

The Arizona Mountaineer

September 2009



Susan Morris At Her Peak ...
Longs Peak
Rocky Mountain National Park
Story on Page 8

The Arizona Mountaineering Club

Meetings: The member meeting location is:

Phoenix Country Day School
3901 E. Stanford Drive
Paradise Valley, AZ 85253.

The meeting time is 7:00 to 9:00 PM.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

BOARD OF DIRECTORS

President	Grant Loper	602-684-3042
Vice-President	Robert England	480-688-5412
Secretary	Erik Filsinger	480-314-1089
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	bostrom.jodie.amc@gmail.com	
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Director	Kim McClintic	480-213-2629
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Classification	Nancy Birdwell 602-770-8326
Elections	Dave Van Hook 602-790-6283
Equip. Rental	Bruce McHenry 602-952-1379
Email	Robert England 480-688-5412
Land Advocacy	Erik Filsinger 480-314-1089
Librarian	Richard Kocher 480-966-5568
Membership	Rogil Schroeter 623-512-8465
Mountaineering	Bruce McHenry 602-952-1379
Asst Chair	Grant Loper 602-684-3042
Newsletter	Robert England 480-688-5412
Outings	Frank Vers 480-947-9435
Programs	Grant Loper 602-684-3042
Trng & Schools	Bill Fallon 602-996-9790
Basic	Bill Fallon 602-996-9790
Anchors	Justin York 480-229-8660
Lead	Mike Knarzer 602-751-1701

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive Vertical Times, The Access Fund newsletter. One can also join electronically at https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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Newsletter

The Arizona Mountaineer is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to: AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to robert_england2@yahoo.com. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Hot Stuff !!!

19th Annual Grand Canyon Cleanup

Lead School

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

OCT NL Deadline: 23 Sept

September Birthdays

**Bruce McHenry 2, Debbie Standal 7, Steve Wieczorek 7, Kshama Patel 9,
Kim Buffalo 10, Gary Heintz 10, Paul Sylvia 11, Jennifer Balogh 12,
Malachi Mendel 13, Christa Nobbe 14, Susan Pitts 14, Jef Sloat 15,
Paul Mandel 18, Adam Engelskjerd 20, Matt Kalina 22, Craig Anderson 26,
Marc Mousseux 26, Lungi Niemczyk 29, Frank Vers 29**

Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership to AMC members.
- **AZ Cliffhanger** - at the Phoenix Rock Gym. 480-642-9507. 10% off membership to AMC members.
- **Solid Rock Gym** - 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.
- **Solid Rock Gym** - 407 S. 107th Ave, Suite A6, Tolleson, AZ 85353, (623) 643-9399 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership, Grand Opening 15% off through 4/30.
- **APE Index Rock Climbing Gym** - 9700 N. 91st Ave Suite 118 Peoria 85345 Phone 623-242-9164 10% discount for Day Pass and Membership. Show AMC Membership card.

Rental Equipment

EQUIPMENT	Qty	\$Dep	1-3day	4-7day
MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
Avalanche Kit (probe & shovel	2	10	5	8
Curved Ice Tools (pair)	2	40	20	35

Call Bruce McHenry at (602) 952-1379 for information on how to rent AMC equipment.

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended June 30, 2009

INCOME

Advertising.....	20.00
Dues 2009	4250.00
T-Shirts.....	60.00
Rental Equipment.....	185.00
AARS (Anchors) School.....	1575.00
Basic School.....	4900.00
Lead School	975.00
Other Income	36
TOTAL INCOME	11,965.36

EXPENSES

Admin	519.75
Bank Charges	0.00
Capital Expenditures	1067.69
Equipment Maintenance	35.00
Insurance	2838.00
Land Advocacy	143.93
Library.....	77.09
Newsletter	1703.09
Outings.....	66.31
Programs Monthly Meeting	2132.99
Training.....	3687.37
T-Shirts.....	349.58
TOTAL EXPENSES	12,620.80

OVERALL TOTAL.....(655.44)

ACCOUNT BALANCES

Checking	8,844.96
Accounts Receivable.....	00
CD Account	15,000.00
TOTAL CASH ASSETS	23,844.96

AMC Outing Gear.....	3,467.43
OVERALL TOTAL	27,312.39

Board Meeting Minutes 10th August, 2009

Board Attendees: Grant Loper, Robert England, Danny Gonzales, Eric Evans, Jodie Bostrom, John Keedy, Kim McClintic, Bill Fallon

Member Attendees: Patty Waldrop

Pres Grant called meeting to order at 1900.

Minutes of previous meeting approved as published

Reports:

- Treasurers Report approved as submitted
- Programs - Grant submitted 12 month running Program schedule. Discussion was held and some additions were made to the schedule. John will do "Leave no Trace" presentation for Sept Member Meeting along with a Gear Stewardship discussion and display. Jody Bostrom – Will honcho planning the AMC Dirty Dozen membership meeting helping to line up twelve AMC members to present perennially popular AMC climbs/climbing areas. Presenters are highly encouraged to bring photos, beta, and maps for their featured climbs.
- Mountaineering - No report
- T & S - Reservations for the Ramada's is done for all fall schools. Bill has not received confirmation from City of Scottsdale on the use of Sven Slab yet. He will send a request. Need School Fliers printed ASAP and distributed to gyms, stores and elsewhere. Robert will send electronic copies to Board members to print and distribute this week.
- Outings
Grant proposed Outing Leader Outing for Feb 2010 at Cochise Stronghold. Families are welcome.
Outing Leader Training- Grant and Robert are working on curriculum.
- Classification - David McClintic needs one more apprentice outing to complete his qualifications.
- Communications
Newsletter needs more articles. Robert has plenty of pictures.
Some people may not be getting emails. Robert will check on this.
Jodie is working on getting PayPal account so people can pay their dues over the internet.
Eric Evans is working on updating and automating member list.
- Membership - No Report
- Land Advocacy – John read the presentation given at the City of Scottsdale joint Parks Department

and Preserve Commission meeting. This was an information meeting for Scottsdale to understand who the users of the Granite Mountain area are and the purposes for which people or groups use the area.

Old Business

- PRG is okay with putting membership table in the gym as well as a bulletin board. We need people to man the table during membership drives. Grant will contact Michelle to arrange for our AMC table nights at PRG. I hope to start this next week.

New Business

- Board Meeting Schedule - Discussion was held about changing Board Meeting times and days. No decision on this subject.
- Gear – Robert has all the Club gear at his home now. Discussion was held concerning gear and ropes. We bought 14 ropes (purple, 60 meter) in spring of 2006. Of those ropes, we now have 6 left. We use all our ropes at the classes we conduct and we now need to buy 20 to 30 new ropes. Robert will get bids on purchase of ropes.
- Robert has developed a marking system for the ropes and also a check out form to be used when Leaders check out ropes and gear. This will be instituted immediately.
- Robert has a box of old T-shirts and decals that he will bring to the Member Meetings from now on. T-shirts and decals will be on sale at meetings.
- Grant suggested that the value of AMC membership be emphasized at all classes.
- We need a coordinator for J-Tree. Several suggestions were made and those people will be approached to assume that role.
- Robert England – Send out an email to the membership indication that gear swap has been extended to every meeting, so bring the gear you'd like to sell or trade.
- Robert England – Continue to move forward with the new AMC website.
- Robert England – Send out an email to the membership indication that gear swap has been extended to every meeting, so bring the gear you'd like to sell or trade.
- Kim McClintic – Will help the AMC land the big-draw speakers for membership meetings.

Meeting Adjourned at 2030 to go into Executive Session.

Lead Climbing School

Arizona Mountaineering Club - Fall 2009

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

Class curriculum:

Tue	Lecture, slide show: introduction, the lead fall, equipment
Wed	Lecture, slide show: equipment (continued); the process and techniques of leading
Thu	Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat	Hands-on practice: natural pro placement (Prescott)
Sun	Hands-on practice: leading on bolts (Prescott or Scottsdale)

Class schedule:

Sept 15 Tuesday 6:30 pm–9:30 pm *North Mountain Park, Yavapai Ramada
Sept 16 Wednesday 6:30 pm–9:30 pm North Mountain Park, Yavapai Ramada
Sept 17 Thursday 6:30 pm–9:30 pm North Mountain Park, Yavapai Ramada
Sept 19 Saturday 9:00 am–5:00 pm Prescott (directions will be in syllabus)
Sept 20 Sunday 9:00 am–5:00 pm Prescott or Scottsdale (directions will be in syllabus)

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. The Yavapai Ramada is the last one on the loop just before you exit the park.

Experience required: Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

Cost: \$75 plus membership if not already a member (prorated \$15 for an individual and \$18 for a family). Membership is good through Dec., 2009. Register by sending a check payable to AMC Anchors School to PO Box 11883, Tempe, AZ, 85284. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Birdwell by email: info@amcaz.org for more info. The number of students will be limited to 30.

Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

- All climbing gear (harness, prusiks, biners, etc.)
- Helmet—mandatory for all on-rock sessions

Specifically needed:

- 2 20' slings (untied length), preferably different colors
- 2 10' slings (untied length), preferably different colors
- Nut pick
- Quickdraws with biners—at least 5 per person
- All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.
- Consider combining with another person to have enough gear

Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday

Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Outdoor Rock Climbing School

Arizona Mountaineering Club - Spring 2009

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Oct 13	Tuesday	5:30 pm–10:00 pm	* North Mountain Park, Ramada tbd
Oct 15	Thursday	6:00 pm–10:00 pm	North Mountain Park, Ramada tbd
Oct 17	Saturday	8:00 am–5:00 pm	tbd
Oct 18	Sunday	8:00 am–5:00 pm	tbd
Oct 20	Tuesday	6:00 pm–10:00 pm	Phoenix, Solid Rock Gym
Oct 22	Thursday	6:00 pm–10:00 pm	Phoenix, Solid Rock Gym
Oct 24	Saturday	all day	Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. The Havasupai Ramada is the first Ramada as you come in the park.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

- Technical climbing gear that will be used for the school (and is yours to keep): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)
- Harness and helmet provided free by the AMC for the duration of the class if needed
- Basic climbing textbook
- Instruction through all phases of the class

Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the second night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: \$175 plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through December, 2009.

Registration: The class is limited to 40 students. To reserve a spot, send a check for \$175, \$190 or \$193 (see Class Fee above) made out to AMC Basic School. Include your clearly printed name, address and current phone number (s). Mail to: AMC Basic School, 15508 W Bell Road #101-150, Surprise, AZ 85374. No credit cards accepted.

Questions??? Contact Eric Evans by email at AMCBasicSchool@gmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$175 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

A Rocky Mountain Summer Escape

In early August Susan Morris and I took our summer alpine rock climbing trip to Rocky Mountain National Park. We camped in the park, hiked the wonderful trails, and succeeded on our three climbing goals.

We love the granite on Lumpy Ridge and spent a great day on the classic line, White Whale, on Left Book. It is a three pitch 5.7 and just plain fun with varied crack climbing and route finding. We have done other routes on the crag, but I liked this one best so far. I had climbed it previously with Nigel Gregory, but this was my first time with Susan. The trail head has been moved back about ½ mile, so allow a little more time on the approach.

Our main alpine target was the Cables route on the North Face of Longs Peak. In “olden times”, valley outfitters had affixed steel cables on the face above the Boulder field. I suspect clients approached on horseback and then were hauled up the cliff bands using the cables. Fortunately for preserving the character of the place, the park service removed the cables many years ago, but they left a couple huge eyebolts to serve as rap anchors for an easy retreat from the summit.

We left the Longs Peak trailhead at 1:30 a.m. For the 16 hours we saw nothing but people! Seriously the whole thing was like “Piestewa Peak” on a spring morning. There was a constant steam of headlamps throughout the night. We left the hordes at the Boulder Field and headed straight up to Chasm View, where we could look horizontally across at 4 different teams on various routes on the Diamond.



The North Face of Longs Peak



2nd Pitch - White Whale

After locating the proper “Cables route” I was surprised to see about 50% of it covered in a half inch of black ice. What appears to have happened this year is that Colorado has had a lot of precipitation, which fell as snow up high, so the summer snows melted during the day but ran down over the cliffs and froze at night. Being the north face, and that the Cables route ascends a dihedral, much of the resulting ice simply stayed through the daylight in the shady recesses of the rock.

I carried only a light rack, but was highly motivated, so I selected a sunnier dihedral to the left of the Cables route which looked like it would go. The rock was great with a finger sized crack in the back. Due to relatively fewer pieces I had to run it out, but I enjoyed the airy perch. I encountered some ice. It is surprising what one thinks of, but my clear thought when I was wedging my fist into icy sections of the crack where it widened, “Gee, that feels good on my knuckles (which I had banged up crack climbing at Lumpy two days prior).”

Once above the technical pitches, Susan lead us up a winding path that

A Rocky Mountain Summer Escape (continued)

traversed across toward the top of the Diamond and then up to the summit. She was the first to see the hordes swarming around in the morning sun. We had arrived a 9:30 a.m. and the summit was crawling with folks arriving from the tourist route.

After the obligatory summit shots we headed back over boulders and down toward the Diamond, reversing our approach to the top of the Cables. Two raps led us back to the down climb/scramble to Chasm View. It looked like we were the only ones to climb a North Face route that day, as the ice scared off a Denver pair we met back at Chasm View. They lived close enough to wait for dry rock!

Actually Susan and I chuckled each time we met obvious climbers headed up hill during our descent. It became our running joke that each pair, when asked, would say that they were headed toward up to do the Casual Route ... a testament to group-think and a lemming-like consciousness among climbers to select popular routes while foregoing equally good ones nearby.

We took our time returning and didn't get back to the car until 4:30 p.m. The stats for the day – good climb, 5,000+ feet elevation gain, but a little less than the 16 mile roundtrip on the Keyhole route.

The last full day of climbing we headed up Fern Valley to the Lost World, a neat and remote grouping of crags above the Pond. Our targeted climb was Goblins Slab (4-pitches, 5.5) on Gnome Dome. This day we didn't see any other climbers in our vicinity and thoroughly enjoyed the adventuresome route finding. Easy enough climbing (low fifth class) but absent frequent and easy protection makes for sufficient challenges.

We would recommend all three venues to anyone else headed north to beat the heat.

Story and Photos by Erik Filsinger



Gnome Dome

Grand Canyon Cleanup

The Cleanup is scheduled for Saturday September 12th. You must be an AMC Club member trained in the proper rappel technique and in prusiking to go over the side; non-members can help at the top.

Technical Gear - See last month's newsletter or AMC email announcements for a list of required gear.

Schedule:

Friday, September 11: Arrive and set camp sites

Saturday, Sept 12:

8:00 am—Mandatory meeting at Mather Point (we will sign waivers)

9:00 am—disperse to cleanup areas

4:00 pm—wrap up, shower, and get ready for barbecue

5:15 pm—meet at Shoshone Point, or caravan from campsite

Sunday, Sept 13:

9:00 am—meet at parking lot by railroad station for climbing outing (helmets required)

3:00 pm—head back to Phoenix

CAMPING - GROUP CAMPSITES ARE NOW AVAILABLE IN THE MATHER CAMPGROUND! WE HAVE SITES 1 AND 2, BOTH WITH A CAPACITY OF 50 PEOPLE.

GRAND CANYON CLEANUP T-SHIRTS ARE FREE TO ALL REGISTERED AND PARTICIPATING AMC MEMBERS WHOSE DUES ARE PAID, AND TO ALL OF OUR SAR PARTICIPATING PARTNERS (CAMRA, SARA, SUPERSTITION MTN RESCUE). SEND ME AN EMAIL (ROBERT_ENGLAND2@YAHOO.COM) WITH YOUR NAME AND SHIRT SIZE SO THAT I CAN MAKE SURE I HAVE SHIRTS FOR EVERYONE THAT IS THERE.

Car-pooling to the Grand Canyon is encouraged as parking is limited along the rim

Contact: Robert England at: robert_england2@yahoo.com to verify your attendance.

Robert England – 2009 Grand Canyon Outing Leader - Event Director

Corrections

Page 12 of the August Issue - The photo labeled 'Approach to Castle Dome' should be 'Approach to Charlotte Dome'.

Lead Class Instructor Meeting

The Lead Class Instructor meeting will be held on Wednesday 9th September at Lolas Tapas restaurant, located at 800 East Camelback Road, Phoenix, AZ, 85014.

For questions, contact Mike Knarzer: 602-751-1701.

SEPTEMBER

SHOE SALE

15% OFF ALL SHOES
UP TO 40% OFF CLOSE-OUTS

EVOLV
RED CHILI
MAD ROCK
ACOPA
FIVE TEN
LA SPORTIVA

DVD^s - 20% OFF
CLOTHING - 25% OFF

AZ CLIFF HANGER

LOCATED INSIDE THE PHOENIX ROCK GYM
WWW.AZCLIFFHANGER.COM MARTY KARABIN
1353 E. UNIVERSITY DR. TEMPE, AZ 85281
PH 602-642-9507 FAX 480-237-0095
MON-FRI 4:00PM-9:00PM SAT 12:00PM-5:00PM

SAVE
QUEEN
CREEK

BIGWALL CLINICS



Intense two day workshops in Sedona

Fall Schedule

Sept 26-27

Oct 3-4

Oct 10-11

Oct 17-18

Instructed by Ron Raimonde

Call 928 821 0715

***Only \$195.00
Per person
Limit 6 People
per class***

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Society of Professional Rope Access Technicians

Or E Mail for more info roncwi@esedona.net

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (602) 770-8326.

Outing Leader

Contact Info

Jodie Bostrom	bostrom.jodie.amc@gmail.com	
Robert England	480-688-5412	robert_england2@yahoo.com
Bill Fallon	602-996-9790	bill.fallon@cox.net
Erik Filsinger	smorefil@aol.com	
Jason Garvin.....	480-734-6801	beach_bum43@hotmail.com
Richard Horst.....	623-434-4769	
John Keedy.....	623-412-1452	jwkeedy@cox.net
Mike Knarzer	602-751-1701	thrashndangle@gmail.com
Grant Loper.....	602-684-3042	grantloper@loperandassociates.com
Bruce McHenry.....	602-952-1379	
Monica Miller	623-362-0456	
Jeff Nagel	602-312-9538	
Matt Percy	928-420-2065	percy.matthew@gmail.com
Rogil Schroeter	623-512-8465	rogil@cox.net
Frank Vers	480-947-9435	climbbox@gmail.com
Clay Vollmer	602-595-7266	skatrash@cox.net
Justin York.....	480-229-8660	

Your Name Here!

Found Gear

Climbing equipment found at the Overlook early Sunday 8/9/09. You tell me what gear and what climb and I'll return your stuff. Rogil@cox.net

Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Sept 12 - Annual Grand Canyon Cleanup. See page 10 for details.

Dec 12 - Alpine Rock - The AMC Mountaineering Committee will offer the 1-day Alpine Rock Seminar on Saturday, December 12. The hands-on field seminar is for folks with solid rock climbing skills who may be interested in taking their adventures into alpine and mountainous conditions. Topics to be covered include: Mountain terrain, weather, altitude, judgment, equipment, and team considerations. Field exercises include alpine rope work, route finding, alpine considerations for anchoring and belaying, and alternatives for descending will be discussed and demonstrated. Silent communication will be shown and practiced. The Seminar will be offered locally at a place to be determined. It is recommended participants have taken AMC ORS, Anchors, and Lead Schools or equivalent. For details or questions contact Bruce McHenry bamchenry@att.net. Fees will be \$50 for new students and \$25 for refresher students. Number of participants is limited.

Dec 30 - Jan 3 - Ouray Ice Climbing. It's hot – let's start thinking about ICE CLIMBING! This is a 5 day event, 2 travel days, 3 days of climbing. We will climb 2 days in the Ice Park and one day in the back country. A condo will be rented and shared. Special requirements for participants. Limit 6. Contact Outing Leaders for details Richard Horst horstrichard@aol.com or Bruce McHenry bamchenry@att.net

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Billboard—Other Scheduled Events



Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays **Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.**

Wednesdays **North Mountain hikes after work. Rogil Schroeter (623) 512-8465**

Sept 26 **Strenuous Grand Canyon hike.** All day hike, maybe on Huitzil (TBD).
Contact Rogil@cox.net or call 623-512-8465

September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Sunrise 5:44 Sunset 7:24 M-rise 7:17 P	3	4 	5
6	7	8	9 Sunrise 5:44 Sunset 7:24 M-rise 7:17 P	10	11	12 Grand Canyon Cleanup 
13	14 Board Meeting	15 Lead School	16 Lead School Sunrise 5:44 Sunset 7:24 M-rise 7:17 P	17 Lead School	18 	19 Lead School
20 Lead School	21	22	23 Sunrise 5:44 Sunset 7:24 M-rise 7:17 P	24	25	26 Grand Canyon Hike 
27	28 Member Meeting	29	30 Sunrise 5:44 Sunset 7:24 M-rise 7:17 P	NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.		



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