

The Arizona MOUNTAINEER

February 2007



AMC'rs Patti Waldrup, Eric Parker, and Jim Gomon
wrap up 2006 atop a Phoenix Classic
The Praying Monk, Camelback Mountain
Dec 30, 2006

The Arizona Mountaineering Club

Meetings: The **December** member meeting location is: Phoenix Country Day School
3901 E. Stanford Drive
Paradise Valley, AZ 85253. , AZ 85004 at 7:00 p.m. See calendar for day/date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Email:

president@amcaz.org
board@amcaz.org

Websites:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President John Keedy623-412-1452
Vice-President Robert England....480-688-5412
Secretary Erik Filsinger.....480-314-1089
Treasurer Clay Vollmer602-595-7266
Director 2-year Dave McClintic ...480-607-0890
Director 2-year Justin Iske480-225-7739
Director 1-year Dave Van Hook...602-790-6283
Director 1-year Bill Fallon602-996-9790
Past President Jutta Ulrich602-234-3579

Committees:

Archivist Jef Sloat602-316-1899
Classification Nancy Birdwell ...480-821-1932
Elections Dave Van Hook...602-790-6283
Equipment Rental Erik Filsinger.....480-314-1089
Email Tricia Rudloff623-580-7740
Land Advocacy Erik Filsinger.....480-314-1089
Librarian Richard Kocher ...480-966-5568
Membership Rogil Schroeter....623-512-8465
Mountaineering Erik Filsinger.....480-314-1089
 Co-Chair Bruce McHenry
Newsletter Robert England....480-688-5412
Outings Frank Vers480-947-9435
Programs Sheri Kenly602-242-0504
Training & Schools.. Bill Fallon602-996-9790
 Co-Chair Clay Vollmer602-595-7266
 Basic Class Sally Larimer480-425-9689
 Anchors Class Robert England....480-821-4243
 Lead Class Mike Knarzer602-751-1701
T-shirts Sally Larimer480-425-9689
Website Kirra webadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

This Month in the AMC

Who does what, Addresses and Phone Numbers	2
Hot Stuff, Library, Birthdays, News Letter Info	3
Board Meeting Minutes.....	4
Treasurer's Report, Discounts, Rentals.....	5
President's Corner, New Members, 2007 Dues	6
Lead Climbing School	7
Basic School.....	8
February Program	9
December Photo Contest.....	10
Advanced Climbing Seminars.....	12
Ballad of Hart Route	13
AZ Cliff Hanger.....	14
The Praying Monk, Photos.....	15
Outing Leader List, OL Requirements	16
Calendar of Events	17
February Calendar.....	19

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to azmountaineer@amcaz.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF !!!

True Love
Rocks!
Take your
sweetie to the rock
gym on Valentine's
Day!

Library

You must be an AMC member; I. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

March Newsletter Deadline Thursday - February 15

FEBRUARY BIRTHDAYS

Tina Price 1, Sutton Demlong 3, Voytek Ciula 5, Scott Frankel 5, Sharon Gordon 6, Julie Dehlin 7, Kurt Gusinde 9, Michael Palagonia 10, Michael Baker 12, David Cameron 12, Daniel Gonzales 12, Linda Kriegel 12, Erin Livingston 12, Allison Smith 12, Kristen Towse 12, Douglas Roill 13, Steven Wolpert 14, Thomas Lewandowski 15, Alex Richards 15, Clare Norman 19, Richard Balland 20, John Schneider 23, Robert Lea 25, Corissa Carveth 28, Scott Hoffman 28, Paul Pacheco 28, Gregory Sirek 29

Board Meeting Minutes: December 4, 2006

Board Members Present: John Keedy, Dave McClintic, Bill Fallon, Clay Vollmer, Erik Filsinger

Meeting called to order at 7:20 p.m. by Vice President Robert England.

Minutes of the December 4, 2006 Board meeting were reviewed and approved.

Treasurer's Report. Clay Vollmer presented the year-end Treasurer's Report. It was reviewed and a motion made to approve them as corrected. The motion was seconded and passed. The corrections were as follows:

Three noted corrections were made to the Year End financial statements:

1. Check to Erik for the Access Fund contribution (Land Advocacy: Organizational Contributions).
2. Check to Robert for Newsletter software (Newsletter: Other).
3. Date correction to December 31, 2006 in the Transaction Report.
4. The \$2,100.47 for the Outing Gear account was last year's amount was corrected to \$2,147.40 on the Balance Sheet and the Newsletter tab.

Committee Reports

Elections – Dave Van Hook will send out electronic notification for the Mail Ballots for the January elections.

Mountaineering – Beginning Ice Climbing filling up. Glacier Travel Class to be scheduled for April.

Land Advocacy – Erik Filsinger presented an update about several local jurisdictions where progress is being made in developing dialogues with land managers and positive relationships are being built. These include Scottsdale, Phoenix, and Maricopa County. As the Land Advocacy Chair, Erik is authorized on behalf of the AMC to pursue the development of climbing area maps and climbing policies. This is especially true of situations where the timing may be a good one to hold such discussions.

Outings – Erik Filsinger and Frank Vers have prepared a summary of Outing Leader activities for the year. Names of the Outing Leaders who have earned a dues waiver for 2007 will be posted. Inactive Outing Leaders (no activities in 2006) will be placed in inactive status and their names removed from the AMC Newsletter listing until they lead at least one official AMC Outing.

T&S – location of the schools was discussed. Bill and John will meet with other land users on State Land and plan a strategy for discussions with the State Land Department. The Advanced Climbing Seminars currently being discussed or scheduled was lead by Clay Vollmer. He stated that he has arranged for Paul Diefenderfer to hold a Roped Soloing Seminar on February 10. Clay will ask for \$30 per person for the event. Clay also discussed an Aid Climbing Seminar.

Membership stands at 384.

Old Business

Outing Policy. John reviewed the feedback he had received previously on the Outing Procedure policy and it was moved, seconded and approved to adopt it as part of official club policies. Robert England will incorporate it into the official club documents located on the AMC website. The policy states:

Outing Procedure

A. Proposing and AMC Rock Climbing Outing

- a. All AMC rock climbing outings must be conducted by an Outing Leader.
- b. All AMC rock climbing outings must be approved by the Outings Chair prior to being published in the Mountaineer Newsletter, web site or the AMC email distribution.

c. Outing Leaders submit a completed AMC Outing Plan or AMC Multi-pitch and Back Country Outing plan to the Outing Chair for approval. These can be found in the Members Only area of the Web Site under Forms.

d. Outing Plans for the following month need to be submitted to the Outing Chair no later than one week prior to the Board Meeting to allow time for approval, publication in the newsletter and Board action if required.

e. Outing Leaders should have in their possession at the outing the following:

- Activity Release form – to be completed for the outing
- Emergency Contact List
- Incident Report Form
- State Land Permit (If outing is on State Land)
- Membership Application and Release Form

f. The Outing Leader should email a copy of the approved Outing Plan to all

participants along with meeting and driving directions/map.

g. After the outing, the completed Activity Release Form should be sent to the AMC Secretary, whose address is at the bottom of that form.

Club Calendar. The club calendar was approved and will be posted on the AMC website.

Email Transition. Robert England will be taking over the official club email distribution from Tricia Rudloff. Thank you, Tricia, for your service over the past year. Only official representatives of the AMC acting in their official capacity related to club business can send materials to Robert for his distribution.

New Business

Reimbursement for Continuing Education Classes. Following the Club Policy on reimbursement for expenses for qualified club representatives to attend Board approved continuing education classes, the Board entertained, seconded and approved a motion to reimburse half of the cost of tuition up to a maximum cost of \$250 per person so that Bill Fallon, Clay Vollmer, Robert England, Mike Knarzer, and the to be determined lead instructor for the AARS school could attend an officially offered and sanction Top Rope Site Manager Class of the American Mountain Guides Association.

Educational Session for Board on Club's Policies and Procedures. At the first Board meeting for the new members, Erik and Robert will produce copies of the documents and Erik will lead a brief overview of the club documents, policies and procedures and their intended use within the club.

The meeting was adjourned at 9:12 p.m.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.

Phoenix Rock Gym—1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

AZ Cliffhanger - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	\$32	10	16
Ice Crampons	5	\$26	8	13
Ice axes (70 cm)	6	\$16	5	8
Ice axes (90 cm)	5	\$14	5	7
Snow shovel	1	\$8	3	4
PortaLedge	1	\$100	30	50
Climbing shoes	Various sizesCall			

Equipment Rental Policy:

-All equipment rentals shall be only to current AMC members.

-AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals.

-Rental rates shall be as published in the AMC Newsletter.

-Two checks shall be collected from the renter.

-The first being for the rental amount. It will be placed into AMC accounts.

-The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment.

-If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required.

-The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.

-An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

-**For Shoes** - Call Linda Locke (602) 997-4235.

-**For everything else**, call Erik Filsinger (480) 314-1089.

Treasurer's Report

Arizona Mountaineering Club Income Statement Year Ended December 31, 2006

INCOME

Advertising Income	50.00
Dues	6,125.00
Interest	377.39
T-Shirts (AMC)	60.00
T-Shirts (Grand Canyon)	120.00
Mountaineering Schools	850.00
Rental Equipment	140.00
T & S Schools Rental Income	150.00
AARS Spring	825.00
AARS Fall	1,050.00
Basic Spring	5,145.00
Basic Fall	3,200.00
Lead Spring	975.00
Lead Fall	900.00
TOTAL INCOME	19,967.39

EXPENSES

Admin	1,659.04
T-Shirts (Grand Canyon)	319.50
Bank Charges	10.00
Depreciation	4,399.12
Insurance	4,335.60
Land Advocacy Committee	850.00
Mountaineering	370.62
Newsletter	3,291.36
Outings	383.88
Outing Leaders	457.83
Programs Monthly Meeting	2,773.33
Training	2,042.52
TOTAL EXPENSES	20,892.80

OVERALL TOTAL (925.41)

ACCOUNT BALANCES

CD Account (matures 3-17-07)	10,499.12
Checking (as of 12-31-06)	10,750.78
TOTAL CASH ASSETS	21,249.90

Other Assets (gear)	2,147.40
OVERALL TOTAL	23,397.30

President's Corner

I was very impressed with all the beautiful photographs entered in the December Photo Contest and I would like to congratulate everyone for the great images. Along with being excellent climbers, there are some great photographers in our midst. You have been traveling and adventure seeking and I am impressed. Some of the pictures entered in the Photo Contest are published herein.

Congratulations to the Outing Leaders who led outings in 2006 and especially to those who logged 4 or more activity credits as that qualifies you for personal dues waiver for 2007. An activity credit is awarded for an outing led, class day taught or grad climb led with a completed Activity Release Form submitted to the AMC Secretary. The complete list of Outing Leaders who received dues waivers is listed elsewhere in this Mountaineer newsletter. We had more than 110 activity credits logged in 2006. BTW if you did receive a dues waiver, you can increase that to a family membership by sending \$5.00 to Rogil Schroeter.

On that subject, there is always room for more Outing Leaders. You don't have to climb 5.12 to become an Outing Leader. You must have taken Basic, Anchors and Lead Classes or equivalent, have been a member of the AMC for a year and complete basic First Aid and CPR certification. Application Forms are on the AMC web site for you to download and complete. Please contact any Board Member or Nancy Birdwell for further information and assistance. Our phone numbers are in the Mountaineer newsletter.

The Board is looking at the spring class schedule which will be here before you know it. Lead Class is this month, Basic in March and Anchors in April. There's a lot that goes into holding these classes and we sure could use some more help from the AMC members. Contact Bill Fallon or Clay Vollmer to offer your assistance. Also be sure to attend the Instructor's Meetings for these classes and come out to the classes to assist students in the learning process. Its fun and you get to meet some really neat people.

We are also having the first of the Advanced Climbing Seminars (ACS) on February 10th with a presentation on solo leading. Look for details elsewhere in the Mountaineer. There will be more of these offered in the future if there is an interest.

There are numerous opportunities to get involved with AMC activities. Call me or any Board member and discuss how you can get more involved.

John Keedy - President



NEW MEMBERS

Climbers - Please Welcome:

Jeremy Babcock
Frank Hertz
Jeanne Hertz

Aaron Locander
Andrea Manzuk



2007 Dues

It is time to renew your membership for 2007. The membership year runs from January to December; \$30 for single or \$35 for family membership. Please make your check payable to AMC and bring to the next meeting or send to:

AMC Membership
6519 W. Aire Libre
Glendale, AZ 85306

If your name, address, phone or email have changed, please enclose corrections with your check. If you would like your cell phone listed on the monthly phone list instead of your home phone, please let me know. Call 623-512-8465 if you have questions.

Lead Climbing School

Arizona Mountaineering Club - Spring 2007

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

Class curriculum:

Tue Lecture, slide show: introduction, the lead fall, equipment
Wed Lecture, slide show: equipment (continued); the process and techniques of leading
Thu Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat Hands-on practice: natural pro placement (Prescott)
Sun Hands-on practice: leading on bolts (Prescott or Scottsdale)

Class schedule:

Feb 20	Tuesday	6:30 pm–9:30 pm	*North Mountain Park
Feb 21	Wednesday	6:30 pm–9:30 pm	North Mountain Park
Feb 22	Thursday	6:30 pm–9:30 pm	North Mountain Park
Feb 24	Saturday	9:00 am–5:00 pm	Prescott (directions will be in syllabus)
Feb 25	Sunday	9:00 am–5:00 pm	Prescott or Scottsdale (directions will be in syllabus)

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. Ramada location TBD.

Experience required: Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

Cost: \$75 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2007. Register by sending a check payable to AMC Lead School to Nancy Birdwell 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Call Nancy Birdwell at 480-821-1932 or email info@amcaz.org for more information. The number of students will be limited to 30.

Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

All climbing gear (harness, prusiks, biners, etc.)

Helmet—mandatory for all on-rock sessions

Specifically needed:

2 20' slings (untied length), preferably different colors

2 10' slings (untied length), preferably different colors

Nut pick

Quickdraws with biners—at least 5 per person

All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.

Consider combining with another person to have enough gear

Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday

Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Basic Rock Climbing School

Arizona Mountaineering Club - Spring 2007

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Mar 13	Tuesday	5:30 pm–10:00 pm	*Havasupai Ramada, North Mountain Park
Mar 15	Thursday	6:00 pm–10:00 pm	Havasupai Ramada, North Mountain Park
Mar 17	Saturday	8:00 am–5:00 pm	The Den, No McDowell Mtns
Mar 18	Sunday	8:00 am–5:00 pm	The Den, No McDowell Mtns
Mar 20	Tuesday	6:00 pm–10:00 pm	Phoenix, Solid Rock Gym
Mar 22	Thursday	6:00 pm–10:00 pm	Phoenix, Solid Rock Gym
Mar 24	Saturday	all day	Grad Climbs - Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park and look for the orange traffic cones imprinted "AMC" at Havasupai Ramada.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

- Technical climbing gear that will be used for the school (**and is yours to keep**): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)
- Harness and helmet provided free by the AMC for the duration of the class if needed
- Basic climbing textbook
- Instruction through all phases of the class
- Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the **second** night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: \$160 plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through Dec., 2006.

Registration: The class is limited to 40 students. To reserve a spot, send a check for \$160 + membership cost (see Class Fee above) made out to AMC Basic School. Include your clearly printed name, address and current phone number(s). Mail to: AMC Basic School, 1025 E. Highland Ave., #26, Phoenix, AZ 85014. No credit cards accepted. If you have further questions, please call Slawa Ciula at 602-265-2661 or email at amcbasicschool@hotmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$160 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website: www.amcaz.org

On Monday, February 26th at 7: 00 p.m.

AMC Programs presents:

JOHN BURCHAM

“You can’t shoot adventure from a safe distance.”

Whether he’s photographing on shifting ice fields of Alaskan Glaciers, the remote granite peaks of western China, Burcham delivers. During his 20-year career, his editorial work has graced the covers of National Geographic, National Geographic Adventure and Backpacker. Mountain Hardware and Patagonia have sent him to some of the planet’s most inhospitable and seldom visited landscapes to capture defining moments in adventure and exploration.

Remote western China: John teamed up with Mike Libeck for one of Mike’s wild adventures. Ooooh and Aaaah as we watch them explore and climb unknown China regions.

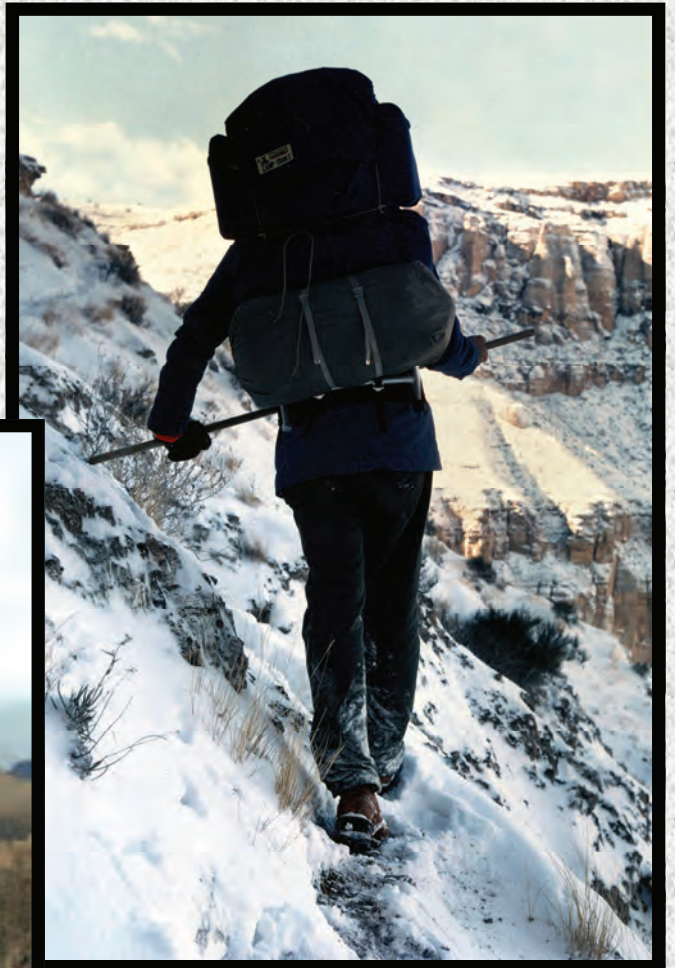
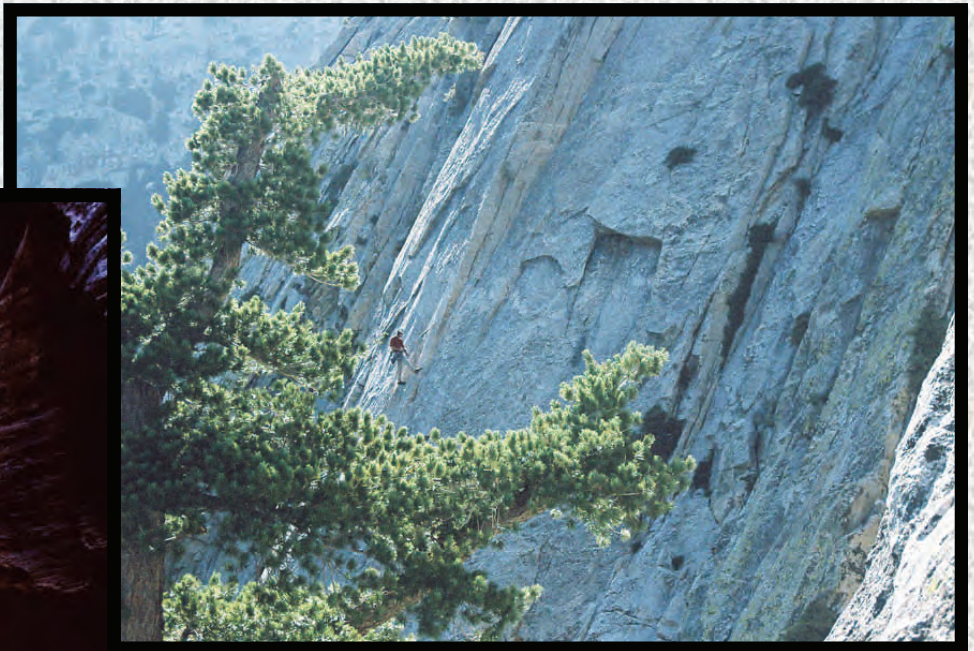


Arctic Journey: A 200 mile expedition traveling from the mountains to the sea in the Arctic National Wildlife Refuge. We hear much of this place because of its oil; this will give you an up close look at the land beneath the controversy.

BONUS: There will be a drawing to win a BRAND NEW CLIMBING ROPE! The proceeds will be donated to The Access Fund. Bring your \$\$\$'s. 1 ticket for \$2 and 3 tickets for \$5. Now that’s a deal you can’t resist. Support climbing access.

Directions: The meeting is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36th St. and go South to Stanford and then head East. From Camelback use 40th St. and turn West on Stanford. Look for the auditorium near the parking lot.

A few of the Photo Contest Winners from the December Meeting



A few of the Photo Contest Winners from the December Meeting



AMC Advanced Climbing Seminars

Advanced Climbing Seminars (ACS) are Born

The AMC is proud to announce the beginning of a new series of educational and on-rock practical climbing seminars for more advanced climbers. The first seminar, Rope Soloing, is scheduled for February 10. See details elsewhere in this issue.

The purpose of ACS is to provide information and opportunities for practical experience around aspects of climbing that are not offered during the club's Basic, Anchors and Lead Schools. ACS participation requirements will vary with the course offered, but generally include current AMC membership, attendance at Basic, Anchors & Lead Schools and 1-2 years leading experience.

Instructors are chosen based upon their skills and experience in the subject matter and their ability to teach.

ACSs generally will have a seminar coordinator, who may or may not also be the instructor, who is responsible for newsletter and email announcements, enrollment, fielding questions, gathering gear and coordinating the overall production of the seminar. This "coordinator" role frees the instructor from the burden of paperwork, detail and enables them to concentrate on presenting the material.

Beyond Rope Soloing, we are planning seminars on Aid-Climbing, Women's Climbing Issues, New Leaders, Ice Climbing, Short and Long Multi-Pitch Techniques, etc. We may also offer Wilderness First Aid (First Responder) and other related subjects. A nominal fee will be charged for the seminars, between \$20-\$40. The goal is to offer popular seminars twice a year, where there is interest.

Clay Vollmer, as Co-Chair of Training & Schools, is the ACS coordinator. We are looking for individuals to instruct seminars or to act as seminar coordinators. Please contact Clay at vollmer@rice.edu or 602.595.7266 if you are interested.

First Advanced Climbing Seminar (ACS) Offering: Rope Soloing!

The AMC's very first Advanced Climbing Seminar, Rope Soloing, will be offered beginning at 9AM on February 10th at a popular local crag. (For more details about the Arizona Mountaineering Club's Advanced Climbing Seminars, please see ACS "birth" announcement article elsewhere in this issue.)

Paul Dief, owner of the Phoenix Rock Gym and an Arizona climbing legend, has agreed to share his experience with a couple of soloing devices that he uses, one for toprope and one for leading. Paul, a former 10-time AMC president, is active with Access Fund issues in Arizona and is a climbing consultant and a rope access expert. He has consulted with many firms and agencies on "difficult to access" locations.

Specifically, Paul will discuss use of the Petzl Mini Traxion for toprope solo and Wren Industries' Silent Partner for lead solo. Seminar participants will have the opportunity to climb with these devices on a protected basis.

Seminar Details:

Participants: 4 to 8

Location: To be announced later to seminar participants

Date/Time: February 10, 2007 / 9AM

Duration: 3 ½ hours + depending on number of participants

Cost: \$30 check payable to AMC

Qualifications: Basic, Anchors, Lead Schools and 2 year leading experience

Equipment: 50m lead rope, rack and helmet

Questions/enrollment/checks: Clay Vollmer
(602.595.7266, vollmer@rice.edu)

Joshua Tree
Weekend Vacation Rental

*No wind, No Sand, and Close to the Crag!
Sleeps 6, All Amenities, Reasonable Rates.
Perfect for your next club outing!
Book your next trip online with us.*

Woof! Woof! Pet friendly too!
www.JoshuaTreeVacationHomes.com

The Ballad of Hart Route

(Sung to the tune of 'Gilligan's Island')
By Mike Palagonia

Just sit right back, and you'll read a tale,
A tale of a climb five five
That started out on Camelback
And passed a big beehive.

The leader was a pleasant chap
We started out at nine
Six others packed their gear that day
for a 6 hour climb, a 6 hour climb

The weather was not bad that day
Some clouds and wind, that's all
If not for the knowledge of tour's leader
The climbers would surely fall, the climbers
would surely fall

A four pitch climb of crack and face
with two raps and a hike
With Bruce McHenry
Michele Bobik
Keith Waldrup and his wife (Patti)
Kristen Towse
Steven Zaporowski
And Mike Palagonia
Here on lovely Hart Route

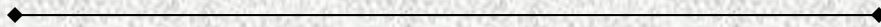
With granite and a sandstone mix and
Mud that's petrified
Good exposure and much height
I was terrified

Cell phones, a map, but no GPS
We have some luxury
It's not like this is Everest
Nor we Sir Hillary

We wanted food at Hooligans
But found it was not there
We ended up at Island's Grill
That served us dreadful fare

This is the tale of our young climbers
Of a day they won't forget
With rock climbing you trust your life
To someone you just met

Many thanks Bruce McHenry
For you who took us out
And showed six climbers a lot of fun
Here on lovely Hart Route



CAMRA - Central Arizona Mountain Rescue Association

In 1969, the AMC's Mountain Rescue Committee moved to form a new organization that would focus on mountain and wilderness rescue, and the Central Arizona Mountain Rescue Association (CAMRA) was born. Many AMC'rs have since joined CAMRA's volunteer ranks to serve in the very rewarding, and often arduous capacity of helping fellow outdoors enthusiasts who find themselves stranded, lost, or injured in Arizona's unforgiving backcountry.

Central Arizona Mountain Rescue Association, CAMRA, meets monthly at 6:30pm, the first Tuesday of every month. The meeting is held at the old MCSO training center located at 3325 W Durango in Phoenix.

If you would like to attend, please email us at info@mcsomr.org to confirm the meeting time and place and let us know to expect you. You can also visit our website for more information at:

<http://www.mcsomr.org/>.



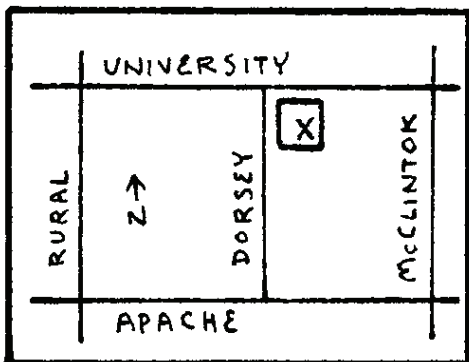
THERES A
NEW CLIMBING
STORE IN TOWN

AZ CLIFF HANGER

- VERTICAL TOOLS -

WWW.AZCLIFFHANGER.COM

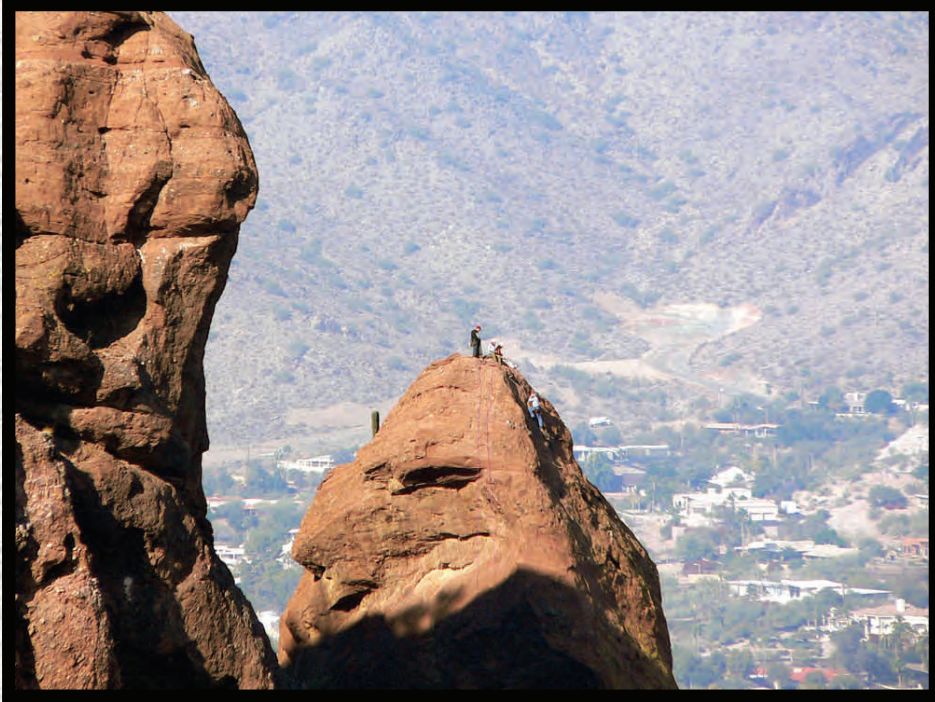
LOCATED INSIDE THE PHOENIX ROCK GYM



AZ CLIFF HANGER
MARTY KARABIN
1353 E. UNIVERSITY DR.
TEMPE, AZ 85281
PH - 480-642-9507
FAX - 480-237-0095

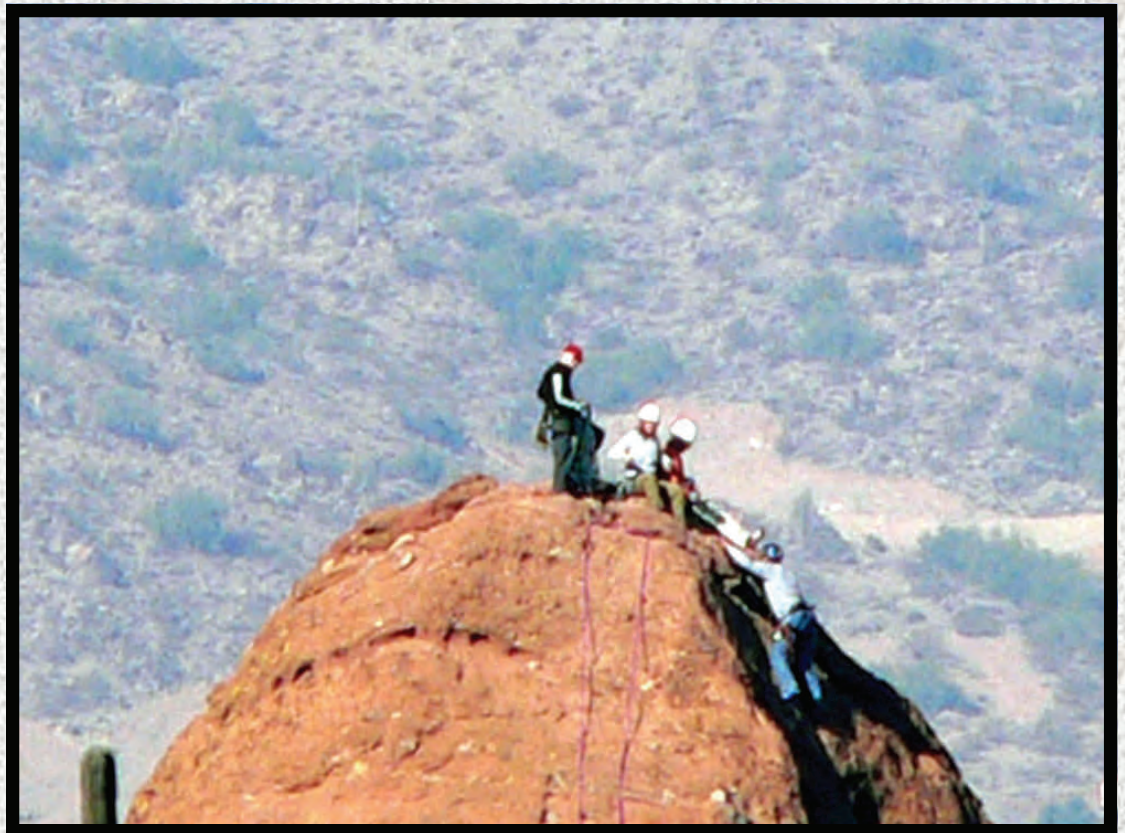
AMC
MEMBERS
GET 10%
OFF OF
PURCHASES

The Monk - Camelback Mountain - December 30, 2006



AMC'rs Patti Waldrup, Eric Parker, Jim Gomon, and Robert England atop The Praying Monk as seen from the Echo Canyon Trail on the way to Camelback Mountain's summit.

Photos by Keith Waldrup



Eric belays Jim on those last few feet to the top of the Praying Monk.



Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.



Current AMC Outing Leaders



Frank Vers	480-947-9435	Mike Knarzer	602-751-1701	Rogil Schroeter	623-512-8465
Justin York.....	480-229-8660	Tim Lange.....	480-598-9124	Jef Sloat.....	602-316-1899
Robert England.....	480-688-5412	David Larimer.....	480-425-9689	Paul Valenzuela.....	602-705-3106
Bill Fallon.....	602-996-9790	Sally Borg Larimer	480-425-9689	Frank Vers.....	480-947-9435
Erik Filsinger	602-906-1186	Bruce McHenry.....	602-952-1379	Justin York	480-229-8660
Jason Garvin	480-734-6801	Tim Medlock.....	480-963-3496	<i>Your Name Here!</i>	
Scott Hoffman	623-580-8909	Monica Miller	623-362-0456		
Richard Horst.....	623-434-4769	Jeff Nagel.....	602-312-9538		
John Keedy	623-412-1452	Matt Percy	480-326-3462		

Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Feb 10 Strenuous 11+ mile hike along the Superstition ridgeline. Fit, experienced hikers only please. Contact Rogil 623-512-8465 & rogil@cox.net or Bill Fallon 602-996-9790 & bill.fallon@cox.net before Feb 3.

Feb 10 Advanced Climbing Seminar - Roped Soloing. See page 12 for details.

Feb 24 Zonerland - Superstitions. Great climbing in a cool area of the Superstitions. Climb "Tone of the Bell" regarded as one of the best 5.9's in the state. Contact Frank Vers: 480-947-9435. Limit 12.

Mar 10 Climbing in Sedona, come and let us hone our skills For Indian Creek in May, This is a sunny wall and a mini Indian Creek The limit is 12 Call Richard Horst 623-434-4769.

May 25-28 Come climb at Indian Creek, on perfect splitter cracks on stellar sandstone, also excellent bike riding. This is a group outing, all are welcome so bring the family. Call Richard Horst 623-434-4769.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

(Continued on page 18)

Calendar of Events (cont.)

Beginning Ice Climbing and Avalanche Awareness:

Learn to ice climb from the pros at Southwest Adventure Guides in Durango, CO. This introductory level course will take place over President's Day weekend, and will be held in Cascade Canyon, home to a wide variety of ice and mixed climbing terrain, and about a 20 minute drive from Durango. The 2 day ice course will cover current ice climbing equipment and its use, belaying and rappelling (as they apply to ice climbing), climbing technique (footwork, body position, tool placement), anchor construction, and a host of other topics related to the sport of ice climbing. It's a jam packed weekend, with less talking and more climbing! The third day of the course will be spent on Coal Bank Pass completing our 1 day Avalanche Awareness Course. This is a great follow up to the previous 2 days of ice climbing, and a prerequisite for those who would like to sign up for our Multi-Pitch Ice Course, either this year or next. The class was full last year with 12 people, so make sure to sign up early!

Dates: February 17 - 19, 2007

Class Size: 12

Course Cost: \$305 per person (includes all climbing equipment--boots, crampons, tools, ropes, etc.)

Prerequisites: Basic Rock Climbing

Multipitch Ice Climbing Class:

Learn the fundamentals of multipitch ice climbing in Silverton and/or Ouray, Colorado. This course is specifically designed for those who have successfully completed our Beginner's Ice Climbing and Avalanche Awareness Course, or for those who have previous ice climbing experience. This course will take place in either Silverton or Ouray, Colorado depending upon current ice and avalanche conditions. In Silverton, we will tackle routes in Eureka Canyon, home to classic routes like Goldrush, Stairway to Heaven, Whorehouse Ice Hose, 2nd Gully, and Road to Nowhere. The course will cover topics such as, proper ice lead climbing gear (ice screws, screamers, ropes, tools, etc.), effective racking techniques to manage gear while on lead, belaying and rappelling strategies, ice climbing technique, time management, rescue considerations, descent options, as well as mental attitude and commitment. Participants will need to be prepared to climb as many as 6 pitches of ice per day. The course will have a 2:1 participant-to-guide ratio, ensuring the highest level of safety and personalized instruction.

Dates: March 3 - 4, 2007

Class Size: 8

Course Cost: \$395 per person

Prerequisites: SWA Beginner's Ice and Avy Awareness or equivalent

If you are interested in getting sign-up materials, contact Erik Filsinger at smorefil@aol.com.

February 2007

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>Sunrise 7:25</i> <i>Sunset 5:59</i> <i>M-rise 4:34 P</i>	1	2 Full Moon	3
4	5	6	<i>7</i> <i>Sunrise 7:20</i> <i>Sunset 6:05</i> <i>M-rise 11:22 P</i>	8	9	<i>10</i> Supes Ridgeline Hike / ACS Rope Soloing Last Qtr
11	12 Board Meeting	13	<i>14</i> <i>Sunrise 7:14</i> <i>Sunset 6:12</i> <i>M-rise 5:14 A</i>	15	16	17 New Moon
18	19	20 Lead School	<i>21</i> Lead School <i>Sunrise 7:06</i> <i>Sunset 6:18</i> <i>M-set 11:18 P</i>	22 Lead School	23	<i>24</i> Lead School Zonerland 1st Qtr
25 Lead School	26 Member Meeting	27	<i>28</i> <i>Sunrise 6:58</i> <i>Sunset 6:24</i> <i>M-rise 3:29 P</i>	<div style="border: 1px solid black; background-color: #f08080; padding: 5px; width: fit-content; margin: auto;"> <p>NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.</p> </div>		