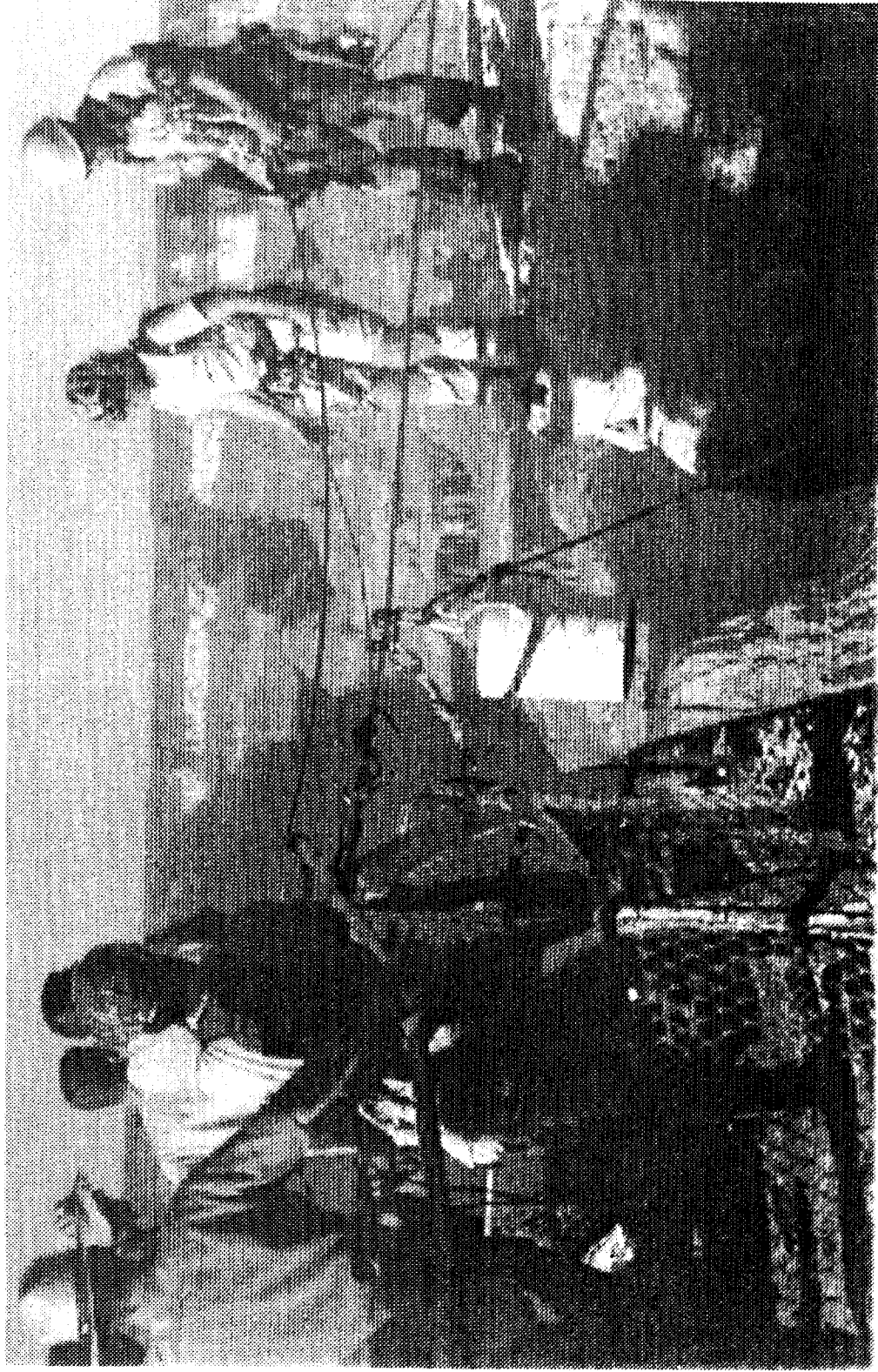


# ARIZONA MOUNTAINEER

NOVEMBER 2001

*It is only about a 10 or 12 foot gap, but it is a long way down in between and, therefore, rigging is required. That is part of what makes the Grand Canyon Over the Rim Cleanup so much fun. Blue skies with condors soaring overhead took the curse off what would be scut work on level ground. Photo by John Keedy.*



# THE ARIZONA MOUNTAINEERING CLUB

**MEETINGS:** The AMC normally meets the 4th Mon. each month (Nov. & Dec. meetings are usually the 3rd Mon.) at 7:00 pm at:

Los Olivos Senior Center  
2802 E. Devonshire Ave.  
Phoenix, Az.  
(28th St. just north of Indian School Rd.)

**BOARD MEETINGS:** Board meetings are open to all members and are held two Mondays prior to the Club meeting at Los Olivos Center.

**DUES:** Dues cover January through December. A single membership is \$25.00 per year; \$30.00 for a family. Those joining after June 30 pay 50% of the yearly rates. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee  
6519 W. Aire Libre Ave.  
Glendale, Az. 85306

## **OTHER CORRESPONDENCE:**

Arizona Mountaineering Club  
P. O. Box. 1695  
Phoenix, Az. 85001-1695

**SCHOOLS:** The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Contact the Training & Safety Committee for schedules and costs.

## **NEWSLETTER**

Send stories and photos to Wally Vegors, 6151 N. 8th Ave., Phoenix, Az 85013 or e-mail <vegors@worldnet.att.net>

## **BOARD OF DIRECTORS:**

President	Erik Filsinger	480-314-1089
Vice-President	Jeff Hatfield	480-783-8779
Secretary	John Keedy	623-412-1452
Treasurer	Bill Stinson	602-547-2560
Director-1yr	Chris Query	480-987-0900
Director-1yr	Tim Ward	602-212-1929
Director-1yr	Scott Hoffman	623-580-8909
Director-2yr	Bruce McHenry	602-952-1379
Director-2yr	Dave Larimer	480-425-9689

## **COMMITTEES:**

Access	Jen Davies	480-473-3742
Classification	Scott Hoffman	623-580-8909
Conservation	Charlene Todd	480-917-5354
Elections	Don Thomas	480-892-9513
Equip Rental	Paul Norberg	602-808-9244
Email	Penny Medlock	719-494-1171
Co-Librarian	vacant	
Membership	Rogil Schroeter	623-878-3914
Mntneering	Erik Filsinger	480-314-1089
Newsletter	Wally Vegors	602-246-9341
NL Distribution	_____	_____
Outings	Bruce McHenry	602-952-1379
Programs	Steven Tillery	602-224-9003
Public Relations	Kim Huenecke	602 569-0790
Trail Maint.	Jutta Ulrich	602-234-3579
Training; Safety	Wayne Schroeter	623-878-3914
Basic Class	Sally Larimer	480-425-9689
Anchors Class	Tom Conner	480-897-7623
Lead Class	Mick Strole	602-788-4031
T-shirts	Wendy Gaynor	602-547-2560
WebSite	Kirra	.....
.....	<webmaster@azmountaineeringclub.org>	

## **FOR MORE INFORMATION:**

Call	(623) 878-2485
Email	<info@azmountaineeringclub.org> <president@azmountaineeringclub.org> <board@azmountaineeringclub.org>
Web	<www.azmountaineeringclub.org>

**THE AMC ACCESS COMMITTEE:** The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Access Committee Chair, Jen Davies, 480-473-7342.

**THE ACCESS FUND:** This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$20 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$20 or more is needed to receive Vertical Times, The Access Fund newsletter. One can also join electronically — <http://www.accessfund.org/Join.html>

## THIS MONTH IN THE AMC

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- 1 Index, Club Info.; Birthdays this month
- 2 Board Meeting Minutes; New Meeting Time
- 3 Discounts, Treasurer's Report, Equipment
- 4 Patagonia Show
- 5 President's Corner
- 6 Access
- 7 J-Tree Thanksgiving; Insurance Update
- 8 Grand Canyon Sparkles Now
- 9 Proposed Budget
- 10 AARS Class Outline
- 11 Enchanting Towers
- 12 Babo Reprt; Crampons; Yahoo
- 13 Smith Rock Report
- 14 AARS Instructors; Elections
- 15 Respect Sure Helps
- 16 Scree; Self Rescue
- 17 Outings Contd.
- 18 AMC Outings

## NOT STUFF!!!

REFRESH YOUR ANCHORS  
SKILLS FOR FREE—  
HELP WITH THE AARS CLASS

THEN HEAD FOR JOSHUA TREE  
AND A DOUBLE DELIGHT:  
CLIMBING J-TREE ROUTES  
AND A THANKSGIVING POTLUCK

## AMC NEWSLETTER

The *Arizona Mountaineer* is published monthly by the AMC. Items for publication, subject to approval, should be sent to the editor at 6151 N. 8th Ave., Phoenix, 85013. Photos and other mountaineering photos are welcome (please submit prints). Climb write-ups ARE welcome. For info call the editor at 602-246-9341. Address e-mail to [vegors@worldnet.att.net](mailto:vegors@worldnet.att.net). Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates:

Personal ads: free to members.

Business ads: \$5.00 for business card; \$10.00 for half page; \$20.00 for full page \$25.00 for inserts/ mo

**December Deadline: 10 November 2001**

## AMC LIBRARY

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is 1 month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

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## NOVEMBER BIRTHDAYS

Roland Hintzman 1, Ross Astoria 2, Mary Sauve 2, Charles Schulz 3, Jeff Snyder 3, Jake Dominy 4, Michael Kelly 4, Craig Woodman 6, Ivan Larocque 7, Stephen Petitt 7, Cindy Hayek 10, Mark Curtis 11, Susan Morris 13, Brian Roettger 13, Bill Berkley 14, Sheri Kenly 14, Todd Barnes 17, JoAnne Gallante 17, Char Presley 19, Bruce Robbins 19, Mark Gordon 23, Gregory Bellamy 26, Colleen DeYoung 27, Madelyn Kosovac 27, Sandy Draus 28, John Granger 28, Janene Ferraris 29, Stan Marks, Jr 29, Jason Aronson 30, Frank Diana 30, Greg King 30

## **MINUTES OF THE AMC BOARD MEETING: 8 Oct 01**

Board Members Present-Filsinger, Hatfield, Hoffman, McHenry, Keedy, Query, Stinson, Ward  
Committee Chairs Present-Davies, Vegors  
Members Present-Helms Tillery

I. A quorum being present the meeting was called to order at 6:00 PM.

II. Minutes of the September meeting were approved.

III. In lieu of the Treasurers Report, the proposed budget will be discussed.

IV. President's Updates and Announcements:

A. Priority items for this meeting are: D & O Insurance, Year 2002 Budget, New Program Chairperson.

V. Old Business:

A. D & O Insurance – There was considerable discussion about this topic. The main concern expressed was that the club has not been able to obtain General Liability coverage at a price we can afford. The Board emphasized the need to continue to seek sources of General Liability Coverage for the Club. Nevertheless, D & O Coverage is advisable to have in force. A motion was made, seconded and carried to approve the purchase of D & O insurance based on the Previous quote that was of \$1000 per year.

B. Lisa Barnes and Donna Forst resigned as Co-Program Chairs effective immediately. The Board thanks them for their tireless work in arranging speakers and programs for our Club Meetings. After interviewing Steve Helms Tillery, the Board approved his appointment as Program Chair.

C. Budget – Proposed budget was presented and discussed at length. Some modifications were made to consolidate expenditures under appropriate headings. Motion made, seconded and carried to submit corrected budget for publication in Newsletter and subsequent vote at next Membership Meeting.

D. Electronic Newsletter – Wally reported test mailing was successful. Bill, Kirra and Wally will finalize distribution process with implementation date still January 2002.

VI. New Business:

A. Top Rope Certification – AMGA Certification class is available over the Thanksgiving weekend. We have moneys allocated for such training. Erik will contact Wayne to send someone.

B. PBC – We were contacted by PBC. Eric will contact Sue Goins and Bob Zimmering. We will continue with the same contribution as in past years. Many AMC members have participated at all levels in the past.

C. Tim Ward has completed application requirements for Outing Leader. Motion made seconded and carried to approve Tim Ward as Outing Leader.

VII. Meeting adjourned at 8:40 PM.

### **THANKSGIVING DINNER AT JTREE.**

Thanksgiving Dinner at Jtree is usually a gustatory delight of epicurean heights. You can contribute your favorite recipe and bring other items needed. Sign-up to bring side dishes, salads, breads, desserts, and meats. Dishes should be prepared and ready to serve. Stoves are usually available to keep food warm. Non-food items are also needed: Stoves and fuel, folding tables, lanterns, large pots, serving spoons, tablecloths, firewood, water to wash up. Bring your own utensils, beverages, dishes, and a chair.

### **NEW MEMBERS**

Chiara Azzini  
Alison Dion  
Tom Dukerich  
Georgiana Goebel  
Tiina Hanni  
Donald Hertz  
Daniel Kessler  
Dorene Kessler  
Hung Sa Kloeung  
Beth Lawrence  
Robb Reinhart  
Mariela Soto  
Emily Stuart  
Brad Zupp

## DISCOUNT DIRECTORY

The following merchants currently offer a discount to AMC members.

**Arizona Climbing Center** - 1911 West Cheryl Drive, Phoenix, AZ 85021, 997-4171. Show your AMC membership card and get a 10% discount at gym and shop, special orders 20%.

**Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, 944-7723  
Show your AMC membership card and get a 10% discount; special orders 15%.

### AMC RENTAL EQUIPMENT:

EQUIPMENT	Lb-Oz	Qty	Cost/Wk
Tents:			
4-season 2-3 man 7-6		1	10.00
4-season 2 man	6-0	1	6.00
3-season 2 man	5-0	3	5.00
4-season 1 man bivy	1-15	1	7.00
Sherpa Snowshoes		8	5.00
Ski poles (var. sizes)		4	0.50
Ice Crampons			15.00
Snow Crampons (sizes 6-14)	10		2.00
In-step crampons	1		2.00
Gaitors (Goretex)	2 pr		2.00
Ice axes (70-90 cm)	12		2.00
Snow shovel	1-10	2	5.00
Snow pickets;flukes	10 @		5.00
MSR Multifuel Stove	1		3.00
Yates Big Dudes. #6, #7			5.00
Haul bag	1		10.00
PortaLedge	1		50.00
Jumars	3		5.00
Climbing shoes	Various sizes		Call

**EQUIPMENT RENTAL GUIDELINES:** Your name must be on the most current membership list. Deposit required; varies by item; generally \$20-\$50. The two-personal-checks system works best. Advance reservation suggested. If not using the reserved equipment, please call and cancel. Call Linda Locke at 602-997-4235 for shoes. For everything else, call Paul Norberg at 602-808-9244.

## TREASURER'S REPORT

Statement of Operations  
01/01/01 Thru 10/10/01  
Category Description

Amount

### INCOME

Advertising	20.00
Book Sale & fines	0.00
Equipment Rental (incl shoes)	373.00
Interest	87.35
Membership Dues	6,865.50
Mountaineering Schools	670.00
Program Income	10.00
Schools	352.80
Tee Shirts	672.00
Training & Safety	14,465.00
Other	20.00

### TOTAL INCOME

23,182.85

### EXPENSES

Access	905.53
Access Committee	200.00
Administration	1,425.38
Bouldering Contest	300.00
Capital Exp	322.47
Equipment Maint	70.12
Insurance	33.51
Library	196.28
Merchandise Exp	1,517.86
Mountaineering	717.94
Newsletter	2,827.91
Outings	196.00
Programs	2,350.34
Service/Bank Charge	28.88
T-shirts	1,230.46
Training & Safety	6,764.12

### TOTAL EXPENSES

17,856.34

OVERALL FOR YEAR TO DATE..... 5,326.51

### ACCOUNT BALANCES

CD Account	5,077.73
Savings	525.38
Checking	7,797.70

### TOTAL ASSETS

\$13,400.81

*Note. Figures have been adjusted to correspond to newest budget categories. This explains slight differences from previous months.*

# Discovering Patagonia

## Damien Benegas

Damien Benegas and twin brother Willie, after spending a season guiding on Aconcagua, took a trip to an unexplored valley in Patagonia filled with "Yosemite like" cliffs and big walls. Just getting to and from this remote rainforest location was an adventure. There were no maps or guidebooks; only local stories of haunted valleys to entice them. They traveled by horseback, Tyrolean traverse and WalMart rubber raft, through thick jungle terrain to get to this fabled region. Once they arrived, their efforts were rewarded with pristine unclimbed granite walls. After 2 weeks of exploring the new terrain they decided to depart. But rather than retrace the route they used to get in, they decided to load up their Wal-Mart rubber raft, fashion some home-made paddles and follow a class III river downstream to continue the journey.

**Come spend an evening with Damien as he presents his slides and stories of this newly discovered paradise and experience his delight in their explorations.**

The meeting will be held on Monday, November 26th, from 7:00 - 9:00 p.m. at the Los Olivos Senior Center, 2802 East Devonshire Avenue, one block north of Indian School on the east side of 28th Street.

There will be an admission fee of \$5.00 for non-AMC members.

## PRESIDENT'S CORNER — NOVEMBER 2001

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Over the years we have wrestled with the difficulties of Newsletter distribution. Our system works, but may be analogous to my older manual Smith Corona typewriter that I only begrudgingly replace with a computer. Basically our current system operates as follows: Wally Vegors edits our newsletter materials and sends them off to a publisher. We pick up copies from the printer in the form of individual sheets which we then sometimes have to collate and always have to fold the evening of the monthly Member Meeting. On the table at the entrance we have laid out for all of you mailing labels that you have been asked to pick up and remove.

What happens next behind the scene is that the labels that are left on the sheets are manually affixed to the stack of folded newsletters. They are then stamped and put into the postal system to arrive at your mailbox. Because we have only a small portion of our membership attend the member meetings, we end up mailing most of the newsletters out. And because we pick over the mailing label list and subsequently affix mailing labels to the folded newsletters, we must pay first class postage rather than more affordable alternatives.

The result is a very labor intensive and expensive process. So here is a two part alternative we are going to pursue.

**Part One:** It turns out that in order to get the benefit of bulk mailing rates, the addresses must be organized by zip codes. Our solution: rather than have all the labels present at the member meetings, but be blocked from bulk mailing because they are not in zip code order, we actually would save money by printing our mailing list in order of zip code and mailing out the newsletters to all members who want hardcopy versions under bulk mail. It will save money to send to all under bulk mailing rather than send to some under first class.

To meet the needs of members who would like to pick their newsletters up at the member meetings we will print a batch of newsletters, without labels, that they can pick up at the meeting.

**Part Two:** We actually have had quite a few requests to investigate whether or not we could just produce an electronic newsletter. For example, we could put it on the website, from which folks could download it if they so desired. And/or we could do

an email distribution to the membership with a link to the electronic version.

The cost savings for us would be that members who wanted to receive the newsletter electronically might not want a hard copy. We would realize lots of labor hours savings as well as printing and postal savings.

So here is the game plan:

1. Members who elect to receive the electronic version only would be removed from the "labels" used to trigger hardcopy distribution. Of course, any member would also be able to download the electronic version, even if they elect the hardcopy alternative.
2. We would still deliver some smaller amount of hardcopies to the member meetings for those who wanted to pick some up there.
3. We would still mail out hardcopy newsletters to anyone who elected to receive them through the mail. This mailing would be based on the more efficient bulk mailing concept of zip code ordering.

We have a committee that will be putting together the specifics and the transition and implementation plan. Hopefully we will be able to unveil it so that we can make the changeover early in 2002. Let us know of any suggestions you might have. We might enter the 21st Century yet!

Erik  
[president@azmountaineeringclub.org](mailto:president@azmountaineeringclub.org)

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## Despicable Trick Department

*Audubon magazine* reports poachers homing in on hibernating bears by buying telemetry receivers that pick up signals sent by the radio collars installed by biological researchers.

### **Climbing in the McDowell Mountains**

With the cooler weather (finally!) upon us, we are all going to be looking at the local hills for climbing. I have recently spoken with the City of Scottsdale about the climbing areas located on the north side of the McDowell's.

While the City of Scottsdale has been diligent in its acquisition efforts, many key parcels leading to the climbing areas are still involved in condemnation actions, some of which might take several years to resolve. For instance, while Morrell's Wall falls within the boundaries of the McDowell Sonoran Preserve boundary, all of the surrounding lots leading to Morrell's Wall are either in condemnation or still privately owned. Similarly, Tom's Thumb and Gardiner's Wall are within the Preserve, but the commonly used access trail to the Thumb is still in private ownership/condemnation proceedings. Sven Slab is also involved in condemnation proceedings.

The City is trying to expedite the condemnation process. If they are successful, they may have the ability to designate some sort of a temporary access area. However, this would be several years away. If members of the climbing community are utilizing areas on the north side of the McDowell's, the City is asking for your help in keeping these areas clean and respecting the "No Trespassing" signage in some areas. This will go a long way in maintaining the positive relationship the City has established with the current landowners, and will assist the City in acquiring some of the parcels.

In the meantime, we are looking forward to the opening of Pinnacle Peak in early 2002. Further, Little Granite and Cholla Mountain have recently been reclassified as suitable for conservation under the Arizona Preserve Initiative, and is slated to become part of the McDowell Sonoran Preserve in the future. Both of these climbing areas are currently classified as State Land. Your respect for the landowners in the area here and keeping the area clean, are always appreciated.

### **The Access Fund**

I wanted to take this opportunity to promote the Access Fund. I recently attend the Kurt Smith Kickin' Access slide show in Flagstaff. Unfortunately, the attendance at this event was less than hoped for. I wanted to encourage each and every member of the

AMC to join the Access Fund – especially you new Basic graduates. The Access Fund has done so much for Arizona in the past few years. They have provided a much, much needed port-a-john at Jack's Canyon. They have worked with Coconino National Forest to reopen a closed section of the Oak Creek Overlook. They worked with the City of Scottsdale to develop a climbing policy for Pinnacle Peak. They provided a grant to the Southern Arizona Climbers Coalition to assist with an annual peregrine monitoring project in Cochise Stronghold. And there's just not enough room in the newsletter to talk about what the Access Fund has done for areas like Joshua Tree, and Indian Creek, and Red Rocks, and all the crags across the States.

The Access Fund is a national, non-profit organization dedicated to keeping climbing areas open and to conserving the climbing environment. They work closely with land management agencies, environmental organizations, climbing groups, outdoor businesses and guide services on conservation projects, land acquisition and climbing policy.

The Access Fund represents climbers' interests during the planning process while helping agencies to reduce impact and formulate policy. They collaborate with some of our country's foremost environmental organizations on issues such as the use of fixed anchors in Wilderness areas, the preservation of lands threatened by development, the role of local stewardship in protecting public lands, and the protection of nesting peregrine falcons and other cliff-dwelling wildlife.

Information about joining can be found on the web at [www.accessfund.org](http://www.accessfund.org), or by calling (303) 545-6772. And please don't hesitate to call me should you have any questions.

### **THANKS, KEVIN !**

AMC is now the possessor of an O2 cylinder from the original successful British attempt on Everest and a string of prayer flags that flew over base camp during Eric Weihenmayer's climb. Best of all, Kevin Cherilla gave a marvelous slide show about the climb.



## CALLING ALL CLIMBERS. TIME FOR J TREE!

Aren't the holidays great? One of the great things about holidays is traditions. And spending Thanksgiving at Joshua Tree is a hallowed AMC Tradition for good reason. The climbing at Joshua Tree is one word—AWESOME! Hundreds of routes, and days of climbing. There are easy top rope 5.7s to hangnail 5.12s. Lots of leads to test your skills, or seconding on routes that stretch your abilities. Even the infamous "bumper belays" and being surrounded by climbing walls all around you.

Thursday November 22 will be the traditional AMC Thanksgiving dinner—it is potluck, so bring your best recipe. Some folks may go out early, you can drive straight from work in 5 hours. If you go before Wednesday, make your own camping arrangements. AMC has the following sites reserved from noon Wednesday, 11/21 through noon Sunday 11/25:

Indian Cove group site #2 45 campers; 8 cars

Indian Cove group site #7 20 campers; 7 cars

Indian Cove group site #8 20 campers; 7 cars

AMC also has Indian Cove site #1 reserved ONLY for Wed 11/21 and Thursday 11/22 (for 60 campers and 20 cars). That site will be used for the Thanksgiving potluck dinner. If you camp in that site you will have to move on Friday morning.

PLEASE NOTE: The maximum car limit will be strictly enforced this year. The park has adopted a new system where each car in a group site must have a parking permit in order to park there. For example, once the 8 permits have been given away for group site 2, other vehicles will have to park near the ranger station and walk to the site or get someone to give them a ride.

We will post a list along with the number of parking permits for each site on Wednesday morning. When you arrive, if there are permits left, you can take one, but please sign your name on the list so we'll know who has all the permits. All campsites are primitive, no water or electricity. If possible bring wood for evening campfires. The town of Joshua Tree, and 29 Palms are about 20 minutes away if you need a meal, motel, or shower. Space is very limited, CARPOOLING is highly desired.

To get there, go towards Los Angeles on I-10 passing through Blythe and Desert Center. Watch for the Joshua Tree Cottonwood entrance. Drive about 1-hour north through the park - past White Tank and Belle campgrounds and the main park entrance. Go right at the 'T' intersection to 29 Palms. Then go west on Hwy 62 into 29 Palms. The turnoff to Indian Cove from Hwy 62 is west of 29 Palms.

There are usually about 40 to 60 AMCers in attendance, some folks go all week, some go for a day or two. The following are the designated Outing Leaders for AMC

Thursday - Dave Larimer

Friday - Mick Strole

Saturday - Jeff Sloat

Sunday - Jeff Hatfield

Please give them your thanks for volunteering to set climbs.

Weather is variable. Days are usually warm and sunny, nights will be chilly, and it is usually windy. Nothing is certain, so be prepared to get scorched, rained on, or whatever. There are numerous guidebooks available in the local shops, it is a good idea to own one for the correct portion of the park.

— Bruce McHenry

## INSURANCE STUFF:

Thanks to everyone who sent us their thoughts about insurance for the club. We appreciate the depth of your responses and considered all that you suggested to reach a decision. The Board will continue work with our risk management experts and our Risk Management Committee to seek to protect our collective and individual interests. But as a couple of folks have said, "Risk management begins with safety," so let's keep doing things as safely as possible.

First, the board has voted to purchase Director's and Officer's coverage for the club.

Second, we are still seeking General Liability coverage to provide protection for the members of our club from claims arising from their negligence.

We will keep you posted on our quest and ask you for two things:

1. Any and all additional thoughts regarding this matter.
2. Do you know of any source that may be able to meet our club's needs for liability insurance?

Send our thoughts to the board at Mail to <[board@azmountaineeringclub.org](mailto:board@azmountaineeringclub.org)> or contact a board member, or attend the next board meeting.

— Tim W.

## GRAND CANYON CLEANUP

The annual Grand Canyon Over-the-Rim cleanup was well attended and a lot was accomplished. As always, Gary Youngblood did a splendid job of organizing the affair with two training sessions conducted at Papago Park and Arizona Climbing Center prior to the event. Most of the group camped outside the Park in a very nice area about a mile off the road just south of Tusayan. The conversation was great around the campfires both Friday and Saturday nights. Some folks also camped at Mather Campground.

Our cleanup areas were Mather Point area and the Village area. We noticed that the volume of trash was not as large as years past and that was okay because we were about 65 strong this year. AMC, CAMRA and SARA members cooperated to make this year's Over-the-Rim a great adventure.

At Mather Point, an American Flag brought by Bill Demlong was raised during the cleanup, which turned out to be very popular with the tourists. Bill also brought American Flag stickers and Nancy Birdwell also brought a flag.

Special thanks go out to some key people, Rogil Schroeter, Sally Larimer, Bruce Donaldson, Chris Query, Scott Hoffman, Jeff Nagel, James Iverson, Bill Stinson, Wendy Gaynor, and Perry Kearney and to everyone who was there to help and have fun.

We even were treated to about a half hour of condor watching as three California Condors buzzed us and circled overhead. Of course, the other reward was the Sunday climbing in the Grand Canyon, which is always challenging but enjoyable. —*John Keedy*

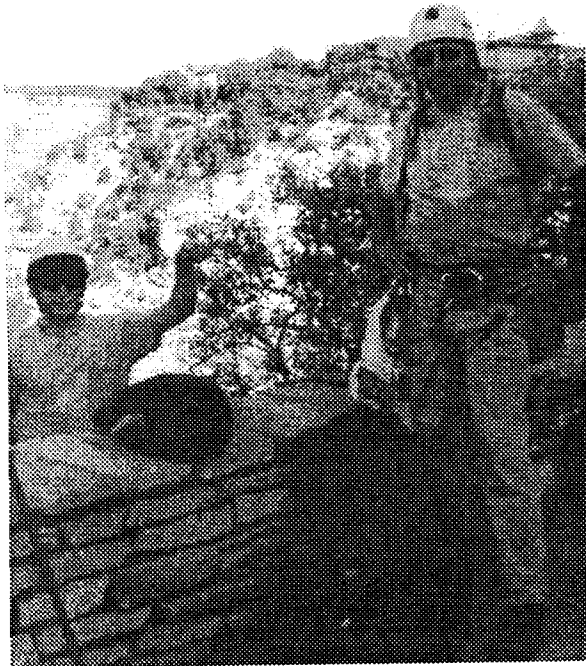
These are all the participants from last weekend. It is AMC, CAMRA and SARA members —*Rogil*

Carly Antus  
Stephen Archibald  
Ross Astoria  
Patrick Berkebile  
Scott Berkebile  
Todd Berkebile  
Nancy Birdwell  
Larry Brewster  
Bill Brown  
Cathie Brown  
Bob Buecher  
Deb Buecher

Chuck Clover  
Bill Demlong  
Bruce Donaldson  
Judy Donaldson  
Thu Duong  
Felipe Flores  
Erich Goebel  
Philip Goebel  
Justin Hall  
Tiina Hanni  
Karol Harvey  
Joel Hayes

Scott Hoffman  
James Iverson  
Henry Jacobs  
David Johnson  
Jeff Jowett  
Perry Kearney  
John Keedy  
Sheri Kenly  
Thomas Kieffer  
Kurt Korpong  
Tim Lange  
Sally Larimer  
Beth Lawrence  
Maryann McKessy  
Jonathan McLin  
Lisa McLin  
Bob Mitchell  
Andy Moffat  
Christ Moffat  
Tim Moffat  
Walt Moffat  
Xavior Morales  
Melody Moses

Jeffry Nagel  
Walter Pickett  
Chris Query  
Lynn Readicker  
Elliott Rector  
Gary Rector  
Juan Restrepo  
Heather Ryan  
Mary Sauve  
Rogil Schroeter  
Henry Schrukka  
Carl Schwendler  
Tangie Sgro  
Jef Sloat  
Glenn Speight  
Rick Taylor  
Charlene Todd  
Jennifer Tweedy  
Al Weikel  
Rachel Woodburn  
Gary Youngblood  
Bob Zimering  
Brad Zupp



# ANCHORS SCHOOL

This course is the next step for Basic School grads and will teach you to safely set anchors for top-roping.

**First session:** We will cover anchor components, anchor types, knots, hitches.

**Second session:** We will cover basic anchor system setups and characteristics.

**Third session:** You will test yourself in "hands-on" anchor scenarios.

**Fourth session:** This is an opportunity to practice your newly learned skills. We will have a climbing outing where you set the anchors under supervision of instructors and then we climb on your anchors.

## **DATES, TIMES AND PLACES FOR THE UPCOMING SCHOOL ARE:**

Nov 6, Tue. (6:00 pm - 9:30 pm): Dreamy Draw Park (Northern Ave & Squaw Peak Freeway, turn east on Northern)

Nov 8, Thu. (6:00 pm - 9:30 pm): Dreamy Draw Park

Nov 10, Sat. (8:00 am - 4:00 pm): North Scottsdale

Nov 11, Sun. (7:00 am - 4:00 pm): Location to be announced

To get to Dreamy Draw Park take the 51 "Squaw Peak" to Northern and turn East on Northern. This will take you directly into the Park. We will be at the big Ramada next to the parking lot. Directions to the other locations will be given out then.

**EXPERIENCE REQUIRED:** AMC Basic School Graduate or equivalent, to include knowledge of how to use prusiks, tie a figure-8-on-a-bight and a figure-8-on-a-follow-through, and make a girth hitch.

**COST:** \$50 (\$65 non-members). Register by sending a check payable to AMC Anchors School to Rogil Schroeter 6519 W. Aire Libre, Glendale, AZ, 85306. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Call Rogil Schroeter at 623-878-3914 for more information.

## **EQUIPMENT REQUIRED FOR THE CLASS WILL BE:**

- 2 non-locking "D" or Oval carabiners
- 3 locking carabiners (one of which should be a parabiner)
- 1 rappel device (figure-8, Sticht plate, Trango Pyramid, Black Diamond ATC, etc.)
- 1 climbing harness
- 1 ea 4', 4', 6', 10' 6mm prusiks (untied length)
- 2 5' slings (AKA runners, 1" tubular webbing, untied length)
- 2 10' slings (1" tubular webbing, untied length)
- 2 20' slings (1" tubular webbing, untied length)
- 1 helmet

(The slings and harness are the only additional equipment needed over the Basic School requirements)

**Students will be required to wear a helmet during the Saturday and Sunday sessions. We have helmets available if you do not have one.**

This class is designed to teach you how to set anchors for your own climbing experience. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for the anchors class, but if you have some, you will be able to practice setting it in a controlled, learning environment during the class. All of the gear recommended below can be used for the lead class, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

## **OTHER GEAR that you may want to bring to anchors class:**

- any other pro you may have (hexes, stoppers, camming devices, Tri-cams, etc.)
- extra biners (regular D's, ovals, and lockers - stay away from specialty biners at this time)
- extra slings (perhaps four 5', two 15' slings, untied lengths)

# PROPOSED AMC 2002 BUDGET

## INCOME

Advertising	100
Dues	7,000
Interest	75
Library Fines	20
Merchandise Decals	100
Merch. Shirts AMC	700
Merch. Shirts G Can	300
Mountaineering School	1,000
Navigation Class	400
Program Income	75
Equipment Rental	400
T&S Shoes Rental	300
T&S — Fall AARS	1,250
T&S — Spring AARS	1,250
T&S — Fall Basic	6,000
T&S — Spring Basic	6,000
T&S — Fall Lead	800
T&S — Spring Lead	800
Total Income	26,570

Merchandise Exp. — Decals	0
Merchandise — AMC T-shirts	700
Merchandise — G Can. Shirts	300
Mountaineering —	250
Newsletter — Postage	2,200
Newsletter — Printing	2,600
Outings—J Tree Campsites	500
Programs — Monthly Meetings	4,000
Service Charge	100
T&S — Equipment	5,000
T&S — Facilities	400
T&S — Food	500
T&S — Postage	300
T&S — Printing	1,000
Total Expenses	29,990
Total Income	26,570
Total Expenses	29,990
Difference	-3,420

## EXPENSES

Access Committee	500
Access Issues	700
Access McDowell Trust	200
Admin — Food	400
Admin — Other	200
Admin — Postage	300
Admin — Promotion	150
Admin — Telephone	300
Admin — Website	540
Bouldering Contest	550
Capital Exp. Mountaineering	250
Capital Exp. Outings	500
Capital Exp. Equip Rental	500
Capital Exp. T&S Equip	500
Classification Certs	1,000
Classification First Aid Fees	500
Equip Maint — AMC Gear	500
Equip Maint — Rental Gear	100
Insurance	4,000
Library	200

## ENCHANTING WEEKEND AT ENCHANTED TOWERS

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In the Land of Enchantment where the rock is steep, pocketed, and powerful, we take ourselves.

Sean Colonello, the Captain who drove; Andrew, my son, the Navigator; and I, Richard Horst, the Copilot, drove into the night Friday, leaving around 6:45 p.m. and arriving at Enchanted Towers around 1:30 a.m. (The drive usually takes around five hours, but traffic delayed our arrival.)

We woke up around 5:35 a.m. Saturday and got ready for the day's events. The day began with the Mother Goose Wall, where there were eight excellent routes, a 5.7, 5.8, 5.6, 5.9+, 5.9+, 5.10c, and 5.9. Later that day, Tracy Best shared an internet guide with us that upgraded the first two 5.9+s to 5.10+s, the 5.10c to a 5.11a, and the last 5.9 to a 5.10b. So the rest of the weekend, we automatically upgraded (or downgraded) all routes to a 5.9 to remain consistent with the average in Tracy's internet guide.

After four routes were put up, a group of college students from Santa Fe showed up, led by a man named Sal, who I met last year on the same wall. They worked the routes with us, and it turned out just fine, thanks to everybody's efforts and cooperation.

After a short break, we headed to Pogues Cave where I set up a wonderful unnamed line with a 5.11c and a 5.11+. The majority of the group took a ride on the 5.11c, some sent it, some had to work at it, but everyone loved it.

Donna Forst wanted me to set up a three-teared route called Merlin's Mantra, a 5.11a, which was a great route, but it was an overhanging and in-your-face-type route.

Joel drove to meet up with us from Eastern New Mexico and he wanted to climb Pogue's Arete, so we watched as he dogged up to the second bolt, took some really cool falls, and then asked me if I would finish it. Tim Medlock took a ride, then sent it in a graceful style. After about 14 routes, we called it a day.

We set up camp in the land beyond, where we had the area to ourselves. There was a campfire made by Tim and the little men. Stories and jokes were told by all and laughter echoed throughout the Land.

After breakfast, Sean and I headed off to Rapunzel to set up routes in the 5.7 to 5.10a range. After the

first route, the majority of the group showed up. After all of the routes were set up, I had to find something to do, so I walked over to Blind Man's Bluff, a 5.11b where my son, Andrew, and I climbed and Alex, Paul Paonessa's son, tried it also.

Joel, who needed to leave in a couple of hours, wanted to climb the Tower. I told Joel that the easiest route on the Tower was a 5.11c. He said okay, and gave it his all, making some really cool moves and one incredible dyno. After that, he gave up before the 20 foot run-out of the 5.10 and then asked me to finish it. Sean and a few other people took rides and really enjoyed it. The route had a technical, thin start, and a gymnastic finish. Afterwards, I went over to the Frog Prince Wall where we set up a 5.10a in a narrow corridor, which everyone had fun on. By 1:00 p.m., we all hiked across the canyon to five new routes, ranging from 5.6 to 5.11a, which Paul helped to set up.

It started to rain, but not that hard. This new area had a cave, with three routes inside it and two others just outside of it, with vertical to bulging finishes. You can always tell when people get tired by the look in their eyes when it's their turn to climb. After about 11 routes, we called it a weekend.

Back at camp, with bellies full, we had another campfire, with stories circulating, and roasted marshmallows. I would like to thank everyone who showed up, including Paul and Alex Paonessa, Andrew Horst, Tim, Penny, Shelby and Nathan Medlock, Sally and Dave Larimer, Lance (Slayer) Roth, Scott Hoffman, Karin Callan, Donna and Katie Bar the Door Forst, Uncle Evan Smith, Sean Colonello, Joel Dopson (man with a passion), Justin Hall, Beatriz Schneck, Tracy Best, and Alisa Reinhardt.

Sorry for the hurting fingers (NOT). Everyone gave their all, learned new terminology and techniques, and red-pointed a few routes. A noteworthy "Good job" to Sean. See everyone next year.

*-Richard Horst*

## BABOQUIVARI OUTING REPORT

### -- East Approach to Forbes route -- 10-6-01

Itoi teased us with showers, thunder and lightening, but 3 of 5 AMCers made the summit before I made the call to head down and away from the storms coming in.

We left the trail head at Rigg's ranch at about 6:30 am when there was no sign of weather. By late morning we were high on the north col; the thick forest and the mountain itself blocked all but a small view north. We emerged from the brush and skirted the sheer north face under blue skies, unaware the from the south and west storms moving quickly our way.

Anders led pitch 1 at the notch. Seth cleaned and we agreed they should go on and set up pitch 2 heading up the north slabs. Justin, Carolyn, and I prussicked up the fixed line left behind. When we got to the slabs a line was ready for us and soon we were atop pitch 2. Anders and Seth had gone ahead on fairly easy terrain without a rope, so I fixed a line at the top of the slabs and had Justin and Carolyn join me.

The five of us met at pitch 4, "the ladder pitch", where once again Anders quickly led and fixed a line. Seth and Justin joined him and Seth took them on to the summit. They set a speed record signing the register as black ominous storms were now coming from three directions.

Carolyn and I had finished the last roped pitch and were maybe 20 minutes from the summit when they came back and told us how bad it looked. I had no desire to play with lightening so we bailed. All 4 ropes were left in place so our descent was rapid.

In the relative safety back on the north col we stopped for a quick lunch. The first drops of chilly rain waited until we had our packs back on and were heading down.

Rumbles from the summit, now shrouded in the storm, echoed over head. We were able to hike out of the storm in about an hour, and I was almost dry (except my shoes and socks) when I got back to the trailhead at almost 5pm.

Back in camp we enjoyed a cool, dry, evening, fabulous food, and a campfire. Under the stars. Tired, scratched, and sore, three more people now understand why Seth, myself, and others keep coming back.

---Paul Norberg

## WE'VE GOT CRAMPONS!

The AMC has been able to begin updating some of its antiquated rental gear. The one item the Rental Equipment Committee (thanks!, Paul N.) and the Mountaineering Committee has targeted has been to purchase some new crampons that can be used in ice climbing. We now have some Grivel G12 crampons with Newmatic bindings for rent (I need to deliver them to Paul). They are step-in crampons, so should be used for boots with a defined "heel-ledge" for the heel lever to rest on, but the front attachments are plastic belts into which you slide the toe of the boot. Several of us have used this type of crampon for ice climbing and they work great and are easy to adjust to fit your boots.

We are renting them for \$15/week. Remember that these funds go back into the AMC and will allow us to grow, and hopefully to repair, some of the older equipment that may be falling into disrepair. If you have a choice, rent from the AMC!

Also remember that we still have sets of "snow" crampons (hinged with the strap system of binding) we rent for \$2/week that are great for winter playing on Mt. Humphreys, the Glacier travel class, etc. Next we will be looking at getting some newer age snowshoes!

See ya playing in the snow, and remember to contact me for some of the ice climbing classes/outings listed under outings. (crampon rentals anyone?) — Erik

## YAHOO GROUP STATUS

At previous meetings and at the AMC Board meeting of September 10, there was a continued discussion of the Yahoo Groups electronic discussion group. While it was recognized that it serves a valued function for the members of the group, it was felt that the AMC should not be in the business of running and overseeing an electronic discussion group and that the group could exist and function outside of official AMC oversight.

Motion made seconded and unanimously passed to disconnect the AMC from oversight of the Yahoo Groups, and remove AMC logo from that site. The Board would request that the Yahoo Groups site carry a disclaimer stating that it is an independent entity and is not an official function of the AMC. The AMC will entertain bulletin board type announcements of the Yahoo Groups existence to allow for recruiting of members to the site in a way similar to the ability of members to announce unofficial activities they are doing in the bulletin board section of the newsletter. Thanks, — John K.

## **SMITH ROCK, OREGON**

On a recent trip to Oregon for a sibling's wedding, Susan and I stopped at Smith Rock State Park, billed as "the birthplace of American sport climbing". Located in central Oregon north of the towns of Redmond and Bend, the park is a 3-hour drive from Portland. The drive took us past Mt. Hood, Mt. Jefferson, the Three Sisters, and various other Cascade peaks that seemed to rise up from nowhere.

Smith Rock boasts over 1000 climbs on good quality welded tuff and basalt. The routes are predominantly single-pitch sport routes, but there are also an abundance of multi-pitch trad routes up to 600 feet high. Since we were just there for the day and didn't want the hassle and extra weight of a rack in the suitcase, we made do with one 60-meter rope and 10 quickdraws. We also had our climbing guide from [www.drtopo.com](http://www.drtopo.com), which was sufficient for a single-day visit, but we would benefit from Alan Watts' *Climber's Guide to Smith Rock* if we go back for an extended stay.

The most popular climbing areas sit alongside a river that meanders through a wide canyon. I had visited the park a few years ago after a fire had ripped through the canyon and surrounding areas. At that time, most or all of the trails to the climbing areas were closed, and the hillsides were black with

devastation. This time, I was happy to see that all of the trails were open, and the vegetation along the river had made a comeback.

Smith Rock boasts a high concentration of 5.11s and up, and is the home of the country's first 5.14a and 5.14c. Fortunately for us, there was also a good assortment of "easier" climbs below 5.10. We had two other climbers in tow and arrived later in the day than I would have liked, but we still managed to climb five routes from 5.6 to 5.9. There are only very few routes that can be top-roped, so we led everything we climbed. Susan even got her fourth lead under her belt while we were there. All of the routes we did had one thing in common: the first bolt was fairly high off the ground, and the opening moves were slick from so much traffic. Once past the first bolt, however, the routes seemed adequately protected with very little runoff.

This is definitely one place we will visit again. It would be easy to spend a few days at Smith Rock, and with the nearby camping and relatively inexpensive motels in Redmond, it wouldn't break the bank. If you're headed to Oregon and have some extra time available, check out this excellent area. A couple of websites that would be of benefit are [www.smithrock.com](http://www.smithrock.com) and [www.spiritone.com/~summit/smithrock.html](http://www.spiritone.com/~summit/smithrock.html).

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The Anchors School instructor's meeting will be held at 6:30 pm Thursday, Nov 1, at Sally & Dave Larimer's house, 5617 E. Windsor Ave., Scottsdale, 480-425-9689.

Drive to 56th St and Thomas or 56th St and Oak; 56th St does not go through from McDowell on the south. Closest freeway access is 52nd St. exit of 202; go north on 52nd St to Thomas or Oak, turn east to 56th St. From 56th St and Thomas, drive south to Windsor. From 56th St and Oak, drive north to Windsor. Turn east to 5617.

The Anchors School dates will be:

- Tue, Nov 6 Anchors Class, 6:00-9:30 pm, Dreamy Draw Park
- Thu, Nov 8 Anchors Class, 6:00-9:30 pm, Dreamy Draw Park
- Sat, Nov 10 Anchors field day, 8:00 am - 4:00 pm, Little Granite Mountain
- Sun, Nov 11 Anchors field day, 7:00 am - 4:00 pm, Promised Land (Prescott)

Rogil Schroeter

It's not too early to start thinking about the annual election of AMC officers and board members which will take place at the regular member meeting on January 28th. The positions of President, Vice President, Secretary, and Treasurer, as well as three director positions, will be up for a vote.

If you're interested in serving on the board and you'd like to see how it functions, we invite you to attend one of the upcoming board meetings. Meetings are open to all club members, and are held at the Los Olivos Senior Center two weeks prior to the regular club meeting. Board meetings generally run from 7:00 to 9:00 p.m., but on a temporary basis, the meetings will start at 6:00 p.m. in order to allow extra time to clear out a backlog of agenda items.

If you are considering running for a board position, please contact Elections Committee Chairperson Don Thomas, or President Erik Filsinger to have your name added to the ballot.

## **Sierramar Adventures in 2001**



**Jim Sumrall, Sierramar Adventures**  
**Web:** <http://www.jimsumrall.com>  
**E-mail:** [jim@jimsumrall.com](mailto:jim@jimsumrall.com)  
**Tel:** 480-894-9307 [888-241-2668]

**Join AMC member Jim Sumrall with adventures in Nepal and around the world.**

- Mar 18 – Mar 31 Springtime in the Annapurnas, with the Sierra Club
- Apr 10 – May 5 Around Manaslu
- May 8 – Jun 9 Annapurna Circuit – Summit attempt on Chulu West
- Sep 14 – Sep 28 Iran Unveiled, with the Sierra club
- Oct 6 – Nov 10 "The Home Town Tour" Badel to Gokyo, the Everest region
- Nov 13 – Dec 15 Kanchenjunga Base Camp
- Dec 23 – Jan 5, 2002 Guatemala: Land of the Maya, with the Sierra Club



## Respect Your Fellow Climbers

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*The following article first appeared in the Soapbox section of the Fall/Winter 2000 edition of The Climbing Activist, the newsletter of the Northern Arizona Climbers Coalition. It is reprinted here with the permission of the author, Tomas Robison, and the editor, Kerry Nodal. It is a good reminder of the simple things we can do to make climbing at our crowded crags more enjoyable for everyone. For information on the NACC, check out <www.nazclimbers.org> -J.H.*

My partner and I are going climbing again this weekend. Within an hour drive, we arrive at one of the great crags found in Northern Arizona. Shouldering our packs we hike through the parking lot of cars and into the familiar Ponderosa Pine forest. Soon we hear voices shouting belay signals, clanging gear and dogs barking. We step out of the forest and into a festive bootcamp. Twenty packs, 10 humans, 8 racks, 7 energy bars, 6 dogs, 5 water bottles, 4 guidebooks, 3 rolls of toilet paper, 2 headlamps and one lost climbing shoe under a bush next to the cliff tell us this must be the place.

Do the climbing magazines or videos or guidebooks tell us how to interact with our fellow climbers? No. Do our public land managers? No. Does the climbing gym? No. So how do we act out there? Are there ways to improve our interactions with one another? I believe there are. This is a basic outline of points to ponder the next time you are out climbing here in Northern Arizona. They are points of etiquette that may become just a graceful as that 11b you sent last week.

### Driving

People (especially non-climbers) notice fast climbers on the way to the crag. Slow down and enjoy the journey as well as the destination.

Don't drive on dirt (now mud) roads after a rainstorm or snow. Wait a day or park and walk in.

### Parking

Maintain a low profile. Don't park on top or at the base of a cliff. Many people see this as infringing on their "wilderness" experience.

If the parking area is full, find the next true parking area and walk the extra few steps. Parking in the ditch or someone's driveway upsets many folks.

Don't camp in parking lots (except at Wal-Mart). Rangers don't like it and rangers make rules.

### Trails

Stay on existing (the most heavily used) trail. Walk through the water on the trail rather than creating another trail.

Read "Leave no Trace" for the skinny on minimal impact.

### Cliff Tops and Bases

Place your "stuff" back a ways to help mitigate cliff top erosion and visual blight. Use stepping stones to avoid soil and plants. Maybe better said: walk softly and gracefully next to the cliff. It is a fragile environment. Hang your packs out of critters reach (in a tree on a stout branch).

Dogs. It's best to leave them at home. Really. If your rope gets tangled in a bush, don't yank it out, carefully remove it.

Sanitation. Use the port-a-potty up by the parking lot. No john? Go at least 300' away, dig a cat hole, bury it and pack out your toilet paper (it's not as bad as you think).

### Rappel Stations

Avoid putting them over popular climbs. Look before tossing the rope over the edge. And yell "rope!" or "rock!".

### Climbs

When climbing at your local area, ascend the popular (classic) climbs during the week. Let the visiting climbers have them on the weekend. Toproping vs. Leading. Leading a climb has precedence over top-roping.

Two parties arrive at the same time at the base of a climb? If you have climbed the route before, let the other party go and do something else. If not, talk to the other party. Work together. Be graceful. Sometimes it's best to put the ego behind.

"Work" with other climbers. Be sensitive to their needs, their weird behavior, quirks, etc. This is not saying give in to rude and thoughtless people, but rather to take a few moments to communicate with others. Example: Before using another party's rappel rope or climbing "their" route.

When watching unsafe practices it's actually easier on you to make a suggestion to the person(s) who is doing the unsafe practice. Expect a verbal backlash and do not take it personally. This is preferable to initiating a rescue for the ignorant fool who trusted the other fool in the first place.

Climbing at the crags with our fellow wall rats doesn't have to be a congested affair of bruised egos and despondent actions. I was finally to get past a lot of what was really my "problem" once I started to think about my impact towards my fellow climbers rather than the other way around. We can always find seclusion and solace if we choose to, but at crags with crowds, another tack is needed. Please add to the list.

## SCREE — By Wally

Some old ways no longer work. After WWII and Korea, during the Cuban crisis (the hottest part of the cold war and Civil Defense's heyday) the government issued manuals on how to rescue people from collapsed buildings. The methods were based on Britain's experience during the blitz in recovering people from buildings that had lost their stairwells or from the voids in the rubble. Retrieving people stranded on upper floors was much like mountain rescue but had the unfair advantage of ladders and many more solid things to anchor to. Climbers with their knowledge of ropes and knots and hauling tackle were natural rescue team leaders. It was fun playing hero.

The other part of rescue, tunneling into rubble to enter voids, was not our métier but as rescue team members we learned how to do it. It was essentially a process of burrowing in, bracing up walls and ceiling with wooden mine supports and slats as we went. Miners are better at it.

Neither approach could cope with the World Trade Center's destruction. There were no upper floors to remove people from, nor people to remove. There were no bricks to pry out or wooden beams to saw through. Instead there were huge steel beams and slabs of concrete that required cutting torches and heavy lifting equipment. Our old knowledge no longer applies.

We also pored over manuals that taught how to survive radiological, chemical and biological attacks. If you can say in a deep hole with food, water, and filtered air for two weeks, you have a chance against atomic bombs. If you have an effective mask and tape closed all openings to your impervious clothing, or stay in your deep hole with filtered air, you should survive chemical attack.

For biological threats, we kept space in our loose leaf manuals in case anything that might help was ever discovered. The conventional wisdom was that if the disease spread easily from person to person and had an incubation period of more than a few days, it would go all over the country within weeks. Fortunately that scenario appears to have not come to pass. But because of the ease such a disease could jump oceans, perhaps a really virulent and transmissible disease will not be used. It may be another form of MAD — Mutual Assured Destruction — that worked in the atomic arena.

Still, the lights in the eyes of the eighteen terrorist suspects do not create confidence in their reasonableness, good sense, or sanity. If you are a terrorist, dying of smallpox may not have the panache of flying into the WTC, but it should still get you those 36 concubines and eternal bliss.

## SELF-RESCUE SEMINAR

We will present a one-day self-rescue seminar each day on Saturday and Sunday, Nov. 3 and 4. We will meet at Mesa Community College (Dobson and US 60) at 7:00 am, then car-pool to Queen Creek. On Saturday, some of us will help Charlene by setting top-rope anchors for the cleanup crew; the rest of us will go set anchors at Titanic Wall, just down the road. On Sunday, everyone will go straight to Titanic Wall.

We will practice two techniques: haul systems and the pickoff. The haul system is a way to use mechanical advantage to bring up something below you, such as a pack or person. The technique is the standard one used by the AMGA (American Mountain Guide Association) with some additional stuff thrown in. We will set up 3:1, 5:1 and 7:1 systems. Participants in the past have determined in this way what they would normally use in the field, since it is dependent on their weight, strength and height.

We will start by hauling a pack on a 3:1 system, thereby getting used to the technique. You will basically teach yourself using illustrations we will provide. I will walk the base and give advice where necessary, but the technique is very simple and a picture is worth millions of my words. Next, you will add a person instead of a pack and see what the difference is. To do this, we will have divided up beforehand in teams of two where the people are roughly equal in weight.

Participants in the past have often skipped the 7:1 system, which is very tedious because you move someone only inches at a time. Depending on time constraints and how you feel about the other two versions, you may elect to do that.

After the haul system practice, we will do the pickoff technique, a form of rescue that allows you to rappel down, "pick" someone off the wall, and continue the rappel with them to safety.

The day will be self-paced; get as much done as you can. It sounds like a grunt, and, indeed, can be somewhat of a chore, but the technique is invaluable when needed.

Call me to register; I will cap each class at 20, but I don't expect to fill either day. The only extra equipment you may want will be a pulley. Don't buy one until you talk to me; there are good pulleys and useless pulleys out there. This is a piece of equipment you may always want to carry on multi-pitch climbs.

This seminar is intended for more experienced climbers who can already set anchors and handle prusiks, such as Anchor School graduates. It is my intention to offer it annually.

*-Wayne Schroeter, 623-878-3914*

## AMC OUTING CALENDAR

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*(Continued from page 18)*

- Dec 1 **Mogul Wall** Located on the northwest corner of Little Granite Mountain. No Limit. Meet at 8:00 at 118th and Rio Verde/Dynamite. Scott Hoffman 623-580-8909
- Dec 6 **Alpine Seminar** REI PV 6:30-8:30
- Dec 25 **Fifth Annual Christmas Climb** Climb at Sven Slab in the McDowels to see what Santa has brought for good little climbers. No Limit. Jef Nagel 602-318-9538.

Dec 29-Jan 5 **Ouray Ice Park** Colorado. Refresh your winter skills on some of the best ice climbing around. Toprope single pitch ice climbs in the park. Accommodations at Victorian Condos. Come up and play for the whole week or just a few days. Contact Richard Horst for info and directions. 602-953-9198.

\*Group outings: The campsite, where possible, is reserved by the AMC. There is no designated leader, although there may be a leader to work with non-leaders (call to find out). Call to find car-poolers. Parking is first-come, first-served in some cases  
To request outings: Call Outings Chairperson Bruce McHenry 602-952-1379. To cancel: Please call the outing leader to cancel as soon as possible: there may be a waiting list. Also, the leader will know not to wait for you on outing day.

## BILLBOARD

### Other Scheduled Events

Outings listed in these sections are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared and equipped with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Tuesdays **North Mountain Hikes** Evening, Rogil Schroeter, (623) 878-3914 or Rogil.Schroeter@Honeywell.com  
Wednesdays **Arizona Climbing Center**. 6:00 p.m., Rogil Schroeter, (623) 878-3914.

### Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. These are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics for out-of-town events, participants will sign up directly with the commercial outfitter.

The following classes/outings are being offered to AMC members through Southwest Adventures, a professional guide service located in Durango, Colorado. Please contact Erik Filsinger for more information at smorefil@aol.com if you are interested and want to sign up.

- November 22-23 -- AMC Beginning Ice Climbing, \$125 for the 2 days  
November 24 and/or 25 -- AMC Multi-pitch ice climbing, \$190/day  
November 24 to 26 -- Winter Mountaineering, \$315 for 3-days  
December 30-31 -- AMC Multi-pitch ice climbing, \$235 for 2 days or \$190 for second day alone  
December 29-31 -- Winter Mountaineering, \$315 for 3-days  
January 19-20 -- AMC Beginning Ice Climbing, \$125 for 2-days  
January 21 -- Avalanche safety, \$50  
February 16-17 -- AMC Beginning Ice Climbing, \$125 for 2-days  
February 18 -- Avalanche safety, \$50  
March 29-30 -- AMC Multi-pitch Ice climbing, \$235 for 2-days, \$190 for thesecond day alone

## AMC CALENDAR OF EVENTS

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*Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The outing leader is not responsible for your safety, you are. Please contact the outing leader before going on an outing, discussing your capabilities with the outing leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the outing leader. Those accompanying minors are responsible for the minor's safety.*

### WHEN & WHERE & WHAT & WHO .

- Oct 27 **The Mace** Limit 4. Frank Vers will lead his 8th annual ascent of the Classic multi-pitch sandstone route in Sedona. Solid 5.9+. Helmets mandatory. Frank Vers 480-947-9435.
- Nov 1 **Alpine Seminar** at PV REI, 6:30 p.m., Mountaineering Judgement, Safety and Accidents. Eric Filsinger and Bruce McHenry
- Nov 1 **Anchors School Instructors Meeting.** Tom Conner 480-897-7623.
- Nov 3 **Queen Creek Cleanup and Climb.** We pick up trash for an hour on the AMC mile of highway and then climb somewhere in Queen Creek. Charlene Todd. 480-917-5354
- Nov 3,4 **Anglefood Wall,** Red Rocks, Nevada weekend outing. Just outside Las Vegas. Saturday's feature is a short 30 minute approach to six side by side beautiful sandstone trad, 5 to 7 pitch, 5.6 to 5.9 climbs. Sunday TBD. Group campsite has been reserved. Modern facilities. Will meet at Rick's house around 5 p.m. Friday. Drive is close to 5 hours. Expect weather to be about 10 degrees cooler than Phoenix. This is a demanding outing and we will have to form rope teams prior to departure. Limit 16. Rick Taylor, 623-487-8507.
- Nov 3 **Self-Rescue seminar.** One-day session at Queen Creek with a haul system and pickoff technique (see page 16). Wayne Schroeter 623-878-3914.
- Nov 4 **The Nursery, Lower Sullivan Canyon** Great dacite top rope climbs. For recent basic school grads. Limit 15. Jeff Hatfield at 480-783-8779
- Nov 4 **Self-Rescue seminar.** Same as Nov 3 (see page 16). Wayne Schroeter 623-878-3914.
- Nov 6 **Anchors School.** Nov 6,8,10,11. Tom Conner 480-897-7623.
- Nov 21-25 **Joshua-Tree** AMC Thanksgiving. Nov 21-25. See details in newsletter.  
Thurs — Dave Larimer  
Fri — Mick Strole  
Sat — Jeff Sloat  
Sun — Jeff Hatfield

*(Continued on page 17)*

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### AMC OUTING LEADERS

Requirements for becoming a leader: take the basic, AARS and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Scott Hoffman at (623) 580-8909.

Bill Berkley .....	480-945-4346	Tim Medlock.....	719-494-1171	Jef Sloat.....	602-843-2490
Sally Borg Larimer...	480-425-9689	Jeff Nagel.....	602-318-9538	Bill Stinson.....	602-547-2560
Tom Conner.....	480-897-7623	Paul Norberg .....	602-808-9244	Mick Strole.....	602-788-4031
John Ficker .....	602-867-1487	Paul Paonessa.....	602-493-7356	Rick Taylor.....	623-487-8507
Eric Filsinger .....	602-906-1186	Chris Query .....	480-967-9268	Tim Ward.....	602-212-1929
Jeff Hatfield.....	480-783-8779	Brad Sanders .....	480-961-3674	Frank Vers.....	480-947-9435
Scott Hoffman.....	623-580-8909	Tim Schneider.....	480-497-8377	Gary Youngblood ....	602-508-9696
Richard Horst.....	602-953-9198	Rogil Schroeter.....	623-878-3914		
David Larimer.....	480-425-9689	Wayne Schroeter .....	623-878-3914		

# NOVEMBER 2001

## AMC Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																									
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4 Red Rocks, Nev Nursery	5 AMC Board meets at 6:00 pm	6 ANCHORS SCHOOL CAMRA	7 Sunrise 6:53 Sunset 5:31 Moonrise 11:27pm	8 ANCHORS SCHOOL Last Quarter	9	10 ANCHORS SCHOOL																																																																																																									
11 ANCHORS SCHOOL	12	13	14 Sunrise 6:48 Sunset 5:36 No Moon	15	16	17																																																																																																									
18	19 Members Meeting -- Patagonia Slides	20	21 JOSHUA TREE Sunrise 7:06 Sunset 5:23 Moonrise 12:53 pm	22 1st Quarter JOSHUA TREE	23 JOSHUA TREE	24 JOSHUA TREE																																																																																																									
25 JOSHUA TREE	26	27	28 Sunrise 7:12 Sunset 5:21 Moonrise 4:13 pm	29	30 Full Moon																																																																																																										

**ARIZONA MOUNTAINEERING CLUB**

P. O. BOX 1695

PHOENIX, ARIZONA 85001-1695

