

The Arizona MOUNTAINEER

March 2007



Shannon Flowers atop Tom's Thumb

The Arizona Mountaineering Club

Meetings: The **March** member meeting location is:
Phoenix Country Day School
3901 E. Stanford Drive
Paradise Valley, AZ 85253. , AZ 85004 at 7:00 p.m. See
calendar for day/date.

Board Meetings: Board meetings are open to all
members and are held two Mondays prior to the Club
meeting.

Dues: Dues cover January through December. A single
membership is \$30.00 per year: \$35.00 for a family.
Those joining after June 30 pay \$15 or \$18. Members
joining after October 31 who pay for a full year will
have dues credited through the end of the following year.
Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing,
mountaineering and other outdoor skills schools each
year. Browse the AMC website for information on
schedules and classes.

For More Information:

Email:

president@amcaz.org
board@amcaz.org

Websites:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President John Keedy 623-412-1452
Vice-President Bill Fallon..... 602-996-9790
Secretary Erik Filsinger..... 480-314-1089
Treasurer Clay Vollmer 602-595-7266
Director 2-year Dave McClintic ... 480-607-0890
Director 2-year Dan Beatty 480-917-7795
Director 1-year Danny Gonzales .. 623-878-7457
Director 1-year Sheri Kenly 602-799-1288
Past President Jutta Ulrich 602-234-3579

Committees:

Archivist Jef Sloat 602-316-1899
Classification Nancy Birdwell ... 480-821-1932
Elections Dave Van Hook... 602-790-6283
Equipment Rental Erik Filsinger..... 480-314-1089
Email Robert England... 480-688-5412
Land Advocacy Erik Filsinger..... 480-314-1089
Librarian Richard Kocher ... 480-966-5568
Membership Rogil Schroeter... 623-512-8465
Mountaineering Erik Filsinger..... 480-314-1089
..... Bruce McHenry ... 602-952-1379
Newsletter Robert England... 480-688-5412
Outings Frank Vers 480-947-9435
Programs Sheri Kenly 602-799-1288
Public Relations Open
Training & Schools.. Bill Fallon..... 602-996-9790
..... Clay Vollmer 602-595-7266
Basic Class Bill Fallon..... 602-996-9790
Anchors Class Justin York 480-229-8660
Lead Class Mike Knarzer 602-751-1701
T-shirts Sally Larimer 480-425-9689
WebSite Kirrawebadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to
maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions,
please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing
areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to:
The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club
Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*,
The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

This Month in the AMC

Who does what, Addresses and Phone Numbers	2
Hot Stuff, Library, Birthdays, News Letter Info	3
Board Meeting Minutes.....	4
Treasurer's Report, Discounts, Rentals.....	5
ACS Debut - Rope Soloing, Glacier Travel Class ++.....	6
Conquering Treiber's	7
The Ice Park	9
Basic School Info.....	11
AZ Cliff Hanger Ad	12
Ads: Rhino Rigging, Great Peaks of Peru.....	13
Anchors School Info	14
2007 Dues, ACS-Self Rescue, CAMRA WFA, Pinnacle Peak Birthday.....	15
Outing Leader List, OL Requirements	16
Calendar of Events	17
March Calendar.....	19

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to azmountaineer@amcaz.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF !!!

The Spring Basic Rock Climbing Class!

Library

You must be an AMC member; I. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

March Newsletter Deadline Wednesday - March 21

MARCH BIRTHDAYS

Jordan Dilley 1, Bruce McIntyre 1, Brian Crawford 2, Kay Alderton 3, Michael Lewis 3, Richard Horst 6, Michele Bobik 9, Tui Conner 9, Wayne Schroeter 9, Addison Demlong 10, Bernadine Lenahan 10, Angela Ross 10, Ronald Auerbach 11, Catherine Conner 11, Daniel Beatty 12, Valerie Bednar 12, Kurt Korpong 13, Katy Scott 13, Kathleen Shepler 13, Forest Brown 14, Roger Fuller 15, Bill Broyles 16, John Perlman 16, Carter Searles 17, Nick Hoffman 20, Gary Christ 22, Marcy Makarewicz 22, Nina McClure 22, Jason Sartor 23, Whitney Rice 25, Kevin Miller 26, Eve Hoffman 27, John Kynyk 27, Bill Kurek 28, Tommy Kelly 29, Cameron MacPherson 30

Board Meeting Minutes: December 4, 2006

Board Members Present: John Keedy (late), Danny Gonzales, Dan Beatty, Sheri Kenly (late), Clay Vollmer, Erik Filsinger

Members Present: Jutta Ulrich

Lacking a Quorum at 7:00 p.m. , Erik Filsinger , Secretary, gave the new board members an overview of the policies and procedures of the Board. The AMC is a Not for Profit Business operating under the laws and rules of the State of Arizona, and the AMC's Articles of Incorporation, its By-Laws, and its Policies and Procedures.

Meeting called to order at 7:35 p.m. by Secretary Erik Filsinger , acting as meeting chair.

Minutes of the January 9, 2007 Board meeting were reviewed and approved as amended with the reference being to a new outings procedure rather than a policy. Also, it was pointed out by Kirra that The Minutes for December 4 Board Meeting (published in the January 2007 newsletter) incorrectly state: "Kirra is shutting down the old URL." The correct statement should be: "In a continuing effort to control spam, Kirra is shutting down the email addresses referring to the old URL: AzMountaineering-Club.org." Both the old URL and the new URL (amcaz.org) are active to support internet searches for information about the AMC. Updated email addresses were published in the October and November 2006 newsletters for reference.

Treasurer's Report. Clay Vollmer presented Treasurer's Report. It was reviewed and approved.

Committee Reports

Programs – In order to keep the regular meeting site, Sheri and Clay may arrange alternate dates for the Members meeting for April, which will impact the Board meeting date.

Mountaineering Committee – Beginning Ice Climbing filling up. Glacier Travel Class to be scheduled for April. McHenry proposing an Ouray top rope ice outing.

Land Advocacy – Erik Filsinger presented an update on local access issues, including the City of Scottsdale and Maricopa County . In general the access approach will be to have the AMC positioned as speaking for itself and not through another party. The AMC should be its own primary representative at the table. John Keedy will take the lead on making sure that the voice of the AMC is heard with the State

Parks Board.

T&S – Activities related to the Spring rock schools was discussed. Bill and Robert have had good meetings with the State Land Department and are firming up the permit situation. John will visit with Robert about getting the advertising for the Basic School out to help continue the pattern of successful enrollment. Clay Vollmer gave an overview of the Advanced Climbing Seminar held on Roped Soloing by Paul Diefenderfer . There was a discussion about the qualifications for leaders for the ACS series and the current need for leaders of rock outings to be official AMC Outing Leaders. The ACS will be referred to the T&S Committee for development of a policy to cover its offerings. The Board approved the ACS Self-Rescue class to be offered by Erik Filsinger in March. Justin York was approved as the lead instructor for the AARS rock climbing school.

Membership. January membership was reported at 400.

Old Business

None.

New Business

Erik presented information about providing a local Top Rope Site Manager Class of the American Mountain Guides Association. This would build on the Board's authorization to fund half up to \$250 per person for selected OL's and lead instructors to take the course voted on at the January meeting. Erik will develop a proposal to present to the Board.

CAMRA will be invited to seek members for its activities at the next meeting.

The CAMRA based Wilderness First Aid classes and possible CPR class were discussed.

There was a discussion of a situation where a party complained to the club about some reported treatment by a club member. John Keedy was authorized to do some fact finding and respond.

The meeting was adjourned at 9:17 p.m.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.

Phoenix Rock Gym—1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

AZ Cliffhanger - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	\$32	10	16
Ice Crampons	5	\$26	8	13
Ice axes (70 cm)	6	\$16	5	8
Ice axes (90 cm)	5	\$14	5	7
Snow shovel	1	\$8	3	4
PortaLedge	1	\$100	30	50
Climbing shoes	Various sizesCall			

Equipment Rental Policy:

- All equipment rentals shall be only to current AMC members.
- AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals.
- Rental rates shall be as published in the AMC Newsletter.
- Two checks shall be collected from the renter.
 - The first being for the rental amount. It will be placed into AMC accounts.
 - The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment.
- If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required.
- The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.
- An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

-**For Shoes** - Call Linda Locke (602) 997-4235.

-**For everything else**, call Erik Filsinger (480) 314-1089.

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended January 31, 2007

INCOME

Dues 2007	1,270.00
T-Shirts (AMC)	18.00
TOTAL INCOME	1,288.00

EXPENSES

Admin	35.83
Newsletter	97.78
Programs Monthly Meeting	461.60
TOTAL EXPENSES	595.21

OVERALL TOTAL **692.79**

ACCOUNT BALANCES

CD Account (matures 3-17-07)	10,499.12
Checking (as of 12-31-06)	11,443.57
TOTAL CASH ASSETS	21,942.69

Other Assets (gear) 2,147.40
OVERALL TOTAL **24,090.09**

ACS Debut - Rope Soloing

Ever wondered what it would be like to climb by yourself but still have the confidence and protection provided by all that gear, but without a belayer to hold your rope? Well, four AMC'rs found out how to ropesolo or self-belay Saturday February 10 at Pinnacle Peak under the experienced eye of master climber and rigger, Paul Dief.

Paul gave a brief description of two ropesolo devices and some history, and then showed how they can be used and misused. Participants got a chance to climb Dead Meat on top rope using the Petzl Mini Traxion. Later we had a chance to lead Varicose Vein using the Silent Partner, made by Wren Industries. We actually had one participant lead Varicose Vein with the Silent Partner while backed up using the Mini Traxion! The seminar bonus was a snappy way to get to the top of the AMC Boulder using a rope protected move!

Both devices can be useful in haul systems of various types. At least one person uses the Mini Traxion to heft large rocks into a pickup. You just need a little experience with these quite versatile tools to see other uses. The Silent Partner retails for around \$235 and the Mini Traxion is around \$70.

P. Clay Vollmer

Glacier Travel Class ++

Sign Up for the AMC Glacier Travel and Crevasse Rescue Class

The AMC is pleased to offer a Glacier Travel and Crevasse Rescue Class April 28 and 29. It is intended to provide a good introduction to modes of travel on snow, as well as offer the basics needed to travel safely on glaciers and perform crevasse rescues. The class will cover ice ax usage, crampons, self-arrest, roped travel, snow anchors, belays, and rope techniques for crevasse rescue. This class is a good one new students entertaining ideas for climbs like Rainier, or as a refresher for returning students.

Participants will be asked to provide their own personal equipment, e.g., warm clothing, crampon-compatible boots, ice ax, crampons, harnesses, and prusiks. Crampons and ice axes can be rented from the AMC. A complete list of suggested personal gear will be provided when you sign up.

We will provide group climbing gear, e.g., pickets, flukes, ropes, and the like.

It is highly recommended that all participants must have completed AMC Basic School and the AARS class (or equivalent with permission of the instructor) and be a current AMC member.

The class size will be limited, so sign up early. The cost for New students will be \$50 and the cost for Returning students will be \$25. Full payment from those signed up will be due on April 13. Refunds will only be offered after that time if a substitute can be

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Conquering Treiber's

Nemesis is a word that every rock climber knows, and probably knows well. We all have at least one climb that has made us back off and question our abilities and challenged us mentally. For Jason and I, the notorious climb was Treiber's Deception on Tom's Thumb.

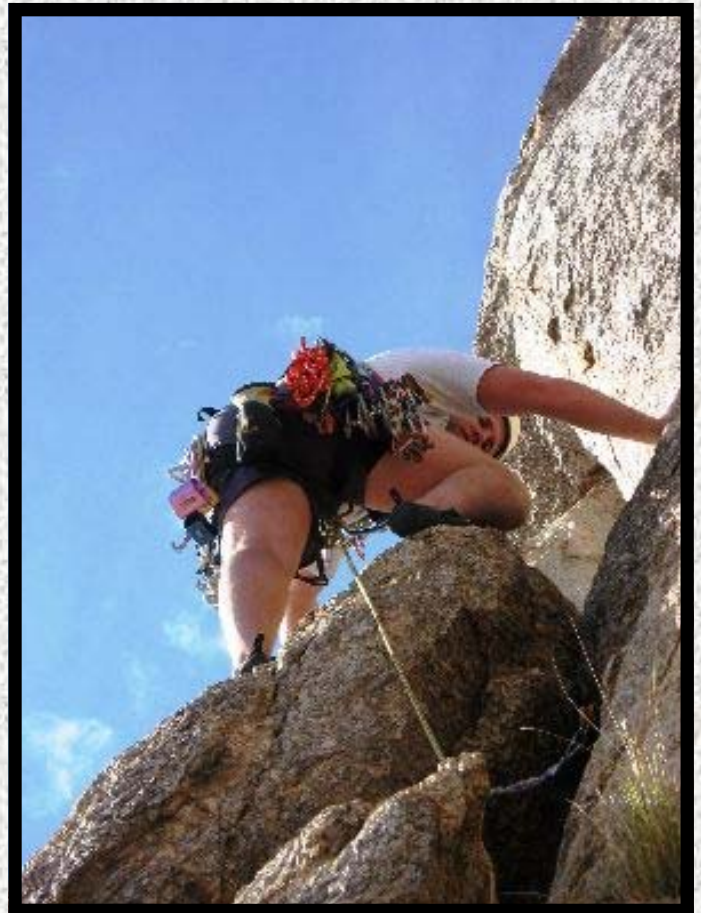


We read over the gear needed from Falcon guide Rock Climbing Arizona "Rack: stoppers and a generous selection of friends" we look at one and another, what the hell is that suppose to mean? I look over my gear, Jason over his and I say what I have been thinking ever since we walked up to the base of the climb. "J you are the one that has to lead this, I want you to be comfortable and if you don't want to do it you don't have to, there is another way to the top." He looks at the stem move that starts the climb and the lack of pro placement for the first 15 feet and we bail and walk around to the easy 5.4 on the back side and go up it, at least we can say we made it to the top. Once we get up there we fill out the summit log and rappel to the base of the climb and vow we will be back.

Time passes, we get more experience, I become a stronger climber, Jason becomes an AMC outing leader. We talk about going back but it never seems to workout, until the perfect day presents itself, a Sunday morning and with some shameful lying to our friends we are set to climb our nemesis, then it rains. It never rains in Arizona, and the one morning we had planned for is now gone. We are not daunted, we plan for the next weekend and we keep the lie going.

The following Sunday arrives and the weather is perfect, sunny and warm, and we meet at 10:30 in the morning and can not believe our luck on how warm it is. We travel to the parking area and run into a couple of climbers from Colorado and masterfully convince them that the hike to Tom's Thumb is long, hard and not for the faint

(Continued on page 8)



Conquering Treiber's (continued)

of heart. I am not sure how we did it really but they decided to go to gardener's wall instead, the climb was ours and ours alone. We set out with confidence and a determination that we didn't have a year ago.

After an hour of hiking and a small snowball fight, yes leftovers from the bad weather the week before, we arrive. Tom's Thumb looks smaller now, more like an old lady instead of the gladiator we encountered 12 months before. There is no debate this time, no reading the guide book and second guessing ourselves. The packs are dropped to the ground and the gear removed "a generous selection of friends" is what we have now and Jason sets to racking up all the gear. I flake out the rope at the base and set up an anchor, a nice green hex between two rocks, perfect.

Jason ties in and I get up the belay and he starts. The stemming move that made up pause before is now a cool way to use opposing forces and he makes it to the first pro placement with ease. The step across to the main wall only causes a moments hesitation and with that he is off. I know this is going to be a good day and we are going to conquer our rival because Jason is humming to himself and moving with ease up the climb. There is only one moment that the smile on my face fades, and that is when I hear the infamous words of "off width, I hate off width" but that doesn't stop him and after a short 20 minutes he is at the top and we are half way to our goal.

I watch with excitement as Jason pulls up the extra rope and I know I am going to get my chance. I start the climb and find the stem between the two walls fun and easy to do, well that is until I get towards the top and realize that the top of the rocks are much further apart then the bottom, and all of the sudden I do not have long enough legs to move up anymore. I have to make the step across to the main wall a bit sooner then expected but eventually do make it there and once that is accomplished the climb is pretty much over. I reach the summit with a triumphant pull through the off width crack and the "waltz" to the top the guide book described.

It is mid day and we can see the fountain going in Fountain Hills from the top and we are happy. It had taken a year but we were back and this time we had made it there up a much more entertaining route. We relax, take a few pictures and get ready to head to the bottom. The rappel went quickly, and we found ourselves in the same place we were a year ago but this time there is no talk of what could have been this time we accomplished our goal and for the time being we have laid our nemesis to rest, well that is until the next one.

By Shannon Flowers



The Ice Park

Jodie Bostrom and I left for the Ice Park on 12/27/06 to Ice Climb and ring in the New Year in Ouray, Colorado. We had a blast. This was Jodie's introduction to Ice Climbing. I am proud that I got to guide her 1st trip. She was a stellar student. Climbed WI-4 day one..!

The 1st evening we checked into the Ouray Victorian Inn, a wonderful place to stay while visiting. Hot tubs just outside the door and 360 views into the scenic mountain back drops.

We needed to get our gear ready for our first morning out. We needed to fit Jodie's borrowed crampons to her new boots. Hmm... this seemed easy enough, until I

saw the crampons had some rust and I needed some lubrication to get the screws to turn. We did not have any oil. So we looked for some olive oil in our groceries. No we had none. Then I went to my purse and pulled out my "Kenra Platinum" silkening gloss, polish and shine for your hair and skin. We looked at the ingredients and thought this was just the ticket. And behold it was. It lubed the screws up so we could make the adjustments. I always look for multi purpose items when climbing. So pick up some "Kenra Platinum" "light weigh formula for silky luxurious hair, skin and crampon lubrication...!"



assistance and or give us women any beta or phone numbers. Jodie was looking like a hottie in her new Patagonia outfit; she got at "Ducks Back" in the Biltmore. Nice shop check it out. We also met some other experienced women climbers form the Colorado Mountaineering Club (CMC). We all had respect for each others climbing skills and anchor set ups. This was nice as we were then able to share climbs. I ran into an old friend Meredith I met back in January 2005 when on a trip with Tom Conner and Erik Filsinger. The folks with the Colorado Mountaineering Club (CMC) were great. On our last day at the park we climbed at the "School Room" here



Ice Tools; I bought the new CAMP AWAX tools. They are incredible, swing weight and ergonomic. The handles were perfect and the wrist leashes were very functional and adjustable. These are light weight and precision in design. And they are Red and Black go Red Raiders!

On day one we rappelled into the "New Funtier". What an awesome area. We immediately had the attention of two Colorado gentlemen that just could not wait to be of



The Ice Park (continued)

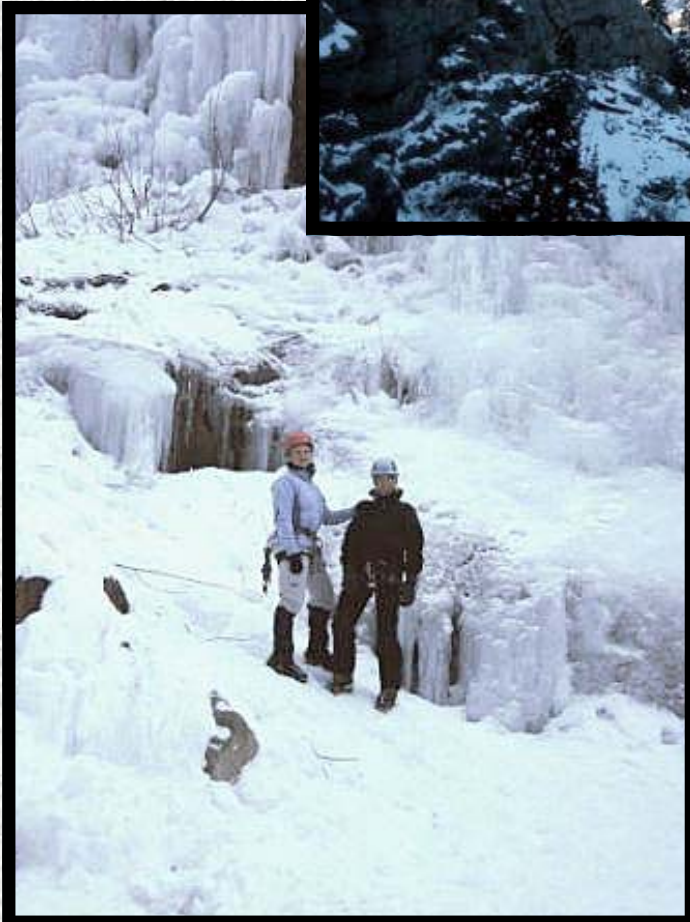
you have to be careful because the river presents many challenges to cross, not get your feet wet, get ropes in the water etc. The climbs in this area steep water Ice WI 4 and WI 5. You need a 60 or 70 Meter rope for this area. The Ice Park Guide maps provide good beta on routes and distance and meters.

We rang in the New Year at Bontons down town, prime rib, and fine wine and good company. At midnight we got a spectacular fire works show that we could see perfectly from our hotel room. The fireworks going off against snow covered back drop of the Mountains was the most beautiful show I have ever witnessed.

Jodie and I had a great time, met some wonderful climbers and feel blessed that we had this trip together. Good friends, good times all in God's backyard.

Ice Baby, Rocks!

- Monica D. Miller -



Basic Rock Climbing School

Arizona Mountaineering Club - Spring 2007

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Mar 13	Tuesday	5:30 pm–10:00 pm	*Havasupai Ramada, North Mountain Park
Mar 15	Thursday	6:00 pm–10:00 pm	Havasupai Ramada, North Mountain Park
Mar 17	Saturday	8:00 am–5:00 pm	The Den, No McDowell Mtns
Mar 18	Sunday	8:00 am–5:00 pm	The Den, No McDowell Mtns
Mar 20	Tuesday	6:00 pm–10:00 pm	Phoenix, Solid Rock Gym
Mar 22	Thursday	6:00 pm–10:00 pm	Phoenix, Solid Rock Gym
Mar 24	Saturday	all day	Grad Climbs - Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park and look for the orange traffic cones imprinted "AMC" at Havasupai Ramada.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

- Technical climbing gear that will be used for the school (**and is yours to keep**): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)
- Harness and helmet provided free by the AMC for the duration of the class if needed
- Basic climbing textbook
- Instruction through all phases of the class
- Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the **second** night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: **\$160** plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through Dec., 2006.

Registration: The class is limited to 40 students. To reserve a spot, send a check for \$160 + membership cost (see Class Fee above) made out to AMC Basic School. Include your clearly printed name, address and current phone number(s), plus an e-mail address would really be helpful. Mail to: AMC Basic School, 4325 E. Desert Trumpet Rd, Phoenix, AZ 85044. No credit cards accepted. If you have further questions, please call Dave Cameron at 480.706.1978 or email at amcbasicschool@hotmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$160 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website: www.amcaz.org



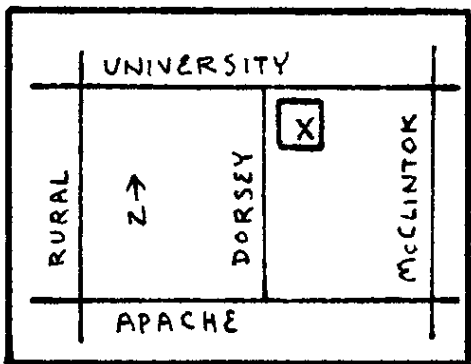
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GREAT PEAKS OF PERU

I am looking for few adventurous, skilled, mountaineers to join me in an expedition to climb three peaks in the Andes of Peru. Our main objective of this challenging journey is the mammoth Chopicalqui (20,848 feet). As one of Peru's tallest peaks, Chopicalqui offers a striking high altitude ascent. Prior to Chopicalqui, we will attempt Pisco Oeste (16,239 feet) and Ishinca (15,846 feet). The Andes of Peru are the highest, most glaciated tropical mountains in the world. This is a great opportunity for those who want to improve their climbing skills and are looking for a stepping stone to Himalayan expeditions. This climb will be lead by Jose Luis Per-alvo under the auspices of Alpine Ascents International. Jose Luis has over 12 years of guiding experience in Peru. I have climbed with Alpine Ascents on five different continents. Experienced guides, schedule flexibility, climb logistics and summit success -- they are simply the best. If you have an interest, I encourage to contact me (Kurt Gusinde) either via telephone or email (see info below)

Dates: July 7, 2007 – July 27, 2007

Land cost: \$3,400 (approximate)

Prerequisite: Climbers must have previous high altitude mountaineering experience and good knowledge of progression on snow, ice, self arrest, crevasse rescue and glacier travel.

Contact: Kurt Gusinde Tel: 480-473-8892 (h) kgusinde@cox.net

Additional information: www.alpineascents.com & www.summitdream.com

Climbing Anchors School

Arizona Mountaineering Club - Spring 2007

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

Tuesday:	Learn anchor components, anchor types, knots and hitches.
Thursday:	Learn anchor system characteristics and construction.
Saturday:	Gain experience setting anchors by practicing "hands-on" scenarios under instructor supervision.
Sunday:	Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing.

Class schedule:

Apr 10	Tuesday	6:00 pm–9:30 pm	North Mountain Park
Apr 12	Thursday	6:00 pm–9:30 pm	North Mountain Park
Apr 14	Saturday	8:00 am–5:00 pm	Climbing areas to be announced
Apr 15	Sunday	8:00 am–5:00 pm	Climbing areas to be announced

North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park and look for the orange traffic cones imprinted "AMC" at Havasupai Ramada.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rapel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$75 plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through Dec. 2006. Register by sending a check payable to AMC Anchors School to 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. The registration fee is fully refundable if you cancel. Call Nancy Birdwell at 480-821-1932 or email info.anchors.school@amcaz.org for more information. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking "D" or oval carabiners (at least 2, bring more if you have them)
 - 3 locking carabiners (at least 3, one of which should be a parabiner)
 - 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
 - 1 climbing harness
 - 1 ea 4', 6', 10' 6mm prusiks (untied length)
 - 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
 - 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
 - 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.
 - 1 20' cordelette, a 20-foot length of 7mm accessory cord
- (The slings, harness and cordelette are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, Stoppers, camming devices, Tri-cams, etc.)
- Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Advanced Climbing Seminar - Self Rescue

March 31. Advanced Climbing Seminar on Self-Rescue. Skills related to a small climbing party rescuing themselves from a climbing situation. Real life scenarios practiced. Must have lead climbing experience and have taken AMC Lead school or equivalent with permission of the instructor. Limit 6. \$20 fee, or free for qualified official AMC Outing Leaders. For details and to sign up contact Erik Filsinger at smorefil@aol.com .

2007 Dues

It is time to renew your membership for 2007. The membership year runs from January to December; \$30 for single or \$35 for family membership. Please make your check payable to AMC and bring to the next meeting or send to:

AMC Membership
6519 W. Aire Libre
Glendale, AZ 85306

If your name, address, phone or email have changed, please enclose corrections with your check. If you would like your cell phone listed on the monthly phone list instead of your home phone, please let me know. Call 623-512-8465 if you have questions.

CAMRA - Central Arizona Mountain Rescue Association

In 1969, the AMC's Mountain Rescue Committee moved to form a new organization that would focus on mountain and wilderness rescue, and the Central Arizona Mountain Rescue Association (CAMRA) was born. Many AMC'rs have since joined CAMRA's volunteer ranks to serve in the very rewarding, and often arduous capacity of helping fellow outdoors enthusiasts who find themselves stranded, lost, or injured in Arizona's unforgiving backcountry.

Central Arizona Mountain Rescue Association, CAMRA, meets monthly at 6:30pm, the first Tuesday of every month. The meeting is held at the old MCSO training center located at 3325 W Durango in Phoenix.

If you would like to attend, please email us at info@mcsomr.org to confirm the meeting time and place and let us know to expect you. You can also visit our website for more information at:

<http://www.mcsomr.org/>.

Pinnacle Peak Park Birthday

Pinnacle Peak Park is almost 5 years old! Hoo-ray!

There will be a number of celebratory activities going on throughout the day on April 21 at Pinnacle Peak. We need 6-8 volunteers for various activities ranging from demonstration climbing in the AMC Boulder area to carrying ice cream up the trail, so sharpen your climbing and Sherpa skills. We don't have all the specific times yet as the schedule is still being developed, but watch this space in the April Mountaineer for more details. If you would like to sign up as a volunteer or get those details when they become known, email vollmer@rice.edu



Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.



Current AMC Outing Leaders



Frank Vers	480-947-9435	Mike Knarzer	602-751-1701	Rogil Schroeter	623-512-8465
Justin York.....	480-229-8660	Tim Lange.....	480-598-9124	Jef Sloat.....	602-316-1899
Robert England.....	480-688-5412	David Larimer.....	480-425-9689	Paul Valenzuela.....	602-705-3106
Bill Fallon.....	602-996-9790	Sally Borg Larimer	480-425-9689	Frank Vers.....	480-947-9435
Erik Filsinger	602-906-1186	Bruce McHenry.....	602-952-1379	Justin York	480-229-8660
Jason Garvin	480-734-6801	Tim Medlock.....	480-963-3496	<i>Your Name Here!</i>	
Scott Hoffman	623-580-8909	Monica Miller	623-362-0456		
Richard Horst.....	623-434-4769	Jeff Nagel.....	602-312-9538		
John Keedy	623-412-1452	Matt Percy	480-326-3462		

Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Mar 9-12 Ouray Ice Park, Top Rope Ice Climbing. Ouray, CO Fun Ice Climbing in the School Room! Great place for beginning Ice Climbers. Specific requirements for participants. Contact Bruce McHenry bamchenry@att.net Limit 6.

Mar 13-24 Basic Rock Climbing School (Mar 13, 15, 17-18, 20, 22, 24) See page 11 for details.

Mar 10 Climbing in Sedona, come and let us hone our skills for Indian Creek in May, This is a sunny wall and a mini Indian Creek. The limit is 12. Call Richard Horst 623-434-4769.

Mar 24-25 CAMRA Wilderness First Aid. To register or for more information email: medical@mcsomr.org

Mar 31 Advanced Climbing Seminar on Self-Rescue. Skills related to a small climbing party rescuing themselves from a climbing situation. Real life scenarios practiced. Must have lead climbing experience and have taken AMC Lead school or equivalent with permission of the instructor. Limit 6. \$20 fee, or free for qualified official AMC Outing Leaders. For details and to sign up contact Erik Filsinger at smorefil@aol.com .

Apr 7 Watson Lake Dells – Time Zone Wall. Great granite north of Prescott . Top rope, single pitch 5.6 - 5.9 sport climbing on fun short routes. Contact Bruce McHenry at bamchenry@att.net. Limit 10. Good area for recent Basic School graduates!

Apr 28-29 Glacier Travel and Crevasse Rescue Class. Basic snow skills and glacier travel techniques. Must have taken AMC Basic Rock and AARS class or equivalent with permission of instructor. \$50 class fee for new students. \$25 class fee for returning students. For more information or to enroll contact Erik Filsinger at smorefil@aol.com.

May 25-28 Come climb at Indian Creek, on perfect splitter cracks on stellar sandstone, also excellent bike riding. This is a group outing, all are welcome so bring the family. Call Richard Horst 623-434-4769.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

(Continued on page 18)

Calendar of Events (cont.)

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

Multipitch Ice Climbing Class:

Learn the fundamentals of multipitch ice climbing in Silverton and/or Ouray, Colorado. This course is specifically designed for those who have successfully completed our Beginner's Ice Climbing and Avalanche Awareness Course, or for those who have previous ice climbing experience. This course will take place in either Silverton or Ouray, Colorado depending upon current ice and avalanche conditions. In Silverton, we will tackle routes in Eureka Canyon, home to classic routes like Goldrush, Stairway to Heaven, Whorehouse Ice Hose, 2nd Gully, and Road to Nowhere. The course will cover topics such as, proper ice lead climbing gear (ice screws, screamers, ropes, tools, etc.), effective racking techniques to manage gear while on lead, belaying and rappelling strategies, ice climbing technique, time management, rescue considerations, descent options, as well as mental attitude and commitment. Participants will need to be prepared to climb as many as 6 pitches of ice per day. The course will have a 2:1 participant-to-guide ratio, ensuring the highest level of safety and personalized instruction.

Dates: March 3 - 4, 2007

Class Size: 8

Course Cost: \$395 per person

Prerequisites: SWA Beginner's Ice and Avalanche Awareness or equivalent

If you are interested in getting sign-up materials, contact Erik Filsinger at smorefil@aol.com.

March 2007

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.</p>			Sunrise 6:58 Sunset 6:24 M-rise 3:29 P	1	2	3
						Full Moon
4	5	6	7 Sunrise 6:49 Sunset 6:30 M-rise: 10:10P Basic I/T Mtg	8	9 Ouray Ice Park	10 Ouray Ice Park, Sedona
11 Ouray Ice Park	12 Board Meeting Last Qtr	13 Basic School	14 Sunrise 6:40 Sunset 6:35 M-rise 3:52A	15 Basic School	16	17 Basic School 
18 Basic School	19 New Moon	20 Basic School	21 Sunrise 6:31 Sunset 6:41 M-set 10:12P	22 Basic School	23	24 Basic Grad Climbs, CAMRA WFA
25 CAMRA WFA 1st Qtr	26 Member Meeting	27	28 Sunrise 6:22 Sunset 6:46 M-rise 2:25P	29	30	31 Queen Creek Cleanup & Climb, ACS-Self Rescue