

# The Arizona MOUNTAINEER

April 2009



Outdoor Rock Climbing Class - Spring 2009



Grad Climbers - The Monk



Grad Climbers - Rosetta Stone

# The Arizona Mountaineering Club

**Meetings:** The member meeting location is:  
Phoenix Country Day School, 3901 E. Stanford Drive,  
Paradise Valley, AZ 85253 at 7:00 p.m.  
See calendar for day/date.

**Board Meetings:** Board meetings are open to all members and are held two Mondays prior to the Club meeting.

**Dues:** Dues cover January through December. A single membership is \$30.00 per year; \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee  
6519 W. Aire Libre Ave.  
Glendale, AZ 85306

**Schools:** The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

## For More Information:

### Email:

president@amcaz.org  
board@amcaz.org

### Websites:

[www.amcaz.org](http://www.amcaz.org)

### Mail:

Arizona Mountaineering Club  
4340 E. Indian School Rd., Ste 21-164  
Phoenix, AZ 85018

## Board of Directors:

President ..... Grant Loper .....602-684-3042  
Vice-President ..... Robert England....480-688-5412  
Secretary ..... Erik Filsinger.....480-314-1089  
Treasurer..... Jodie Bostrom.....  
..... bostrom.jodie.amc@gmail.com  
Director ..... Eric Evans .....623-237-3165  
Director ..... Bill Fallon.....602-996-9790  
Director ..... Danny Gonzales ..602-550-8371  
Director ..... Kim McClintic ....480-213-2629  
Past President ..... John Keedy.....623-412-1452

## Committees:

Archivist ..... Jef Sloat .....602-316-1899  
Classification ..... Nancy Birdwell ...602-770-8326  
Elections ..... Dave Van Hook...602-790-6283  
Equipment Rental ... Erik Filsinger.....480-314-1089  
Email ..... Robert England....480-688-5412  
Land Advocacy..... Erik Filsinger.....480-314-1089  
Librarian ..... Richard Kocher ...480-966-5568  
Membership..... Rogil Schroeter....623-512-8465  
Mountaineering ..... Bruce McHenry ...602-952-1379  
Asst. Chair ..... Grant Loper .....602-684-3042  
Newsletter..... Robert England....480-688-5412  
Outings ..... Frank Vers .....480-947-9435  
Programs..... Sheri Kenly.....602-799-1288  
Training & Schools.. Bill Fallon.....602-996-9790  
Outdoor Climbing Bill Fallon .....602-996-9790  
Anchors Class ..... Justin York .....480-229-8660  
Lead Class ..... Mike Knarzer .....602-751-1701  
T-shirts..... Sally Borg.....480-425-9689

**The AMC Land Advocacy Committee:** The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

**The Access Fund:** This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

[https://www.accessfund.org/secure/joinnow/join\\_indiv.php](https://www.accessfund.org/secure/joinnow/join_indiv.php) or at <https://accessfund.org/join/indiv.php>.



## This Month in the AMC

Who does what, Addresses, Phone Numbers ...	2
Library, Birthdays, News Letter Info, Hot Stuff .....	3
Treasurer's Report, Discounts, Rentals, New Mbrs .....	4
Board Minutes .....	5
Tip pf The Needle .....	6
Colorado Ice Climbing Photos .....	8
Lead School - Spring 2009 .....	9
Anchors School Info.....	10
Ad - Mild2Wild Rafting .....	11
Ad - Thrash and Dangle Fest.....	12
Outing Leaders .....	13
Calendar of Events, Mountaineering Update .....	14
April Calendar .....	15

## Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to [azmountaineer@amcaz.org](mailto:azmountaineer@amcaz.org). Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, [robert\\_england2@yahoo.com](mailto:robert_england2@yahoo.com).

**Advertising** in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

# HOT STUFF!!!

*Happy  
Anniversary  
AMC -  
45 Years!*

## Library

You must be an AMC member; i.e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

**May Newsletter Deadline: Wednesday - 22 Apr**

## APRIL BIRTHDAYS

Mike Knarzer 8, Julie Sharp 9, Grant Loper 10, George Krall 12, Peter Niemczyk 12,  
David McClintic 17, Kelly LaRosa 19, Erik Filsinger 21, Randi Folwell 25, Sheila Bowman 27,  
Don McCurry 27, Braden Niemczyk 29

## Discount Directory

The following merchants currently offer a discount to AMC members:

- **Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.
- **AZ Cliffhanger** - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.
- **Solid Rock Indoor Climbing Gym - 2 Locations**
  - \* 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.
  - \* 407 S. 107th Ave, Suite A6, Tolleson, AZ 85353, (623) 643-9399 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership, Grand Opening 15% off through 4/30.
- **APE Index Rock Climbing Gym** - 9700 N. 91st Ave Suite 118 Peoria 85345 Phone 623-242-9164 10% discount for Day Pass and Membership. Show AMC Membership card.

## Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	\$32	10	16
Ice Crampons	5	\$26	8	13
Ice axes (70 cm)	6	\$16	5	8
Ice axes (90 cm)	5	\$14	5	7
Snow shovel	1	\$8	3	4

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
Avalanche Kit (probe & shovel)	2	10	5	8
Curved Ice Tools (pair)	2	40	20	35

Call Bruce McHenry at (602) 952-1379 for information on how to rent AMC equipment.

## Treasurer's Report

### Arizona Mountaineering Club Income Statement Period Ended February 28, 2008

#### INCOME

Dues 2009	2555.00
T-Shirts (Grand Canyon)	60.00
AARS Spring	0.00
Basic Spring	175.00
Lead Spring	1050.00
<b>TOTAL INCOME</b>	<b>3,840.00</b>

#### EXPENSES

Admin	462.69
Bank Charges	0.00
Land Advocacy	130.00
Newsletter	1153.60
Programs Monthly Meeting	500.00
Training	89.65
<b>TOTAL EXPENSES</b>	<b>2,335.94</b>
<b>OVERALL TOTAL</b>	<b>1,504.06</b>

#### ACCOUNT BALANCES

Checking (on 2/28/2009)	7,700.70
CD Account (on 2/28/2009)	15,000.00
<b>TOTAL CASH ASSETS</b>	<b>22,700.70</b>
AMC Outing Gear	3,467.43
<b>OVERALL TOTAL</b>	<b>26,168.13</b>

## NEW MEMBERS: Climbers - Please Welcome

Kyle Brayer  
Taylor Brennan  
Tim Davis  
Eric Dimmery  
Julie Dimmery  
Brian Haney

John Hottenstein  
Scott Kelley  
Mac McCaleb  
Kerrie Miller  
Vince Morgan  
Julie Sagasta

## AMC Board Meeting Minutes - March 2, 2009

**Board Members Present:** Danny Gonzales, Jodie Bostrom, Robert England, Erik Filsinger, Grant Loper, Bill Fallon, John Keedy, Kim McClintic, Eric Evans

**Chairs Present:** Bruce McHenry

**Meeting was Called to Order at 7:00 p.m.** by Vice Chair England

**Minutes of the February 9, 2008 meeting** were approved as submitted.

**Treasurer's Report was approved** as amended by Jodie Bostrom.

### **Committee Reports:**

**Programs.** Grant Loper will function as Programs Chair.

**Mountaineering.** Bruce McHenry reported on upcoming outings and classes.

**Land Advocacy.** The Queen Creek Coalition is evaluating the draft legislation for the Land Exchange. It is anticipated that hearings will be held in both the House and Senate and that it is likely that the legislation may move forward. At some future point the QCC Board will need to determine its course of action. Erik Filsinger and John Keedy will keep the AMC Board apprised of developments and may seek quick reaction once a decision point is reached. The AMC Board has been given regular updates and has, or will have, full information on which to make such a decision. The AMC Website's Land Advocacy Page now includes links to key documents to allow members to review the issues and background and to make comparisons of what is being gained, what is being lost, and how the original legislation compares to the current offer from Resolution Copper.

Erik Filsinger lead a discussion of the sensitivities and issues involved with rock climbing in Scottsdale's McDowell Sonoran Preserve. He will continue to move the draft climbing plans forward and represent the climbing community. (Note: on January 29, 2009 the Board approved a Resolution, found elsewhere in this newsletter, supporting the Draft Rock Climbing Plan for the North Access Area of the McDowell Sonoran Preserve.)

**T&S.** Chair Bill Fallon reviewed the program for the Spring classes. Lead School went well. Outdoor Rock is about to start.

**Outings.** Weekday outings appear to be a success – Thanks, Chris Meyer! And thanks to the other Outing Leaders who are stepping up and helping out with AMC rock Outings.

### **Old Business.**

**Website.** Robert England and Catherine Conner are redesigning the AMC website. It should be ready for roll out near the 45th AMC Anniversary in April.

**45th Anniversary.** After discussion, the Board decided to withdraw its request to hold part of its 45th Anniversary Celebration at Tom's Thumb in the McDowell Sonoran Preserve. Robert England will firm up details for the specific venues chosen and will coordinate with others as necessary to obtain land managers' approvals.

### **New Business.**

**Avalanche Beacons.** After a lengthy discussion of topics and possible use and risk management, the Board moved, seconded and approved a motion to allow the AMC Mountaineering Committee to override its line item budget, not to exceed \$300, in order to purchase two new Avalanche Beacons, with the stipulation that the AMC Avalanche Beacons would only be used for Training purposes until such time as the Board has reviewed and approved any additional potential uses.

**The meeting was Adjourned at 8:57 p.m.**

## Tip of The Needle

Weavers Needle stands as a lonely monolith in the Superstition Wilderness. The view of Weavers Needle from Fremont Saddle is a popular one, as the Peralta trail is normally teeming with hikers on any given weekend. I've stood, staring at the profile of Weavers Needle from the same point, day dreaming about reaching it's zenith and enjoying what I could only imagine would be incredible views from the summit.

Last weekend, it was our goal to realize that dream. Team Sue (Susan and Suzanne), Karen, and I set out to climb to the top of Weavers Needle. We got an early start Saturday morning, hitting the Peralta trail around 7am. The hike up to Fremont saddle is an easy trail to follow so we made good time. The trail became a bit more overgrown as we hiked down into Boulder Canyon. Weavers Needle was always looming over our right shoulder. The further we descended into Boulder Canyon, the more Weavers Needle would morph from a single point into two distinct peaks. The prevalent notch between the peaks came into view and we knew that would be our target to start the climb. The steep hike to the base of the Needle is more of a route than a trail, well marked by cairns. Still, the approach slowed us down and upon reaching the notch we settled down for a break to review the next step.



In descriptions available from those who have climbed Weavers Needle before us, they referenced a choke stone sitting on top of the notch that is the target for the first pitch. This choke stone was easily visible. Scrambling up, we discovered a bolt, which we decided would be better to proceed past if we were roped up. Suzanne set up a belay station and I started climbing up the first pitch.

The climb is not difficult and there are numerous cracks, a bolt, and a pipe sticking from the wall that makes setting protection straight forward. Later, we decided the hardest move was probably the final move up and over the choke boulder to the next belay station (estimated 5.6). There were several bolts, some old and suspect, as well as a sling wrapped around a large boulder. I clipped into the newer bolts and the sling and set up a belay station.

Suzanne headed up next, cleaning as she went. Karen and Susan soon followed at their usual quick pace. All of us agreed the climb was easy, but enjoyable. We then turned our attention to the next pitch. The next pitch (and final technical climbing pitch) is a short 12' easy climb that marks the start of the scramble to the top. There was a nearby rock that someone else had set up a set of slings and wrap rings, so I set up a belay station there and Suzanne quickly climbed up. As she explored the route to the top, Karen and Susan climbed up the second pitch.

After we were all up, Suzanne shouted back that the scramble route was consistent, but we should bring a rope for the return. The scramble to the top was uneventful and straight forward. The reward was spectacular. Views of the vast Superstition Wilderness greeted us in every direction. After eating some well earned lunch, we signed the register (currently living in a small green ammo can) and prepared for our descent.

Luckily, we found a chain rappel station and enjoyed the partially free hanging rappel to an easier section of scrambling. As we prepared to rappel back to the top of the choke stone, we heard another group preparing to rappel from our destination. Suzanne rappelled ahead to communicate with them so we weren't stepping over each other. It turned out this group was trying to rappel off the East side of the notch in the needle. It was quickly apparent this group had little rock climbing experience (no pro, one sling, diaper type harnesses, and most of the members had never rappelled before). They had free climbed the first pitch and were asking Suzanne's advice on the safety of their rappel setup. Not surprisingly, it was not safe. The person on rappel at the time would easily have slipped out of his diaper harness if he tipped over. In addition, they were planning on two rappels to the ground but only had a single sling with them. Suzanne gave them advice as best she could, while emphasizing that AMC offered rock climbing classes for just this activity!

We set up the final rappel and quickly realized the rope was going to be about 10 feet short of our start. Karen and I gingerly down

*(Continued on page 7)*



## Tip of The Needle (continued)

*(Continued from page 6)*

climbed this final section, while Susan and Suzanne reset the rappel station about half way down the pitch and split the rappel into two. After safely returning to our gear, we steeled ourselves for the long hike back to the car.

Our adventure would take nearly twelve hours to complete, but we were able to make it back to the car without pulling out the head-lamps (barely!). On the way back to the Phoenix area, the pizza gods blessed us with a pizza joint on the way back. That pizza disappeared in a blink as we relived the great memories of the day.

*Scott Frankel*



Scott on top of  
Weaver's Needle



Susan, Suzanne and Frank  
prepare a rappel station.



The first of several rap-  
pels off the Needle

## Colorado Ice Climbing Photos



Bill Fallon,  
Erik Filsinger and  
Susan Morris  
ice climbing in Colorado



## Lead School - Spring 2009

### Students

Sue Finn-Bodner  
Kristis Makris  
Chris Head  
Kari Bynum  
Steven Crane  
Tony Doucette  
Brandon Forrest  
Frank Hertz  
Taylor Brennan  
Mac McCaleb  
Kerrie Miller  
Julie Sagasta

### Instructors

Bill Fallon  
Monica Miller  
David Cameron  
Robert Valenzuela  
Ronald Auerbach  
Catherine Conner  
Mike Knarzer  
Terri VanHerpen  
Nancy Birdwell  
Mark Tallan  
Michael Kreitz  
Rogil Schroeter  
Stephen VanHerpen  
Philip Goebel



Lead school students practice on aid climbs at Sullivan Canyon  
*Photos by Steven Crane*



# Climbing Anchors School

## Arizona Mountaineering Club - Spring 2009

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

### Class curriculum:

- Tuesday: Learn anchor components, anchor types, knots and hitches.  
Thursday: Learn anchor system characteristics and construction.  
Saturday: Gain experience setting anchors by practicing "hands-on" scenarios under instructor supervision.  
Sunday: Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing.

### Class schedule:

Apr. 14	Tuesday	6:00 pm–9:30 pm	*N. Mountain Park (Phoenix), Yavapai Ramada
Apr. 16	Thursday	6:00 pm–9:30 pm	N. Mountain Park, Yavapai Ramada
Apr. 18	Saturday	8:00 am–4:00 pm	Climbing area to be announced during class
Apr. 19	Sunday	7:00 am–5:00 pm	Climbing area to be announced during class

\*North Mountain Park is located at Peoria and 7<sup>th</sup> St, 5 miles north of Camelback on 7<sup>th</sup> St. Turn west into the park and drive around the loop to the last parking area at the end of the loop.

**Experience required:** AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

**Cost:** \$75 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2009. Register by sending a check payable to AMC Anchors School to PO Box 11883, Tempe, AZ 85284. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Birdwell by email: Anchors.School@amcaz.org for more info. The number of students will be limited to 36.

### Equipment required for the class:

- 2 non-locking "D" or oval carabiners (at least 2, bring more if you have them)
  - 3 locking carabiners (at least 3, one of which should be a parabiner)
  - 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
  - 1 climbing harness
  - 1 ea 4', 6', 10' 6mm prusiks (untied length)
  - 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
  - 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
  - 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.
- (The slings and harness are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5', two 15' slings, untied lengths)

**For more information:** Visit the Arizona Mountaineering Club website at [www.amcaz.org](http://www.amcaz.org).



# RAFT RAPIDS NOW! AZ's Best Spring Break Trip!

Discover thrilling rapids & the 2000 ft. deep Upper Salt River Canyon on a guided raft or inflatable kayak trip. March to mid-May. Express, 1, 2 & 4 day trips.

**Mild <sup>TO</sup> Wild**  
**Rafting & Jeep Trail Tours**



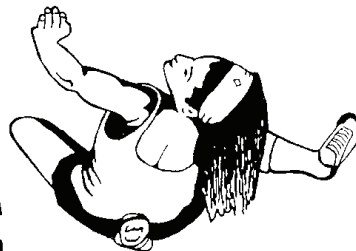
**RESERVE NOW~ SPACE IS LIMITED**

**800.567.6745 ~ 970.247.4789**

**[www.Mild2WildRafting.com](http://www.Mild2WildRafting.com)**



# THRASH & DANGLE FEST



APRIL 25  
2009

WWW.PHOENIXROCKGYM.COM

CLIMBING COMPETITION - SATURDAY NIGHT, LIMITED TO THE FIRST 100 COMPETITORS REGISTERED - \$25.00 TO GET IN. CASH PRIZES, MFG PRIZES, RAFFLE, MUSIC, FOOD, TONS OF FUN! SIGN IN 5-6 PM / COMP TIME 6-9 PM / PRIZES AWARDS 9-10 PM TO REGISTER - PHXROCKGYM → 480-921-8522 / 1353 E. UNIVERSITY, TEMPE.

## Outing Leaders

### Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (602) 770-8326.

### Outing Leader

### Contact Information

Jodie Bostrom .....	bostrom.jodie.amc@gmail.com
Robert England .....480-688-5412.....	robert_england2@yahoo.com
Bill Fallon.....602-996-9790.....	bill.fallon@cox.net
Erik Filsinger.....	smorefil@aol.com
Jason Garvin.....480-734-6801.....	beach_bum43@hotmail.com
Richard Horst .....623-434-4769.....	
John Keedy.....623-412-1452.....	jwkeedy@cox.net
Mike Knarzer .....602-751-1701.....	thrashndangle@gmail.com
Grant Loper .....602-684-3042.....	grant.loper@loperandassociates.com
Bruce McHenry .....602-952-1379.....	
Chris Meyer.....602-692-5912.....	
Monica Miller .....623-362-0456.....	
Matt Percy .....928-420-2065.....	percy.matthew@gmail.com
Rogil Schroeter .....623-512-8465.....	rogil@cox.net
Jef Sloat.....602-316-1899.....	
Frank Vers.....480-947-9435.....	climbros@gmail.com
Clay Vollmer.....602-595-7266.....	skatrash@cox.net
Justin York .....480-229-8660.....	

***Your Name Here!***

## Calendar of Events

### AMC Outings and Events

*Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.*

**Mar 28 Queen Creek Cleanup and Climb.** No Limit. Contact Jodie Bostrom for details [bostrom.jodie.amc@gmail.com](mailto:bostrom.jodie.amc@gmail.com).

**Apr 2-4 Glacier & Snow Skills Seminar.** Contact Bruce McHenry at [bamchenry@att.net](mailto:bamchenry@att.net). Limited size – sign up early! See additional information at the bottom of the page.

**Apr 4-5 Mt Lemmon Weekend.** Saturday climb at Prison Camp and camp at the Molino Basin Campground. Prison Camp has some wonderful routes 5.7 mixed to 5.11. Sunday - Hike Soldiers Trail. This is a fee outing with a park entrance of \$5.00 per car and camping on a 1st come basis This is a weekend trip plan and requires participation both days no exceptions please and no dogs! To sign up please contact: Monica Miller at: [monkmiller510@yahoo.com](mailto:monkmiller510@yahoo.com)

**April 11 - Wasteland.** Contact Jodie Bostrom for details ([bostrom.jodie.amc@gmail.com](mailto:bostrom.jodie.amc@gmail.com)).

**April 12 - Zappa Wall.** Contact Jodie Bostrom for details ([bostrom.jodie.amc@gmail.com](mailto:bostrom.jodie.amc@gmail.com)).

**April 25 - AMC Anniversary Climb - Queen Creek.** Stay tuned to the web site for details.

**May 22-25, 2009 Colorado Mountain Climbing Outing.** Contact Bruce McHenry at [bamchenry@att.net](mailto:bamchenry@att.net).

**May 30 - Mars Attacks.** Contact Jodie Bostrom for details ([bostrom.jodie.amc@gmail.com](mailto:bostrom.jodie.amc@gmail.com)).

**May 31 - Overlook.** Contact Jodie Bostrom for details ([bostrom.jodie.amc@gmail.com](mailto:bostrom.jodie.amc@gmail.com)).

**June, 2009. Rainier Outing.** Contact Grant Loper for more information. [grant.loper@loperandassociates.com](mailto:grant.loper@loperandassociates.com)

**June 20/21st - Mt Hayden.** Contact Jodie Bostrom for details ([bostrom.jodie.amc@gmail.com](mailto:bostrom.jodie.amc@gmail.com)).

*Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.*

### Billboard—Other Scheduled Events

*Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.*

**Mondays** Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

**Wednesdays** North Mountain hikes after work. Rogil Schroeter (623) 512-8465

**May 2 - Salome.** Short (5 mile) canyoneering trip. Hot hike, icy swims, slippery footing, bouldering & one rappel. Contact [Rogil@cox.net](mailto:Rogil@cox.net) or 623-512-8465.

## Mountaineering Update

**Gear For Rent** – The club now has available for rent avalanche kits and curved ice tools. The avalanche kits contain a 265cm avalanche probe and aluminum snow shovel w/collapsible handle. The probe folds up (like tent poles) into a carrying case which straps onto the shovel. Ice tools for rent are a pair of Black Diamond Vipers w/leashes and a pair of Petzl Azstars w/leashes.

### Upcoming Events

**Apr 2-4 Glacier & Snow Skills Seminar.** Basic techniques for the alpine and mountain environment: Using ice axe and crampons, snow travel, self-arrest, snow anchors, and crevasse rescue. Thursday evening April 2 will be discussion, concepts, introduction to equipment. Saturday April 4 Seminar will be training and practice at Flagstaff Snowbowl. Specific requirements for participants. Cost is \$50 for new students, \$25 for refresher students. Contact Bruce McHenry at [bamchenry@att.net](mailto:bamchenry@att.net). Limited size – sign up early!

**May 22-25, 2009. Colorado Mountain Climbing Outing**

**June, 2009. Rainier Outing**



# April 2009

## AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.</b>			<b>1</b> Sunrise 6:16 Sunset 6:49 M-set 12:43 A	<b>2</b>  1st Qtr	<b>3</b>	<b>4</b> Mt Lemmon
<b>5</b> Mt Lemmon	<b>6</b>	<b>7</b>	<b>8</b> Sunrise 6:06 Sunset 6:54 M-rise 6:22 P	<b>9</b>  Full Moon	<b>10</b>	<b>11</b> Wasteland (Cochise)
<b>12</b> Easter Zappa Wall (Cochise)	<b>13</b> Board Meeting	<b>14</b> Anchors	<b>15</b> Sunrise 5:58 Sunset 6:59 M-rise 12:15 A	<b>16</b> Anchors	<b>17</b>  Last Qtr	<b>18</b> Anchors
<b>19</b> Anchors	<b>20</b>	<b>21</b>	<b>22</b> Sunrise 5:49 Sunset 7:05 M-set 4:52 P	<b>23</b>	<b>24</b>  New Moon	<b>25</b> Queen Creek Climbing
<b>26</b>	<b>27</b> Member Meeting	<b>28</b>	<b>29</b> Sunrise 5:42 Sunset 7:10 M-set Midnight	<b>30</b>		