

The Arizona MOUNTAINEER

October 2006



*It's nearly Halloween.
Time to sort out your scariest climbing costume
(mismatched plaids don't count - that's for Thanksgiving)
like these AMC'rs,
and bag your treats on a new crag!*

The Arizona Mountaineering Club

Meetings: October Member Meeting at the Burton Barr Central Library 1221 N. Central Ave., Phoenix, AZ 85004 at 7:00 p.m. See calendar for day/date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Call: (623) 878-2485

Email:
president@amcaz.org
board@amcaz.org

Websites:
www.amcaz.org

Mail:
Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President John Keedy.....623-412-1452
Vice-President Robert England....480-688-5412
Secretary Erik Filsinger.....480-314-1089
Treasurer..... Clay Vollmer.....602-595-7266
Director 2-year..... Dave McClintic ...480-607-0890
Director 2-year..... Justin Iske.....480-225-7739
Director 1-year..... Dave Van Hook...602-790-6283
Director 1-year..... Bill Fallon.....602-996-9790
Past President Jutta Ulrich.....602-234-3579

Committees:

Archivist Jef Sloat.....602-316-1899
Classification Nancy Birdwell ...480-821-1932
Elections Dave Van Hook...602-790-6283
Equipment Rental.... Erik Filsinger.....480-314-1089
Email Tricia Rudloff.....623-580-7740
Land Advocacy Erik Filsinger.....480-314-1089
Librarian Richard Kocher ...480-966-5568
Membership..... Rogil Schroeter....623-512-8465
Mountaineering Erik Filsinger.....480-314-1089
 Co-Chair Bruce McHenry
Newsletter..... Robert England....480-688-5412
Outings Frank Vers.....480-947-9435
Programs..... Sheri Kenly.....602-242-0504
Training & Schools.. Bill Fallon.....602-996-9790
 Co-Chair Clay Vollmer.....602-595-7266
 Basic Class Sally Larimer.....480-425-9689
 Anchors Class..... Robert England....480-821-4243
 Lead Class Mike Knarzer602-751-1701
T-shirts..... Sally Larimer.....480-425-9689
WebSite Kirra webadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF !!!

Web/Email Update

See page 12!

Basic School

October Outings!

October Program

Jeff Cherilla

Kilimanjaro

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

November Newsletter Deadline October 17

OCTOBER BIRTHDAYS

Bill Demlong 1, Deke Joralmon 2, Cindy Ruiz 3, Kari Carlisle 4, Moira Curtis 4, Michael Kreitz 4, Tracy Sloat 6, Kim Petersen 7, Tricia Rudloff 7, George Vadasz 7, Kelly Trainor 8, Kevin Stevens 9, Jacque Goodman 10, Stephen Norman 10, Rogil Schroeter 12, Dave Lemons 14, Linda Locke 14, Karl Anderson 15, Dominic Mancini 16, Jennifer McNeil 17, Kevin Kriegel 18, Eva-Lorena Collins 19, Jeremiah Wehland 19, Elizabeth Dunlop 20, Jeffry Nagel 20, David Van Hook 23, Howard Zaretsky 24, Michael Jacobson 25, Barb Berkley 29, Jeff Hatfield 29

Board Meeting Minutes: September 11, 2006

The meeting was called to order by President John Keedy at 7:07 p.m. The meeting was held at Clay Vollmer's residence.

Board members present: Clay Vollmer, Robert England, John Keedy, Dave McClintic, Erik Filsinger, Bill Fallon
Committee members present: Dan Beatty

Minutes of August 7, 2006 meeting were approved.

Treasurer's Report was approved.

Committee Reports:

- **T&S** – Bill Fallon, Clay Vollmer, Robert England, and John Keedy overviewed the status and preparations for the 3 Fall AMC Schools.
- **Membership** – 350
- **Newsletter** – Robert England gave an overview of ongoing Newsletter preparation items and stated that Rene Rodriguez had taken over newsletter distribution, a huge help. There was a discussion of the printed versus electronic versions of the newsletter with a consensus to keep both going as is for now.
- **Land Advocacy** – Erik Filsinger introduced the Area Representative for Proposition 106, State Land Reform, Dan Beatty, who gave an overview and update on Prop 106 and its benefits to climbers. Dan will write an article for the electronic distribution and the newsletter. The annual AMC Adopt-A-Crag event will take place on October 29 in north Scottsdale, with Erik leading the trail work activities and John Keedy leading the climbing session to follow.
- **Mountaineering** – Erik Filsinger announced the fall Alpine Rock Seminar and obtained Board concurrence for lining up a Beginning Ice Climbing class for President's Day weekend.

Old Business:

- Robert England handed out the new club brochure and business cards. A special thanks goes out to Jodie Bostrom for her assistance in this regard.
- There was a discussion of the Grand Canyon Clean-Up.

New Business:

- Clay Vollmer outlined Thanksgiving Planning and will solicit the help he needs through the newsletter and club meetings.
- The Christmas Party was discussed and options outlined.
- The website administrator, Kirra, requested and was granted permission to remove an old club electronic address in order to limit spam and unsolicited mail.

The regular Board meeting was adjourned.

An Executive Session was held and adjourned at 9:45 p.m.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack: 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

AZ on the Rocks Gym: 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.

Phoenix Rock Gym: 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership to AMC members.

Solid Rock Gym: 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 Gym membership 10% off for AMC members.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5...	\$32	10	16
Ice Crampons	5...	\$26	8	13
Ice axes (70 cm)	6...	\$16	5	8
Ice axes (90 cm)	5...	\$14	5	7
Snow shovel	1...	\$8	3	4
PortaLedge	1.	\$100	30	50
Climbing shoes	Various sizes			Call

Equipment Rental Policy:

- All equipment rentals shall be only to current AMC members.
- AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals.
- Rental rates shall be as published in the AMC Newsletter.
- Two checks shall be collected from the renter.
 - The first being for the rental amount. It will be placed into AMC accounts.
 - The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment.
- If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required.
- The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.
- An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

-For Shoes - Call Linda Locke (602) 997-4235.

-For everything else, call Erik Filsinger (480) 314-1089.

Treasurer's Report

Arizona Mountaineering Club
Income Statement
Month Ended August 31, 2006

INCOME

Dues 2006	5,213.00
Interest	377.39
T-Shirts (AMC)	60.00
T-Shirts (Grand Canyon)	120.00
Mountaineering Schools	650.00
Rental Equipment	140.00
AARS Spring	825.00
Basic Spring	3,200.00
Basic Fall	1,110.00
Lead Spring	975.00
TOTAL INCOME	12,670.39

EXPENSES

Admin	827.68
T-Shirts (Grand Canyon)	319.50
Bank Charges	10.00
Land Advocacy Committee	250.00
Mountaineering	313.78
Newsletter	1,302.01
Outings	260.00
Outing Leaders	457.83
Programs Monthly Meeting	1,744.97
Training	5,065.29
TOTAL EXPENSES	10,551.06

OVERALL TOTAL 2,119.33

ACCOUNT BALANCES

CD Account (matures 3-17-07)	10,499.12
Checking (as of 7-31-06)	13,691.21
TOTAL CASH ASSETS	24,190.33

Other Assets (gear)	2,251.71
OVERALL TOTAL	26,442.04

Zen-Lizard Systems Presents

X-Chalk

The world's first rock climbing chalk that soothes hot and ripped up fingers -as you climb! Also helps heal cuts and scratches. All natural -no chemicals. Available at the Phoenix Rock Gym, Climamax, the Arizona Hiking Shack, and online at:

<http://www.zen-lizard.com>



Alpine Rock Seminar

The AMC Mountaineering Committee will offer the 1-day Alpine Rock Seminar this Fall. The hands-on seminar is for folks with solid rock climbing skills who may be interested in taking their adventures into alpine and mountainous conditions. Topics to be covered will include: Mountainous terrain, weather, altitude, judgment, equipment and team considerations. During the field exercise, alpine rope work, including double rope techniques, route finding, alpine considerations for anchoring and belaying, alternatives for descending will be discussed and demonstrated. Silent communication will be shown and practiced.

The Seminar will be offered locally on Sunday, October 29 at a place yet to be determined. It is recommended that participants all have taken the AMC Basic, AARS, and Lead Schools. This is not an introductory seminar. Rather, it is designed for those who are already accomplished in their craft but want to apply it in the mountains. If you are interested in the topic but not sure you are ready, the Alpine Rock seminar is offered yearly in the Fall.

For details or questions contact Erik Filsinger, AMC Mountaineering Chair, at smorefil@aol.com. Class fees will be \$50 for new students and \$25 for refresher students. Number of participants limited.

NEW MEMBERS

Climbers - Please Welcome:

Valerie Burkett
Michael Flickinger
Tamara Flickinger
Michelle Kelly

Tommy Kelly
Peter Knamiller
Michael Lewis
Carisa Mowry

Pat Sagaser
Lyle Steely
Sheryl Valentiner

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the Arizona Mountaineering Club discount.*



Mt Rainier Trip Report

About a week ago, my climbing partner Jenni called me up and suggested we do a climb up Rainier. She is living up there at the moment and is experienced in mountaineering so I felt confident that she would be a good person to go up on my first alpine climb with. I also met a new guy named Ian who is in town for the summer and who wanted to do a climb as well. Through various emails and phone calls the date was set for Saturday and Sunday, July 23 and 24. 2 days to summit and descend a 14,410 foot mountain. Oh, if I only knew what I was in for.

In the interest of not looking like wimps, we chose the Kautz Glacier as our route. It would take us from about 3000 feet to the summit, with the crux being 2 pitches of >50deg. ice around 11,000 feet. In hindsight, if I had known what I was getting into, I probably would not have agreed to a 2 day ascent for my introduction to mountaineering.



Ian, Jenni, Josh



The Kautz Glacier

We were on the trail with permits around 10:30 on Saturday. Expecting conditions to be warm and dry, we opted to go without a tent and with only 2 bivy sacks should the going get tough. Food was about 6 CLIF bars and some trail mix for me, and an apple. Even so, our packs were each around 50 lbs.

The first day proved to be a grueling march up first trails and then moderate snow up to around 10,000 feet. We were fortunate to have cloud cover for the day, so we were able to move a little faster without the heat of direct sunlight. We passed a guided group from RMI who were also on the climb, but they were to be going for 5 days. They looked at us like we were crazy, but Jenni knew the guides so they gave us some beta that proved useful the following day. After the first day, I was toast. We reached camp around 5:30 and a few drops of rain fell. If it rained we were going to have to get down, quick. We had no cover and pretty minimal clothing. This was turning into an epic... but the rain subsided and the skies began to clear. We went to bed about an hour later after a little dinner. Jenni was sound asleep right away, but my cramping calves kept me

up. Ian couldn't sleep either, so we stayed up and watched a spectacular sunset over Mt St. Helens and Mt Baker and Mt Adams. When it was finally dark, I was able to get about 2 hours of sleep before it was time to go.



We woke at 11:30, and thankfully I was feeling a bit better... today was to be difficult. Under the light of headlamps we broke camp and headed up a steep scree slope to find a rappel some guides had told us about that would put us in front of the Kautz Glacier chute that we needed to ascend. Ian found the rappel and we headed down into a dark abyss, striking sparks on the rocks with our crampons. The rope was impossibly thin... 8.1mm and I could feel it strain under my weight. It deposited us onto a thin chute, spilling away into darkness. The floor was ice covered with a layer of rocky soil that my crampons had trouble biting into. I had followed Ian... Jenni came down and we roped up and headed out.



Mt Rainier Trip Report

The chute topped out on a knife edge snow bank which we followed a little ways before descending in front of the glacier ice wall. We could hear rockfall pounding down from across the gulley, but that was our intended route, so we proceeded with caution and haste across the exposed area.

Shortly we turned again uphill, where the going got steep. Using axes to pull up on and front-pointing our crampons, we were soon up the easy part of the crux chute, Ian leading and placing snow pickets as he went. In the darkness, the hard snow undulated in large steps on the 45 degree slope, fading out at the limits of my headlamps beam. I uttered thanks under my breath that I couldn't see what was below or how high we had actually come. Soon we reached the ice wall, 50 degrees of water ice for about 250 feet. Ian set up an anchor but dropped his headlamp. He quickly rappelled down out of sight to get it, luckily it had come to a rest on the easier section 150 feet below us. When he got back he gave me a quick primer on ice climbing and was off.

The ice was "dinner-platey," every tool impact brought showers of surface ice cascading down on us, breaking on our helmets and bruising our unprotected legs and arms. We had a total of 5 ice screws, and Ian had left 3 for us, so he was saving the 2 he had left for the anchor at the top. He had run out almost 200 feet of rope before he decided that he needed some protection.

"I gotta get some pro, guys!" he yelled at us "Do it!" we yelled back. A few seconds passed as the light on the wall bobbed around in activity. Suddenly - "SCREW!" Jenni and I ducked under our helmets, ready for the sharp stainless steel screw to come hurtling down upon us. Bad thoughts raced through my head. - Nothing!?

"I got it." Jenni said calmly.

"You WHAT!" I screamed. "SHE FRICKIN CAUGHT IT!" I yelled at Ian.

"Yeah, I just turned my hand over and there it was"

"Woah, God must want us to climb this mountain,"

"I guess," she said. Neither of us had ever heard of something like that happening before. Especially not at 12,000 feet... when its one of 5... in the dark... on a glacial ice chute. We tied three screws onto the rope and sent them up to Ian who was hanging out on to his last screw. He headed up the last few feet of the pitch and was soon ready to bring us up.

Jenni and I opted to simul-climb it in the interest of time, so she tied in about 15 feet above me and started climbing. I followed shortly. Ian shouted words of advice, "uh ok Josh... you can fall, but it would be better if you didn't." Fine. I plunged my axes into the ice. Right foot kick in. Left foot. Right axe. Left axe. Hitting hard. Ice exploded from the wall into my face. Axe, axe, foot, foot. The weight of my pack disappeared into the rhythm. Axe, axe, foot, foot. Soon I was almost overtaking Jenni, so I slowed down a bit. What a thrill. I looked down and in the pale light of early morning I could see the entire route that had brought us this far, spilling away beneath my feet. I chuckled with delight and finished the climb.

One more 40 foot pitch and we were past the ice cliff and sitting with the summit in view. We rested, taking in the view of a hard morning. The shadow of the mountain formed a dark triangle on the glowing scenery as the sun rose behind us. Thousands of feet below, we could see the tents of the guided group we passed. Still sleeping, no doubt. We turned to face the mountain.

Jenni took the lead, setting a grueling pace for the next hour up to the crevasse-ridden snow field on the Kautz Glacier. I was in bad shape and Ian was worse. We crossed a huge crack and Ian finally stopped. "I've got to take a shit" He wouldn't go any further and began to unrope. Jenni voiced some extreme discomfort with him unroping while we were standing on top of a snow bridge. The day was heating up and the snow was already getting soft. "It'll be fine" said Ian and he marched off around an ice block, probing the ground with his axe. Suddenly he sank. Right under his feet

the snow collapsed and he was in thigh deep. I ran to him with the rope. Then hip deep. He stopped. "It's solid underneath... its fine" he said calmly. I laughed. He got back on the rope and we headed out. Must have puckered him up enough that he could hold it a little longer.

Jenni took the lead and we proceeded up the left side of the prominent ridge toward the summit. Hours of slogging

Mt Rainier Trip Report

passed. The day got steadily hotter the snow steadily softer until we were post-holing hip deep about 300 yards from the summit. I probed every step to stay on the top. We had walked into a huge crevasse field! I could see dark blue under the steps that Jenni had punched through. Carefully we zig-zagged up until we hit firmer snow. Up ahead Jenni headed over the summit ridge and I followed, almost running in excitement to get there, but as I rounded the top I found her staring blankly at the true summit of the mountain: the opposite edge of the crater. We still had over an hour's travel! Exhaustion set in. I cursed the mountain and its crevasses and difficulties. The false summit and the endless slog; I wanted to go no further... but what else can you do? I didn't feel like I could make it, but what exactly was the alternative? We stood up and started across the crater.

Soon enough we were on the true summit, along with a few other parties. This was where the Disappointment Cleaver or the "cattle route" as it has become known, topped out, so there were a few other people milling around like it was an amusement park. It was strangely uninspiring to make it to the top after all that work. I felt like I was supposed to fake enthusiasm for our arrival at 14,410 ft, but really all I wanted was the cheeseburger I had been thinking about since the night before. Ian agreed and we headed down after signing the register and catching our breath.

The descent was a blur. Other than crossing some sketchy snow bridges and debris fields, nothing eventful occurred except that I summoned energy from some deep down source that I didn't know existed. It hurt. And hurt. And hurt. We arrived at the visitor center in Paradise at around 8PM, 20 hours from when we had started the day, about 35 hours from when we started at 3000 feet. 35 hours and 22,000 feet of elevation change. The visitor center was closing and kids were whining about being hungry. Ian and I laughed. Neither of us had eaten more than 2 CLIF bars and some trail mix in the previous 24 hours. People were looking at us funny but we didn't care. We threw our packs down and lay on the warm concrete. They didn't have any idea what we just did. We didn't have any idea what we just did. We didn't even really care anymore. We just wanted a freaking burger.

Contributed by :



Jenni and Josh on the summit



Josh Hartung

Basic Rock Climbing School

Arizona Mountaineering Club

Fall 2006

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Oct 10	Tuesday	5:30 pm–10:00 pm	*Havasupai Ramada, North Mountain Park
Oct 12	Thursday	6:00 pm–10:00 pm	Havasupai Ramada, North Mountain Park
Oct 14	Saturday	8:00 am–5:00 pm	North Scottsdale - Little Granite Mtn Area
Oct 15	Sunday	8:00 am–5:00 pm	North Scottsdale - Little Granite Mtn Area
Oct 17	Tuesday	6:00 pm–10:00 pm	TBA
Oct 19	Thursday	6:00 pm–10:00 pm	TBA
Oct 21	Saturday	all day	Grad Climbs - Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park and look for the orange traffic cones imprinted "AMC" at Havasupai Ramada.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

Technical climbing gear that will be used for the school (**and is yours to keep**): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)

Harness and helmet provided free by the AMC for the duration of the class if needed

Basic climbing textbook

Instruction through all phases of the class

Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the **second** night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: **\$160** plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through Dec., 2006.

Registration: The class is limited to 40 students. To reserve a spot, send a check for \$160 + membership cost (see Class Fee above) made out to AMC Basic School. Include your clearly printed name, address and current phone number(s). Mail to: AMC Basic School, 1025 E. Highland Ave., #26, Phoenix, AZ 85014. No credit cards accepted. If you have further questions, please call Slawa Ciula at 602-265-2661 or email at amcbasicschool@hotmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$160 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website: www.amcaz.org

Climbing Anchors School

Arizona Mountaineering Club

Fall 2006

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

- Tuesday: Learn anchor components, anchor types, knots and hitches.
Thursday: Learn anchor system characteristics and construction.
Saturday: Gain experience setting anchors by practicing “hands-on” scenarios under instructor supervision.
Sunday: Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing.

Class schedule:

Nov 7	Tuesday	6:00 pm–9:30 pm	North Mountain Park - Yavapai Ramada
Nov 9	Thursday	6:00 pm–9:30 pm	North Mountain Park - Yavapai Ramada
Nov 11	Saturday	8:00 am–4:00 pm	North Scottsdale - The Den
Nov 12	Sunday	7:00 am–5:00 pm	Climbing areas to be announced during class

*To get to Dreamy Draw Park take SR 51 (Piestewa Peak Freeway) to Northern; turn east on Northern. This takes you directly into the park. Class is at the big ramada.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rapel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$75 plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through Dec. 2006. Register by sending a check payable to AMC Anchors School to 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. The registration fee is fully refundable if you cancel. Call Nancy Birdwell at 480-821-1932 or email info.anchors.school@AzMountaineeringClub.org for more information. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking "D" or oval carabiners (at least 2, bring more if you have them)
- 3 locking carabiners (at least 3, one of which should be a parabiner)
- 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
- 1 climbing harness
- 1 ea 4', 6', 10' 6mm prusiks (untied length)
- 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
- 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
- 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.
- 1 20' cordelette, a 20-foot length of 7mm accessory cord

(The slings, harness and cordelette are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, Stoppers, camming devices, Tri-cams, etc.)
Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time)
Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Website - Email Update

AMC Website - Email Address Update

We will be eliminating all email addresses sent to:
AzMountaineeringClub.org and changing to AmcAz.org

If you have any email addresses set in your address books please update them (refer to a print copy of the Newsletter) or send email directly through our website at:
<http://www.amcaz.org/main/contact.html>

Basic School Instructor Meeting

The instructor meeting for Basic School will be at Sally Larimer's house at **6:02pm on Wednesday, October 4th**. We'll assemble gear packs for the class and organize harnesses. We'll go over the class outline and get people lined up for demos. Pizza and soda will be provided by the club. Attending the instructor meeting is not mandatory, but it's sure helpful. You don't have to call, just show up! If you can't make it, just show up for the class at North Mountain Park on October 10th and we'll put you to work.

Getting there: [5617 E Windsor Ave, Scottsdale, AZ](#) is ½ block south of Thomas, just east of 56th Street. From the 101, exit on Thomas and head West to the light at 56th St and turn left. The first left off 56th St. is Windsor. We're on the SE corner of Windsor and 56th Place. From the 202, exit on 52nd St and go north to Thomas. Right on Thomas to 56th St, right on 56th St, the first left off 56th St is Windsor.

See the Basic School announcement on page 10 for dates, times, and other class information.

Thank you!

The AMC is full of volunteers that keep our organization running and ready for upcoming events.

This month we recognize

Jodie Bostrom

For her tireless efforts and donated materials
And the cadre of volunteers who distributed flyers
Advertising our Fall 2006 Basic School

And

Kirra

the AMC's web diva
For her wizardry at maintaining our website and
Her constant battle to keep the spam at bay.

Thank you **Jodie, Kirra**, and all of the folks that work behind the scenes to make the AMC a superb and enduring club!

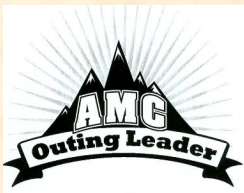


Become an AMC Outing Leader

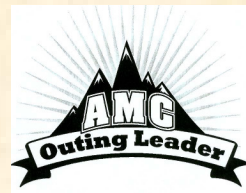
General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.



Current AMC Outing Leaders



Robert England.....480-688-5412
 Bill Fallon.....602-996-9790
 Erik Filsinger602-906-1186
 Jason Garvin480-734-6801
 Scott Hoffman623-580-8909
 Richard Horst.....623-434-4769
 David Johnson623-486-7387
 John Keedy623-412-1452

Mike Knarzer 602-751-1701
 Tim Lange..... 480-598-9124
 David Larimer..... 480-425-9689
 Sally Borg Larimer 480-425-9689
 Bruce McHenry..... 602-952-1379
 Tim Medlock..... 480-963-3496
 Monica Miller 623-362-0456
 Matt Percy 480-326-3462

Chris Query602-323-5927
 Tim Schneider480-497-8377
 Rogil Schroeter.....623-512-8465
 Jef Sloat.....602-316-1899
 Paul Valenzuela.....602-705-3106
 Frank Vers480-947-9435
 Justin York480-229-8660

Your Name Here!

Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

- Oct 7 Mt Lemmon - Gumby Wall.** Fun little wall near Rose Canyon . Top rope, single pitch 5.5 - 5.7 sport climbing on quality rock. Great for newer climbers. Limited participation as this wall only has 4 climbs. Contact Bruce McHenry at bamchenry@att.net. Limit 4.
- Oct 7 Grand Canyon Half-Fast Death March - A Rogil Classic!.** All day strenuous hike in the Grand Canyon. Contact Rogil at Rogil@cox.net or 623-512-8465
- Oct 14 Mt Lemmon - Prison Camp.** Do the Jailhouse Rock and storm the Guard Tower at this Mt Lemmon fall crag paradise. Short approach at 4800' elevation. Moderate climbs from 5.7 to 5.10+ on bolted and mixed gear routes. Optional overnight camping at Molino Campground. (<http://www.fs.fed.us/r3/coronado/forest/recreation/camping/sites/molino.shtml>) Limit: 8. Contact: Monica Miller at monkmiller510@yahoo.com or 623-362-0456 for sign up and meeting details.
- Oct 28 Queen Creek Cleanup and Climb.** Pick up trash in the morning , then climb at Queen Creek - 5.7 -5.11 routes. 8:00 AM - Meet at Macaroni Grill (SWC Stapley and US 60) for carpooling, or meet at the turnoff for the Oak Flats Campground at 9:00 AM. No limit. Contact John Keedy for details: jwkeedy@cox.net.
- Oct 29 Alpine Rock Seminar.** See article in this newsletter. For information and details contact Erik Filsinger at smorefil@aol.com. Class size limited.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

October 2006

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 <i>Sunrise 6:25</i> <i>Sunset 6:09</i> <i>M-set 3:25 A</i> Basic - Instructor Mtg	5	6	7 Mt Lemmon Gumby Wall Full Moon
8	9 Board Meeting	10 Basic	11 <i>Sunrise 6:30</i> <i>Sunset 6:00</i> <i>M-rise 9:27 P</i>	12 Basic	13	14 Basic / Mt Lemmon Prison Camp Last Qtr
15 Basic	16	17 Basic	18 <i>Sunrise 6:35</i> <i>Sunset 5:51</i> <i>M-set 4:15 P</i>	19 Basic	20	21 Basic - Grad Climbs
22 New Moon	23 Member Meeting	24	25 <i>Sunrise 6:43</i> <i>Sunset 5:43</i> <i>M-set 7:48 P</i>	26	27	28 Queen Creek Cleanup and Climb
29 Alpine Rock Seminar First Qtr	30	31 	<i>Sunrise 6:47</i> <i>Sunset 5:36</i> <i>M-set 2:16 A</i>	NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.		

Kevin Cherilla

World-Adventurer, Teacher, Varsity Coach, Speaker



I grew up in Pittsburgh, PA and moved to the desert of Phoenix, Arizona fifteen years ago where I began rock climbing with the Arizona Mountaineering Club. I have been mountaineering for almost two decades and my adventures have taken me to six continents and over 20 countries. Since 1993, I have had the privilege of traveling the world with world-class, blind adventurer Erik Weihenmayer; rock and ice climbing, running marathons, biking, and mountaineering. I served as base camp manager for the NFB 2001 Everest Expedition during which Weihenmayer became the first blind person to summit Mt. Everest and the team broke five world records! For the past three years, I have led successful expeditions up Mt. Kilimanjaro in Tanzania, Africa. I have stood on top with a 13 and 67 year old and I am extremely proud that most of my clients are my

own middle and high school students, and their families.

For the past three years I have lead four successful expeditions up Mt. Kilimanjaro using three different routes. My 62 clients have ranged in age of 13-67 including a paraplegic who made it to the highest point on Kilimanjaro completely unassisted.

This April, I will be leaving to climb Mt. Everest from the north side with a hopeful summit in late May or early June.

In my spare time I enjoy spending time with my wife Jennifer and two children Adam and Lindsey. I earned my bachelors degree in exercise physiology from John Carroll University (Cleveland, Ohio) in 1991 and have been an elementary and junior high physical education teacher for the past fifteen years. I am currently at Phoenix Country Day School teaching 5th-9th grade physical education and coaching varsity boy's basketball and baseball.

KC Summits

8818 S. 12th St., Phoenix, AZ 85042
602.569.2018, www.kcsummits.com

**Meet Kevin at the October
AMC Member Meeting
Monday October 23, 2006, 7:00 PM
Burton Barr Central Library
1221 N. Central Ave.
Phoenix, AZ 85004**

