

# The Arizona MOUNTAINEER

January 2009



AMC Members enjoy Thanksgiving Dinner at  
Joshua Tree National Park - 2009

# The Arizona Mountaineering Club

**Meetings:** The member meeting location is:  
Phoenix Country Day School, 3901 E. Stanford Drive,  
Paradise Valley, AZ 85253 at 7:00 p.m.  
See calendar for day/date.

**Board Meetings:** Board meetings are open to all members and are held two Mondays prior to the Club meeting.

**Dues:** Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee  
6519 W. Aire Libre Ave.  
Glendale, AZ 85306

**Schools:** The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

## For More Information:

### Email:

president@amcaz.org  
board@amcaz.org

### Websites:

www.amcaz.org

### Mail:

Arizona Mountaineering Club  
4340 E. Indian School Rd., Ste 21-164  
Phoenix, AZ 85018

## Board of Directors:

President ..... John Keedy ..... 623-412-1452  
Vice-President ..... Grant Loper ..... 602-684-3042  
Secretary ..... Erik Filsinger ..... 480-314-1089  
Treasurer ..... Clay Vollmer ..... 602-595-7266  
Director (1Y) ..... Dan Beatty ..... 480-917-7795  
Director (1Y) ..... Jodie Bostrom ..... 623-308-5089  
Director (2Y) ..... Robert England ..... 480-688-5412  
Director (2Y) ..... Bill Fallon ..... 602-996-9790  
Director (1Y) ..... Danny Gonzales .. 602-550-8371

## Committees:

Archivist ..... Jef Sloat ..... 602-316-1899  
Classification ..... Nancy Birdwell ... 602-770-8326  
Elections ..... Dave Van Hook ... 602-790-6283  
Equipment Rental ... Erik Filsinger ..... 480-314-1089  
Email ..... Robert England ..... 480-688-5412  
Land Advocacy ..... Erik Filsinger ..... 480-314-1089  
Librarian ..... Richard Kocher ... 480-966-5568  
Membership ..... Rogil Schroeter ... 623-512-8465  
Mountaineering ..... Bruce McHenry ... 602-952-1379  
    Asst. Chair ..... Grant Loper ..... 602-684-3042  
Newsletter ..... Robert England ..... 480-688-5412  
Outings ..... Frank Vers ..... 480-947-9435  
Programs ..... Sheri Kenly ..... 602-799-1288  
Training & Schools.. Bill Fallon ..... 602-996-9790  
    Outdoor Climbing Bill Fallon ..... 602-996-9790  
    Anchors Class ..... Justin York ..... 480-229-8660  
    Lead Class ..... Mike Knarzer ..... 602-751-1701  
T-shirts ..... Sally Borg ..... 480-425-9689

**The AMC Land Advocacy Committee:** The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

**The Access Fund:** This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

[https://www.accessfund.org/secure/joinnow/join\\_indiv.php](https://www.accessfund.org/secure/joinnow/join_indiv.php) or at <https://accessfund.org/join/indiv.php>.

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## Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to [azmountaineer@amcaz.org](mailto:azmountaineer@amcaz.org). Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, [robert\\_england2@yahoo.com](mailto:robert_england2@yahoo.com).

**Advertising** in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

# HOT STUFF !!!

## Elections

## Dues Are Due

## Photo Contest!

## Library

You must be an AMC member; I. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

## February Newsletter Deadline: Wednesday - Jan 21

## JANUARY BIRTHDAYS

George Martin 3, Marcela Niemczyk 4, Bill Fallon 6, Jeffrey Baum 7, Jodie Bostrom 7, Aarti Lalla 9, Jack Carlson 10, Rich Kocher 18, Giacomo Mendel 18, Nestor Garcia 19, Melissa Crawford 21, Monica Miller 21, Nathen Medlock 23, Rachel Mace 26, Suzanne Cook 28, Haiwen Meng 28, Christopher Meyer 29, Dick Severson 29

## Discount Directory

The following merchants currently offer a discount to AMC members:

- **Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.
- **AZ Cliffhanger** - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.
- **Solid Rock Indoor Climbing Gym - 2 Locations**
  - \* 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.
  - \* 407 S. 107th Ave, Suite A6, Tolleson, AZ 85353, (623) 643-9399 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership, Grand Opening 15% off through 4/30.
- **APE Index Rock Climbing Gym** - 9700 N. 91st Ave Suite 118 Peoria 85345 Phone 623-242-9164 10% discount for Day Pass and Membership. Show AMC Membership card.

## Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	\$32	10	16
Ice Crampons	5	\$26	8	13
Ice axes (70 cm)	6	\$16	5	8
Ice axes (90 cm)	5	\$14	5	7
Snow shovel	1	\$8	3	4

### Equipment Rental Policy:

- All equipment rentals only to current AMC members.
- AMC members renting equipment arrange pick-up and drop-off with Rental Committee Chair .
- Rental rates shall be as published in the AMC Newsletter.
- Two checks shall be collected from the renter.
  - The first being for the rental amount. It will be placed into AMC accounts.
  - The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment.
- If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required.
- The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.
- An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.
- Call Bruce McHenry (602) 952-1379.

## Treasurer's Report

### Arizona Mountaineering Club Income Statement Period Ended October 31, 2008

#### INCOME

Dues 2008 .....	7808.00
Interest .....	205.22
Rental Equipment .....	196.00
T-Shirts (AMC).....	9.00
T-Shirts (Grand Canyon) .....	397.00
Mountaineering Schools .....	175.00
AARS Spring .....	1575.00
Basic Spring .....	3955.00
Basic Fall .....	5120.00
Lead Spring.....	1050.00
Lead Fall .....	975.00
<b>TOTAL INCOME.....</b>	<b>21,465.22</b>

#### EXPENSES

Admin .....	951.63
Bank Charges .....	-4.00
Insurance .....	1591.51
Land Advocacy .....	593.98
Library .....	32.38
Mountaineering.....	84.36
Newsletter .....	2726.41
Outings.....	209.69
Promotional Activities .....	853.87
Programs Monthly Meeting .....	3681.26
Training.....	8148.87
<b>TOTAL EXPENSES.....</b>	<b>18,870.26</b>

**OVERALL TOTAL..... 3,594.96**

#### ACCOUNT BALANCES

Checking (on 10/31/2008) .....	6,791.28
CD Account (matures 11/17/08).....	10,000.00
CD Account (matures 11/16/08).....	10,000.00
<b>TOTAL CASH ASSETS .....</b>	<b>26,781.28</b>

<u>AMC Outing Gear</u> .....	<u>1,473.48</u>
<b>OVERALL TOTAL .....</b>	<b>28,264.76</b>

## AMC Board Meeting Minutes - December 1, 2009

**Board Members present:** Grant Loper, Jodie Bostrom, Robert England, Erik Filsinger, Bill Fallon, John Keedy, Dan Beatty, Danny Gonzales.

**Call to Order:** Vice President Loper called the meeting to order at 7:00 p.m.

**Minutes:** The minutes of the November 3 meeting were approved as submitted.

**Treasurers Report:** The Treasurer's Report will follow closing end of books for month of November.

### Committee Reports:

**Membership** – 367

**Election** – The Board has a preliminary roster of candidates and still needs to fill some potential slots. The Candidate roster will be finalized at the January Board meeting.

**Programs** – Gary Linder will present in December and the January meeting will be the open projector and photo contest. Grant Loper will discuss transition plans or contingencies with Sheri Kenly.

**Mountaineering** – Grant Loper presented an overview of committee activities and plans. There was a discussion concerning the AMC procedures for proposing a summer Rainier outing.

**Land Advocacy** – Erik Filsinger discussed latest developments with regard to Queen Creek and McDowell.

**T&S** – Bill Fallon reported another successful Anchors class and fall schools. (Thanks T&S folks!)

**Outings** – Jodie Bostrom reported on the successful AMC outing to Joshua Tree. There were 44 attendees.

**Newsletter/Email** – Robert England gave an update and overview of the newsletter, website and email.

### Old Business:

**Website documents.** Robert discussed the ongoing review of official club documents.

### New Business:

**Club Risk Management and Liability** - Bruce McHenry gave an excellent overview of the club risk management, insurance and liability issues. A lengthy debate followed.

**Holiday Party** – December 19 as advertised elsewhere in newsletter.

**Calendar for 2009.** The 2009 calendar is now on the website. President Keedy asked for a review and input.

**45th Anniversary** – Robert England is coordinating the various activities planned for the club's 45th anniversary.

The meeting was adjourned at 9:00 p.m.

## Fall 2008 Anchors Class

### Students

Colleen Anderson  
Ambika Balasubramanian  
Kari Bynum  
Steven Crane  
Tony Doucette  
Tracy Fleming  
Brandon Forrest  
Nestor Garcia  
John Gray  
Susan Harnage

Chris Head  
Doug LaCombe  
Timothy Leichtnam  
Rachel Mace  
Haiwen Meng  
Tom Stanczyk  
David Tai  
Sarah Thompson

### Instructors

Traci Alletto  
Nancy Birdwell  
Jodie Bostrom  
David Cameron  
Mark Christiani  
Julie Dehlin  
Eric Evans  
Bill Fallon  
Jason Garvan  
Daniel Gonzales

Louise Johnson  
John Keedy  
Michael Kreitz  
Monica Miller  
Rogil Schroeter  
Stephen VanHerpen  
Terri VanHerpen  
Dale Wiggins  
Justin York

## Pinnacle Peak Ascent via the South Crack (5.3) route

Pinnacle peak was the subject of a climbing access battle in the 1990s. It has been a long treasured region for climbing in the Phoenix area and with the addition of the Pinnacle peak park, climbers now have secured access. So a few days after enjoying a hearty Thanksgiving, we decided to shed a few slices of Pumpkin pies from our waistline by climbing to the top of Pinnacle peak via the South Crack (5.3) route.

Karen and I were joined by Team Sue (Susan and Suzanne) at the parking area of Pinnacle Peak Park . The approach to the climb is not difficult, as you simply follow the mass of hikers up the first ¼ mile and turn left at the “rock climbers only” sign. Following these directions put us quickly at the base of the “class 4” gully that marked the first pitch of the route.

I've put quotes around “class 4” because the rating may be accurate for the thinner climbers, but for a 6'4" 220 lb climber, I was not fitting into that crack no matter how much I sucked in my gut. I would have had to climb on the outside of the crack and now the rating is no longer “class 4”. Suzanne bailed me out and led the first pitch up the gully.

After everyone reached the top of the gully, we switched leaders and I stocked up on larger size pro for the second pitch. It never ceases to amaze me how leading a traditional climb completely narrows one's focus. There is no room for monkeys on your back on a traditional lead, regardless of the rating. I placed a good amount of pro, but as a result I climbed more slowly than normal.

After setting up a belay station, Susan soon followed up the second pitch. As she quickly made her way up the crack system, I had a chance to admire the 360 views of the McDowell Mountains and northern Scottsdale . Below us was a view of the main Pinnacle peak trail and the mass of hikers scurrying along it, seemingly oblivious to the climbers above them.

Throwing the rope accurately to the other climbers would have been problematic. So instead, Susan left the pro in place and Suzanne started her own lead climb with a second rope, clipping into the pre-placed protection. Karen followed afterwards, successfully cleaning as she joined the three of us at the summit.

After watching the summit butterflies for a bit and agreeing the 5.3 climb was underrated, we set up a rappel line on one of the numerous bolts at the top. I headed over the edge, until I realized that the rope was not quite even. I would be at the end of the rope before reaching the walk-off. There was a large boulder within easy reach, so I stopped the rappel and down climbed a bit to get to a better walk off.

Susan followed and I asked her to stop at the same area so she could try to even out the rope. Despite great efforts, the ropes would not move. Now we had another concern... would we be able to pull the rope when we were all finished with the rappel? Karen came down next and we tried once again to even out the rope without success. Was it possible that Suzanne's safety line was clipped into the same bolt and was preventing us from pulling the rope? There was no way for us to know. It was all up to Suzanne. As she started to rappel down, she stopped at the same boulder and tried to pull the rope. We held our breath as the rope slowly moved and it became clear that we would not be leaving our rope on the rappel bolt today.

After breathing a sigh of relief, we backtracked to our gear. We watched as another group struggled up the same “Class 4” gully we did and hiked back down to the waiting cars and the promise of Thanksgiving leftovers when we got home.

- Scott Frankel

## Pinnacle Peak Photos



Pinnacle Peak

*Photos from  
Scott Frankel*



Susan on the second pitch



Scott and Karen on the summit



Suzanne on the summit

# AMC HOLIDAY PARTY

Friday, December 19, 2007

6:30 PM 'til 10:30 PM

Location: Gainey Ranch Estate Club  
7720 East Gainey Ranch Road  
Scottsdale, AZ 85258

Please come and celebrate the holiday season in the glow of the fire and the warmth of good friends, good food and good cheer. Bring your favorite holiday dish to share and your favorite beverage (to share or not). Also, join in the ruthless good fun of the annual gift exchange by bringing a wrapped gift of \$15.00 or less. Will YOUR gift be the coveted one this year? Will it be the infamously shameless pink Tri-cam or the cookie jar that plays the theme to Gilligan's Island that becomes the exalted one this year? Please come and find out.

The AMC will provide a spiral cut Ham, bread, condiments, chips, soft drinks, plates and utensils. Please bring a dish to share and BYOB.

Directions: Gainey Ranch Estate Club – 7720 E Gainey Ranch Road, Scottsdale, AZ 85258

- From the 101 – Take Via de Ventura exit to East Gainey Ranch Road. Take a right or go north. (It is the fifth light west of the 101.)
- From Scottsdale Road – Take E. Double-tree Road East toward Hayden. East Gainey Ranch Road is the fourth light, this time go left or North.
- Stop at the guard gate and tell them you are there for the AMC party at the Estate Club. They can give you directions or if they don't...or if you forget....
- Go about 3/4 of a mile. There is a sign on the right pointing to the Estate Club, Tennis Facilities etc. Though the sign is on the right, the street is to the left. Take the street and you will see the tennis courts on the left. The Estate Club is just past the Tennis courts on the left.



**If you have any questions call Dave McClintic at 602-885-5194.**



**Come and start off 2009 by  
attending the first AMC meeting  
of the year on  
January 26<sup>th</sup> at 7:00 p.m.**

**Participate by:**

**Eating munchies:** Bring anything sweet and tantalizing to share or come and eat what others brought to share or just watch others eat.

**Judge photos:** Bring your photos, (described on page 10), for the photo contest and/or vote for your favorites in each category.  
(For detailed contest info see page 10)

**Watch adventures:** Bring your CD's or slides of recent climbing, mountaineering, etc. adventures that will take 10 minutes or less. Contact Sheri Kenly (under Programs in the front section) with any questions or to say that you'll share your adventures.

**Vote** for the 2009 AMC Board Members.

See you at the Monday, January 26<sup>th</sup> meeting! Remember it is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36 St. and go South to Stanford and then head East. From Camelback use 40<sup>th</sup> St. and turn West on Stanford. The auditorium faces the parking lot on Stanford.

**Monday, January 26<sup>th</sup> at 7:00 p.m.**

**It's time for the AMC'S ANNUAL**

# **PHOTO**

# **CONTEST!!!**

Members will vote for favorite photos in each category.

Categories are:

Climbing

Mountaineering

Landscape

Humor

Other travels or adventures

Put post-it notes on the back of the photo (AMC will have these at the meeting if you forget). Write your name, where, when and what re. the photo)

Prizes will be awarded for each category. First place: \$50 certificate. Second place: \$25 certificate.

Any size photo accepted. We will accept up to 2 photos per category from each member. Enter photos that have not been entered in previous AMC contests. Don't have any photos? Get out and take some!

See you at the Monday, January 26<sup>th</sup> meeting! Remember it is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36 St. and go South to Stanford and then head East. From Camelback use 40<sup>th</sup> St. and turn West on Stanford. The auditorium faces the parking lot off of Stanford.

## Mountaineering Events

### Commercial Event

**Feb 14-16 AMC Intro to Ice Climbing** – by Southwest Adventures Guides. Learn ice climbing and avalanche awareness in Durango, CO. \$295. Contact Southwest Adventure Guides 800-642-5389 or [info@swaguidesguides](mailto:info@swaguidesguides) or [www.swaguides.com](http://www.swaguides.com)

### Upcoming Mountaineering Outings

**Jan 31 Feb 1 Winter Camping.** Come play in the snow (IF we have any?). Contact Bruce McHenry [bamchenry@att.net](mailto:bamchenry@att.net)

**Mar13-16 Ice Climbing. Ouray Ice Park** - Top Rope Ice Climbing. Ouray, CO Fun Ice. Climbing in the School Room! Great place for beginning Ice Climbers. Specific requirements for participants. Contact Bruce McHenry [bamchenry@att.net](mailto:bamchenry@att.net). Limit 6

## The AMC's 45th Birthday in 2009

The AMC was incorporated in April of 1964 and turns 45 in 2009.

Board members discussed a variety of ways in which we can celebrate the occasion including a birthday ball (The Mountaineer's Ball), simultaneous climbs on a given date around the valley, articles in magazines and TV highlighting our rich history, and more.

If you would like to volunteer to help with the AMC's 2009 birthday festivities, please contact Robert England - [robert\\_england2@yahoo.com](mailto:robert_england2@yahoo.com)

## 2009 Board Position Openings

Anyone interested in serving on the AMC's Board of Directors in 2009, please contact John Keedy no later than Sunday, 7th December.

## 2009 Dues Are Due

It is time to renew your membership for 2009. The membership year runs from January to December; \$30 for single or \$35 for family membership. Please make your check payable to AMC and bring to the next meeting or send to:

AMC Membership  
6519 W. Aire Libre  
Glendale, AZ 85306

If your name, address, phone or email have changed, please enclose corrections with your check. If you would like your cell phone listed on the monthly phone list instead of your home phone, please let me know. Call 623-512-8465 or email [rogil@cox.net](mailto:rogil@cox.net) if you have questions.

## NEW MEMBERS: *Climbers - Please Welcome*

Jennifer Balogh  
Amanda Drake  
Cathleen Hamilton  
Tracy Janule

Johnny Layani  
Nicole Rodriguez  
Tom Stanczyk

# Joshua Tree Thanksgiving Photos + Poem



*J-Tree Photos by:  
Julie Dehlin  
Eric Evans  
John Hathaway  
Monica Miller  
Stephen Patterson*



## Joshua Tree Thanksgiving Photos + Poem



*J-Tree Photos by:*

*Julie Dehlin, Eric Evans, John Hathaway, Monica Miller, Stephen Patterson*

### **A Thanksgiving Poem Oh! To JTree We Go**

Oh to JTree Thanksgiving we go, down the I-10 road. Oh how the wind doth blow.

Turn right at the junction, a new road, oh to JTree we go.

The Teddy Bear Cholla is dancing and the Tourons are a prancing;

Oh down the road to JTree we go.

To a wall where climbers are climbing on the granite we glisten, as the sun warms our heart and soul,  
we all gather and to Indian Cove we go.

The climbers pots are banging, the camp stoves blowing heat,

The Climbers are glowing with thoughts of what soon they will eat!

Homemade pies we will abide, Tender Turkey and a little jerky;  
some gracious green beans that will help keep us lean.

Cognac Elk, for sure will make us belch;

Enjoying Pumpkin pie as we look into the sky; the stars over head as we rest our weary treads, by the camp fire  
we chatter about the day's matters.

With thanks we give; and to our leader who has led.

Now off to bed to rest our beautiful, climber heads.

*By, Monica D. Miller*

# Lead Climbing School

## Arizona Mountaineering Club - Spring 2009

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

### Class curriculum:

Tue	Lecture, slide show: introduction, the lead fall, equipment
Wed	Lecture, slide show: equipment (continued); the process and techniques of leading
Thu	Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat	Hands-on practice: natural pro placement (Prescott)
Sun	Hands-on practice: leading on bolts (Prescott or Scottsdale)

### Class schedule:

Feb 17	Tuesday	6:30 pm–9:30 pm	*North Mountain Park, Yavapai Ramada
Feb 18	Wednesday	6:30 pm–9:30 pm	North Mountain Park, Yavapai Ramada
Feb 19	Thursday	6:30 pm–9:30 pm	North Mountain Park, Yavapai Ramada
Feb 21	Saturday	9:00 am–5:00 pm	Prescott (directions will be in syllabus)
Feb 22	Sunday	9:00 am–5:00 pm	Prescott or Scottsdale (directions will be in syllabus)

\*North Mountain Park is located at Peoria and 7<sup>th</sup> St, 5 miles north of Camelback on 7<sup>th</sup> St. Turn west into the park. Ramada location to be announced.

**Experience required:** Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

**Cost: \$75** plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2008. Register by sending a check payable to AMC Lead School to Nancy Birdwell 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Call Nancy Birdwell at 480-821-1932 or email [info@amcaz.org](mailto:info@amcaz.org) for more information. The number of students will be limited to 30.

### Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

All climbing gear (harness, prusiks, biners, etc.)

Helmet—mandatory for all on-rock sessions

Specifically needed:

2 20' slings (untied length), preferably different colors

2 10' slings (untied length), preferably different colors

Nut pick

Quickdraws with biners—at least 5 per person

All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.

Consider combining with another person to have enough gear

Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday

Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

**For more information:** Visit the Arizona Mountaineering Club website at [www.AzMountaineeringClub.org](http://www.AzMountaineeringClub.org).

Outing Photos - The Overlook, Teddy Bear Wall



*Overlook Photos from  
Stephen Van Herpen*



*Teddy Bear Wall Photos from  
Dom Mancini*

## AMC - 2009 Proposed Budget

The AMC board presents the 2009 proposed budget for member review. We will vote to accept or amend the budget at the December member meeting.

### INCOME

Advertising .....	300
Dues 2007 .....	7500
Interest .....	500
T-Shirts (AMC) .....	0
T-Shirts Grand Canyon .....	450
<b>TOTAL Merchandise .....</b>	<b>450</b>
Mountaineering Schools .....	200
Other fundraising .....	0
Rental Equipment .....	50
T&S Schools Rental Income .....	100
<b>TOTAL Rental Income .....</b>	<b>150.00</b>
Spring .....	1575
Fall .....	1575
<b>TOTAL AARS .....</b>	<b>3,150.00</b>
Spring .....	4000
Fall .....	4000
<b>TOTAL Outdoor Climbing School .....</b>	<b>8,000.00</b>
Spring .....	975
Fall .....	975
<b>TOTAL Lead School .....</b>	<b>1,950.00</b>
Training Income Other .....	0
<b>TOTAL Training Income .....</b>	<b>13,100.00</b>
FROM Checking .....	6975
<b>TOTAL INCOME .....</b>	<b>29,175.00</b>

### EXPENSES

Other .....	600
Postage .....	200
Printing .....	250
Supplies .....	25
Telephone .....	0
Website .....	210
<b>TOTAL Admin .....</b>	<b>1285</b>
Bank Charges/NSF .....	0
Mountaineering .....	500
Rental Equipment .....	500
<b>TOTAL Capital Expenditures .....</b>	<b>1000</b>
Insurance .....	5000

Organizational Contributions .....	900
Operations .....	200
<b>TOTAL Land Advocacy Committee .....</b>	<b>1100</b>
Library .....	100
Mountaineering .....	100
Labels .....	70
Other .....	60
Postage .....	850
Printing .....	2600
<b>TOTAL Newsletter .....</b>	<b>3580</b>
Certifications .....	1250
First Aid Renewal .....	400
OL Incentives .....	200
<b>TOTAL Outing Leaders .....</b>	<b>1850</b>
Camping Fees .....	500
Entry Fees .....	60
Food .....	200
Other .....	0
<b>TOTAL Outings .....</b>	<b>760</b>
Rental Gear Equipment Maintenance .....	50
Facility Rental .....	1100
Monthly Meeting .....	3000
Other .....	100
Food .....	400
<b>TOTAL Programs .....</b>	<b>4600</b>
Promotion .....	200
T-Shirts AMC .....	450
T-Shirts Grand Canyon .....	750
<b>TOTAL Promotion Activities .....</b>	<b>1400</b>
Equipment .....	6500
Facilities .....	650
Food .....	300
Navigation Class .....	0
Other .....	150
Postage .....	0
Printing .....	550
T-Shirts & Incentives .....	200
<b>TOTAL Training .....</b>	<b>8350</b>
<b>TOTAL EXPENSES .....</b>	<b>29175</b>



## Outing Leaders

### Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (602) 770-8326.

### Outing Leader

### Contact Information

Sally Borg.....	480-425-9689.....	sallyborg@cox.net
Jodie Bostrom .....	623-308-5089.....	jodiebostrom7@msn.com
Robert England .....	480-688-5412.....	robert_england2@yahoo.com
Bill Fallon.....	602-996-9790.....	bill.fallon@cox.net
Erik Filsinger.....		smorefil@aol.com
Jason Garvin.....	480-734-6801.....	beach_bum43@hotmail.com
Richard Horst .....	623-434-4769.....	
John Keedy.....	623-412-1452.....	jwkeedy@cox.net
Mike Knarzer .....	602-751-1701.....	thrashndangle@gmail.com
Tim Lange .....	480-598-9124.....	
Grant Loper .....	602-684-3042.....	grant.loper@loperandassociates.com
Bruce McHenry.....	602-952-1379.....	
Chris Meyer.....	602-692-5912.....	
Monica Miller .....	623-362-0456.....	
Jeff Nagel .....	602-312-9538.....	
Matt Percy .....	928-420-2065.....	percy.matthew@gmail.com
Rogil Schroeter .....	623-512-8465.....	rogil@cox.net
Frank Vers.....	480-947-9435.....	climbrox@gmail.com
Clay Vollmer.....	602-595-7266.....	skatrash@cox.net
Justin York.....	480-229-8660.....	

***Your Name Here!***

## Calendar of Events

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### AMC Outings and Events

**Please note:** It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

**Dec 19 Holiday Party.** See page 8 for more information.

**Jan 18 Party at Pinnacle Peak.** Rope up for a new year and climb at Pinnacle Peak, a treasure of a park - Hosted by, Frank Vers, Jodie Bostrom and Monica Miller. Climbs will range from 5.7 to 5.10. Cheese tasting; for lunch/snack time please bring a favorite cheese from a different country and be ready to share and perhaps provide a synopsis that makes the selected cheese unique. (and that molded cheese ball from the fridge is not what we are looking for) For sign ups and meeting location please email Monica at: [monkmiller510@yahoo.com](mailto:monkmiller510@yahoo.com)

**Jan 31-Feb 1 Winter Camping.** Come play in the snow (IF we have any?). Contact Bruce McHenry [bamchenry@att.net](mailto:bamchenry@att.net)

**Mar13-16 Ice Climbing. Ouray Ice Park** - Top Rope Ice Climbing. Ouray, CO Fun Ice. Climbing in the School Room! Great place for beginning Ice Climbers. Specific requirements for participants. Contact Bruce McHenry [bamchenry@att.net](mailto:bamchenry@att.net). Limit 6

*Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.*

### Billboard—Other Scheduled Events

*Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.*

**Mondays** Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

**Wednesdays** North Mountain hikes after work. Rogil Schroeter (623) 512-8465

**Feb 7 Strenuous 11+ mile hike along the Superstition ridgeline.** Fit, experienced hikers only please. Contact Rogil 623-512-8465 or [Rogil@cox.net](mailto:Rogil@cox.net) for more info. RSVP by Jan 31.

### Commercial Event

**Feb 14-16 AMC Intro to Ice Climbing** – by Southwest Adventures Guides. Learn ice climbing and avalanche awareness in Durango, CO. \$295. Contact Southwest Adventure Guides 800-642-5389 or [info@swaguidesguides](mailto:info@swaguidesguides) or [www.swaguides.com](http://www.swaguides.com)

# January 2009

## AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p><b>NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.</b></p> </div>				1	2	3
4 1st Qtr	5	6	7 Sunrise 7:33 Sunset 5:37 M-set 10:42 P	8	9	10
11 Full Moon	12 Board Meeting	13	14 Sunrise 7:33 Sunset 5:43 M-set 10:42 P	15	16	17
18 Last Qtr Pinnacle Peak	19	20	21 Sunrise 7:30 Sunset 5:49 M-set 10:42 P	22	23	24
25	26 New Moon Member Meeting	27	28 Sunrise 7:27 Sunset 5:56 M-set 10:42 P	29	30	31 Winter Camping