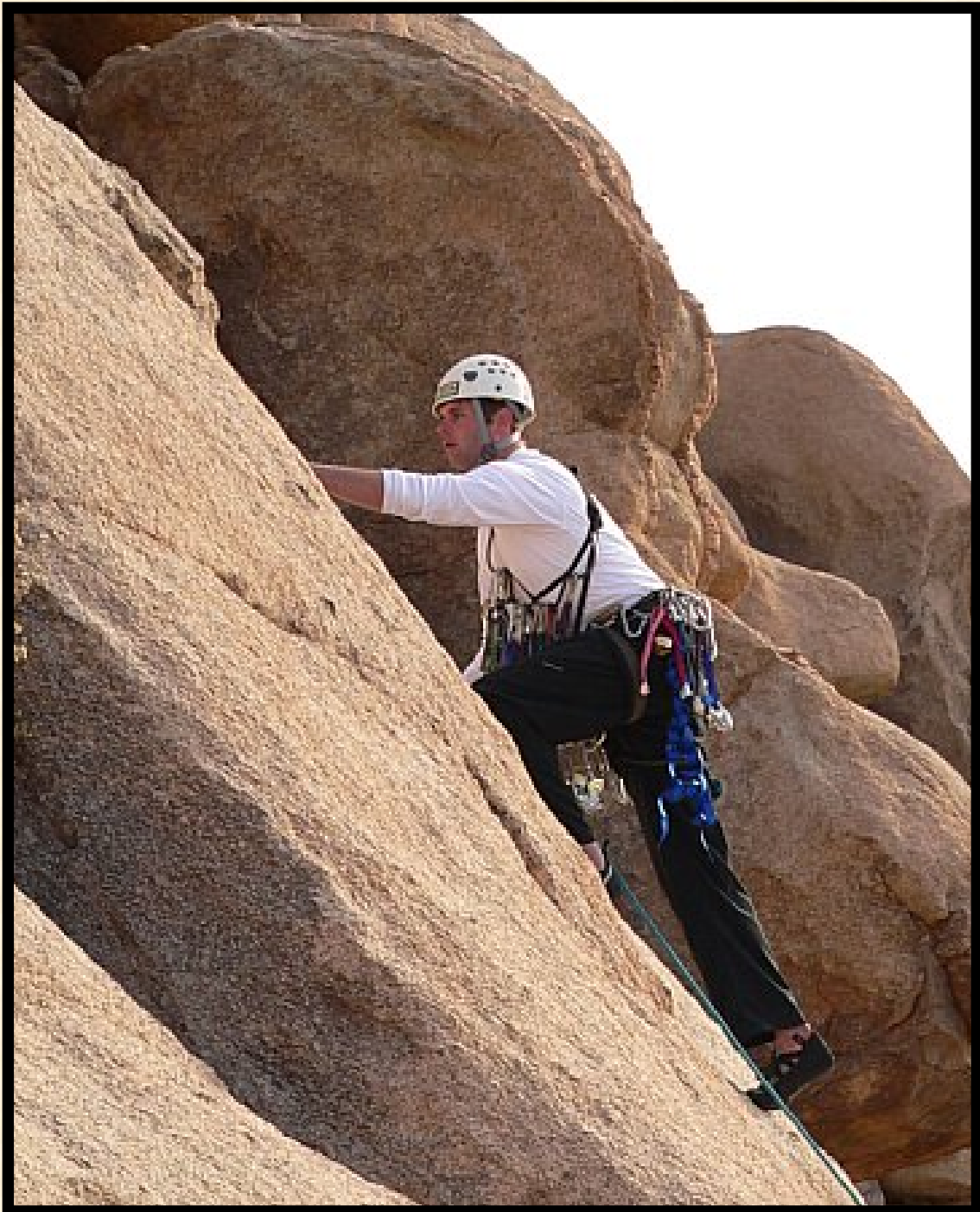


The Arizona **MOUNTAINEER**

January 2007



Joshua Tree - Justin Iske on Andromeda

The Arizona Mountaineering Club

Meetings: The **December** member meeting location is: Phoenix Country Day School
3901 E. Stanford Drive
Paradise Valley, AZ 85253. , AZ 85004 at 7:00 p.m. See calendar for day/date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Email:

president@amcaz.org
board@amcaz.org

Websites:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President John Keedy623-412-1452
Vice-President Robert England....480-688-5412
Secretary Erik Filsinger.....480-314-1089
Treasurer..... Clay Vollmer602-595-7266
Director 2-year..... Dave McClintic ...480-607-0890
Director 2-year..... Justin Iske480-225-7739
Director 1-year..... Dave Van Hook...602-790-6283
Director 1-year..... Bill Fallon.....602-996-9790
Past President Jutta Ulrich602-234-3579

Committees:

Archivist Jef Sloat.....602-316-1899
Classification Nancy Birdwell ...480-821-1932
Elections Dave Van Hook...602-790-6283
Equipment Rental Erik Filsinger.....480-314-1089
Email Tricia Rudloff.....623-580-7740
Land Advocacy Erik Filsinger.....480-314-1089
Librarian Richard Kocher ...480-966-5568
Membership..... Rogil Schroeter....623-512-8465
Mountaineering Erik Filsinger.....480-314-1089
 Co-Chair Bruce McHenry
Newsletter..... Robert England....480-688-5412
Outings Frank Vers480-947-9435
Programs..... Sheri Kenly.....602-242-0504
Training & Schools.. Bill Fallon.....602-996-9790
 Co-Chair Clay Vollmer602-595-7266
 Basic Class Sally Larimer.....480-425-9689
 Anchors Class Robert England....480-821-4243
 Lead Class Mike Knarzer602-751-1701
T-shirts..... Sally Larimer.....480-425-9689
Website..... Kirra webadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to azmountaineer@amcaz.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF !!!

Happy New Year!

May we all have lots of fun and safe outings!

Library

You must be an AMC member; I. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

February Newsletter Deadline Thursday - January 18

JANUARY BIRTHDAYS

Marcela Niemczyk 4, Cathy Wise 5, Bill Fallon 6, Jodie Bostrom 7, John Carlisle 9, Michael Turvey 9, Nicole Bennett 10, Jack Carlson 10, Donald Rubin 10, Eric Petermann 12, Antonia Richards 12, Michelle Lindsey 15, Mick Strole 18, Kate Hansen 20, Monica Miller 21, Nathen Medlock 23, Jared Friedman 24, Vicki Kooney 26, David Rice 26, Suzanne Cook 28, Kirra Kurvink 29, Dick Severson 29, Jodie Ainlay 31

Board Meeting Minutes: December 4, 2006

President Keedy called the meeting to order at 7:00 p.m. at Clay Vollmer's house.

Board members present: John Keedy, Jutta Ulrich, Clay Vollmer, Bill Fallon, Erik Filsinger, and Dave Van Hook

Committee Chairs present: Sheri Kenly

The minutes of the October 30, 2006 Special Meeting and the November 6, 2006 Board meeting were approved as submitted.

The Treasurer's Report was approved as submitted.

Committee Reports:

Elections committee – Dave Van Hook presented a list of candidates for the 2007 board. The draft ballot appears elsewhere in this newsletter.

Mountaineering – Bruce McHenry is preparing a winter ascent of Mt. Humphreys alpine outing. Sign-ups for the SWA ice climbing classes are going well.

Land Advocacy – Erik Filsinger gave updates on access issues in Maricopa County parks, Scottsdale's Preserve, Oak Flat, Tam O'Shantar, a climbing survey circulated by someone, and state land issues.

T&S – Bill Fallon presented a calendar of events for the upcoming year that included proposed rock school dates. It was approved by the Board. Clay Vollmer gave an update on his Advanced Climbing Seminar Series.

Programs – Sheri Kenly laid out a proposal for programs for the coming year. It focused on attracting 6 national speakers. The Board approved the plan.

Library – Jon Roberson is donating some videos to the club. Clay Vollmer will coordinate picking them up.

Outings – Erik Filsinger presented a draft of the Outing Leader Activity report for the year. There were a great number of activities during 2006. Among other things, the list would be used for Outing Leaders who had met their activity requirement for the year. Thanks to all the Outing Leaders who are out there leading things.

Public Relations – Justin Iske presented the AMC credentials at REI's Seven Summit Day event.

Website – Kirra is shutting down the old URL.

Membership – Rogil Schroeter reported 377 memberships.

Old Business:

Member Conduct Policy. A revision to the Board's Policy Statement on Member Conduct was presented to the Board. It was moved, seconded, amended, and approved. The relevant paragraphs with revised text underlined is as follows:

I. Member Conduct Procedure (eff. 10-14-2002, revised 12-4-06)

A. Bylaws. The Member Conduct Procedure set forth below is intended to be an addition to the "Standing Rules" of the Arizona Mountaineering Club ("AMC"). The Board of Directors of the AMC ("Board") is authorized to adopt Standing Rules pursuant to Paragraph 3, Section g, Subsection v and Paragraph 8 of the Bylaws of the AMC dated April 1999.

B. Grounds for Discipline. This policy is limited to conduct on official AMC activities. A member of the AMC who engages in improper conduct, including, but not limited to, conduct that is in violation of AMC rules or documents; conduct that uses the members' names and information inappropriately; or conduct that has a reasonable possibility of compromising the welfare, interest, well being, character, safety, decorum or good reputation of AMC or its members, may be subject to the disciplinary measures authorized by this Member Conduct Procedure. If disciplinary measures are to be imposed, they will be imposed in accordance with the procedure outlined below. AMC members also are responsible for the conduct of their family members, guests, and invitees.

C. Disciplinary Measures. The Board may take the following disciplinary measures to enforce this Member Conduct Procedure:

1. Suspension of AMC membership
2. Termination of AMC membership, or
3. Any other disciplinary measure that the Board deems is commensurate with the nature of the offense.

Christmas Party. Final plans were made for the annual AMC Christmas party to be held on December 8, 2006.

December member meeting. Final plans were made for the annual AMC member meeting in December.

New Business:

AMC email list. Robert England will take over the email duties from Tricia Rudloff.

John Keedy presented a statement of a written Outings submission policy that tracks existing practice but has never been put in writing. After discussion, it was decided to send the draft policy to the Outing Leaders for their comments.

Adjournment:

The meeting was adjourned at 9:04 p.m.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.

Phoenix Rock Gym—1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

AZ Cliffhanger - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	\$32	10	16
Ice Crampons	5	\$26	8	13
Ice axes (70 cm)	6	\$16	5	8
Ice axes (90 cm)	5	\$14	5	7
Snow shovel	1	\$8	3	4
PortaLedge	1	\$100	30	50
Climbing shoes			Various sizes	Call

Equipment Rental Policy:

-All equipment rentals shall be only to current AMC members.

-AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals.

-Rental rates shall be as published in the AMC Newsletter.

-Two checks shall be collected from the renter.

-The first being for the rental amount. It will be placed into AMC accounts.

-The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment.

-If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required.

-The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.

-An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

-**For Shoes** - Call Linda Locke (602) 997-4235.

-**For everything else**, call Erik Filsinger (480) 314-1089.

Treasurer's Report

Arizona Mountaineering Club Income Statement Month Ended November 30, 2006

INCOME	
Advertising Income	30
Dues 2006	5,960.00
Interest	377.39
T-Shirts (AMC)	60.00
T-Shirts (Grand Canyon)	120.00
Mountaineering Schools	850.00
Rental Equipment	140.00
T & S Schools Rental Income	150.00
AARS Spring	825.00
AARS Fall	1,125.00
Basic Spring	5,145.00
Basic Fall	3,200.00
Lead Spring	975.00
Lead Fall	900.00
TOTAL INCOME	19,857.39

EXPENSES	
Admin	1,302.33
T-Shirts (Grand Canyon)	319.50
Bank Charges	10.00
Insurance	4,335.60
Land Advocacy Committee	650.00
Mountaineering	370.62
Newsletter	2,860.36
Outings	260.00
Outing Leaders	457.83
Programs Monthly Meeting	2,308.43
Training	6,337.33
TOTAL EXPENSES	19,212.00

OVERALL TOTAL **645.39**

ACCOUNT BALANCES

CD Account (matures 3-17-07)	10,499.12
Checking (as of 9-30-06)	12,217.27
TOTAL CASH ASSETS	22,716.39

Other Assets (gear) 2,251.71
OVERALL TOTAL **24,968.10**

President's Corner

This has been a busy year for all of us and the AMC is no exception. We tried something different this year for our membership meetings and it just did not work, so we are going back to Monday night meetings. The problem arose when the Los Olives Community Center closed for remodeling and then did not open in the evenings after the remodel. We tried other venues but none filled our needs. Paul Deif offered the Phoenix Rock Gym for Sunday evenings once a month at no charge so we tried that. It just did not meet the preferences of our membership and was poorly attended. We really owe a big debt of gratitude to Paul Deif and his folks for staying open Sunday nights. THANKS PAUL !!!

A number of people worked tirelessly to find a new venue, among them Sheri Kenly, Jim Watson, Robert England and others, but we did not find what we were looking for until Dave McClintic offered the use of Phoenix Country Day School Auditorium. We will have our Library there and our first Monday meeting there in December.

We have had other challenges this year as well. Sally Larimer stepped up when her replacement found it would be impossible to teach the Basic Class. THANKS SALLY !!! Sally also hosted the Grad Party. THANKS SALLY !!! Wally Vegors, our last founding member, stepped down as Newsletter Editor after many-many years of faithful service to the AMC in many capacities. THANKS WALLY !!! Robert England took over as Newsletter Editor and has been doing a great job. THANKS ROBERT !!! Chris Query again ran the Map and Compass class. THANKS CHRIS !!!

We certified five new outing leaders this year. They are Bill Fallon, Bruce McHenry, Jason Garvin, Matt Percy and Justin York. CONGRATULATIONS!!! Our Outing Leaders and Instructors held roughly 107 activity days (outings, schools, adopt-a-crags, cleanups, etc) throughout the year. That's quite a lot of work from everyone. THANKS TO ALL !!!

These are just a few of the many people behind the scenes keeping the club running, people you don't often hear about but are absolutely necessary. Tricia Rudloff makes sure emails go out, Kirra keeps the Web Site running smoothly, Nancy Birdwell runs Classification and also some registrations, Frank Vers coordinates Outings, Sheri Kenly gets those great programs, Dave Van Hook runs elections, Rogil Schroeter keeps our Membership roles, Erik Filsinger runs Equipment Rentals, Land Advocacy and Mountaineering, Bill Fallon and Clay Vollmer manage Training and Schools, Clay also manages our finances, Rich Kocher keeps the Library, Jef Sloat archives our records, Tina and John Pearlman conduct the Queen Creek cleanup, Scott Hoffman organizes the Over-the-rim Grand Canyon Cleanup, Lead Instructors are Sally Larimer, Robert England and Mike Knarzer for the classes we teach, And all the Outing Leaders who conduct Outings throughout the year. The Board of Directors meet at least every month to handle the business of the club, and that takes a lot of time and effort. All the members who come out for the classes to help the new students, you are invaluable. I'm probably missing some one and I apologize. The AMC would not be here without these and the many other people working behind the scenes. THANKS !!! THANKS !!!

To everyone I wish you very a Prosperous New Year!

John Keedy
President

Lead Climbing School

Arizona Mountaineering Club - Spring 2007

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

Class curriculum:

Tue Lecture, slide show: introduction, the lead fall, equipment
Wed Lecture, slide show: equipment (continued); the process and techniques of leading
Thu Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat Hands-on practice: natural pro placement (Prescott)
Sun Hands-on practice: leading on bolts (Prescott or Scottsdale)

Class schedule:

Feb 20	Tuesday	6:30 pm–9:30 pm	*North Mountain Park
Feb 21	Wednesday	6:30 pm–9:30 pm	North Mountain Park
Feb 22	Thursday	6:30 pm–9:30 pm	North Mountain Park
Feb 24	Saturday	9:00 am–5:00 pm	Prescott (directions will be in syllabus)
Feb 25	Sunday	9:00 am–5:00 pm	Prescott or Scottsdale (directions will be in syllabus)

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. Ramada location TBD.

Experience required: Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

Cost: \$75 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2007. Register by sending a check payable to AMC Lead School to Nancy Birdwell 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Call Nancy Birdwell at 480-821-1932 or email info@amcaz.org for more information. The number of students will be limited to 30.

Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

All climbing gear (harness, prusiks, biners, etc.)

Helmet—mandatory for all on-rock sessions

Specifically needed:

2 20' slings (untied length), preferably different colors

2 10' slings (untied length), preferably different colors

Nut pick

Quickdraws with biners—at least 5 per person

All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.

Consider combining with another person to have enough gear

Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday

Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Anchors School - Fall 2006

Thank you to the students, and to the volunteer instructors that make our schools possible and fun! See you again in the spring!

Participants

Dave Barton
Daniel Beatty
Tom Folwell
John Hathaway
Bill Jay

John Kadylak
James Kehoe
Dominic Mancini
Brian Mix
Jeff Rothermel

Randi Sheer
Allison Smith
Debbie Standal
Linda White

Instructor Volunteers

Ronald Auerbach
Nancy Birdwell
David Cameron
Brian Crawford
Julie Dehlin
Robert England
Bill Fallon

Daniel Gonzales
John Keedy
Mike Knarzer
Clare Mix
Jeffrey Nagel
Scott Parsons
Rogil Schroeter

Kathy Sharp
Michael Tribuno
Clay Vollmer
Keith Waldrup
Patti Waldrup



Courthouse Rock - Standard Route

On November 18, four intrepid AMC'rs, John Keedy, Clay Vollmer, Ron Auerbach, and Robert England, braved the early morning hours and slight chill for what was to be an all-day trial at Courthouse Rock (pun intended :-). In fact, from anywhere in Phoenix, Courthouse Rock is an all-day affair at roughly 100 miles west of Phoenix.

The standard route, rated 5.5, is six to eight pitches with a quarter-mile traverse (3rd class) between pitches five and six.

The trials of this climb include constant attention to rockfall, and the jumping Cholla - which seemed to be especially fond of John.

Following a 3:00 summit, we wasted no time in getting down, finishing the last pitch by the light of the stars ... *and* our headlamps.

Only one challenge remained ... to find the car in the dark!

At the end of the trial, we were all acquitted of our climbing faux paux, and shall return to climb here another day.

Robert England



Courthouse Rock viewed from the east.



The first five pitches extend from bottom center to just right of the notch in the shadow.

Robert, Clay, Ron, and John
on the summit!



Joshua Tree 2006 Thanksgiving Weekend and Events

Thanksgiving day - Climbing at Short Wall, then over to Indian Cove for the Thanksgiving Dinner. The Star, deep fried Cajun Turkey that was juicy and succulent. Pared with homemade dressing and gravy...mmm! Prepared and served by Clay Vollmer.

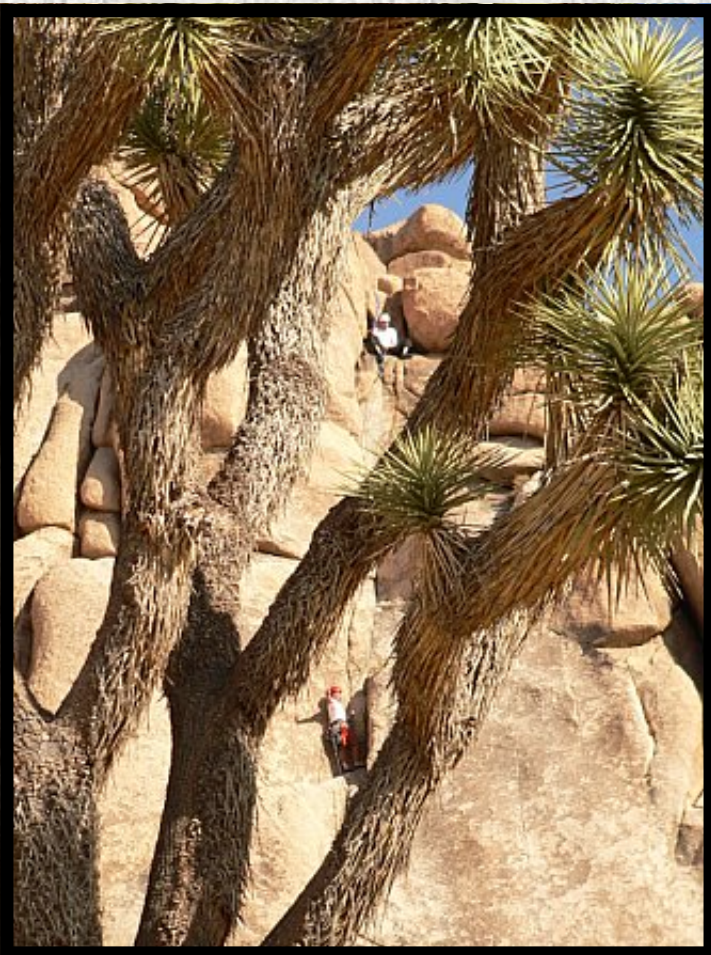
For desserts we were treated to some beautifully prepared Torts with fruit and homemade brownies. Thanks to all who put forth effort and creativity in presenting your dish to share.

Climbing, Joshua Tree has so many cool places to climb that it will take you several trips learn and climb in all of the areas. We had many new lead climbers get their lead on and rack up some trad experience. Marcy Makarewicz 1st pitch Bird on a Wire 5.10a, Lost Horse Wall, Felton Physics 5.8 ** Hemingway Buttress, Justin Iske Andromeda Strain 5.7, Afpa Rock. Also Val Bednar The Bong 5.5, The Blob with Jodie Bostrom on belay. Congrats to all.

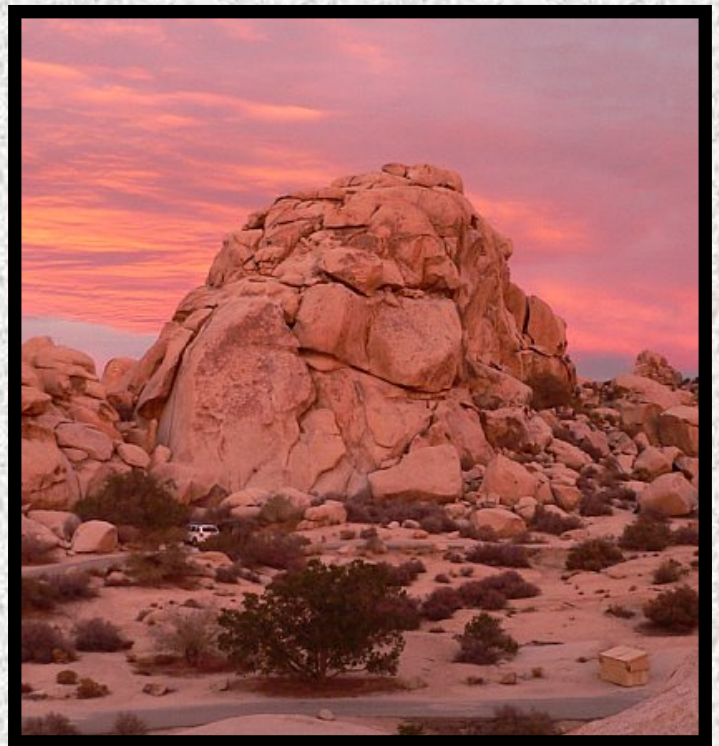
Top rope activities were held at Feudal Wall on Friday and Afpa Rock on Saturday.

Joshua Tree, a treasure to all climbers...!

- Monica D. Miller -



Justin Iske belays Monica Miller



The Golden Hour in Hidden Valley

Repeat Ascenders

Some of you know a bit about or have been involved with Repeat Ascenders. We would really like to get it off the ground this year and we need your help and input to do it.

To start things off if we can get the necessary participation we will be holding a team building/diversity training on either the 6th or 13th of January 07.

No, it is not what you think. It is a training a few friends and I do for the National Fire Service. However, in developing the training since it is "experiential learning" (loosely defined you use games and activities to get people to an "ah ha" moment) we have found that many of the things we do for fire fighters and EMS personnel would and does work for teens.

Why I am looking for volunteers to do the training is? I need to train trainers. I need help translating the concepts from the training room to the rock gym or out on the rock. We would like all the volunteers to be on the same page and know what we are trying to accomplish with the kids.

We are looking to find a few people who would like to be a bigger part of RA then just outing or Gym volunteers.

So if you are interested in RA or would like to do a team building training and for those few who have climbed with me you know it will not be your atypical diversity training.

Or if you just want to do a training of this type for your job we do offer certificates of completion which do meet Federal guidelines for diversity.

Please contact me at davevanhook@yahoo.com or 602-790-6283.

If we have enough response we will schedule the training. So when you respond let me know if Ahwatukee or 35th Ave and Glendale would be better. If all the responses come from the east valley we will adjust. If we get enough responses we can do 2 trainings.

Oh yes it is free lunch is provided you just have to invest your Saturday from 9am to 4pm. So come on out and I promise a good time.

Thanks, Dave Van Hook

Joshua Tree
Weekend Vacation Rental

No wind, No Sand, and Close to the Crag!
Sleeps 6, All Amenities, Reasonable Rates.
Perfect for your next club outing!
Book your next trip online with us.

Woof! Woof! Pet friendly too!
www.JoshuaTreeVacationHomes.com



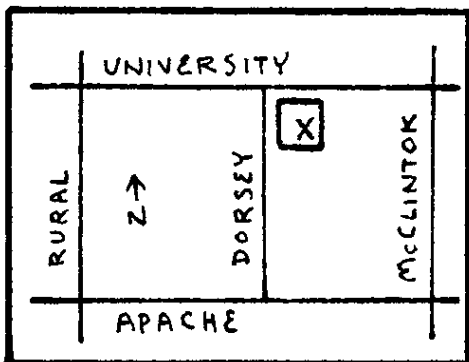
THERES A
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STORE IN TOWN

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- VERTICAL TOOLS -

WWW.AZCLIFFHANGER.COM

LOCATED INSIDE THE PHOENIX ROCK GYM



AZ CLIFF HANGER
MARTY KARABIN
1353 E. UNIVERSITY DR.
TEMPE, AZ 85281
PH - 480-642-9507
FAX - 480-237-0095

AMC
MEMBERS
GET 10%
OFF OF
PURCHASES

Joshua Tree Thanksgiving Photos - The Moose's Tooth



Left to right, James Fisher, Sheri Kenly and Scott Davis

On the summit

From Sheri Kenly



NEW MEMBERS

Climbers - Please Welcome:

Dave Barton
James Fisher
John Gillece

John Hathaway
Suzanne Monthofer
Jeff Rothermel

2007 Dues

It is time to renew your membership for 2007. The membership year runs from January to December; \$30 for single or \$35 for family membership. Please make your check payable to AMC and bring to the next meeting or send to:

AMC Membership
6519 W. Aire Libre
Glendale, AZ 85306

If your name, address, phone or email have changed, please enclose corrections with your check. If you would like your cell phone listed on the monthly phone list instead of your home phone, please let me know. Call 623-512-8465 if you have questions.

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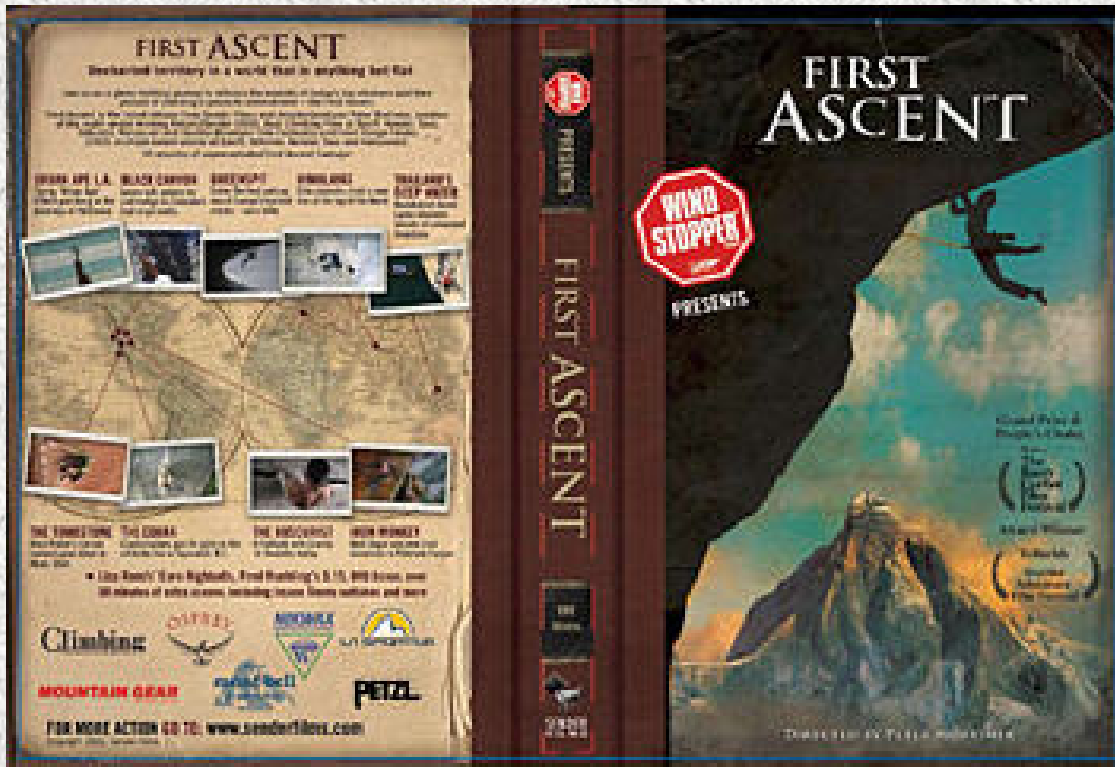
www.kotpongstudio.com

*Call for an appointment Ask about
the Arizona Mountaineering Club discount.*



January Member Meeting

On Monday, January 22 at 7:00 p.m. AMC Programs Presents:



FIRST ASCENT

A climbing film directed by Peter Mortimer

Join us on a globe-trotting journey to witness the exploits of today's top climbers and their pursuit of climbing's pinnacle achievement—the First Ascent. This recently released and award winning film will keep your heart racing and brow damp with nervous sweat as you are awed by climbers from around the globe.

View a trailer of this film on the Posing Productions website:

https://www.posingproductions.com/product.php?form_action=detail&product_id=123

BYOBOW: Bring your own bottle of water. Why? Because AMC will provide the popcorn!

BYLRF: Another acronym...Bring your lucky rabbit's foot because you might just win your own copy of First Ascent in the drawing after the film.

P.S. Our monthly meeting and annual elections will be first!

See you at the Monday, January 22nd 7:00 p.m. meeting! Remember it is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36 St. and go South to Stanford and then head East. From Camelback use 40th St. and turn West on Stanford. Follow signs to the auditorium.



Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.



Current AMC Outing Leaders



Robert England..... 480-688-5412	Mike Knarzer 602-751-1701	Chris Query602-323-5927
Bill Fallon..... 602-996-9790	Tim Lange..... 480-598-9124	Rogil Schroeter 623-512-8465
Erik Filsinger 602-906-1186	David Larimer..... 480-425-9689	Jef Sloat.....602-316-1899
Jason Garvin 480-734-6801	Sally Borg Larimer 480-425-9689	Paul Valenzuela..... 602-705-3106
Scott Hoffman 623-580-8909	Bruce McHenry..... 602-952-1379	Frank Vers..... 480-947-9435
Richard Horst..... 623-434-4769	Tim Medlock..... 480-963-3496	Justin York 480-229-8660
David Johnson 623-486-7387	Monica Miller 623-362-0456	<i>Your Name Here!</i>
John Keedy 623-412-1452	Matt Percy 480-326-3462	

Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Jan 6 Queen Creek Sport Climbing. For Lead Climbing only. Preference for climbers with one to two years experience leading, but can adjust climbs to fit group's skills. Clip sticking of first bolts required. For details and to sign up, contact Erik Filsinger at smorefil@aol.com. Please provide a brief description of your lead experience and skill level. Limit 4.

Jan 6-7 Mt Humphreys – Flagstaff. Backpack-campout-hike to summit in alpine conditions. Specific requirements for participants. Contact Bruce McHenry at bamchenry@att.net. Limit 6.

Jan 20 Queen Creek - The Titanic (or Magma Gardens) Toprope anchors practice and climb. Limit 8. Preference given to Fall 2006 Anchors Grads. Contact Robert England, robert_england2@yahoo.com to sign up.

Feb 10 Strenuous 11+ mile hike along the Superstition ridgeline. Fit, experienced hikers only please. Contact Rogil 623-512-8465 & rogil@cox.net or Bill Fallon 602-996-9790 & bill.fallon@cox.net before Feb 3.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

(Continued on page 18)

Calendar of Events (cont.)

Beginning Ice Climbing and Avalanche Awareness:

Learn to ice climb from the pros at Southwest Adventure Guides in Durango, CO. This introductory level course will take place over President's Day weekend, and will be held in Cascade Canyon, home to a wide variety of ice and mixed climbing terrain, and about a 20 minute drive from Durango. The 2 day ice course will cover current ice climbing equipment and its use, belaying and rappelling (as they apply to ice climbing), climbing technique (footwork, body position, tool placement), anchor construction, and a host of other topics related to the sport of ice climbing. It's a jam packed weekend, with less talking and more climbing! The third day of the course will be spent on Coal Bank Pass completing our 1 day Avalanche Awareness Course. This is a great follow up to the previous 2 days of ice climbing, and a prerequisite for those who would like to sign up for our Multi-Pitch Ice Course, either this year or next. The class was full last year with 12 people, so make sure to sign up early!

Dates: February 17 - 19, 2007

Class Size: 12

Course Cost: \$305 per person (includes all climbing equipment--boots, crampons, tools, ropes, etc.)

Prerequisites: Basic Rock Climbing

Multipitch Ice Climbing Class:

Learn the fundamentals of multipitch ice climbing in Silverton and/or Ouray, Colorado. This course is specifically designed for those who have successfully completed our Beginner's Ice Climbing and Avalanche Awareness Course, or for those who have previous ice climbing experience. This course will take place in either Silverton or Ouray, Colorado depending upon current ice and avalanche conditions. In Silverton, we will tackle routes in Eureka Canyon, home to classic routes like Goldrush, Stairway to Heaven, Whorehouse Ice Hose, 2nd Gully, and Road to Nowhere. The course will cover topics such as, proper ice lead climbing gear (ice screws, screamers, ropes, tools, etc.), effective racking techniques to manage gear while on lead, belaying and rappelling strategies, ice climbing technique, time management, rescue considerations, descent options, as well as mental attitude and commitment. Participants will need to be prepared to climb as many as 6 pitches of ice per day. The course will have a 2:1 participant-to-guide ratio, ensuring the highest level of safety and personalized instruction.

Dates: March 3 - 4, 2007

Class Size: 8

Course Cost: \$395 per person

Prerequisites: SWA Beginner's Ice and Avy Awareness or equivalent

If you are interested in getting sign-up materials, contact Erik Filsinger at smorefil@aol.com.

January 2007

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 <i>Sunrise 7:33</i> <i>Sunset 5:33</i> <i>M-rise 5:43P</i> Full Moon	4	5	6 Alpine - Mt Humphrey; Queen Creek - Lead Practice
7	8 Board Meeting	9	10 <i>Sunrise 7:33</i> <i>Sunset 5:39</i> <i>M-rise Mid- night</i>	11 Last Qtr	12	13
14	15	16	17 <i>Sunrise 7:32</i> <i>Sunset 5:45</i> <i>M-set 4:13P</i>	18	19 New Moon	20 Queen Creek - Anchors Practice
21	22 Member Meeting	23	24 <i>Sunrise 7:29</i> <i>Sunset 5:52</i> <i>M-set Midnight</i>	25 1st Qtr	26	27
28	29	30	31 <i>Sunrise 7:25</i> <i>Sunset 7:59</i> <i>M-rise 4:34P</i>	NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.		