

ARIZONA MOUNTAINEER

September 2006



AMC Members Jenni and Josh on Mt Rainier Summit

The Arizona Mountaineering Club

Meetings: Member meeting at the Phoenix Rock Gym, 1353 E. University Dr., Tempe at 7:00 p.m. See calendar for date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Call: (623) 878-2485

Email:

president@azmountaineeringclub.org
board@azmountaineeringclub.org

Websites:

www.amcaz.org - or -
www.azmountaineeringclub.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President..... John Keedy 623-412-1452
Vice-President Robert England... 480-688-5412
Secretary Erik Filsinger..... 480-314-1089
Treasurer Clay Vollmer 602-595-7266
Director 2-year Dave McClintic .. 480-607-0890
Director 2-year Justin Iske..... 480-225-7739
Director 1-year Dave Van Hook.. 602-790-6283
Director 1-year Bill Fallon..... 602-996-9790
Past President Jutta Ulrich..... 602-234-3579

Committees:

Archivist..... Jef Sloat..... 602-316-1899
Classification..... Nancy Birdwell... 480-821-1932
Elections..... Dave Van Hook.. 602-790-6283
Equipment Rental Erik Filsinger..... 480-314-1089
Email..... Tricia Rudloff 623-580-7740
Land Advocacy..... Erik Filsinger..... 480-314-1089
Librarian..... Richard Kocher... 480-966-5568
Membership Rogil Schroeter ... 623-512-8465
Mountaineering Erik Filsinger..... 480-314-1089
 Co-Chair Bruce McHenry
Newsletter Robert England... 480-688-5412
Outings..... Frank Vers 480-947-9435
Programs Sheri Kenly..... 602-242-0504
Training & Schools.. Bill Fallon..... 602-996-9790
 Co-Chair Clay Vollmer 602-595-7266
 Basic Class Sally Larimer 480-425-9689
 Anchors Class..... Robert England... 480-821-4243
 Lead Class Mike Knarzer..... 602-751-1701
T-shirts..... Sally Larimer..... 480-425-9689
WebSite..... Kirra webadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF !!!

Show off your
rappel skills to the
Ooooh's and Aaaah's
of the tourists at the
- Annual -
Grand Canyon
Cleanup and Climb
And
Help the
environment too!

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

October Newsletter Deadline
September 13

SEPTEMBER BIRTHDAYS

Scott Davis 1, Mark Tillman 1, Bruce McHenry 2, James Kistler 4, Steve Wieczorek 7,
Brian Escamillo 9, Faye Gonzalez 9, Bonnie Roill 9, Tom Conner 10, Paul Sylvia 11,
Susan Pitts 14, Larry Reinmuth 14, Jef Sloat 15, Paul Mandel 18, Maryann Johnson 24,
Marc Mousseux 26, Marilyn Geninatti 28, Bob Miles 29, Lungi Niemczyk 29,
Frank Vers 29, Ariel Jones 30

Board Meeting Minutes: August 7, 2006

The meeting was called to order at 6:05 p.m. by John Keedy at Erik Filsinger's office.

Board members present: John Keedy, Jutta Ulrich, Robert England, Dave Van Hook, Justin Iske, and Erik Filsinger

Committee chairs present: Nancy Birdwell, Classification

Members present: Jodie Bostrum

The Board moved into Executive Session to discuss a letter that had been received about an incident at the Overlook.

The Regular Board meeting reconvened at 7:15 p.m.
Minutes of the July 10, 2006 meeting were approved.
The Treasurer's Report was accepted.

Presidents Report:

- John Keedy and Robert England will attend the annual CAMRA banquet.
- Robert England will write an article on the new Outing Leaders that have been approved in the last several months: Bruce McHenry, Bill Fallon, Justin York, Jason Garvan, and Matt Percy. Congratulations to each of them.

Committee Reports:

T&S: Robert England presented some options for a Basic School flyer. Sally Borg Larimer and Bill Fallon will teach Basic School. Robert England would like more instructors for AARS. Robert England volunteered to help Mike Knarzer with some of the preparation for holding Lead School.

Membership: Via written memo, Rogil Schroeter reported 335 active members.

Elections: Dave Van Hook will begin the process of identifying candidates to fill open positions for next year's elections.

Old Business:

- Robert England presented a variety of drafts for AMC Business Cards and Brochures. They all looked great. Motion was made, seconded and passed to produce 1,000 copies of a color brochure on 8.5 by 11 inch paper with the cost not to exceed \$800 with the monies to come from the T&S budget for printing. Motion made, seconded and approved for the production of 1,000 business cards with the expense not to exceed \$260.
- Robert England and Kirra will discuss the possibility of working photography into the AMC website.

The meeting adjourned at 8:15 p.m.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.

Phoenix Rock Gym—1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership to AMC members.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 Gym membership 10% off for AMC members.

Rental Equipment

EQUIPMENT	Qty	\$Dep	1-3day	4-7day
MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
PortaLedge	1	100	30	50
Climbing shoes	Various sizes Call			

Equipment Rental Policy: All equipment rentals shall be only to current AMC members. AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals. Rental rates shall be as published in the AMC Newsletter. Two checks shall be collected from the renter. The first being for the rental amount. It will be placed into AMC accounts. The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment. If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required. The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.

An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

Call Linda Locke at (602) 997-4235 for shoes.

For everything else, call Erik Filsinger at 480-314-1089.

Treasurer's Report

Arizona Mountaineering Club
Income Statement
Month Ended July 31, 2006

INCOME

Dues 2006	5,213.00
Interest	129.09
T-Shirts (AMC)	60.00
T-Shirts (Grand Canyon)	120.00
Mountaineering Schools	650.00
Rental Equipment	140.00
AARS Spring	825.00
Basic Spring	3,200.00
Basic Fall	1,110.00
Lead Spring	975.00
TOTAL INCOME	12,422.09

EXPENSES

Admin	791.29
T-Shirts (Grand Canyon)	319.50
Bank Charges	10.00
Land Advocacy Committee	250.00
Mountaineering	313.78
Newsletter	1,302.01
Outings	260.00
Outing Leaders	457.83
Programs Monthly Meeting	1,701.95
Training	5,065.29
TOTAL EXPENSES	10,471.65

OVERALL TOTAL..... 1,950.44

ACCOUNT BALANCES

CD Account (matures 78-17-06)	10,250.82
Checking (as of 7-31-06)	13,770.62
TOTAL CASH ASSETS	24,021.44

Other Assets (gear)..... 2,251.71

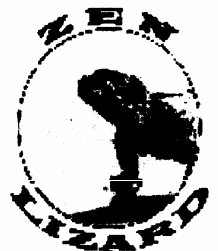
OVERALL TOTAL..... 26,273.15

Zen-Lizard Systems Presents

X-Chalk

The world's first rock climbing chalk that soothes hot and ripped up fingers -as you climb! Also helps heal cuts and scratches. All natural -no chemicals. Available at the Phoenix Rock Gym, Climbmax, the Arizona Hiking Shack, and online at:

<http://www.zen-lizard.com>



Member Classifieds

Mick Strole

Hello Fellow AMC'rs,
It has been some time since we have been active with the AMC. We sure miss those days, and especially miss our good climbing buddies. We moved to the Tucson area so we haven't had the opportunity to meet many of the new folks. We're doing fairly well- all things considered. We even climbed a few times this year!

Before I was touched by cancer, we were beginning to do some guiding and acquired a lot of extra gear. We decided to thin out and sell some things. All of the gear has been well cared for. Ask some of the old timers in the club and they can vouch for us.

Here is a list of items for sale. We've sent the gear up to Phoenix with our good friend Dave Larimer. Please call Dave if you're interested in anything and he'll arrange to meet with you. Dave's home number is 602-258-0373 and cell is 602-228-3207. If you have any questions for us, or just want to say hello call 520-207-6720.

Climb Hard and Live Strong!
Mick Strole & Sherrie Holbrook

All gear is used, but in good condition.

Bouldering Pad, Metolius 3' x 4' unfolded & 3" thick
Not used more than 10 times, LOOKS BRAND NEW!! (was \$120) Only \$60
Top rope (red) – 150' for \$40
Top rope (green) – 165' for \$45
Top rope (purple) – 200' for \$50
Gear sling, REI padded - \$4
Approach shoes, La Sportiva ¾ top, worn only a few times-too small (new \$120) \$60
Climbing shoes, La Sportiva high-tops, Size 10 - \$25
Climbing shoes, La Sportiva low top, Size 9 – Like new \$25
“Stabilicers” – Ice soles made to strap over boots, fits Size 8 to 11 - \$15 pair (2 pair)
Harnesses, Black Diamond light weight, Size Medium - \$15 each (qty. 2)
Harness, Black Diamond padded, Size Medium - \$25
Harness, REI light weight, Size Medium - \$15
Harness, Metolius padded, Size Med to Lg. - \$20
Sport draws without carabiners - \$5 for all 23
Hexes, strung, complete set of Sizes 2-11 for \$65 all
Nuts, Sizes 3 – 11 (qty. 17 total) \$2 each or \$30 for all
Tri-cams, size 1.5 brown=\$7, size 2 purple=\$9, size 4 white=\$15, size 5 green=\$18, size 6 orange=\$18
Cam, Metolius #3 – (new \$50) \$25
Cam, Metolius #5 – (new \$50) \$25
Cam, Metolius #7 – (same size as #2 BD) (new \$50) \$25
Cam, Metolius #9 – (same size as #3 BD) (new \$60) \$30
Cam, Wild Country metal shaft friend - (same size as #2 BD) (new \$40) \$20
Cam, Wired Bliss - (same size as #2 BD) (new \$60) \$30
Cam, Black Diamond #2 – (new \$60) \$30 each (qty. 2)
Cam, Black Diamond #3 – (new \$70) \$35
Camelback water bladders - \$3 each (qty. 2)

Scott Parsons

I just bought a Misty Mountain Titan big wall harness from Hiking shack. I got it home and was marking all my new gear and put my name on it with a Sharpie. Dumb. I wore it once and its too big. Its a large for waist size 33 to 38, it has heavily padded waist and leg loops. I paid \$75.00 + sales tax it was marked down from \$125. I'll take best cash offer to get it off my hands. Scott Parsons 602 821-9536



NEW MEMBERS

Climbers - Please Welcome:

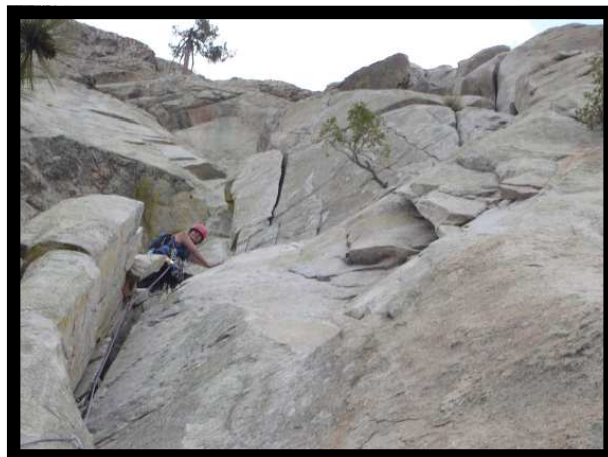
Bob Miles
Howard Zaretsky
Angela Ross
Jay Duke
Corissa Carveth
Peter Knamiller



Rappel Rock Summit 2006 - Outing Report

On July 1st 2006 the Peregrine Falcon restrictions were lifted from Mt Lemmon Summit Crags. Catherine Conner and I were there racked up with rope in hand, our mission. Rappel Rock summit via Bender Axen to the Standard Route. This is one of my favorite link up options for this area. Last summer I made two attempts for this summit but was rained out each time. Finally on July 1st 8:30 am I got the window that had eluded me.

Catherine was up first for the 5.8 thin face crux moves off the ground. She did it with precision, then sank a yellow alien then proceeded up the crack system to the first pitch belay. I met her there for some camaraderie and awesome views of the Ravens to the southwest of us. We were pumped up! Pitch two, Catherine took us up the crack system next to the Obituary column then past the small pine tree to the smearing move and clipped the bolt! Now you are into the next crack system located below the crux boulder roof move. Catherine was contemplating the options to complete this move. She had some hesitation. I knew what must be going through her mind. As she had been spit out of the last two roof problems she had encountered. Two weeks prior I caught Catherine on her first 20 ft trad whipper from a roof fall at Taquitz while on the fourth pitch of Sahara Terror! Now to add a little more drama to this adventure, we have a slight change in weather. Some rain clouds were gathering in the in the Northwest. Several huge rain drops hit. I was becoming very concerned as the storms in this area can be unpredictable and produce thunder, lighting, fog and heavy rain. (I had experienced these kinds of conditions on this route in August 2004).



Rappel Rock - P2 Standard Route

The rain drops indeed motivated Catherine to make the move and get going as she did not want to experience the move under adverse weather conditions. She pulled through and was elated...! Her voice shrilled with success. I told her to keep going until she was completely over the move. She quickly moved and set up a belay, the weather was still a concern. I prepared to lead out on pitch 3 up a small dihedral crack then on to a sea of wonderful chicken heads. I went as far as I could go. Rope drag will get you on this pitch due to the nature of the terrain. I was able to wedge a great #10 nut and built the anchor off the chicken heads and brought Catherine up. The weather looked as though it was going to allow us the have a great day and get off the rock before rain would hit. I wanted Catherine to get to lead on the wonderful sea of chicken heads so we reviewed the "slip hitch" technique of looping the heads. I have cleaned some bad examples of chicken head placement in my days of climbing. Catherine was a quick study and off she went. Her protection was text book and a pleasure to clean as I reached the fourth pitch belay.

As I was preparing to lead off the 5th pitch to the summit we were discussing options as we found ourselves in an ant infested belay area next to the large pine tree, a can of Raid would have been helpful. Then I turned and moved in way that somehow caused one of my Montrail approach shoes to come off my D shape black diamond carabiner. Catherine saw what had happed and yelled "SHOE" as it plummeted down the rock wall. A climber below us said shoe? Not often heard while climbing. Then I heard a woman's voice "Monica is that you"? I said yes, who is it? The woman replied, it's me Marilyn (Marilyn Geninatti). I said hey, MG what's going on! She replied she thinks she saw where my shoe landed. I said great, if you can get it that would be cool. If not don't feel obligated. I will be ok. I was then off for the very exposed traverse before making the steep wall of chicken heads. You don't want to fall in this location. I made the wall and was up climbing, my attentive belayer wanting me please place protection ASAP. I was able to sink a bomber cam in a horizontal position while at a great stance. Several more moves and I reached the summit. Ahhh... the joy of being on top! I quickly set a belay and brought Catherine to join me. We celebrated our success and enjoyed the wonderful views that surrounded us. But, it ain't over yet as we had to make the walk off descent and get back to the trail head before the rain storm set in.



Rappel Rock—Catherine Conner on the summit!

Now I am minus one approach shoe for my right foot. I have struggled with a grade III sprain and torn ligament in my right ankle for over a year. Catherine offered to change out shoes with me so I would not be in pain or risk injury, a noble offer indeed. I told her I thought I would be ok. So take note from my experience on loosing an approach shoe. I have climbed thousands of vertical feet in the last 3.5 years from AZ, CA, and NV and never lost a shoe when clipped to a D shape carabiner. Based on this experience I will now ALWAYS clip my shoes on a small locker to prevent his hazard. I thank the Lord this has never happened while at Taquitz with a North Gully Descent. OUCH...!

Back at the tail head Catherine and I had a celebration toast that involved Blue Moon and some Malibu rum. Then around the corner comes MG and her party. She said, "I found your shoe"! MG a real Doc Holiday! Life is sweet when you are blessed with good friends.

- Monica D. Miller -

President's Crag

I've heard a lot about outings and adventures that AMC'rs have been on this summer. A couple of parties climbed Mt. Rainier, some were climbing other mountains in Washington, some folks doing mountains in Colorado and others going to Canada to do some of the beautiful northern Rockies. It is comforting to know that there have been no accidents that caused serious injury or death among our AMC family. Stay Safe!

I was invited to attend the CAMRA Annual Banquet last Saturday evening representing the AMC. Robert England accompanied me as well. We met some of the founders of the AMC and had great conversations with them. For those who do not know, CAMRA was formed from the former AMC Mountain Rescue Committee, so the CAMRA folks consider the AMC as their parent organization. Doug Black, one of the original AMC'rs, told the story of how they started teaching climbing back in the sixties. Some of their members moved out of the valley which left the membership depleted. Someone got the idea to teach a climbing class to get more members. They scheduled the class and distributed flyers and about ten people showed up and learned climbing. It worked so well that the next year they did it again and had over twenty people. The rest of the story is our history.

Robert and I had conversations with a number of CAMRA Members and Officers and I was impressed by the overwhelming consensus that AMC has always been the safest climbing organization. We both felt a sense of pride concerning the classes we teach and the safe climbing practices of our members.

On the same subject, but at a different venue, a conversation was overheard at one of the climbing gyms where the AMC was mentioned. The reply went something like: "The AMC, they're too damn safe. They always wear helmets, they always carry prusiks and they're always checking each other, every time they do anything." To that I say; "RIGHT!" How can you be 'too damn safe?' I am proud of our safety record and I am committed to maintaining an impeccable safety record. We will wear helmets. We will carry prusiks. We will check each other every time we do anything. Those are some of the safe climbing practices that we teach and insist on. You should be proud of that, too.

Climb hard and be safe,

John Keedy

Lead Climbing School

Arizona Mountaineering Club

Fall 2006

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

Class curriculum:

Tue Lecture, slide show: introduction, the lead fall, equipment
Wed Lecture, slide show: equipment (continued); the process and techniques of leading
Thu Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat Hands-on practice: natural pro placement (Prescott)
Sun Hands-on practice: leading on bolts (Prescott or Scottsdale)

Class schedule:

Sept 26 Tuesday 6:30 pm–9:30 pm*North Mountain Park, Ramada TBD
Sept 27 Wednesday 6:30 pm–9:30 pm North Mountain Park, Ramada TBD
Sept 28 Thursday 6:30 pm–9:30 pm North Mountain Park, Ramada TBD
Sept 30 Saturday 9:00 am–5:00 pm Prescott (directions will be in syllabus)
Oct 1 Sunday 9:00 am–5:00 pm Prescott or Scottsdale (directions will be in syllabus)

***North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. The Ramada location is TBD.**

Experience required: AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

Cost: \$75 plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through Dec., 2006. Register by sending a check payable to AMC Lead School to 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Call Nancy Birdwell at 480-821-1932 or email lead.school@AzMountaineeringClub.org for more information. The number of students will be limited to 30.

Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

- All climbing gear (harness, prusiks, biners, etc.)
- Helmet—mandatory for all on-rock sessions
- Specifically needed:
 - 2 20' slings (untied length), preferably different colors
 - 2 10' slings (untied length), preferably different colors
 - Nut pick
 - Quickdraws with biners—at least 5 per person
- All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.
- Consider combining with another person to have enough gear
- Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday

Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

For more information: Visit the Arizona Mountaineering Club website at <http://www.amcaz.org/>

Basic Rock Climbing School

Arizona Mountaineering Club

Fall 2006

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Oct 10	Tuesday	5:30 pm–10:00 pm	*Havasupai Ramada, North Mountain Park
Oct 12	Thursday	6:00 pm–10:00 pm	Havasupai Ramada, North Mountain Park
Oct 14	Saturday	8:00 am–5:00 pm	North Scottsdale - Little Granite Mtn Area
Oct 15	Sunday	8:00 am–5:00 pm	North Scottsdale - Little Granite Mtn Area
Oct 17	Tuesday	6:00 pm–10:00 pm	TBA
Oct 19	Thursday	6:00 pm–10:00 pm	TBA
Oct 21	Saturday	all day	Grad Climbs - Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park and look for the orange traffic cones imprinted "AMC" at Havasupai Ramada.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

Technical climbing gear that will be used for the school (**and is yours to keep**): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)

Harness and helmet provided free by the AMC for the duration of the class if needed

Basic climbing textbook

Instruction through all phases of the class

Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the **second** night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: \$160 plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through Dec., 2006.

Registration: The class is limited to 40 students. To reserve a spot, send a check for \$160 + membership cost (see Class Fee above) made out to AMC Basic School. Include your clearly printed name, address and current phone number(s). Mail to: AMC Basic School, 1025 E. Highland Ave., #26, Phoenix, AZ 85014. No credit cards accepted. If you have further questions, please call Slawa Ciula at 602-265-2661 or email at amcbasicschool@hotmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$160 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website: www.amcaz.org

Grand Canyon Cleanup

Time again for the annual Grand Canyon Over-The-Rim Cleanup! For those new to this event, we have been rappelling over the side of the South Rim's steep limestone cliffs for 16 straight years, searching for trash deposited by tourists and wind. We have scoured the slopes below Mather Point and spruced up the view from the ice cream store at Bright Angel Lodge. We have appeared in numerous home movies we have never seen and entertained scores of innocents who ask, "Did you climb all the way from the bottom?" (We always answer, "Yes!") Along the way, we have maintained a perfect safety record, partied at pristine Shoshone Point, and climbed the next day in the Kaibab limestone amphitheaters below the Rim. Come out and join us again this year.

The Cleanup is scheduled for Saturday September 16th. You must be an AMC Club member trained in the proper rappel technique and in prusiking to go over the side; non-members can help at the top.

Technique seminar and planning meeting:

We will be holding a technique seminar at 6:00 pm on Tuesday, September 21st at Dreamy Draw Park.

This is mandatory for anyone who has not participated in the cleanup before. Old-timers are welcome to come for a refresher. We won't be teaching any of these techniques on-site at the Canyon. Please bring all the technical equipment listed below to the seminar.

Technical - Personal equipment needed for the Cleanup:

- Helmet—mandatory
- 3 prusiks (4',6',10')
- 1 climbing harness
- 1 rappel device
- 3 locking carabiners (harness biners)
- 1 5-foot or 6-foot tied sling (depending on arm length)
- 2 20' slings and 2 lockers (for anchors)
- 6 extra regular biners for fire hose
- Hiking boots (no sandals or open-toed shoes)—mandatory
- Gloves—mandatory
- Long pants, long-sleeved shirt
- Sunscreen, lip balm
- Water & lunch
- Whistle—optional (just in case)

Club equipment provided the day of the Cleanup:

- 2 pieces of fire hose
- 2 short prusiks
- 1 rope bag

Schedule:

Tuesday, September 19: Rappel demo, North Mtn Park

Friday, September 22: Camp at the group site

Saturday, Sept 23:

8:00 am—**Mandatory meeting** at Mather Point (we will sign waivers)

9:00 am—disperse to cleanup areas

4:00 pm—wrap up, shower, and get ready for barbecue

5:00 pm—meet at Shoshone Point, or caravan from campsite

Sunday, Sept 24:

9:00 am—meet at parking lot by railroad station for climbing outing (helmets required)

3:00 pm—head back to Phoenix

Entrance to the Park:

If you arrive at the entrance station when it is open, tell the Ranger on duty that you are with the AMC and are here for the "**Over-the-Rim Cleanup**" (these are the magic words). They should let you in without paying the normal \$20.00 entrance fee (feel free to pay if you want, since the money collected at the entrance station does go directly to the park's upkeep).

Grand Canyon Cleanup (Continued)

Camping:

The Park Service will provide two group campsites (40 per site) and only four cars on Sept 16-17. The group sites are to be determined (TBD) at this time. They are usually at the Mather Campground area. The vehicles bringing the club equipment will be the two vehicles to park at the site, so that we can monitor the ropes and other Club gear. All other vehicles must park at Babbitt's General Store, about 1/4 mile from the campsite. While inconvenient, this is the Park Service group campsite policy and they do monitor the campsites. The main concern is that they need the fire trucks to be able to get through the campground. If you camp in your vehicle, you will need to camp outside the park or get a private campsite.

Private Camp site Reservations for Mather Campground call 1-800-365-2267 Costs: \$15.00 per night – 6 person max, with 3 vehicles allowed at each private campsite, so you may want to pool with others.

Other campsite rules are: no ground fires (use the grills) and quiet hours between 10 pm and 6 am.

Facilities at the campground include bathrooms with pay showers (bring quarters). Hot breakfasts Saturday morning are available at Yavapai Lodge at the Babbitt's parking lot.

Your option to cook and or grill your own meal is also welcomed. There are two huge grills. And several picnic tables in the area. Bring your own meat selection and grilling tools. We will have a campfire too. The last people around the fire must have enough water to put the fire dead out. Also, someone in the last car out should lock the gate.

Car-pooling:

Since many participants will be at the Tuesday September 13th seminar, this is the best place to arrange car-pooling to the Grand Canyon, as parking is always tight.

Directions:

Drive north on State 64 into Grand Canyon National Park. Stay on the main road until you see the sign for Mather Campground directing you to the left (south). Follow the signs to the campground kiosk. On your right will be the showers. Look on the campground kiosk for a list of assigned sites. Follow the map on the kiosk. Park at the assigned campsite and unload, set up your tent, etc. Then drive back out to the kiosk and back to the parking lot at Babbitt's General Store. Hike back to the campsite the same way, on the asphalt.

Contact: Scott Hoffman at: shoffman228@yahoo.com or call (623) 580-8909

To verify your attendance to these planned events.

Scott Hoffman – Outing Leader- Event Director



Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.



Current AMC Outing Leaders



Robert England480-688-5412	Mike Knarzer 602-751-1701	Chris Query 602-323-5927
Bill Fallon602-996-9790	Tim Lange 480-598-9124	Tim Schneider 480-497-8377
Erik Filsinger602-906-1186	David Larimer 480-425-9689	Rogil Schroeter..... 623-512-8465
Jason Garvin480-734-6801	Sally Borg Larimer 480-425-9689	Jef Sloat..... 602-316-1899
Scott Hoffman.....623-580-8909	Bruce McHenry 602-952-1379	Paul Valenzuela..... 602-705-3106
Richard Horst.....623-434-4769	Tim Medlock 480-963-3496	Frank Vers..... 480-947-9435
David Johnson.....623-486-7387	Monica Miller 623-362-0456	Justin York..... 480-229-8660
John Keedy623-412-1452	Matt Percy..... 480-329-2551	<i>Your Name Here!</i>

**Congratulations
to our newest
Outing Leaders!**

***BILL FALLON
JASON GARVAN
BRUCE MCHENRY
MATT PEARCY
JUSTIN YORK***

Each has spent many months in preparation for this role, including conducting apprenticeship outings, attending additional skills training, certifying in Basic First Aid and CPR, completing reviews and recommendations by their peer outing leaders and the AMC Board.

Look for them at a crag near you. This cub reporter has it on reasonable merit that Justin is already scouting new outing spots ... in **NEPAL!**



Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Sept 17 The Hand - Superstitions classic. Limit 3. Contact Matt Pearcy by email: matthew.pearcy@asu.edu for more information/details.

Sept 23 Grand Canyon Cleanup

Sept 24 Grand Canyon Climbing - In cirque along the canyon rim.

Oct 7 Grand Canyon Half-Fast Death March - A Rogil Classic!. All day strenuous hike in the Grand Canyon. Contact Rogil at Rogil@cox.net or 623-512-8465

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

September 2006

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>Sunrise 6:01</i> <i>Sunset 6:56</i> <i>M-set 10:23 P</i>		1	2
<div style="border: 1px solid black; padding: 5px; background-color: #fce4d6;"> NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge. </div>						
3	4 Board Meeting	5	6 <i>Sunrise 6:06</i> <i>Sunset 6:47</i> <i>M-rise 6:24 P</i>	7 <i>Full Moon</i>	8	9
10	11	12	13 <i>Sunrise 6:10</i> <i>Sunset 6:37</i> <i>M-rise 10:41 P</i>	14 <i>Last Qtr</i>	15	16
17 The Hand, Member Meeting	18	19 GC-Rappel Training	20 <i>Sunrise 6:15</i> <i>Sunset 6:28</i> <i>M-set 5:47 P</i>	21	22 <i>New Moon</i>	23 GC Cleanup
24 GC Climb	25	26	27 <i>Sunrise 6:20</i> <i>Sunset 6:18</i> <i>M-rise 9:03 P</i>	28	29	30 <i>First Qtr</i>