#### April 2006

## ARIZONA MOUNTAINEER

## LEAD SCHOOL CLASS SPRING 2006



Students: Alex Biegel, Debra Carpenter, Brian Crawford, Ryan Diehl, Shannon Flowers, Jared Friedman, Casey Kelso, Marcy Makarewicz, Jeffrey Novacek, Kari Redfield, Toni Richards, Jason Weaver

Instructors: Nancy Birdwell, Jodie Bostrom, Mark Christiani, Elizabeth Dunlop, Bill Fallon, John Keedy, Mike Knarzer, Sally Larimer, Monica Miller, Matt Pearcy, Kim Petersen, Tricia Rudloff, Rogil Schroeter, Kelly Trainor

#### The Arizona Mountaineering Club

**Meetings: April** Member meeting at the Phoenix Rock Gym, 1353 E. University Dr., Tempe at 7:00 p.m.

**Board Meetings:** Board meetings are open to all members and are held two Mondays prior to the Club meeting.

**Dues:** Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee 6519 W. Aire Libre Ave. Glendale, AZ 85306

**Schools:** The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

#### **For More Information:**

<u>Call:</u> (623) 878-2485

Email:

president@azmountaineeringclub.org board@azmountaineeringclub.org Websites:

www.amcaz.org - or - www.azmountaineeringclub.org

Mail:

Arizona Mountaineering Club 4340 E. Indian School Rd., Ste 21-164 Phoenix, AZ 85018

#### **Board of Directors:**

Danisland	I-1 IZ 1 (22 412 1452
	John Keedy 623-412-1452
	Robert England 480-688-5412
	Erik Filsinger 480-314-1089
Treasurer	Clay Vollmer 602-595-7266
Director 2-year	Dave McClintic 480-607-0890
Director 2-year	Justin Iske 480-225-7739
Director 1-year	Dave Van Hook 602-790-6283
Director 1-year	Bill Fallon 602-996-9790
Past President	Jutta Ulrich 602-234-3579
<b>Committees:</b>	
Archivist	Jef Sloat602-316-1899
Classification	Nancy Birdwell 480-821-1932
Elections	Dave Van Hook 602-790-6283
Equipment Rental	Erik Filsinger 480-314-1089
Email	Tricia Rudloff 623-580-7740
Land Advocacy	Erik Filsinger 480-314-1089
Librarian	Richard Kocher 480-966-5568
Membership	Rogil Schroeter 623-512-8465
Mountaineering	Erik Filsinger 480-314-1089
	Robert England 480-688-5412
	Frank Vers 480-947-9435
Programs	Sheri Kenly 602-242-0504
Training & Schools	Monica Miller 623-362-0456
Basic Class	Sally Larimer 480-425-9689
Anchors Class	Robert England 480-821-4243
	Mike Knarzer 602-751-1701
	Sally Larimer 480-425-9689
	. Kirra webadmin@amcaz.org
	E .

**The AMC Land Advocacy Committee:** The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

**The Access Fund:** This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join indiv.php or at https://accessfund.org/join/indiv.php.

#### This Month in the AMC

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Insert - April Program - PRG Climbing



#### **Anchors School!**

#### **Queen Creek Lead Climbing!**

Member Meeting at the
Phoenix Rock Gym A Pizza Powered
Top Rope Orgy of Fun!!!

#### **Newsletter**

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to

azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert\_england2@yahoo.com.

**Advertising** in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

#### Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

# May Newsletter Deadline 17 April

#### APRIL BIRTHDAYS

Celia Chavarin 2, Luke Stockbauer 5, Slawa Ciula 7, David McClintic 7, Mike Knarzer 8, Julie Sharp 9, Robin Celkupa 11, George Krall 12, Peter Niemczyk 12, Scott Winkler 14, Richard Lozon 15, Peter Emerson 16, Kelly LaRosa 19, Erik Filsinger 21, Bill Arndt 22, Chandra McDowell 22, Roger Cuthbertson 23, Paul Valenzuela 23, Randi Sheer 25, Isabel Brady 28, Braden Niemczyk 29, Paige Birdwell 30, Mark Clarkson 30, David Larimer 30

#### Minutes of the AMC Board Meeting: 6 March 2006

<u>Board members present:</u> John Keedy, Dave Van Hook, Clay Vollmer, Bill Fallon, Jutta Ulrich, Robert England, Erik Filsinger, and Justin Iske

<u>Committee Chairs present:</u> Nancy Birdwell, Wally Vegors

Members attending: Jodie Bostrom

The meeting was called to order at 7:06 p.m. by John Keedy.

<u>Approval of Minutes:</u> It was noted that the minutes of the February 13 Board meeting made reference to Errors and Omissions insurance and that the correct title for the policy is Directors and Officers Insurance. Motion made, seconded and approved for minutes as amended.

<u>Treasurer's Report:</u> The Treasurer's Report will be distributed to the Board as soon as it is available.

<u>President's Update:</u> John Keedy announced that dues reminders have been sent out to last year's members who have not renewed as of yet. He also noted that there seems to be a new enthusiasm about the club and its activities among members. By next meeting John hopes to identify action steps to accomplish the five goals he announced for the year at the last meeting.

#### **Committee Reports:**

- Classification: Nancy Birdwell stated that she has transmitted the Outing Leader application for Paul Valenzuela to the Board for

consideration. She stated that she has the applications of four other individuals in the process.

- Electronic media: Robert England gave a brief report on the process for including new documents on the website. Briefly, once the Board approves a document he will work with Kirra to upload it to the official documents page.
- Membership: Rogil Schroeter reported in via email that there are 248 members as of the beginning of March.
- Newsletter: Wally Vegors reported that Robert England is taking over the Newsletter duties. The Board commended Wally for his selfless efforts over the many years. A motion was made to appoint Robert England as the AMC Newsletter chair. It was seconded and approved.
- Outings: No report from the Chair, but several upcoming outings were noted by those in attendance.
- Programs: No report from the Chair (but see Member meeting discussion and action below).
- T&S: No report from the Chair, but Erik Filsinger, Robert England and John Keedy reported on the T&S committee meeting they attended held by Chair Monica Miller on March 1. The Board noted the request by Monica Miller to have Jodie Bostrom act as a marketing arm for T&S Schools. Jodie briefed the Board on some of her plans and ideas.
- Mountaineering: Erik Filsinger reported that the committee will be offering the Glacier Travel and Crevasse Rescue class in CO. He also noted that there will be a Memorial Day Mountaineering Outing. He stated that

Robert England and Dave McClintic have offered to take the lead on offering the monthly Alpine Seminar series.

- Ad hoc Committee on State Trust Land: Robert England reported on the progress of the committee. He has an upcoming meeting with a Manager in the State Land Department. There was a discussion of alternative strategies and viewpoints.

#### Old Business:

- Outing Leader T-shirts: Clay Vollmer reported that he is distributing the t-shirts to the active Outing Leaders who took an AMC activity in 2005. The Board will investigate who submitted the winning design and recognize them.
- Humphreys accident report: Erik Filsinger will resend the .tif file from CAMRA to Board members who were involved. Clay Vollmer will attempt to scan it into a WORD format.
- Grand Canyon Clean-Up is scheduled for September 23.

#### New Business:

- Motion made, seconded and approved to contribute \$50 from the Land Advocacy Budget to CAMRA's fundraising day.
- Bent Piton Award: Board members will research past policy and recipients.
- Leader Training Program. Scott Hoffman volunteered to take the leading role in offering the class this year. The Board acknowledged this positive development and referred the topic to the T&S committee for follow-up and action.
- Motion made and seconded to hold future member meetings at PRG on Sunday night. After a discussion of the pro's and con's, including the ability of PRG to hold the club library and make it available for meetings, the Board voted in support and thanks Paul Diefenderfer for his generous offer.
- A motion was made to table the discussion of proposal from Monica to acquire new Instructor t-shirts due to time constraints.

Motion made, seconded and approved to adjourn the Board meeting.

An Executive Session was held. Paul Valenzuela was approved as a new AMC Top Rope Outing Leader.

#### **Discount Directory**

The following merchants currently offer a discount to AMC members:

**Arizona Hiking Shack**—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

**AZ on the Rocks Gym** — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.

**OvertheCrux** Inside Phoenix Rock Gym at 1353 E. University Dr., Tempe.. 480-890-0997. 15% off to AMC members.

**Solid Rock Gym** — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 Gym membership 10% off for AMC members.

#### **Rental Equipment**

EQUIPMENT Qty \$Dep 1-3day 4	1-7day
MSR Alpine snowshoes. 5 32 10	16
Ice Crampons 5 26 8	
Ice axes (70 cm) 6 16 5	
Ice axes (90 cm) 5 14 5	.7
Snow shovel 1 8 3	
PortaLedge 1100 30	50
Climbing shoes Various sizes Call	

Equipment Rental Policy: All equipment rentals shall be only to current AMC members. AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals. Rental rates shall be as published in the AMC Newsletter. Two checks shall be collected from the renter. The first being for the rental amount. It will be placed into AMC accounts. The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment. If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required. The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment. An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items. Call Linda Locke at (602) 997-4235 for shoes. For everything else, call Érik Filsinger at 480-314-1089.

#### **Treasurer's Report**

AMC Statement of Operations Month Ended January 31, 2006 Category/Description
INCOME       0.00         Access Fund Income       0.00         Advertising       0.00         Dues 2005       25.00         Return of NSF expenses       0.00         Friends of Queen Creek       0.00         Interest       129.09         T-Shirts (AMC)       0.00         Mountaineering Schools       0.00         Rental Equipment       0.00         T&S Schools Rental Income       0.00         AARS Fall       0.00         AARS Spring       0.00         Basic Fall       0.00         Basic Spring       0.00         Lead Fall       0.00         Lead Spring       0.00         First Aid Class       0.00
Navigation Class         0.00           Other         0.00           TOTAL INCOME         154.09
EXPENSES         Access Fund payment       0.00         Admin       252.82         Bank chgs       0.00         Capital Exp: Depreciation       0.00         Classification       0.00         Equipment Maintenance       0.00         Friends of Queen Creek-Expense       0.00         Insurance       0.00         Land Advocacy Committee       0.00         Library       0.00         Mountaineering       0.00         Newsletter       432.00         Outings       120.00         Programs Monthly Meeting       90.00         Training       0.00         TOTAL EXPENSES       894.82
OVERALL TOTAL       (740.73)         AMC Balance Sheet       CD Account (as of 7/21/06)       10,250.82         Checking (as of 1/31/06)       11,079.45         TOTAL CASH ASSETS       21,330.27
Other Assets (gear)         2,251.71           OVERALL TOTAL         23,581.98

#### **President's Corner**

Such a great way to start the Year of the Dog 2006. Things are going right. We have some new people in roles of leadership on your AMC Board as well as people in other new positions. David Van Hook, David McClintic and Justin Iske are new on the Board. We welcome their fresh approach to the business of your AMC. Also thanks to David Van Hook for running the Elections so well in January. Frank Vers has stepped up to take over Outings Chair and will provide new insight and enthusiasm toward providing more outings. Monica Miller has taken over the role of Training and Schools Chair and is providing new energy and ideas to that role. Mike Knarzer conducted the Lead Class in March and from all reports did a stellar job. Tricia Rudloff has taken over the Email duties with lots of energy and skill. There are more and more people stepping forward to assume the many and varied duties of the AMC. Thanks to everyone who has and is in the process of making our AMC a fun and successful Club.

A lot of new and exciting things are happening in the AMC. Read through the articles and announcements to find the new Meeting location and day, Leader Training, AMC Schools location, schools advertising director, and lots more.

I am overjoyed to see such renewed energy and enthusiasm in the club. Let's all get out and Share the Passion of climbing and mountaineering with our family and friends, co-workers, acquaintances and anyone you meet.

John Keedy

#### **NEW MEMBERS**

Climbers - Please Welcome:

Casey Kelso
David Kolstad
Kerstin LeMaire
Erin Livingston
Kari Redfield
Toni Richards

Katy Scott Mark Tallan Mark Tillman Andrew Vera Steven Wolpert

#### **Another Year, Another Road Trip**

In June of 2003, Susan and I went on a 4-week road trip around several western states, hiking and climbing along the way. In June of 2004, we went on a road trip of a different kind: driving to the hospital for the birth of our first child, Justin. In June of 2005, this time with Justin along, we went on another road trip through Utah, Idaho and Oregon. It seems the road trip idea has struck a chord with us, but these trips have only whetted our appetites for more.

To satisfy our apparent wanderlust, we are about to embark on something far more significant and exciting than our previous trips. We recently sold the house, sold the Suburban, sold or donated a bunch of things we no longer needed, put our remaining stuff in storage, and bought a 30' motor home. Starting next month, it will be our new home as we travel around the US for a year.

Our plans, loose as they are, include visiting all of the National Parks in the Lower 48, plus hiking, biking and climbing in as many places as possible. In general, we will work clockwise around the country so that we're in the northwest at the beginning of summer, the northeast at the beginning of autumn, Florida for the holidays and much of January, and then eventually New Mexico, Utah and Colorado in the spring and summer of 2007. In all, we should hit most of the 48 contiguous states, with Oklahoma, Nebraska, Iowa and Kansas as the most likely to be skipped. We hope to settle down in Colorado when we're done.

Much of the trip won't be specifically geared towards climbing. And the climbing we do will be limited due to having a 2-year-old along. However, we have numerous climbing destinations marked on our map, and we hope to send in updates to the AMC newsletter as we visit those places.

Wish us luck, and maybe we'll see some of you on the road.

Jeff, Susan and Justin Hatfield

#### Wanted

The AMC wants to reenergize our Public Relations committee. We need a chairperson and volunteers.

Reps would attend functions (or find some one to do so) where we would have a booth to promote the club. They would be responsible for distributing for posting, climbing class flyers and program flyers throughout the valley.

Share the Passion!

Help energize your club!

Contact any board member for more information.

#### Lead School - February 2006



#### **Students**

Alex Biegel
Debra Carpenter
Brian Crawford
Ryan Diehl
Shannon Flowers
Jared Friedman
Casey Kelso
Marcy Makarewicz
Jeffrey Novacek
Kari Redfield
Toni Richards
Jason Weaver

#### **Instructors**

Nancy Birdwell
Jodie Bostrom
Mark Christiani
Elizabeth Dunlop
Bill Fallon
John Keedy
Mike Knarzer
Sally Larimer
Monica Miller
Matt Pearcy
Kim Petersen
Tricia Rudloff
Rogil Schroeter
Kelly Trainor

#### AMC Basic Ice a Blast!

The AMC Basic Ice Climbing class this February was a terrific success!

The annual class was held over President's Day weekend in Durango, Colorado. We got not 2, not 3, but a whopping 12 students enrolled this year. And boy what a group! Lead instruction Nathan Disser of Southwest Adventure Guides was so impressed that, in addition to ice climbing, he taught us some mixed climbing as well (that is, climbing a mix of both rock and ice using crampons and ice tools).

The class started out Saturday in Lower Cascade Canyon with an introduction to ice climbing, from how to put on crampons, to basic ice technique. However, by the end of the day a few of the students had already graduated to mixed climbing. This was the perfect way to work up an appetite for Himalayan cuisine and local brewpubs.

On Sunday we moved on to Upper Cascade Canyon, where there were taller, steeper routes to conquer. We all had a grand time, enjoying the climbs and the beautiful scenery.

Sunday evening we munched on pizza and beer as we were treated to a special slide presentation of ascents in Bolivia, Nepal, and Alaska.

The class finished off on Monday morning with a 1/2 day lecture on Avalanche Awareness. And what better class-room, of course, than up in the mountains. In spite of the falling snow, we drove to Coal Bank Pass, donned snow-shoes, and went for a gorgeous hike. Periodically we stopped, and the instructor would introduce us to one of the many facets of Avalanche knowledge.

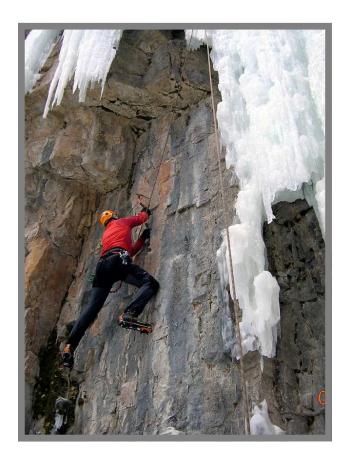
Participants were Kathryn Reichert, Russell Ott, Jimmy Kehoe, Paul Pacheco, Justin York, Will Regg, Celia Chavarin, Jason Garvan, James Perey, Matt Pearcy, Scott Davis, and Kelly Trainor. Sheri Kenly, who was in town snow-boarding, joined us for the slideshow Sunday evening.

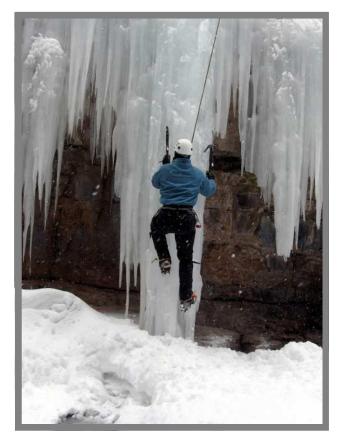
Special thanks to Eric Filsinger for organizing the class!

Scott A Davis











#### **Outing Leader Recognition**

In December 2005, the AMC Board elected to recognize the clubs' outing leaders for their great contribution in "Sharing the Passion" outside of the schools, and to provide incentive for others to become outing leaders.

The board determined that outing leaders who were "active" (having led at least one outing in 2005) would receive a waiver of membership dues for 2006.

The outing leaders honored in this recognition were:

Robert England Erik Filsinger Scott Hoffman Richard Horst John Keedy Mike Knarzer David Larimer Sally Larimer Monica Miller Chris Query Jeff Nagel Rogil Schroeter Wayne Schroeter Frank Vers

Rogil

#### Queen Creek climbing area access issue

#### Climb it? Or mine it?



Recreational access to the Queen Creek climbing area is being threatened by a copper mine that has been proposed by the Resolution Copper Company.

Resolution Copper is trying to take over Oak Flat campground via a congressionally legislated land swap, which in turn would threaten access to all these areas: Queen Creek Canyon, Apache Leap, Devils Canyon, Hackberry Canyon, etc.

We need your help to keep this world-class climbing area (and home of the Phoenix BoulderBlast) from disappearing forever into a big hole in the ground. Join the Friends of Queen Creek!

We are not opposed to mining. But we are FOR ACCESS! We need to make Resolution Copper develop their mine in such a way as to preserve recreational access to these public lands.

Be a Friend of Queen Creek. Act now to help preserve access to your public lands by subscribing to the Friends of Queen Creek FREE e-mail action list at <a href="mailto:info@friendsofqueencreek.com">info@friendsofqueencreek.com</a>

www.friendsofqueencreek.com

The AMC is represented on the Steering Committee of Friends of Queen Creek.

#### Zen-Lizard Systems Presents

#### X-Chalk

The world's first rock dimbing chalk that sooths hot and ripped up fingers—as you dimb! Also helps heal cuts and scratches. All natural—no chemicals. Available at the Phoenix Rock Gym, Climbmax, the Arizona Hiking Shack, and online at:

http://www.zen-lizard.com



#### **AMC Glacier Travel and Crevasse Rescue Class**

The AMC is pleased to offer a Glacier Travel and Crevasse Rescue Class April 29, and May 27. It is intended to provide a good introduction to modes of travel on snow, as well as offer the basics needed to travel safely on glaciers and perform crevasse rescues. The class will cover ice ax usage, crampons, self-arrest, roped travel, snow anchors, belays, and rope techniques for crevasse rescue. This class is a good one for new students entertaining ideas for climbs like Rainier, or as a refresher for returning students.

The local class on April 29 will be at a location to be determined and announced when you sign up. The May 27<sup>th</sup> session will occur in southwest CO. (Separately there will be an AMC Alpine Outing in CO that same weekend and class participants will have priority enrollment.)

Participants will be asked to provide their own personal equipment, e.g., warm clothing, crampon-compatible boots, ice ax, crampons, harnesses, and prusiks. Crampons and ice axes can be rented from the AMC. A complete list of suggested personal gear will be provided when you sign up.

We will provide group climbing gear, e.g., pickets, flukes, ropes, and the like.

It is highly recommended that all participants must have completed AMC Basic School and the AARS class (or equivalent with permission of the instructor) and be a current AMC member.

The class size will be limited, so sign up early. The cost for new students will be \$50 and the cost for returning students will be \$25. Full payment from those signed up will be due on April 14. Refunds will only be offered after that time if a substitute can be found.

Because the trip involves out of state travel, participants will be asked to contribute a specified amount of gas money to reimburse the instructors for their car travel.

Obtain details or sign up by emailing Erik Filsinger at smorefil@aol.com.

#### **Anchors School Instructor Meeting**

The Anchors School instructor's meeting will be held at 6:00 pm **Tuesday**, **Mar. 28**, **2006** at **North Mountain Park**, **Pima Ramada**\*.

North Mountain Park is located at Peoria and  $7^{th}$  St, 5 miles north of Camelback on  $7^{th}$  St. Turn west into the park and proceed on the loop drive to the Pima Ramada.

We will review the class outline, Tuesday and Thursday Stations, and discuss options for the weekend outings.

Anchors School dates are:

Tue, Apr 4 - Anchors Class, 6:00-9:30 pm, North Mountain Park (Pima Ramada)

Thu, Apr 6 - Anchors Class, 6:00-9:30 pm, North Mountain Park (Yavapai Ramada)

Sat, Apr 8 - Anchors field day - Meeting time and location - to be announced

Sun, Apr 9 - Anchors field day - Meeting time and location - to be announced

If you are not available to attend the instructor's meeting and still want to help with the class, please email the instructor with your availability at: <a href="mailto:theanchorsguy@yahoo.com">theanchorsguy@yahoo.com</a>

#### Climbing Anchors School - Spring 2006

Arizona Mountaineering Club

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

#### **Class curriculum:**

Tuesday: Learn anchor components, anchor types, knots and hitches. Thursday: Learn anchor system characteristics and construction.

Saturday: Gain experience setting anchors by practicing "hands-on" scenarios under instructor supervision.

Sunday: Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing out-

ing

where students set the anchors under instructor supervision and then spend the day climbing.

#### Class schedule:

Apr 4	Tuesday	6:00 pm–9:30 pm	*Dreamy Draw Park (Phoenix)
Apr 6	Thursday	6:00 pm-9:30 pm	Dreamy Draw Park
Apr 8	Saturday	8:00 am-4:00 pm	Location to be announced during class
Apr 9	Sunday	7:00 am-5:00 pm	Climbing area to be announced during class

\*To get to Dreamy Draw Park take SR 51 (Piestewa Peak Freeway) to Northern; turn east on Northern. This takes you directly into the park. Class is at the big ramada.

**Experience required:** AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

**Cost:** \$75 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec. 2006. Register by sending a check payable to AMC Anchors School to 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. The registration fee is fully refundable if you cancel. Call Nancy Birdwell at 480-821-1932 or email info.anchors.school@AzMountaineeringClub.org for more information. The number of students will be limited to 36.

#### **Equipment required for the class:**

- 2 non-locking "D" or oval carabiners (at least 2, bring more if you have them)
- 3 locking carabiners (at least 3, one of which should be a parabiner)
- 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
- 1 climbing harness
- 1 ea 4', 6', 10' 6mm prusiks (untied length)
- 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
- 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
- 1 helmet—required for Saturday and Sunday sessions, helmets are available if you do not have one.
- 1 20' cordelette, a 20-foot length of 7mm accessory cord

(The slings, harness and cordelette are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

Any pro you may have (hexes, Stoppers, camming devices, Tri-cams, etc.) Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time) Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

#### **Calendar of Events**

#### **AMC Outings**

**Please note:** It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

- Apr 04 **Anchors School.** Apr. 4,6,8,9.
- Apr 15 **Queen Creek Sport Climbing**. Lead climbing only. Preference for climbers with limited experience leading (less than 1 to 2 years) and who have not gone on this outing previously. Clip sticks will be used. For details and to sign up, contact Erik Filsinger at smorefil@aol.com. Limit 4.
- Apr 29 **Apr 29 & May 7 Glacier Travel and Crevasse Rescue Class.** Basic snow skills and glacier travel techniques. April 29 class held locally. May 27 class held in southwest CO. Must have taken AMC Basic Rock and AARS class or equivalent with permission of instructor. \$50 class fee for new students. \$25 class fee for returning students. For more information or to enroll contact Erik Filsinger at <a href="mailto:smorefil@aol.com">smorefil@aol.com</a>.
- May 26 **Black Mountain Bouldering.** May 26-29. Beat the heat bouldering on excellent granite high in the San Jacinto Mountains south of Palm Springs. Richard Horst 623-434-4769.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

#### **Billboard - Other Scheduled Events**

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Wednesdays - North Mountain hikes after work. Rogil Schroeter (623) 512-8465

#### **Commercially Provided Training and Events**

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, thought they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.



#### **Become an AMC Outing Leader**

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.



## **Current AMC Outing Leaders**



Robert England	480-688-5412
Erik Filsinger	602-906-1186
Scott Hoffman	623-580-8909
Richard Horst	
David Johnson	
John Keedy	623-412-1452
Mike Knarzer	
Tim Lange	480-598-9124

David Larimer	480-425-9689
Sally Borg Larimer	480-425-9689
Tim Medlock	480-963-3496
Monica Miller	623-362-0456
Chris Query	602-323-5927
Tim Schneider	480-497-8377
Rogil Schroeter	
Wayne Schroeter	602-402-1631

Jef Sloat6	502-316-1899
Mick Strole 5	520-856-3335
Paul Valenzuela 6	502-705-3106
Frank Vers	480-947-9435
Your name	herel

## **APRIL 2006**

### AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
10 minu	TE: Celestial even utes earlier on Ariz r; 10 later on its w	ona's eastern	Sunrise 6:20 Sunset 6:47 M-set 7:28p			1
2	3	4 Anchors School	5 Sunrise 6:11 Sunset 6:52 M-set 1:59a 1st Qtr	6 Anchors School	7	8 Anchors School
9 Anchors School	10	11	12 Sunrise 6:02 Sunset 6:57 M-rise 6:20p	13 Full Moon	14	Queen Creek Sport (Lead) Climbing
16	17	18	19 Sunrise 5:53 Sunset 7:02 M-rise 12:31a	20	21	22
23	24	25	26 Sunrise 5:45 Sunset 7:07 M-set 6:15p	Last Qtr 27 New Moon	28	29 Glacier Travel and Crevasse Rescue
30			Sunrise 5:38 Sunset 7:13 M-set 12:37a			

# The AMC Wants ... YOU!

To provide your own "program" for the April club meeting.

Bring your harness, a locking biner, and wear your party shoes!

> SUNDAY, April 23rd Phoenix Rock Gym 7:00 pm.

Pizza and soft drinks will be provided.