

OCTOBER 2005

ARIZONA MOUNTAINEER

On the summit of Rainier on a brilliant August day : (l to r) AMC'ers Trevor Moody, Kevin Abney, Justin York and John Schneider. All were recent grads of AMC's Mountaineering School.



The Arizona Mountaineering Club

Meetings: Sep. thru-Dec 2005: Meet the 3rd Monday at the Washington Adult Center, 2240 W. Citrus Way, between Bethany Home and Glendale off 23rd Ave. at 7:00 p.m.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting at Jutta's home..

Dues: Dues cover January through December. A single membership is \$25.00 per year: \$30.00 for a family. Those joining after June 30 pay \$13 or \$15. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Call: (623) 878-2485

Email:

president@azmountaineeringclub.org
board@azmountaineeringclub.org

Websites:

www.azmountaineeringclub.org
or — www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President Jutta Ulrich..... 602-234-3579
Vice-President John Keedy 623-412-1452
Secretary Robert England .. 480-821-4243
Treasurer Clay Vollmer..... 602-595-7266
Director 2-year Bill Fallon 602-996-9790
Director 2-year Jeff Nagel 602-318-9538
Director 1-year Scott Hoffman.... 623-580-8909
Director 1-year Wayne Schroeter 602-402-1631
Past President Bruce McHenry.. 602-952-1379

Committees:

Advertising Open
Archivist Jef Sloat 602-316-1899
Classification Nancy Birdwell .. 480-821-1932
Elections Dave Van Hook . 602-790-6283
Equipment Rental ... Erik Filsinger 480-314-1089
Email Jeff Hatfield 480-897-1750
Land Advocacy Erik Filsinger 480-314-1089
Librarian Richard Kocher.. 480-966-5568
Membership Rogil Schroeter .. 623-512-8465
Mountaineering Erik Filsinger 480-314-1089
Newsletter Wally Vegors 602-246-9341
Outings Jeff Nagel 602-318-9538
Programs Sheri Kenly 602-242-0504
Training & Schools.. Wayne Schroeter 602-402-1631
 Basic Class Sally Larimer 480-425-9689
 Anchors Class Robert England .. 480-821-4243
 Lead Class Wayne Schroeter 602-402-1631
T-shirts Sally Larimer 480-425-9689
WebSite Kirrawebadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at https://www.accessfund.org/secure/joinnow/join_indiv.php and also at <https://www.accessfund.org/join/indiv.php>

This Month in the AMC

- 2..... Who does what, addresses and numbers
- 3..... Birthdays; Table of Contents
- 4..... Minutes
- 5..... Treasurer's Report; Discounts, Rentals;
- 6..... Kurt Gusinde Denali Program for Oct.
- 7..... President Jutta; AMC website changes
- 8..... AMC'ers on Rainier
- 9..... J-Tree plans; Rainier continued
- 10.... Basic School Info
- 11.... Hiking Shack
- 12.... Queen Creek Clean and Climb; Outings,
- 13.... Writers needed; Adventure Race
- 14.... Alpine Rock Seminar; Erik's Canadian Climbs
- 15.... Lead School Info Continued
- 16.... AMC Record; Expense Policies; Adopt-a-Crag
- 17.... Outings Continued
- 18.... Outings Listed / Leaders.
- 19.... OctoberActivity Cal;endar

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call the editor at (602) 246-9341. wvegors@cox.net

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF!!!

No circus elephants to water - but you can still get in "free."

Help teach the basic class Oct 11 – 20 and review all the stuff you mostly learned the first time through.

Don't forget Richard Horst's Hueco Tanks soiree... And the clean and climb and local crag days.

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

November NL Deadline: 10 Oct

October Birthdays

Bill Demlong 1, Deke Joralmon 2, Cindy Ruiz 3, Kari Carlisle 4, Michael Kreitz 4, Tracy Sloat 6, Kim Petersen 7, Tricia Rudloff 7, George Vadasz 7, Kelly Trainor 8, Kevin Stevens 9, Lori Horst 10, Stephen Norman 10, Kathi Reichert 10, Justin Kacer 11, Rogil Schroeter 12, Bob Box 14, Dave Lemons 14, Linda Locke 14, Karl Anderson 15, Kevin Kriegel 18, Munish Lal 18, Elizabeth Dunlop 20, Jeffry Nagel 20, David Van Hook 23, Michael Jacobson 25, Julian Blum 28, Barb Berkley 29, Jeff Hatfield 29, Odette Denis 30, Brett Castello 31

Minutes of the AMC September Board Meeting, August 29th, 2005

Board Members Present- Jutta Ulrich, John Keedy, Bill Fallon, Wayne Schroeter, Robert England, Bruce McHenry, Clay Vollmer

Committee Chairpersons:

Equipment Rental, Land Advocacy, and Mountaineering – Erik Filsinger

Website – Kirra Kurvink

Newsletter —Wally Vegors

Call to order

Reviewed minutes from the July Board meeting.

Motion to approve the minutes - John

Second – Robert

Approved

Reviewed the Treasurer's report.

Motions:

- Wayne: To approve Sherri be preauthorized to spend up to \$300.00 over the budget for Fall programs. - Second: Clay. - Approved

- John: To solicit the club membership for approval of an \$800.00 override in compensation for unexpected site rental expenses. - Second: Wayne. - Approved

- John: To approve the treasurer's report. - Second: Wayne. - Approved

Updates:

- It's time to start the 2006 budget planning process

- Add calendar review and approval to standing agenda

- Robert and Bruce to start team for member meeting location planning

- CAMRA to present at a future member meeting.

John and Wally represented the AMC at CAMRA's first annual banquet

- Jutta received a reply from Senator John Kyl regarding Queen Creek access

- Renewals - Liability Insurance process starts on 10/15, D&O Policy starts on 11/10. These items to be added to the board's planning calendar.

Committee reports:

Membership – 373 members as of September 2005

Library – Wally and John continue to work out details of operating and housing the library in light of the loss of Los Olivos as a permanent meeting place.

Land Advocacy:

- Erik reported information regarding the Conserving Arizona's Future initiative and noted that it would be nice to have AMC representation. John made a motion to support and provide AMC representation to Conserving Arizona's Future Initiative. - Second: Bruce. - Approved

- Adopt-a-crag - The board decided to designate the Grand Canyon Cleanup as this years' AMC Adopt-a-Crag event. Erik will secure give-away items and make them available to a member willing to transport them to the Grand Canyon for the Adopt-a-Crag event.

Outings:

- The Grand Canyon Cleanup and Joshua Tree Thanksgiving outings planning is on track. Jutta will contact the Outings Chairperson for additional planning information.

- The Queen Creek Cleanup and Climb is scheduled for October 29.

Old Business

- Outing Leader Logo design - carry to the next board meeting

- Feedback on first aid classes - Add refresher to the master calendar for planning for 2007. The Training and Safety Committee will be responsible to schedule the training.

- Discussion regarding posting club documents to the AMC website

Discussion regarding changes to the policy regarding AMC document maintenance. Clay made a motion to accept the changes.

(See page 16 for continuation of minutes regarding AMC's policies on Document Maintenance and on Expense Reimbursement. — Ed)

Motion to adjourn: John

Second – Bill

Approved.

Meeting adjourned.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.

OvertheCrux Inside Phoenix Rock Gym at 1353 E. University Dr., Tempe.. 480-890-0997. 15% off to AMC members.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 Gym membership 10% off for AMC members.

Rental Equipment

EQUIPMENT.....	Qty	\$Dep	1-3day	4-7day
MSR Alpine snowshoes.....	5	32	10	16
Ice Crampons.....	5	26	8	13
Ice axes (70 cm).....	6	16	5	8
Ice axes (90 cm).....	5	14	5	7
Snow shovel.....	1	8	3	4
PortaLedge.....	1	100	30	50
Climbing shoes ...	Various sizes .. Call			

Equipment Rental Guideline: Your name must be on the most current membership list. Deposit required; varies by item; generally \$20-\$50. The two-personal-checks system works best. Advance reservation suggested. If not using the reserved equipment, please call and cancel. Call Linda Locke at (602) 997-4235 for shoes. For everything else, call Erik Filsinger at 480-314-1089.

Meeting Dates for Rest of 2005

Board	Members Meeting
Oct 3	Oct 17
Nov 7	Nov 21
Dec 5	Dec 19

Treasurer's Report

Statement of Operations

10 July 05

Category Description	Amount
INCOME	
Access	202.00
Admin income00
Advertising	20.00
Decals00
Dues 2005	4,760.00
Return of NSF expenses	31.00
Friends of Queen Creek	320.00
Interest	102.31
Merchandise (Tee Shirts & Etc)	375.00
Mountaineering Schools	537.00
Program Income00
Rental Income (incl shoes)	59.00
T&S School Rental Income	175.00
Training Income	8,505.00
TOTAL INCOME	15,086.31

EXPENSES	
Access Fund Payment.....	202.00
Administration.....	651.43
Capital Exp	302.60
Classification	750.00
Equipment Maint.....	.00
Friends of Queen Creek	320.00
Insurance00
Land Advocacy Committee	2.55
Library.....	13.00
Merchandise Exp.....	(24.00)
Mountaineering00
Newsletter.....	1,404.67
Outings	48.12
Programs & Monthly Meeting Exp.....	3,262.61
Service/Bank Charge	73.00
Training	6,063.62
TOTAL EXPENSES	13,069.60

OVERALL FOR YEAR TO DATE 2,016.71

ACCOUNT BALANCES

CD Account 1/31/05.....	10,102.03
Checking12/31/05.....	13,778.72
TOTAL CASH ASSETS	23,880.75
Other Assets (gear).....	2,048.25
OVERALL TOTAL	25,929.00

SUMMIT DREAMS

AMC'er Kurt Gusinde on Denali

There are certain mountains that need no explanation as to why climb. Denali is such a mountain. Its tremendous size and beauty generate a magnetism that continually draws climbers from around the world. An ascent of Denali, touches the psyche of all alpinists and for those who have undertaken its challenges, it rewards them with an unforgettable, once-in-a-lifetime experience. Join us as AMC member, Kurt Gusinde, a mountaineer with over 30 years experience, shares photography, video sequences and stories of his June 2005 summit of Denali.



Raised in Portland, Oregon, Kurt has been hiking and climbing in and around the mountains of the Northwest for over 30 years. In 1999, he began to dream about climbing internationally. Since then he has climbed several of the highest peaks around the world. His “Summit Dream” is to continue to climb the highest peak on each continent and complete his goal of climbing the 16 major glaciated peaks in the Northwest.



AMC's October Program at the
Washington Adult Center
2240 West Citrus Way
Between Bethany Home and Glendale
7:00 p.m. on Monday, October 17

Website Changes

(Affects Members Only)

The Board has finalized the Members Only section of the website. This area contains the school manuals and all official AMC documents (policies, Bylaws, etc.) Most documents are available in both .doc and .pdf versions. It is for members only and is not available from the public portion of the website (see the link below).

The school manuals can be sizable, so we recommend using a high-speed connection. The biggest advantage to having these on-line is that those of you who are helping with the schools can easily review what we are teaching. Please feel free to comment on the manuals; there is an email address on the main Members Only page for reporting issues with any documents.

While most of the policies are probably not of interest to members, there are some forms that may be useful. In particular, the Outings Committee forms include an Outing Plan and a Multi-Pitch Outing Plan, which may be helpful in planning your own private outings. We have also developed an Emergency Contact Listing that contains the name, address and phone number of hospitals near our most popular climbing areas. While we can't guarantee that this form is always up-to-date, you can always verify the contact info before going on your own outing. As always, any changes can be emailed to the address on the Members Only main page.

The link to the new area is http://www.amcaz.org/members_only/main.html. This link will be emailed monthly to everyone who receives the electronic newsletter.

New domain name: www.amcaz.org

This new domain name will make it easier for you to direct people to our website. We have kept the old name as well, and you can use either to get to our site.

Many thanks to Kirra Kurvink for her work in implementing these new features.

NEW AMC MEMBERS

Celia Chavarin
Gordon Miller
Lona Miller
David Rice
Whitney Rice
Stormy Rose

President's Corner

Have you ever planned something really well and then have things go wrong anyway?

Last weekend I participated in the Backcountry Emergency Care course (a great experience!). The last portion was a field exercise where rescuers had to locate hikers and transport them to safety. Several teams were in communication via 2-way radios. We fanned out; the first "patient" was found, then the second. Then – confusion. Teams were not together any more, we did not know if all four "hikers" had been found or what the injuries were. The problem: The radios failed and we could not communicate.

Communication is one of the major problems anywhere, in families, on the job, you name it. In climbing we teach the climbing calls and stress the importance of using them every time: Up rope! Slack! Do you know people who say "Take up some slack." and you're not quite sure what they want because the wind is blowing? Standardization is one good way to prevent errors: everybody follows the same procedure in a specific situation. The AMC climbing calls are not the only correct way, but it is one way and we can all understand them. If possible, re-confirm. Remember? Ready. – That's me. – Climbing. – Climb on! This last piece is crucial: the climber waits for the belayer to confirm that it's safe to climb. If you couldn't hear or understand, ask again.

Having a backup plan is another good idea. The rescue groups in last weekend's exercise should have had a plan B, e.g. if radios don't work, send runners. In climbing, including ice climbing and mountaineering, we use back up plans. If you can't hear, you can agree to 3 long tugs on the rope meaning "you're on belay." Talk about this with your climbing partners before you get off the ground.

Finally, don't make assumptions. We all have our communication quirks, based on age, gender, culture and past experiences. Words can have different meanings for different people. How urgent is it when someone says "I've got to go"? Among the assumptions we make also tends to be that when something goes wrong, we think the other person was careless or was trying to be difficult. Well, they may be thinking the same about us, it's a normal reaction. Most times both sides make an effort and you just need to be willing to ask and clarify. Get to know your climbing partners, agree on procedures, standardize your communication, ask and explain, and don't pin blame on the other person when it's the situation that needs to be clarified.

—Jutta

AMC Team “Graduates” on Rainier Climb by Kevin Abney

Mt. Rainier has captivated me for a long time and this past August we finally got to the top of it. Our team of four was assembled from 2005 graduates of the AMC Glacier Travel and Crevasse Rescue Class (plug: highly recommended)...Trevor Moody, John Schneider, Justin York and myself.

We huffed our gear to base camp (Camp Muir), under beautiful blue skies and gorgeous temps. We expected Camp Muir to be quite crowded, but were somewhat surprised to find only four other tents of non-RMI climbers. We picked our camp spots and broke out the snow shovel to level our camp and set up home for the next two nights. On our rest and acclimatization day we spent some time getting geared up and found a nearby crevasse to practice our rescue skills. We rotated positions on the rope team so each member could drill the C and the Z pulley systems. This gave us a high level of confidence in the team, getting a chance to work as a unit.

We decided it would be best to get an early start and get ahead of the RMI teams, so we “woke up” at 11:30 pm to begin our 12:30 am climb. It was a cloudless night with the sliver of a new moon rising in the east, temps at about 35, and just a trace of wind... couldn't be better! As we finished getting our last pieces of clothing and gear on, we heard the call from the assembling RMI climbers “A Team is leaving in 5 minutes!” That was our signal; we wanted to be out in front of RMI so we roped up and took off across the Cowlitz Glacier.

The first part of the climb crosses the Cowlitz glacier but it's a shallow grade and the trail is well worn as it weaves its way up to the towering rocks of Cathedral Gap. Going up the Gap is straightforward except for the danger of kicking rocks loose on team members below. Here we made like an accordion and brought each roped team member close together, each coiling the rope for the next, so we could move up the scree chute as one.

At the top of the Gap our hearts were pumping hard from the steep ascent. We looked back over Cowlitz to see the RMI teams, lit up like a train in the night, weaving towards the base. This was the beginning of the unknown for us, we had scoped out the Cathedral Rocks route from our camp, but now we were on the ‘other side’ and the real adventure was to begin.

We flicked our headlamps on bright and turned toward Ingraham Glacier, searching for the route, scanning for trail wands. Things were well marked all the way to the base of Disappointment Cleaver, which is

where the real elevation gain begins. The base of the Cleaver is notoriously rocky and scree filled so we had to draw the rope team together one more time. Here we had to do some 3rd class scrambling up the rocks while managing the rope in one hand and an ice ax in the other...all in the darkness of night of course.

We finally broke above the rock and were glad to see snow up ahead, where we could finally get good traction with our crampons and expand our rope team to be more efficient. My enthusiasm for the snow began to wane though as the grade quickly increased. This section of the Cleaver, the upper snow/ice field, inclines to a 35 degree slope. At 3am in the morning with a black sky, climbing the side of a thousand foot slope gets your adrenaline going. I experimented with using the ice ax in a ‘high dagger’ position to get a firmer grip on the mountain side, but this was slow and wasn't necessary as my comfort level improved.

During a rest break, I craned my head to focus my light down the slope to see exactly what we were climbing up. My light only illuminated about 20 feet down, the snow and ice just faded into darkness below. Although I couldn't see very far, I knew what lie below, either a cliff or a crevasse field...or maybe both! “Ok, focus on secure crampon placement and solid ice axe holds!”

As we moved past the Cleaver, the slope eased up and I was happy to be on more sure footing. The route was getting a little less clear this high up because the wands were spaced further apart, some had fallen with the snow melt and there were some criss-crossing trails weaving around crevasses. We came to a junction and decided to go one direction, below us the RMI teams had been gaining ground and their lights were getting close. As we took off into the darkness on our own, we noticed an RMI team go up the other route. Were we going off route at this point? We turned to see what RMI was doing when a voice shot out “You four climbers, independents, either route is fine” said the guide. With almost 30 climbers on this route, we were easily identifiable; we were the only unguided team up there!

We turned around and proceeded on our own and began the switch backing up the divide between the Emmons and Ingraham Glaciers. Right about this time, the sun finally broke the horizon and we were greeted to a spectacular sunrise. The snow began to glow with a pink and orange hue, the clouds in the valley around us seemed impossibly far below...it was a good day to be on Rainier. (*Continued on page 9*)

AMC'ers on Rainier from p.8

As we switched back towards Ingraham again, we realized what the guide had already known, our alternate route was intersecting again with them near the top. We ran into another team there and overheard the guide say "those rocks up there, that's the crater rim". You mean no false summits to sap your morale? The crater rim was another 800 vertical feet up, we were almost there. Those last 800' were tough though. By now we were in the rarified air of almost 14k feet and breathing was becoming tough. "Remember your training...pressure breath, rest step...one foot in front of the other"

We finally reached the East Crater rim at 7:30 am and the feeling of accomplishment was pretty big. We all took a load off and rested a bit to take in the sites of the crater. I checked my zipper thermometer, 15 degrees and there was a breeze blowing, better put on the over mittens. We didn't have much time to spend on top so we made our way across the bottom of the crater to the other side, the true summit. We tagged the summit, Columbia Crest, standing on top of Rainier, 14,410' above sea level.

The trip down was easy in that you weren't fighting gravity anymore and each step down brought more oxygen...but we also knew this was the most dangerous time, when you're fatigued and can make simple mistakes. The sun begun to warm the snow, and the ice crust was melting which meant that our crampons wouldn't bite anymore; they just pushed into the slush. Now that we could see what we had climbed up earlier in the morning I was taken aback by the size of the crevasses we crossed, the seracs and cornices we paralleled. The sunlight revealed a spectacular winter wonderland of blue ice and snow, on a scale I had never seen. On that glorious August day, Rainier gave us a taste of what big alpine climbing was all about...we were grateful and reveled in our good fortune.

Calling All Climbers. . . . Time For J-TREE!

Aren't the holidays great! One of the great things about holidays is traditions. And spending Thanksgiving at Joshua Tree is a hallowed AMC Tradition for good reason.

The climbing at Joshua Tree is one word – AWESOME! Hundreds of routes, and days of climbing. There are easy top rope 5.7s to hangnail 5.12s. Lots of leads to test your skills, or seconding on routes that stretch your abilities. Even the infamous "bumper belays" and being surrounded by climbing walls all around you.

Thursday November 24 will be the traditional AMC Thanksgiving dinner – it is potluck bring your best recipe.

Some folks may go out early, you can drive straight from work in 5 hours. If you go early, make camping arrangements. AMC has the following sites reserved from noon Wednesday, 11/23 through noon Sunday 11/27:

Cottonwood group site #1	15 campers and 7 cars
Cottonwood group site #2	20 campers and 11 cars
Cottonwood group site #3	25 campers and 14 cars

All campsites are primitive, no water or electricity. If possible bring wood for evening campfires. The town of Joshua Tree, and 29 Palms are about 20 minutes away if you need a meal, motel, or shower. Space is very limited, CARPOOLING is highly desired.

To get there, go towards Los Angeles on I-10 passing through Blythe and Desert Center. Watch for the Joshua Tree Cottonwood entrance. Drive north through the park – to the Cottonwoods campgrounds. There are usually about 40 to 60 AMCers in attendance, some folks go all week, some go for a day or two

Weather is variable. Days are usually warm and sunny, nights will be chilly, and it is usually windy. Nothing is certain, so be prepared to get scorched, rained, snowed, or whatever. There are numerous guidebooks available in the local shops, it is a good idea to own one for the correct portion of the park.

THANKSGIVING DINNER AT J-TREE.

Thanksgiving Dinner at Jtree is usually a gustatory delight of epicurean heights. However a volunteer is needed to coordinate all the tastes.

You can contribute your favorite recipe and bring other items needed. Sign-up to bring side dishes, salads, breads, desserts, and meats. Dishes should be prepared and ready to serve. Stoves are usually available to keep food warm. Non-food items are also needed: Stoves and fuel, folding tables, lanterns, large pots, serving spoons, tablecloths, firewood, water to wash up. Bring your own utensils, beverages, dishes, and a chair.

Contact Clay Vollmer to coordinate the food.

Basic Rock Climbing School

Arizona Mountaineering Club Fall 2005

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Oct 11	Tuesday	5:30 pm–10:00 pm	*Havasupai Ramada, North Mountain Park
Oct 13	Thursday	6:00 pm–10:00 pm	Havasupai Ramada, North Mountain Park
Oct 15	Saturday	8:00 am–5:00 pm	North McDowell Mountains, Scottsdale
Oct 16	Sunday	8:00 am–5:00 pm	North McDowell Mountains, Scottsdale
Oct 18	Tuesday	6:00 pm–10:00 pm	TBA
Oct 20	Thursday	6:00 pm–10:00 pm	TBA
Oct 22	Saturday	all day	Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park and look for the orange traffic cones imprinted "AMC" at Havasupai Ramada.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

- Technical climbing gear that will be used for the school (**and is yours to keep**): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)
- Harness and helmet provided free by the AMC for the duration of the class if needed
- Basic climbing textbook
- Instruction through all phases of the class
- Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the **second** night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: \$160 plus membership if not already a member (\$13 for an individual and \$15 for a family). Membership is good through Dec., 2005.

Registration: The class is limited to 40 students. To reserve a spot, send a check for \$160 + membership cost (see Class Fee above) made out to AMC Basic School. Include your clearly printed name, address and current phone number(s). Mail to: AMC Basic School, 1025 E. Highland Ave., #26, Phoenix, AZ 85014. No credit cards accepted. If you have further questions, please call Slawa Ciula at 602-265-2661 or email at amcbasic-school@hotmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$160 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website at www.AzMountaineeringClub.org.



Arizona Hiking Shack
11649 N. Cave Creek Rd.
Phoenix, AZ 85020
Phone: (602) 944-7723
www.hikingshack.com

We're located 1/8 mile south of Cactus
on Cave Creek Rd.

Three great reasons to shop at the Arizona Hiking Shack for all your climbing gear

1. The Arizona Hiking Shack has **IN STOCK** the largest selection of climbing gear in the Valley. Petzl, Metolius, Black Diamond, Misty Mountain, Omega, DMM, 5-10, Scarpa, La Sportiva, Yates, PMI, Sterling, 2-Cam, Climb Tech, Kong, Trango, Camp, Mammut, Boreal, Pica Mountaineering, and Trango are just a few of the brands we carry. If we don't have what you need in stock. . . we'll order it for you. . . with FREE shipping!

2. The **staff** at the Arizona Hiking Shack **are climbers** too. You get knowledgeable, friendly advice on gear, places to climb, and the absolute best fit on harnesses, shoes and helmets. The Arizona Hiking Shack is locally owned and has been selling gear to valley climbers since 1972. We take pride in helping to select the right hardware for your climbing adventures. (Besides most of us are AMC members also!)

At the Arizona Hiking Shack, **AMC Members get a 15% discount** on everything they buy, everyday of the week, every week of the year. Why? Two Reasons. First, we respect the job the AMC does. The AMC not only teaches people how to climb safely, they also teach an ethic of responsibility to the outdoors that is essential to keeping our climbing areas open. Second, you learn to climb in the valley. . . well, like it or not. . . we consider you one of OUR homeboys or girls and simply said, we want your business! Ultimately, we know you have many choices when it comes to purchasing your equipment and by having a great selection of gear, a knowledgeable staff, and totally killer deals, we hope you'll come shop with us.

Post-grad Clean and Climb at Queen Creek

It is a traditional introduction to one of the neat places held dear in AMC's hearts — the Queen Creek/Oak Flats area up the hill east of Superior. AMC's basic school graduates are introduced to one or several of our favorite climbing gems — Pancake House, The Mine, The Canyon itself, or any of a dozen other choice faces and spires. .

But this only after the recent Basic Climbing School graduates have "paid their dues" by cleaning up a mile long stretch of highway 60 near the turnoff to Oak Flat Campground. That usually takes only an hour or two. Veterans are welcome too, of course.

This is the area that will be changed into a gaping, off limits, unclimbable and horrid hole in the ground if British investors get their way — with our Congress de-listing Oak Flats as an area devoted solely to recreation as now guaranteed by decree of the U.S. Government.

But make October 29th a happy day — help with the cleanup and then go climb the routes set up by AMC leaders. There are no limits.

Getting there: One can still camp overnight at the Oak Flat USFS campground a quarter mile south of the turnoff. There are toilets and a host but no water.

Or you could drive that morning from your home to arrive at the Oak Flat road turnoff by 9:00.

Or you could be in the Mesa Community College's southwesternmost parking lot by 8:00 a.m. and trust that some kind climber will stop by and offer you a ride. With gas at \$3.00 per gallon, it is the meet, right and proper thing to do for poolers to contribute to filling the poolee's gas tank, don't you think?

Queen Creek climbing area access issue Climb it? Or mine it?



Recreational access to the Queen Creek climbing area is being threatened by a copper mine that has been proposed by the Resolution Copper Company.

Resolution Copper is trying to take over Oak Flat campground via a congressionally legislated land swap, which in turn would threaten access to all these areas: Queen Creek Canyon, Apache Leap, Devils Canyon, Hackberry Canyon, etc.

We need your help to keep this world-class climbing area (and home of the Phoenix BoulderBlast) from disappearing forever into a big hole in the ground. Join the Friends of Queen Creek!

We are not opposed to mining. But we are FOR ACCESS! We need to make Resolution Copper develop their mine in such a way as to preserve recreational access to these public lands.

Be a Friend of Queen Creek. Act now to help preserve access to your public lands by subscribing to the Friends of Queen Creek FREE e-mail action list at info@friendsofqueencreek.com

www.friendsofqueencreek.com

The AMC is represented on the Steering Committee of Friends of Queen Creek.

ATTENTION ALL AMC MEMBERS —

If you had written a brief couple of paragraphs about your summer climbing adventures and emailed them to the editor at <wvegors@cox.net>, perhaps including a photo or two of the participants in action, you could be a *published* mountaineering writer — right this instant.

Stand shoulder to shoulder with Jared Ogden, (*your name*), Jeff Achey, Jon Krakauer, etc. etc. There. Doesn't that have a good feel to it?

It is not too late. The Arizona Mountaineer is seeking stories and photos of, by and for AMC members. Follow the lead of Kevin Abney who recounted his Rainier ascent in this issue. He is off and running. You could be too.

ADVENTURE RACE

Ride-n-Tie, Mountain Biking, Kayaking, Hiking

Upcoming Events

9/24 - Ride-n-Tie
2 runners, 1 bike, lots of fun

10/22 - Desert Rage III
Adventure Race at Saguaro Lake

11/12 - WAR
Women's Adventure Race at Saguaro Lake

Sponsored by:

adventure racing

racelab

REI
www.rei.com

ARIZONA MOUNTAINEER
AZ



Adventure Racing is a sport that almost anyone can do.
It's all about the FUN & ADVENTURE!

www.SierraAdventureSports.com



Ha Ling Peak Northeast Face ... and Kain Route on Mt. Louis

At right — Erik Filsinger moving toward the summit of Mt. Louis, several thousand feet off the deck, near Banff, Canada

Quick Trip Report on a great 10-days of climbing in Canada.

Susan Morris and I met up with Sean Colonello in Calgary. Here are a couple of rock climbs I'd highly recommend. (Additional trip highlights included seeing Grizzly and three cubs, female moose who liked Sean's mating call, and tons of other wildlife.)

Climbed Northeast Face of Ha Ling (aka Chinaman) Peak near Canmore. 12 pitches, Grade II, 5.6. Bolted belay stations. Super! Left car at Whiteman's Pond at 6:30 a.m. and topped out at 2:00 p.m. Back to Grizzly Paw Pub by 5:00 for beverages.

Much enjoyed the long (left car at 4:30 a.m. or so and got back at 9:30 p.m. or so) ascent of Mt. Louis near Banff, Grade III, 5.7. Could be cut up a bunch of different ways, but we did it with a bunch of solo and Roped simul-climbing and then about 14 or more pitches of anchor and belay pitching it out.

Pretty much all trad. Descent was also complex with numerous raps, but Park Service has placed fixed anchors for each rappel. I'd highly recommend both peaks on your next Canadian adventure. For China Man see Josephson's Bow Valley Rock and for Mt. Louis see Dougherty's Select Alpine Climbs in the Canadian Rockies.

—Erik Filsinger

14— *The Arizona Mountaineer*



Alpine Rock Seminar to be Offered

The AMC Mountaineering Committee will offer the 1-day Alpine Rock Seminar again this year. The hands-on seminar is for folks with solid rock climbing skills who may be interested in taking their adventures into alpine and mountainous conditions.

Topics to be covered will include: mountainous terrain, weather, altitude, judgment, equipment and team considerations. During the field exercise, alpine rope work, including double rope techniques, route finding, alpine considerations for anchoring and belaying, alternatives for descending will be discussed and demonstrated. Silent communication will be shown and practiced.

The Seminar will be offered locally on Saturday, November 5 at a place yet to be determined. It is recommended that participants all have taken the AMC Basic, AARS, and Lead Schools. This is not an introductory seminar. Rather, it is designed for those who are already accomplished in their craft but want to apply it in the mountains. If you are interested in the topic but not sure you are ready, the Alpine Rock seminar is offered yearly in the Fall.

For details or questions contact Erik Filsinger, AMC Mountaineering Chair, at _smorefil@aol.com (mailto:[smorefil@aol.com](mailto:_smorefil@aol.com)). AMC Class fees will be \$50 for new students and \$25 for refresher students. Number of participants limited.

Lead Climbing School

Arizona Mountaineering Club — Fall 2005

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

Class curriculum:

Tue Lecture, slide show: introduction, the lead fall, equipment
Wed Lecture, slide show: equipment (continued); the process and techniques of leading
Thu Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat Hands-on practice: natural pro placement (Prescott)
Sun Hands-on practice: leading on bolts (Prescott or Scottsdale)

Class schedule:

Sep 27, 28, 29 Tu– W–Th 6:30 pm–9:30 pm Dreamy Draw Park
Oct 1 Saturday 9:00 am–5:00 pm Prescott (directions will be in syllabus)
Oct 2 Sunday 9:00 am–5:00 pm Prescott or Scottsdale (directions will be in syllabus)

To get to Dreamy Draw Park take SR 51 (Piestewa Peak Parkway) to Northern and turn east. This dead-ends at the Park. We will be at the big ramada next to the parking lot.

Experience required: Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

Cost: \$75 plus membership if not already a member (\$13 for an individual and \$15 for a family). Membership is good through Dec., 2005. Register by sending a check payable to AMC Lead School to 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Call Nancy Birdwell at 480-821-1932 or email lead.school@AzMountaineeringClub.org for more information. The number of students will be limited to 30.

Equipment required for the class:

The following will not be needed the first night. Listen to the gear lectures before making purchases.

1. All climbing gear (harness, prusiks, biners, etc.)
2. Helmet—mandatory for all on-rock sessions
3. Specifically needed:
 - 2 20' slings (untied length), preferably different colors
 - 2 10' slings (untied length), preferably different colors
 - Nut pick
 - Quickdraws with biners—at least 5 per person
 - All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.
 - Consider combining with another person to have enough gear
4. Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday
5. Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

For more information: Visit the Arizona Mountaineering Club website at www.AzMountaineeringClub.org.

AMC Policies Proposed by Board to be Considered by AMC Membership

I. Maintaining AMC Documents

A. AMC official documents include the current Articles of Incorporation, Bylaws, AMC policies, newsletters, insurance policies, minutes of the Board meetings, copies of the monthly treasurer's reports, and other Club legal documents, as well as amendments to same.

B. The President and the Secretary of the Club will maintain paper copies of all AMC official documents in separate but parallel annual notebooks of the official documents of the Club.

C. At the end of the year, the Secretary's copy of the notebook will be placed in the library.

D. The President's copy will be retained through his or her term and handed on to the incoming President after his or her term.

E. All current Articles of Incorporation, Bylaws and AMC policies will be posted on the AMC website.

F. Changes to AMC policies will normally become effective on the day of the next AMC member meeting, but the Board may set a different effective date when appropriate.

G. No change to AMC policy will be effective until published on both the AMC website and in the AMC newsletter.

H. All AMC policy changes will be emailed to the Board, Committee Chairs and Outing Leaders when posted to the AMC website.

II. Expense reimbursement)

A. AMC members incurring expenses related to Club activities should submit receipts to the Treasurer for reimbursement. The Board will determine what expenses incurred by AMC members are reimbursable.

B. Expense reimbursement may be subject to budget limitations. Any AMC member planning to seek reimbursement should verify with the appropriate Committee Chair before spending the money that their expenditure is within budget.

C. In cases where a receipt is lost or is otherwise not available, the Treasurer and/or AMC member may write a substitute receipt and submit it to the Board for approval.

D. The Treasurer may write a check prior to receiving the receipt in cases where the member does not want to pay for the services or merchandise prior to taking delivery. It is the responsibility of the AMC member to provide the receipt to the Treasurer after the purchase is complete. If no receipt is provided, the

Board will decide the appropriate course of action.

E. If an AMC member is coordinating commercially provided training (e.g., a Backcountry Emergency Care class or an Ice Climbing class) for AMC members, the coordinating member should handle the finances outside the AMC.

F. Outing Leaders may submit receipts for automatic reimbursement for:

1. Access and parking permits (such as Mt. Lemmon access pass or Superstition Mountain parking).

2. Camping for the leader if necessary to conduct an outing.

3. First Aid/CPR classes: the AMC may pay for the cost up to \$50 of First Aid and CPR classes required to stay current as an Outing Leader.

G. Outing Leaders may submit requests for reimbursement for the following items subject to prior approval by the appropriate Committee Chair:

1. Training related to Outing Leader skills. The AMC may reimburse Outing Leaders for half the cost of Board-approved classes up to \$250. The Outing Leader should verify before taking the class that there is money available in the budget. Attendees will be expected to share their knowledge and experience with the Club.

REI Adopt-A-Crag event

REI will hold its annual Adopt-A-Crag day on Saturday, October 1st.

We'll focus on cleaning up the area, and attempting to remove graffiti. Any interested AMC members should join us that day from 8-11am.

(AMC's designated event is Grand Canyon on Sep. 16th, but the more workers the cleaner our climbing environment will be. Attend both if you can. — Ed.)

Details will be available soon, but you can also contact the following for more information:

Carla Olson, REI Outreach Coordinator, _Caolson@rei.com or Erik Filsinger, AMC Land Advocacy Chair, _smorefil@aol.com.

Calendar of Events *(Continued from page 18)*

Seminar on Saturday November 5, location and time tbd. This is designed as an advanced sharing session for folks who have solid leading skills but want to venture into alpine and mountainous terrain. \$50 for new students. \$25 for refresher students. For information and details contact Erik Filsinger at smorefil@aol.com. Class size limited.

Nov 8, 10, 12,13 **AMC Anchors School.**

Nov 23-27 **Thanksgiving at J-Tree.** Info on page 9

9 Dec **AMC's Holiday Party.** Place to be announced later.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Joshua Tree Climb Smart Days

September 30 through October 2

Ron Kauk and Brittany Griffith, Eric Decaria and other notable climbers, along with AMGA guides, will offer clinics and eye-popping presentations. Dinner will be served on Saturday evening followed by a silent auction.

Registration fee: \$85 includes campsite for first 100 sign ups in Indian Cove Group campgrounds, choice of clinics, Saturday night dinner and raffle entry. For sign up and additional information please visit: <http://www.friendsofjosh.org>

All proceeds benefit Friends of Joshua Tree, JOSAR Search and Rescue, and the Access Fund.

Clinics

- Self-Rescue tips
- Protection assessment
- Anchor reinforcement
- Wilderness First Aid primer
- Movement technique
- Crack skills
- Latest in Gear trends
- Ecology of Joshua Tree
- Bouldering Circuit
- Top rope festival (hands on aplenty)

Submitted by: - Monica D. Miller

Zen-Lizard Systems Presents

X-Chalk

The world's first rock climbing chalk that soothes hot and ripped up fingers —as you climb! Also helps heal cuts and scratches. All natural —no chemicals. Available at the Phoenix Rock Gym, Climbmax, the Arizona Hiking Shack, and online at:

<http://www.zen-lizard.com>



Calendar of Events

AMC Outings

Please note: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trail-head designated by the Outing Leader and ends at the same place. It is suggested that Outing participants donate gas money to the Outing Leader, and that car-poolers share the cost of gas for the driver. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing.

Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

- Sep 27, 28, 29, Oct 1, 2 **AMC Lead School.** (See page 15)
Oct 1 **Adopt-a-Crag Cleanup.** (Info on page 16)
Oct 3 Board Meeting
Oct 5 **Basic School Instructor Meeting.** Watch for postcard announcement.
Oct 11, 13, 15, 16, 18, 20, 22 **AMC Basic School** (See page 10)
Oct 17 **Membership Meeting** at Washington Adult Center on third Monday.
Oct. 27-30 **Hueco Tanks, Texas.** The bouldering mecca of the world!!!! You have watched people climb boulders for years, tried it at the local gym or even outside. So let's go on a road trip to Texas this October. There is no need of experience, just the passion to climb and learn. Hueco has everything from easy to V-hard. This will be a bouldering workshop to help you boulder safer and stronger, but most of all have fun!!! Since Hueco is a Texas State Historical Site I need to make reservations. You must confirm reservations and pay the balance of \$4.00 a day (\$12.00 for the trip) by September 15, 2005. Contact Richard Horst 623-434-4769.
Oct 29 **Queen Creek Cleanup and Climb.**
Nov 2 **Anchors School Instructor Meeting.**
Nov 5 **Alpine Rock Seminar.** The AMC Mountaineering Committee will hold its annual Alpine Rock

(Calendar continued on page 17)

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (480) 821-1932.

Tom Conner	480-897-7623	Tim Lange	480-598-9124	Chris Query.....	602-323-5927
Robert England	480-821-4243	David Larimer	480-425-9689	Tim Schneider.....	480-497-8377
Erik Filsinger	602-906-1186	Sally Borg Larimer ...	480-425-9689	Rogil Schroeter	623-512-8465
Scott Hoffman	623-580-8909	Tim Medlock	480-963-3496	Wayne Schroeter.....	602-402-1631
Richard Horst.....	623-434-4769	Monica Miller.....	623-362-0456	Jef Sloat	602-316-1899
David Johnson.....	623-486-7387	Jeff Nagel	602-318-9538	Mick Strole	520-856-3335
John Keedy	623-412-1452	Paul Norberg	602-808-9244	Frank Vers	480-947-9435
Mike Knarzer	602-751-1701	Paul Paonessa	602-493-7356	Tim Ward.....	602-212-1929

OCTOBER 2005

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Local Adopt-A-Crag Day
2	3 AMC Board Mtg New Moon	4 CAMRA Mtg	5 Basic Sch Instrs Sunrise 6:26 Sunset 6:07 M-set 7:20p	6	7	8
9	10 1st Q Moon	11 Basic School	12 Sunrise 6:31 Sunset 5:58 M-rise 3:25p	13 Basic School	14	15 Basic School
16 Basic School	17 Members Mtg – Denali Full Moon	18 Basic School	19 Sunrise 6:36 Sunset 5:50 M-rise 7:13p	20 <u>Basic School</u>	21	22 Basic Grad Climbs
23	24 L st Qtr Moon	25	26 Sunrise 6:42 Sunset 5:42 M-rise 12:36a	27 Hueco Tanks	28 Hueco Tanks	29 Queen Cr. Clean & Climb / Hueco Tks
30 Hueco Tanks	31					