFETY:** Chris Query to conduct a Land Navigation class. Info in newsletter.

**TREASURER:** NR

**T-SHIRTS:** Dustin McDaniel will take over this committee from Jeff.

**WEBSITE:** NR

**OLD BUSINESS:** Decided on Pinnacle Peak for Adopt-a-Crag. Dan Bolin to coordinate. Still waiting for quotes from insurance agents.

**NEW BUSINESS:** Time to renew State Trust Land Permit.

The meeting was adjourned at 8:15 pm

## MAP, COMPASS, GPS AND AWAY

AMC's Chris Query's introductory Map Reading and Land Navigation course will be offered again this year to AMC members.

The schedule includes two evenings at Los Olivos, Aug 8 and 10, and a field day in the Flagstaff/Lake Mary area on the 12th. A class fee of \$20 covers the cost of reproducing topo maps, a "mapper's rosary," other neat gizmos, etc. The class will be limited to 20 participants.

The course will cover many of the basics of land navigation with a strong focus on the USGS 7.5 minute topographic maps. To be covered:

How USGS maps are generated

Map interpretation, 7.5 min. series.

Navigation with map and compass, even if you have only one of the two.

Altimeter and GPS integration with travel.

Neat navigation techniques and tricks.

Call Chris at 602-258-6471 (p) or write [cquery@kenneyaerialmapping.com](mailto:cquery@kenneyaerialmapping.com). Make haste since the word is out.

*(While "introductory," students should not forget to bring brains to class. But it is well worth the effort—Ed.)*

## NEW AMC MEMBERS

Adam Bowman

William Campbell

Anders Flaaronning

Philip Goebel

Lynne Hulvey

Dustin McDaniel

Brian McHenry

Kelly McKibbin

Bill Reid

Susan Reid

Jay Skardon

Arjen Stickel

Simone VanDerSalm

## DISCOUNT DIRECTORY

The following merchants currently offer a discount to AMC members.

**Arizona Climbing Center** - 1911 West Cheryl Drive, Phoenix, AZ 85021, 997-4171. Show your AMC membership card and get a 10% discount at gym and shop, special orders 20%.

**Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, 944-7723  
Show your AMC membership card and get a 10% discount; special orders 15%.

**Desert Mountain Sports** - 2824 E. Indian School #4, Phoenix, AZ 955-2875  
Show your AMC membership card and get a 10% discount - ask at DMS for further details.

### AMC RENTAL EQUIPMENT:

EQUIPMENT	Lb-Oz	Qty	Cost/Wk
Tents:			
4-season 2-3 man 7-6		1	10.00
4-season 2 man	6-0	1	6.00
3-season 2 man	5-0	3	5.00
4-season 1 man bivy	1-15	1	7.00
Sherpa Snowshoes		8	5.00
Ski poles (var. sizes)		4	0.50
Crampons (sizes 6-14)		10	2.00
In-step crampons		1	2.00
Gaitors (Goretex)		2 pr	2.00
Ice axes (70-90 cm)		12	2.00
Snow shovel	1-10	2	3.00
Snow pickets; flukes		10 @	1.00
MSR Multifuel Stove		1	3.00
Yates Big Dudes #6, #7			5.00
Haul bag		1	10.00
PortaLedge		1	50.00
Jumars		3	5.00
Climbing shoes	Various sizes .. Call		

**EQUIPMENT RENTAL GUIDELINES:** Your name must be on the most current membership list. Deposit required; varies by item; generally \$20-\$50. The two-personal-checks system works best. Advance reservation suggested. If not using the reserved equipment, please call and cancel. Call Linda Locke at 602-997-4235 for shoes. For everything else, call Paul Norberg at 602-808-9244.

## TREASURER'S REPORT

Statement of Operations  
01/01/00 Through 5/31/00  
Category Description

Amount

<b>INCOME</b>	
Advertising	50.00
Book Sale & fines	0.00
Contra Acct	20.00
Equipment Rental (incl shoes)	298.00
Interest	45.70
Membership Dues	6686.00
Program Income	95.00
Tee Shirts	80.00
Training & Safety	14,475.00
<b>TOTAL INCOME</b>	<b>21,750.08</b>

<b>EXPENSES</b>	
Access	100.00
Administration	678.98
Bouldering Contest	250.00
Conservation	0.00
Equipment Maintenance	0.00
Equipment Purchase	1,909.75
Library	85.52
Newsletter	1,955.28
Outings	110.00
Programs	1,953.00
Bank Charge	41.79
T-shirts	0.00
Training & Safety	8,626.58

**TOTAL EXPENSES** ..... 15,762.60

**OVERALL FOR YEAR TO DATE** ..... +5,987.48

<b>ACCOUNT BALANCES</b>	
Savings (4,470.13 from CD)	4,478.34
Checking	3,465.26

**TOTAL ASSETS\*** ..... \$7,948.32

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### AQUARIUM FOR SALE

Saltwater 50 gal. Complete setup with live rock. Call Mick Strole for details — 602-788-4031 \$575 OBO

COMING IN AUGUST

## AMC'S ANNUAL PHOTO CONTEST

1. Members will be voting for favorite photos in each category.
2. Categories:
  - landscape
  - climbing/mountaineering
  - humor
  - other adventures
3. Post it notes on the back of the photo, so after the voting we will be able to determine who/what/when/where/etc.
4. Ribbons and prizes will be awarded.
5. Any size/ any photo accepted. *Shoot it now.* Bring it to the August meeting.

The meeting will be held on Monday, August 28, from 7:00 - 9:00 p.m. at the Los Olivos Senior Center, 2802 East Devonshire Avenue, one block north of Indian School to the east of 28th St.

### THANK YOU WAYNE!

For the past several months, there has been a trail maintenance project going on at Pinnacle Peak to help build and restore a climbers trail to the main peak and surrounding climbing areas. Wayne Schroeter has taken the responsibility of spearheading this project for the AMC and some time ago was recruiting AMCs to come out to Pinnacle Peak on Thursday evenings.

When I first read Wayne's "solicitation", I was thinking - "Work outside, in Arizona, during sunlight hours, in June and July no less? He's a nut!" But I decided to give it a try since we have worked so hard to get the Peak open and I really want to climb there someday - and someday soon. However, all of my doubts about cooler temperatures and shade from the hot summer Arizona sun were put to rest. What an experience. Every week I went out to the Peak, the progress we were making was unbelievable. Each week, I was able to get closer and closer to the Peak - and on a trail that was easy, well defined, and most importantly - SAFE. We laid rocks, poured cement, shoveled dirt, laid more rocks, mixed

more concrete, and moved more dirt. But the progress was apparent and gratifying.

I would like to give a HUGE thank you to Wayne for all of his hard work. I hear at last count, he has hiked over 3,000 pounds of concrete up the Peak. I don't even know what the amount of tonnage of rocks he carried would be - but my guess is it's around the same number. And the gallons and gallons and gallons and gallons of water (I do know that for every 60 pounds of concrete mixed, you need about one gallon of water. Do the math!). I know that Wayne has dedicated much more than his Thursday evenings to Pinnacle Peak, and I would like to thank him for all his hard work and energy. It has been my pleasure to work alongside him. Words cannot capture the respect and appreciation we should have for a man who has been so devoted to this project.

I would also like to thank everyone else who contributed their time and energy - this is a project we can all be proud of!

—Jen Davies

## ACCESS

Whew! The scheduled eight trail work sessions are over. A group of 19 of us knocked off early, at 7:00, to gather at the Wedge and celebrate the end. Sherrie, the Hostess with the Mostest, laid out a fruit-and-cheese spread and brought up sparkling apple juice for a toast in crystal (well, almost crystal) goblets. We sat on top of the flat boulder next to the Wedge and watched the clouds play with the sunset, with patches of sun flashing on the distant mountains at times. Mayor Mary Manross and her husband joined us for the evening. We even had a security guard from Estancia drive up as far as he could and yell at us that we were on private property and should leave. (Later, he trespassed on the State Trust Land below to intercept us as we departed. Erik introduced him to the mayor. I'm sure he had a good time. It's tough being one of the uninvited.)

Although not quite done with the Sundeck trail, we are almost there. There is a steep gully at the top of the trail, and we are reconstructing it to change the drainage pattern and protect the trail from washout. Jef, ever the engineer, is directing the come-along (get-it-along to some people) work and hauling some huge rocks into the stairway. The Wedge trail is complete.

The next step is to meet with Scott Hamilton, Scottsdale's Trails Coordinator, and the AMC's own Michael Baker, who is also the Project Director of the Volunteers for Outdoor Arizona (VOA), and go over the trail. We will see what changes or suggestions they have.

Thanks to all who have come out over the summer trailwork sessions. In all, we had 33 people who came out at various times, with about 300 volunteer hours put in on the trail in these eight sessions plus some unscheduled sessions on other nights. In total, between Paul Dief's efforts on the first half of the climber's trail and ours, we have put in about 7000 pounds of concrete, all hauled up from the parking lot. We have imported several tons of rocks - trucked in from half a mile away, then hauled from the parking lot. We have used over 800 pounds of water - yes, hauled from the parking lot. We purchased a come-along, paid for by VOA, and have moved some hefty boulders. In one of them, weighing an estimated 1800 pounds, we drilled four holes and installed bolts to use in lowering it into place, then removed the bolts and filled the holes. Some people will do anything for a climbing fix!

Speaking of climbing, next year, we will all

be thrashin' and danglin' on Thursday evenings instead. And we should have the second annual Wedge-and-Cheese party, also. If you see these people, say "Thanks!"

Andres Flaaronning  
Bill Kurek  
Bill Reid  
Bob, Terry's friend  
Bruce McHenry  
Bruce Robbins  
Connie Gartner  
Dave Johnson  
Debbie Brown  
Deke Joralmon  
Diana Sherwood  
Elliot Rector  
Felipe Flores  
Frank Vers  
Jef Sloot  
Jeff Harvey  
Jen Davies

John Stickney  
Jutta Ulrich  
Michael Baker  
Paul Paonessa  
Rogil Schroeter  
Ross Astoria  
Sally Larimer  
Scott Hamilton  
Sherrie Holbrook  
Stan Marks  
Ted Gartner  
Terry Woods  
Thomas Kieffer  
Tom Conner  
Wally Vegors  
Wayne Schroeter

### AMC Adopt-A-Crag

Access Fund Service Project—September 9

The Access Fund is sponsoring Adopt-A-Crag events nationwide on September 9, 2000. The AMC's contribution to this day of community service will be to build a permanent trail to not just one but two climbing "craggs": Y-Crack and Cactus Flower at the new Pinnacle Peak Park. AMC volunteers have been busy this past year building the access route to the Peak itself and helping to improve the main trail, which will provide access to the park and the climbing spur trails.

Here is the agenda (subject to revision):

7:00 Sign in at the trailhead

7:30 - 11:00 Trail work

5:30 Barbecue at the Larimer residence

What to bring: Sun protection, something to carry water in (we will have extra on-site), good boots, work gloves, snacks and plenty of enthusiasm.

Volunteers for Outdoor Arizona (VOA) will plan and coordinate the trail work. The project will primarily focus on construction of a new access trail from the main trail to the approved climbing areas on the northwestern side of the park: Y-Crack and Cactus Flower. VOA is working with the City

*(Continued on page 8)*

## A VISCERA SHRIVELLING CHALLENGE — LOST ARROW SPIRE

Mick Strole, Sherrie Holbrook, David Larimer and I spent a week climbing in Yosemite and a week climbing at Lover's Leap, near Lake Tahoe in June. We climbed lots of rock, but a noteworthy highlight was climbing the Lost Arrow Spire in Yosemite.

If you've never seen the Lost Arrow Spire, check out this web site for a photo: <http://www.serve.com/essex/5-10/images/lostarrw.jpg>. The thin, 300 foot tall formation is attached to the side of the canyon wall close to Upper Yosemite Falls. The sloped top of the spire has room for a handful of people and is around 50 feet lower than the canyon rim. It is separated from the rim by "the notch" — 75 x 300 feet of space filled with the thundering roar of the falls. Cars on the valley floor looked like ants and people were tiny specks from our vantage point up on the rim. My stomach had more knots than the anchor school manual as we prepared to rappel to the bottom of the notch to climb the spire.

The real preparation began weeks earlier, with Mick's idea that we should climb the Lost Arrow. David immediately bought the idea, but I had to bounce it off Wayne Schroeter to see if he thought Mick and Dave were crazy or not. With Wayne's vote of confidence that "the twins" were capable of leading an aid route (their first), I bought into the idea. Mick did a lot of reading about the climb, noting gear we would need in order to pull this thing off. It sounded really exciting. I drew pictures on my white board at work and proudly told my co-workers what I planned to do on my vacation. I loved the look of horror on their faces as I explained the Tyrolean traverse we would use to get off the spire.

Preparation continued in Yosemite, as Mick, Sherrie, David, and I stood on the valley floor with binoculars watching another party on the spire one afternoon. We studied the route, located the trailhead, and estimated how long we'd need to hike to the top of the canyon. We carefully compiled our gear, leaving excess equipment behind for the 4½-mile 2900' elevation gain hike. Sherrie decided to be the "support crew / photographer" on our expedition. She wanted to help carry gear and take pictures, but she didn't need the thrill of an exposed climb.

We began the hike around 5:30 AM. We needed an alpine start for two reasons. First, we didn't want to be stuck on the spire after dark —

we wanted to allow a full day in case there were any problems. Second, we didn't want some other crazy fools to beat us to the climb! If another party got there before us, we might wait for hours for them to get off the route just so we could start and then we probably *would* get stuck in the dark.

The trail was well maintained and very well built, full of switchbacks and going relentlessly uphill. We arrived at the top around 8:30 AM — the first party to get to the spire. I couldn't believe the exposure. It looked so scary that I almost backed out. It was the thought of going back to work and telling everyone that I didn't even *try* that motivated me to overcome my fear and "just do it."

Mick tied two ropes together for the rappel and anchored one end to a huge pine tree. We would all have to pass the knot on rappel. As Mick neared the edge, he looked over his shoulder and then down at where he was going. He looked back at us, wide eyed, and said "Oh my God!" before he sunk out of sight.

Mick set an anchor part way down so he could pass the knot on rappel without using prusiks. Then we re-adjusted the rappel line so the knot made it to a ledge to make it easy for David and I to get past the knot. When it was David's turn to go over the edge, he had a similar reaction to Mick's, exclaiming "Holy \*#\$\*!" before he disappeared. As I waited for my turn, I was shaking all over.

Finally, it was my turn — gulp. Talk about commitment — it was awfully scary to rap down, knowing what was ahead of us, and I didn't even have to worry about leading anything! (Of course, we could have jugged back up our rappel line if we failed, but that would change the whole story.) I took a deep breath and let gravity do the rest.

The notch was a big jumble of granite debris. The belay station was a ledge out away from the notch, with enough room for all three of us to stand comfortably. I kept checking and rechecking my carabiners to make sure they were locked into the anchor and was paranoid about dropping something.

David led the first pitch (5.10d), free climbing the first part and aiding the crux. It was his first aid lead and I was happy to hear him call "off belay." He fixed the rope and Mick jugged up the line and cleaned the gear. I sat there on that ledge, 2500 feet off the valley floor and reveled in the idea of where I was. I never dreamed it would turn out like this when I took the AMC's basic school a few years back.



## LOST ARROW CHALLENGE (Contd.)

After Mick got off the line, it was my turn to jug. In the Big Wall class, Captain Ron said we wouldn't forget to tie off short when we were jugging in real life, and he was right. I wanted to tie off every 3 feet! There was an awkward section, but I grunted through it and before long was on the Salathe Ledge with the twins. One pitch down, one to go.

Mick led the second pitch (5.12b), aiding the entire pitch. It was a really exposed lead and he sailed through it just like he knew what he was doing. As David cleaned the second pitch, I enjoyed the wait, but kept a really close eye on the end of the rope that came down to the ledge. I imagined the wind blowing the rope around the corner, stranding me on that ledge – so I kept the end tied into the anchor. Even with the rope secured, I couldn't let go of the end of it.

Salathe Ledge was huge, much roomier than the first belay ledge. It was on the outside edge of the spire in total sunlight. The temperature was comfortable and I had a perfect view of the trail and all of the specks moving along it. Sometimes the specks wouldn't move and I wondered if they were watching us. I had a partial view of the falls and as I waited for my turn to jug the second pitch, I studied the water patterns, marveling at where all that water comes from – or goes!

When David topped out, he and Mick re-directed the rope so that I could jug straight up the face in front of me, avoiding the scary arete that they had gone up. I didn't need any more exposure, so I was happy. The pitch was around 165 ft and I got into a rhythm ascending the line. When I got to the top, my first thought was "Wayne was right! We did it!" but we still had to get back to the rim, so the party wasn't quite over. We posed for a few summit shots, then got down to the business of getting back to the rim via the Tyrolean Traverse.

We had talked to a climber on the trail near the spire before we rappelled in. He had been on the spire the day before and had left a fixed line in place for his group to use the following day. He suggested that we use their line for the traverse so that ours wouldn't tangle in theirs as we pulled our rope. We decided to take him up on his offer, so we didn't have to rig a traverse line.

Mick went across first. He attached himself to the fixed line via a carabiner on his harness and tied into our lead rope. David lowered him into the abyss, until he was hanging on the "clothesline" forming it into a V shape. Then Mick used his ascenders and aiders to jug across and up the other side. (Food for thought: think of the force on the traverse line and the anchors if there wasn't enough

slack to form a V!)

When Mick got to the other side, he untied from our lead rope and we pulled it back to us so that I could tie in and go across the same way he did. It was freaky, hanging out on the clothesline like a piece of (dirty) laundry! It was hard, awkward work. I was so focused on getting across that I didn't really have time to get stressed out over the exposure. I can remember the thundering roar from the falls, the ground moving far below me as I twisted and gyrated on the line, the feeling of lots of space around me, and I can see my ascenders moving in jerky motions to get me across to solid ground.

When I got safely anchored on the rim, it was David's turn. His method of getting across would have to be slightly different than ours. He tied into the other end of our lead rope, then rappelled on the fixed line to the center of the V. He needed to get out of the rappel device and ascend the fixed line, but it was awkward and difficult because, being in the center of the V, there was weight on both sides of the rope. He needed to unweight the rappel device to get it off, but it wasn't possible out there in the center of the V and prusiks wouldn't be of any use. He hung out there for a while, in radio contact with us, with he and Mick trying to figure out how to get the weight off the rappel device so he could use his ascenders to come across. Finally, he muscled a bunch and we helped by towing him with the lead rope until the point of the V was on the rim side of the chasm. At that point, he could make a couple of moves to a ledge on the wall and stand on it to get weight off the rope and get out of the rappel device. Then he jugged up the line to join us on top. By 5:45PM we were all safely on the rim. NOW we could say "We did it!" (You were right Wayne!)

Climbing the Lost Arrow Spire was the most scary, exposed climb I've ever done. It gave me a lot of confidence to face my fear and do it anyway. It also gave me a new story to write to Mom – this one was definitely something to write home about!

*Sally Borg Larimer*

## AMC Adopt-A-Crag (cont. from p. 5)

of Scottsdale to improve and complete the nearly two miles of trail from the planned trailhead to Jomax Road by next summer. Several AMCers participated in the first stage of this work last April 1. VOA takes trail building seriously and we have found that people do much better work if they are having fun. This event will be no exception.

The trail to Y-Crack and Cactus Flower needs to be constructed to serve general visitors to the park as well as climbers. Once people have reached the point where the spur trail to the climbing routes leaves the main trail, the gentle grades and the saddle between the peak and the outcroppings at the climbing areas will make this a popular destination for park visitors. Many will not want the challenge of the additional elevation gain that lies along the main trail beyond this area, much less the nearly four mile round-trip and significant elevation changes that will be entailed in walking to the south end of the park and back. In addition, non-climbers (families, sweet young things, etc.) will be drawn to observe the elegantly chiseled and fashionably clad bodies of AMC studs and studettes demonstrating exquisite climbing technique.

AMCers will build a stable, environmentally friendly trail. (Well, as environmentally friendly as a trail can ever be.) The trail will be built to City of Scottsdale specifications and follow an alignment approved by the City. In addition to the new trail segment we will tackle a few unfinished tasks in the area of the main trail we worked on April 1, provided we have sufficient volunteers. Michael Baker, Project Director of VOA (and a member of the AMC, but not one of those hard-bodied, exquisite climbers referred to above), will lead this event.

No prior trail work experience is necessary. VOA crew leaders will orient you to proper use of tools (provided by the City of Scottsdale) and trail building technique. To ensure a good product (and to make certain we have enough tools) we need to require advance registration. No small children or pets please.

The number of crew leaders will limit the number of volunteers. Because VOA has so many projects this year, it is stretched for crew leaders. If you have prior trail-work experience and are willing to commit to a short on-site training session before the event, please contact Michael Baker (480.368.9321 or michaelb@dgcenter.org).

*(continued next column)*

## THE PROMISED LAND

On Saturday, July 8th, Frank Vers led an outing to the Promised Land in Chino Valley outside of Prescott. Thinking originally that the elevation wasn't high enough, and temperatures would be uncomfortable to climb in, I still decided to brave the elements and go to this beautiful canyon. A group of 14 AMCers headed north early in the morning, under very gray skies. Upon reaching the trailhead, the skies remained gray, but the temperature was comfortable and not humid. I hiked into the Promised Land with my fingers and toes crossed - to try to keep the rain away (goodness only knows I had had enough of it over the 4th of July weekend at Mt. Lemmon). It didn't work. We reached the area to lay our packs and then the rains came. After about 30 minutes of hiding under an overhang and listening to a very upset squirrel who was caught in the rain, the skies dried out. We quickly grabbed some ropes and gear, and Frank and David led several climbs to set up our top ropes. It was the first time I had seen Frank climb, but I had heard the tales of his abilities. I hope to one day be as smooth and as calm a leader as he is. The rain continued all day on and off, but never enough to get drenched, and never enough to scare this group of climbers off the rock.

Several congratulations go out to our AMCers: Isabel led a mixed 5.8, Glenn and Bruce improved their climbing prowess by getting up several 9s and 10s, and Sally, Kathy and myself acted like lizards and heel hooked our way up an absolutely incredible 5.10. I've only been to the Promised Land twice now, but both times I have enjoyed the rock and stunning canyon.

We ended our climbing with beer, chips, salsa, and hummus at the parking area. We then decided to embark onto Whisky Row and the Prescott Brewery for some great food and beer - although I don't know if our waiter appreciated our sense of humor - and Kira's questions about the menu. What a fun way to spend a day!

*Jen Davies*

## AMC Adopt-A-Crag

*(continued from previous column)*

You may register for this event in two ways:

1. E-mail to [amc.adoptacrag@dgcenter.org](mailto:amc.adoptacrag@dgcenter.org)  
Subject: sign me up. In the message include your full name, e-mail, home phone number. Include the same information for anyone else who will accompany you.

2. Call Dan Bolin at 480.699.1437

## AS IT (Luckily) TURNED OUT — STILL A BEAUTIFUL DAY

It was a beautiful day to climb at Jack's. It had just rained the night before and everything smelled fresh...the cloud cover remained throughout the day keeping the sun out of our eyes and off our backs...the winds were cooling. I led my first two climbs of the day on the High Life Wall (5.8's), working my self up to the 5.9 (6 bolt) called "Walk in the Park." The crux seemed to be getting off the deck and up to the first bolt, but then this is characteristic of Jack's.

Working my way up, I felt good, I felt confident... then came to the last bolt(s) the double set of eye bolts at the top. I found that it was just about 6" out of reach from a comfortable stance, so knew I had to work myself up a bit higher to clip it. With my feet pressure stemmed, my left hand on a precarious hold, I clipped the bolt with my right hand, pulled up the rope and missed the clip! Of course this meant I had to reposition and try again. My belay partner, knowing I was ready to clip again, gave me the slack to pull up the rope. I pulled up the rope with my right hand, and lost the grip from left hand, closed my eyes and prepared to die (no kidding). I just relaxed my body the moment I went down. It just happened so fast!

I heard my head crack against the rock...the next thing I knew, I was upside down watching my blood spill on the rock. I remained calm...first thing I had to know..."how bad am I bleeding?" I was conscious...this was good. At the time I felt no pain (later thinking I must have been in shock)...and all I could imagine was that I had split open my skull and my brains were going to come out of my head! I managed to turn my self upright, and said, "I Guess I'm coming down now."

The three friends who were with me and three guys from Tucson on the wall next to us came rushing over to assess the damages. Amazingly, I felt okay...my neck was working, I could stand on my feet, though my head was throbbing. From the eye witnesses' recollection, apparently, when I fell, my feet hit a ledge below me, I bounced off the ledge and caught my leg in the rope, which turned me upside down! Mike, my belay partner, thought I cracked my back...said it looked as though I hit it hard. The thud he heard was my head hitting the rock. My back and right shoulder were a bit scraped (like road rash from falling off a bike) and my head was bleeding from everywhere!

Mike's girlfriend rinsed water through my head, to see how badly I was cut...already the blood was beginning to clot, and it looked as though the abrasions were not deep, but scrapes (the rock is very jagged on this wall). With most of the blood washed out, I tied my hair up into a ponytail and went to sit

down. My friends wanted to call it a day and leave at that moment, but I insisted on waiting it out a while...I wasn't slurring my words and other than some slight throbbing, I was feeling okay. I was so afraid that I would lose my lead head then freak the next time out if I didn't get back up on the rock that day! So we hiked on back toward Casino Wall (closer to the trail out), where I knew of 5.6 and 5.7 to get up on.

Against the advice of my friends, I lead Circus Circus (5.6) successfully! Though one of the guys who had seen me fall faced away so as not to watch! I felt a bit spooked, and didn't know if it was me or the route, but it seemed more challenging than a 5.6. I guess I was entitled to feel a bit spooked. The others who followed confirmed my feelings regarding the challenge, which made me feel more confident. At this time (about 5:30 p.m.) the kangaroo rats began scampering around the rock, so we decided to call it a day!

I drove home, put away my gear, then it started to sink in what had happened! I realized that I was sooooo LUCKY to come away with the injuries I had...and that there was every reason for my fall to have been fatal...but that it just wasn't my time to go. I remembered that after it was established that I was alive and with nothing broken, those who had witnessed said mine was a "champion fall." One of the guys from Tucson informed me that I was "one tough lady!" My belay partner was so grateful I spoke to him while hanging upside down.

I then did some serious reflection on the incident, and not only did I know that I had just spent one of my lives, I did some rethinking on safety!

First and foremost...WEAR A HELMET!! I cannot stress this enough! For two days after, every time I closed my eyes to sleep, I would hear my head hit the wall...and wake up in a cold sweat!

Second: don't be so concerned with being a purist and climbing the lead clean...hold onto the draw or piece you just clipped if you feel you're in trouble...You have a better chance at living to try it again!

Third: Make sure your belayer is anchored. I was lucky that my partner was considerably bigger than I...but even at 108, I managed to pull him in a bit toward the rock!

Forth: with this in mind as second nature...enjoy a beautiful day of climbing without injury!

—Janet Krisinski

## Good Zoo Quest Do-Bees

Zoo Quest at the Phoenix Zoo ran from June 1<sup>st</sup> to July 1<sup>st</sup>. Visitors to the zoo got to ride kayaks, mountain bikes, build sandcastles and rock climb.

The AMC had volunteers every Thursday, Friday, and Saturday night of this event. The people that climbed the wall seemed to have fun. The zoo did very well with this event. They are planning on doing this next year but are going to change some of the events. The zoo was very happy with our volunteers.

I want to thank the volunteers for helping with this event!!!! You all helped to make this event a success for the zoo. BIG HUG AND KISSES TO YOU ALL!!

Mary Sauve  
Charlene Todd  
Tim Ward  
Wally Vegors  
Rita Ingram  
Elissa Rinestone & Scott Nowacki  
Lynn Alexander  
Bruce McHenry  
Ted Scarton  
Debbie Brown & Bruce Robbins  
Perry Kearny  
Richard Ballan  
Jody Terrizzi  
Michael Schuerich  
Karin Callan  
Penny Medlock

—Kim Huenecke

### "MAROONED"

Coyote  
yodels night in.  
We cling to raw granite,  
mourning the fast flooding red tide  
of roofs.

(Pinnacle Peak, 2000)

## MT. LEMMON ROPE WASH PARTY

Six AMCers and a guest got rained out, BIG TIME, at the Ridgeline on Mt. Lemmon July 2nd.

There were intermittent showers as we were getting started, just enough to fool us into thinking that the final downpour was going to be another 3 minute sprinkle. By the time the sky opened up, we had 2 climbs left to break down. The crag turned into one big waterfall and Rogil was crazy enough to climb a route to break the climbs down. Ropes and climbers were drenched!

Sally's friend Kerry, from Tucson, had joined us and she invited us to come to her house instead of camping in the rain. After Kerry headed for home, two more AMCers showed up. We retreated into Tucson for lunch, then shopped and lounged in camping chairs at the Summit Hut for a while, before deciding to take Kerry up on her offer. Kerry and Martin, along with their 3 young boys, welcomed 7 of us into their home, fed us dinner, and made waffles for breakfast the next morning before sending us back up the hill to climb. Awesome hospitality!!

On Sunday, we revisited the Ridgeline, where we had nice climbing until early afternoon. We moved to the Boneyard for some more challenging climbs and got rained out before we began to set anything up. Again?! Some people headed back to Phoenix, the rest of us, not willing to give up so easily, headed down the mountain into clearer weather and climbed the rest of the afternoon at Green Slabs.

More people showed up Sunday night and we all climbed at Windy Point on Monday and at the Druid on Tuesday. The Druid was a new area for all of us and we found some great sport routes there. We also found a great group campsite, near the Druid, which the AMC can reserve for future use. All in all, we had a great weekend.

— Sally

## You Deserve a Day Off!

Come join Paul Paonessa for an outing on Monday, August 21. If you work weekends, want to reclaim some of those extra hours you've been putting in, need to use a vacation day, or just want to call in "well", this is the outing for you! Location and difficulty of climb will depend on the participants. Contact Paul 623-979-2257 to sign up.

- Sep 23 **Grand Canyon Cleanup.** Gary Youngblood 602-508-9696.
- Oct 5 **Basic Climbing School Instructor Meeting.** Mick Strole 602-788-4031.
- Oct 10 **Basic Climbing School.** Oct 10,12,14,15,17,19,21. \$150. Rogil 623-878-3914.
- Oct 28 **Queen Creek Cleanup and Climb.** Charlene Todd 480-917-5354.
- Nov 2 **Anchors School Instructor Meeting.** Tim Medlock 480-807-4920.
- Nov 7 **Anchors School.** Nov 7,9,11,12. \$50, \$62.50 non-members. Rogil 623-878-3914.
- Nov 22 **J-Tree Thanksgiving.** Group campsite #1. Watch for details in Oct and Nov newsletter. Nov 22-26.

\*Group outings: The campsite, where possible, is reserved by the AMC. There is no designated leader, although there may be a leader to work with non-leaders (call to find out). Call to find car-poolers. Parking is first-come, first-served in some cases. To request outings: Call Outings Chairperson Sally Borg, 602-788-3552. To cancel: Please call the outing leader to cancel as soon as possible: there may be a waiting list. Also, the leader will know not to wait for you on outing day.

**COMMERCIALLY PROVIDED TRAINING AND SERVICES  
BILLBOARD — Other Scheduled Events \*\***

- Tuesdays **North Mountain Hikes** Evening. Rogil Schroeter, (623) 878-3914
- Wednesdays **Arizona Climbing Center** - 6:00 p.m., Rogil Schroeter, (623) 878-3914
- Thursdays **South Mountain Park** Teddy Bear Wall after work, Chris Query, (480) 394-9780H, (602) 258-6471W.

\*\* Outings listed in these sections are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared and equipped with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

**MAKE A SPLASH AT LAKE  
POWELL**

Join a group of climbers, hikers & outdoor enthusiasts for 4 days of Beach Front Fun at Lake Powell, Lone Rock Camp Ground. Some are leaving as early as August 9th, and others as late as August 11th. Stay as long as you can... most returning home on August 13th. The 9th is a Wednesday, the 13th is a Sunday. Those arriving Wednesday and Thursday will be spreading out the camp site reserving as much Beach Front as we can. By Friday night or Saturday morning we all will be camping together. (At least that is the plan)

So bring your boats, ski's, rafts, wakeboards,

kids, dogs, quads, dirtbikes, and canopies/tarps because shade is great, I will have a 10' x 20' canopy.

Reply for map and ask any questions you may have... If I don't know the answer I will make an up.

Camping fees do apply, J-johns provided, NO DRINKING WATER, so bring lots.

Looking forward to seeing all of you there.

Bill & Wendy

## AMC CALENDAR OF EVENTS

*Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The outing leader is not responsible for your safety, you are. Please contact the outing leader before going on an outing, discussing your capabilities with the outing leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the outing leader. Those accompanying minors are responsible for the minor's safety.*

### WHEN WHERE & WHAT & WHO

- Jul 29 **Overlook (again!).** No limit, meet at Denny's at I-17 & Bell Rd at 7:00 AM Saturday. Camp out and join us at Mt. Elden on Sunday. David & Sally Larimer 480-425-9689.
- Jul 30 **Mt. Elden.** Basalt cracks, no limit, meet at Mt. Elden around 9:30 am. David & Sally Larimer 480-425-9689.
- Aug 5 **The Pit, Flagstaff.** Limestone sport climbing, no limit, meet at Denny's at I-17 and Bell Rd at 6:30 AM. Contact Bill Stinson by phone or at billphxhome@uswest.net so we can get a head count. Bill Stinson 602-547-2560.
- Aug 11-13 **Lake Powell.** Actual water to play in. No limit. Bill Stinson. Details page 11.
- Aug 12 **Land Navigation.** Chris Query. See newsletter page 2
- Aug 19 **Mt. Elden.** No limit, meet at Denny's at I-17 and Bell Rd at 7:00 AM. Scott Hoffman 623-580-8909
- Aug 21 **Mystery outing.** Place and difficulty depends on participants. Call Paul Paonessa to sign up! 602-493-7356.
- Sep 2-4 **Enchanted Towers, NM.** Come join us in a joint endeavor to the Land of Enchantment for perplexed pocket pulling on stellar stone. Richard Horst 602-953-9198, Frank Vers 480-947-9435
- Sep 7 **Lead School Instructor Meeting.** Wayne 623-878-3914.
- Sep 9 **Adopt-a-Crag at Pinnacle Peak.** Trail work in the morning, BBQ / Party at David and Sally's later that afternoon. See newsletter page 5.
- Sep 9 **Grand Canyon Cleanup Seminar.** Gary Youngblood 602-508-9696.
- Sep 12 **Lead School.** Sep 12,13,14,16,17. \$50, \$62.50 non-members. Rogil 623-878-3914.
- Sep 21 **Grand Canyon Cleanup Refresher.** Gary Youngblood 602-508-9696.

*(Continued on page 11)*

### AMC OUTING LEADERS

Requirements for becoming a leader: take the basic, AARS and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process. Contact Jeff Nagel at (602) 721-1968.

Bill Berkley .....	480-945-4346
Sally Borg Larimer .....	480-425-9689
Tom Conner .....	480-897-7263
Mark Donahue .....	602-866-0133
John Ficker .....	602-867-1487
Sue Goins .....	480-821-0535
Scott Hoffman .....	623-580-8909
Richard Horst .....	602-953-9198
Kevin Kozup .....	480-460-5940

David Larimer .....	480-425-9689
Tim Medlock .....	480-807-4920
Jeff Nagel .....	602-721-1968
Paul Norberg .....	602-808-9244
Paul Paonessa .....	602-493-7356
Chris Query .....	480-394-9780
Brad Sanders .....	480-961-3674
Tim Schneider .....	480-497-8377
Rogil Schroeter .....	623-878-3914

Wayne Schroeter ..	623-878-3914
Jef Sloat .....	602-843-2490
Bill Stinson .....	602-547-2560
Mick Strole .....	602-788-4031
Frank Vers .....	480-947-9435
Allan Watts .....	602-866-0557
Gary Youngblood ..	602-508-9696

# AMC Calendar of Events

## August 2000

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																	
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<b>6</b>	<b>7</b>  First Quarter	<b>8</b>  <b>Land Navigation - eve</b>	<b>9</b>  Sunrise 5:47 Sunset 7:20	<b>10</b>  <b>Land Navigation, Eve</b>	<b>11</b>  <b>Lake Powell</b>	<b>12</b>  <b>Lake Powell</b>  <b>Land Navigation Field Day</b>																																																	
<b>13</b>  <b>Lake Powell</b>	<b>14</b>  <b>AMC Board Meeting at Los Olivos</b>	<b>15</b>  Full Moon	<b>16</b>  Sunrise 5:52 Sunset 7:13	<b>17</b>	<b>18</b>	<b>19</b>  <b>Mt. Elden</b>																																																	
<b>20</b>	<b>21</b>  <b>Mystery Outing</b>	<b>22</b>  Last Quarter	<b>23</b>  Sunrise 5:57 Sunset 7:04	<b>24</b>	<b>25</b>	<b>26</b>																																																	
<b>27</b>	<b>28</b>  <b>AMC Photo Contest at Regular Meeting</b>	<b>29</b>  New Moon	<b>30</b>  Sunrise 6:01 Sunset 6:56	<b>31</b>	<table border="1" style="margin: auto; border-collapse: collapse;"> <caption>Sep 2000</caption> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1 2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </tbody> </table>		S	M	T	W	T	F	S							1 2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							
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