



The Arizona Mountaineer

November 2012

Grand Canyon Clean-up
More on page 14
Photo: Mike Mendoza

The Arizona Mountaineering Club

Meetings: The member meeting location is:

Granite Reef Senior Center
1700 North Granite Reef Road
Scottsdale, Arizona 85257

The meeting time is 7:00 to 9:00 PM.

Check Calendar for date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

BOARD OF DIRECTORS

President	Bill Fallon	602-996-9790
Vice-President	John Gray	480-363-3248
Secretary	Kim McClintic	480-213-2629
Treasurer	Curtis Stone	602-370-0786
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Director-2	Steve Crane	480-812-5447
Director-2	Cheryl Beaver	cherylbeaver@cox.net
Director-2	Douglas Matson	douglas.matson@gmail.com
Director-1	Daniel Gonzales	602 550-08371

COMMITTEES

Archivist	Jef Sloat	602-316-1899
Classification	Nancy Birdwell	602-770-8326
Climbing Shoe Rental	Linda Locke	602-371-9300
Elections	John Keedy	623-412-1452
Equip. Rental	Bruce McHenry	602-952-1379
Email	Curtis Stone	602-370-0786
Land Advocacy	Erik Filsinger	smorefil@aol.com.
Co-Chair	John Keedy	623-412-1452
Librarian	David McClintic	602-885-5194
Membership	Rogil Schroeter	623-512-8465
Mountaineering	Bruce McHenry	602-717-8956
Newsletter	Cheryl Beaver	cherylbeaver@cox.net
Outings	Dave McClintic	602-885-5194
Programs	Kim McClintic	480-213-2629
Technology	Steve Crane	480-812-5447
Trng & Schools	Bill Fallon	602-996-9790
ORC	Bill Fallon	602-996-9790
Anchors	Eric Evans	602-218-3060
Lead	Mike Knarzer	602-751-1701

The AMC Land Advocacy Committee: The Committee works to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger at smorefil@aol.com.

Newsletter: The Arizona Mountaineer is published monthly by the AMC. The newsletter depends on contributions from its members so PLEASE send us your articles, gear reviews and/or photos.

Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts. Contact Dave McClintic at 602-885-5194 about billing. All ads are to be submitted to the newsletter committee by the 1st of the month prior to the month to be published.

Submit items for publication and direct any questions through email to Susan at SHarnage@aol.com. All submissions are subject to approval by the AMC newsletter committee: Cheryl Beaver, Tracy Fleming, Susan Harnage, and Jutta Ulrich.

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (602) 770-8326.

Outing Leader

Contact Info

Eric Evans	602-218-3060 eae100@yahoo.com
Bill Fallon	602-996-9790 bill.fallon@cox.net
Erik Filsinger	smorefil@aol.com
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Frank Vers	480-947-9435 climbbox@gmail.com
Justin York	480-229-8660

AMC HOLIDAY PARTY

Save The Date December 14th

Information will be posted on
Meetup as it becomes available.



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Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 3244 E. Thomas Rd., Phoenix, AZ 85018, (602) 944-7723 www.hikingshack.com. Show your AMC membership card and get a 15% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

December Newsletter Submission Deadline: November 1st

Hot Stuff !!!

AMC T-shirts Are Now Available

Options include performance and ladies T-shirts in addition to the traditional Hanes Beefy-T.

To order go online to:

<http://www.amcaz.org/tshirts.asp>

For questions regarding the T-shirts, contact Cheryl at cherylbeaver@cox.net.

AMC Board Minutes - October 8, 2012

- I. Call to order: 7:08 PM Board Members present: *John Gray, Curtis Stone, Cheryl Beaver, Douglas Matson, Steven Crane*
 2. Minutes of September's Meeting - approved
 3. Treasurer's Report - Period ending September 2012 - In Progress
 4. Committee Reports:
 - a. Membership - (287)
 - b. Programs – Kim McClintic
 - i. November Program – activities expo
 - c. Outings/Activities
 - i. Upcoming
 1. Fall Basic ORC School – Oct. 9, 11, 13, 14, 16, 18, 20 – Bill Fallon
 2. QC Cleanup and Climb – Oct. 27 – Dave McClintic and Tiina Perlman
 3. Half-and-Half Wall Outing – Oct. 27 – Erik Filsinger w/ AAC
 4. Jacks Canyon Cleanup – Nov. 2-4 – Susan Harnage w/ AAC, et al
 - a. Need AMC volunteers to help with the clean-up.
Contact Susan Harnage at SHarnage@aol.com
 5. The Mace outing – Nov. 10 – Frank Vers
 6. Fall Anchors School – Nov. 13, 15, 17, 18 – Eric Evans
 7. J-Tree Thanksgiving Holiday – Nov. 21 – 25 – Curtis Stone, Tiina Perlman
 8. Sven Tower III Trail Project – Dec. 1 – Paul Paonessa
 9. Christmas party Dec 14th
 10. Alpine activities –Bruce McHenry
 - ii. Recent Past
 1. Fall Lead School – Sept. 11, 12, 13, 15, 16 – Mike Knarzer -8 attended
 2. GC Cleanup & Climb – Sept. 29, 30 – John Gray -over 100 attended
 3. Stuck at home outing – Sept. 29 – Erik Filsinger - 2 attended
 - d. Land Advocacy – Erik Filsinger
 - i. The Wings Over the Preserve event. There were 217 people, including the Mayor and several City Council members, on hand for the presentation of the film in the Auditorium.
 5. New Business
 - i. 2013 Election – Need members to fill board positions. Several names were brought up
 6. Old Business
 - i. T-Shirt status –Orders are still coming in via the website. We need a total of 75 shirts sold to fill the first order
 7. Meeting Adjourned at 8:38 pm
- Board minutes respectfully submitted by Cheryl Beaver



AMC thanks Rockford Corporation for the use of their facilities for board meetings. Rockford is a local maker and distributor of high-end audio components for cars, trucks and boats.



AMC Member Meeting TBD

**Monday, November 26,
7:00 PM**

Information will be posted on
Meetup as it becomes available.

Guests are welcome!

**Located at Granite Reef Senior Center
1700 N. Granite Reef Rd., Scottsdale**

For questions or information about this program, contact Kim at *canyonkim@gmail.com*

Adopt-A-Crag Day

in the

McDowell Sonoran Preserve

Bringing communities together
to celebrate their crags

We are working out the details with the City of Scottsdale to hold a Trail Project in the McDowell Sonoran Preserve. This will be a local Adopt-A-Crag day. We will be improving some sections of the Climber Access Route to Hog Heaven and Sven Towers. Paul Paonessa is taking the lead on the Project. I will help coordinate lining up volunteers.

More details will be published as they are worked out.

Contact me offline if you might be interested in being a “crew leader” for the day. That may involve some advance work setting up the project for the Saturday event.

Manual labor will achieve good Karma, but it also important to give back to the Land Owners in the form of labor to assist them achieve their goals.

~Erik Filsinger

To sign up or find more information about this event go to:
<http://www.meetup.com/Arizona-Mountaineering-Club/>

Event Name: Sven Tower III Trail Maintenance
Location: Tom's Thumb Trailhead 23015 N 128th St
Date & Time: Dec 1 (Saturday) 8:00am -2:00pm
Contact Info: Paul Paonessa / p.paonessa7@gmail.com

AMC Thanksgiving at Joshua Tree

Climb and Dine
Joshua Tree Style
November 21-25, 2012

Bring a dish to share.

Several Campsites are reserved at Indian Cove for
Wednesday, 21st- Sunday, 25th

For more information and to sign up for this event, go to:

<http://www.meetup.com/Arizona-Mountaineering-Club/events/80857532/>



AMC Mountaineering

Outings & Classes

(after all, we are a “Mountaineering” club)



Alpine Rock Seminar:

AMC Mountaineering Committee offers the 1-day Alpine Rock Seminar on Saturday, December 8, 2012. The hands-on field seminar is for folks with solid rock climbing skills who may be interested in taking their adventures into alpine and mountainous conditions. Topics to be covered include: Mountain terrain, weather, altitude, judgment, equipment, and team considerations. Field exercises include alpine rope work, route finding, alpine considerations for anchoring and belaying, and alternatives for descending will be discussed and demonstrated. Silent communication will be shown and practiced. Seminar includes use and practice with avalanche transceivers. Seminar is offered locally at a place to be

announced. It is recommended participants have taken AMC ORS, Anchors, and Lead Schools or equivalent.

To sign up or for details/questions contact Bruce McHenry bamchenry@att.net. Fees will be \$60 for new students and \$30 for refresher students. Number of participants is limited.

Deadline to sign up is November 18, 2012.

Glacier Travel, Snow Skills, and Crevasse Rescue Seminar:

If you want to attend this seminar the first requirement is begging the weather gods for SNOW! Sacrificing a virgin or your neighbors annoying dog, or giving up chocolate for Lent may also be helpful.

AMC Mountaineering offers an introduction to winter mountaineering and skills required for climbing the glaciated peaks of North America. Glacier travel school is a multi day course held Wednesday January 9, 2013, 7:00-9:00pm and all day Saturday/Sunday January 12-13, 2013 on Mt. Humphrey's near Flagstaff, AZ. All class participants must also be available to meet in Flagstaff the evening of Friday January 11 at 8:00pm, location TBA. The seminar fee is \$60 for first time students and \$30 for returning students.

The Saturday and Sunday portions of the course will be conducted in the field on the slopes of the San Francisco Peaks and will include one night of camping on the snow above 10,000 ft. Students are expected to be in reasonable physical condition and prepared for long days of working in cold weather and camping on the snow.

Class time will run late into Sunday, expect to return home late Sunday night. The course has an extensive list of required equipment; get the complete list at the time of signup. Some items such as crampons, ice axes and snow shoes can be rented from the AMC for a small fee. All participants must have among other things mountaineering



boots, winter weight sleeping bag, suitable clothing for climbing and camping in the snow. All boots used in the class must be approved by the instructor.

DEADLINE to sign up is December 1, 2012

Prerequisite: Instructor approval.

Space is limited.

To sign up contact Bruce McHenry at bamchenry@att.net .

Ice Climbing Outing – Ouray, CO:

Swing and hook ice at the Ouray Ice Park, Ouray Co. February 15-18, 2013. Carpool Friday, climb Saturday and Sunday, carpool back Monday. Shared expenses for gas and hotel. Awesome top rope climbing on South Park, New Funtier, Scottish Gullies and other ice parks walls. No leading, no backcountry. This is an outing: previous ice climbing experience is preferred. Prerequisite: Leader Approval. Space is limited.

Deadline to sign up is January, 1, 2013.

Contact Bruce McHenry at bamchenry@att.net

AMC Beginning Ice Climbing Seminar, Ouray, Colorado

Learn to Ice Climb!

AMC Mountaineering presents Beginning Ice Climbing Seminar at the world famous Ouray Ice Park in Ouray, Colorado, March 8-11, 2013. Learn to ice climb in the “little Switzerland” of the Rocky Mountains. Instruction will focus on standard ice climbing equipment and its use, proper technique (body positioning, footwork, tool placement), and belaying and rappelling for ice climbers.

Cost: \$80. Includes group climbing equipment (ropes, etc.), use of AMC ice tools and crampons.

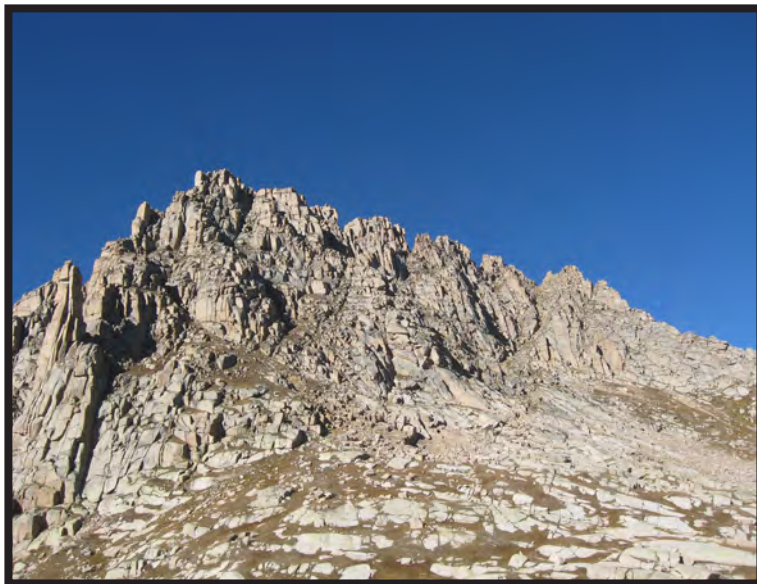
Participants must provide helmet, harness, belay/rappel device, personal anchors, cold weather clothing/gear, and crampon compatible mountaineering boots. (Boots are available for rent at Ouray Mountain Sports, limited supplies). A complete gear list will be provided to participants. Participants must have taken AMC Outdoor Rock School or equivalent.

Participants will share transportation and lodging costs in Ouray. Participants are responsible for all meals and incidentals.

Deadline – sign up by February 1, 2013. Limit is 4.

Contact Bruce McHenry at bamchenry@att.net to register or for questions.

Jagged – Solo Ascent



On September 13th through 18th I soloed Jagged Mountain (13,824 feet) in the Weminuche Wilderness of Southwest Colorado. Gerry Roach writes about Jagged in his super guidebook, Colorado's Thirteeners 13,800 to 13,999, "Jagged is Colorado's premier centennial thirteener. Recalcitrant with its secrets, this mighty mountain surrounds itself with wilderness,...Indeed, Jagged is the only one of Colorado's 100 highest peaks that requires a multi-day approach. This is the best route in this book and Colorado's best peak climb. It is combination of sublime wilderness approach and a steep, serpentine climb punctuated with three surprising cruxes." (p. 276)

The trip took 5 days, all on the move. I started at the Vallecito Trail Head, which made for an over 30 mile round trip. Vallecito Creek itself is worth the trip with its beautiful aspens that were in full color at the higher elevations. One night camping about 4 miles in after driving from Phoenix, Arizona and another pushing up the valley and then up Sunlight Creek to a high camp at 10,500 feet or so. While the trail up Vallecito is good, with one wet stream crossing, Sunlight Creek's path is primitive.

This was my third attempt on Jagged. The first with Susan Morris was in 2005, the year that the huge avalanches knocked old grow trees, took out the third bridge, and made the approach up Sunlight Creek impossible. We substituted a nice ascent of Thunder Mountain above the Johnson Creek confluence. Last year, 2011, I made an attempt with David Everett up Sunlight Creek but in October the north face had already become snow bound and we stopped at 13,000 near the bow shaped lake underneath Jagged Pass.

This year the conditions were perfect. There was no snow anywhere to be seen and the temps were reasonable (though cold with my minimalist sleeping bag.) And having the prior two excursions the approach secrets were known. The only unusual aspect of the two-day approach was sharing the trail with outfitted hunting parties on horseback. Vallecito Creek seems a prize bow hunting venue from folks from New York to Texas. The "trophies" being carried out on horseback and the swank outfitted "camps" left me a little unsettled. Fortunately the natural beauty of the mountains bestowed with yellowing aspens and might spruce gained easy primacy.

I won't give away any of the secrets of how to do it here, although I will be happy to share Beta in person. I will say that backpacking by myself with climbing gear, including an unnecessary ice ax, pretty much maxed out my capabilities and I'm glad I didn't have an extra ounce of anything.

I take my hat off to Gerry Roach (once again) for an absolutely spot-on route description in the aforementioned guidebook. This is not an easy ascent and I'd take Gerry's guide and read it step by step. I'll mention only a couple of items separate from his "way to do it" and a couple of personal foibles. I climb a fair amount in Canada and probably would classify the climb as a Difficult Scramble, meaning that a rope is probably preferred on the tough

Jagged – Solo Ascent (cont)

sections but does not involve sustained technical climbing techniques.

The normal approach, especially when there is snow in the prominent gully to the left of the route. From the bow shaped lake at 12,700 feet, I headed directly to the start of the “technical” climbing. I will say that it took me at least 15 minutes at the lake trying to figure out the route on the complex north face. However, once the start was identified the secrets unfolded relatively easily.

The days before my arrival there had been significant rainfall. That meant that the ground at that elevation was frozen the morning of my ascent. I went up the couloir to the route’s left and then moved right to the chimney. While normally the couloir’s scree would be unpleasant, it was frozen in place and I only had to avoid spots of water ice.



The chimney that marks the start was maybe the toughest “move” of the climb because anything remotely resembling a hold was covered with ice. I wore approach shoes and was able to climb outside of the chimney with some delicate stemming. The ramp leading out the left was fairly easy and most of the slippery pebbles others have talked about seemed cleaned off.

The recent rain and freezing resulted in the grassy ledges also being frozen and solid. The rock stretches were indeed pretty clean. As the day progressed the outer layer of soil on the ledges became “mud” and my hands looked like I had been working in the fields by the end of the day. Most of the climbing is Class 2+ or 3 with considerable exposure.

Gerry’s route on the lower half of the ascent stays away from the couloir, but I allowed myself to be sucked up into it and easily achieved the small saddle behind a gendarme below the final summit cliffs (not the recommended route. I took some liberties because of the conditions I found at the time).

A little westerly zigzagging allowed me to get to the only low 5th class set of cracks and then to the notch where you can finally look south. I found the rock extremely sticky with my approach shoes and in many ways the solid 4th and 5th class rock was more assuring than the frozen grass ledges.

A bit of frustration resulted from my stupidity here. I tried to take a picture of Sunlight and Knifepoint but my camera wouldn’t work. Not having brought my glasses I couldn’t read what it said. Dumb me, it was only back at camp that, with reading glasses, I kicked myself – the memory card was full. Ice climbing photos from January crowded out my thesis of a climb!

At any rate, the camera problem, my being pumped from the altitude and nerves, I dropped my pack and took my rack and rope and headed out across the traverse of the south face. The climbing was easy with considerable exposure. As is my practice and my weakness, I focused on the immediate 10 feet around me.

After the pretty easy chimney that leads up toward the ridge, I was excited but accumulated nerves were starting to

Jagged – Solo Ascent (cont)

show. There was one “step around” where I protected myself with a self-belay that I left as a fixed line for the return. My excitement on the summit was balanced with amazing views. I’ve climbed all of CO’s 14’ers, and the Chicago Basin group were close. My ascent of Pigeon and still to do Turret were in front of me. I did Knifepoint and Leviathan way back when with the Colorado Mountain Club on a No Name Creek outing. And I had ascents Vestal, Arrow and West Trinity. It was old home time!

But with my nerves heightened I returned very carefully downward. Yes, I had to focus to keep my nerves in check on the grassy ledges. I am a confident down-climber on rock and I only rappelled two times, basically reversing the line of ascent.



I had brought a 30 meter 8mm static rope, and it was pretty much all that was necessary (mainly for descent but would have been plenty for belaying uphill). One note – the final rappel from a slung block climber’s right of the route, leads to the bottom of the climb. My 30 meter rope did not make it all the way. The tails were at the start of the Class 4 ramp and I had to down climb the icy chimney – a bit of a sting in the tail at the end of the route! I looked around and couldn’t rig a second rap there without leaving gear and chose to “go for it.”

I stayed that night at my high camp, and then backpacked basically to the First Bridge the next day. That left a shorter hike out before driving home. The backpacking was grueling, but through absolutely beautiful scenery, and aside from the hunters I only saw a couple of people. One male and female were on Jagged Pass, I think doing Leviathan. And there were a couple of backpackers in the main valley. (I don’t need to see another overweight hunter riding in on horseback.)

Simply a great time. One side note – I purchased a SPOT personal locator for this trip and let a couple of people close to me know where I was each night (but doggone it, follow the instructions – I took one shortcut the night of my summit climb and accidentally cancelled my “I’m okay” transmission.)

Jagged Mountain. Magnificent. Do it.

~Erik Filsinger

AMC

2012 Over The Rim Grand Canyon Clean-up

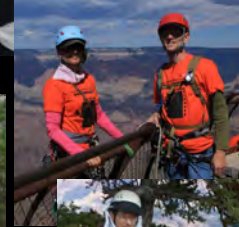
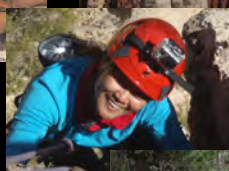
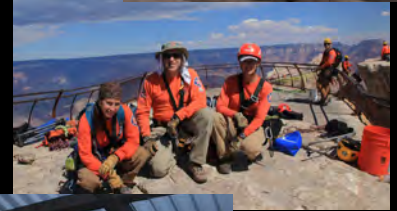


On the weekend of September 29-30th, we had over 100 volunteers attend the annual “Over the Rim” Grand Canyon Clean-up. This year was an outstanding experience! We had a lot of fun while getting our hands dirty rappelling over the edge and picking up trash in the difficult to reach, but easily seen places. This annual event is a tremendous way to help beautify an already spectacular venue located in our back yard. After all of our hard work on Saturday, we were able to relax and enjoy the breathtaking sunset at Shoshone Point. We were also rewarded with a delicious buffet of homemade food at the annual chili cook-off. On Sunday, the volunteers took the time to rock climb, clean other areas, hike or enjoy other individual activities. Without the assistance and professionalism of our friends Brandon Torres, Dorothy Utech, Elizabeth Donehoo, and CJ Malcolm at Grand Canyon National Park, this weekend would not have been possible.

The following individuals must also be recognized for all their time and energy given in leadership roles as I leaned on them heavily: David & Kim McClintic, Curtis Stone, Douglas & Erin Matson, Cheryl Beaver, Rogil Schroeter, Bill Fallon, Danny Gonzales, Nancy Birdwell & Mike Lust, Robert Cooper (Superstition SAR), and Tim Medlock (CAMRA). Please take the time to thank all of these wonderful folks next time you see them. See you next year!!!

~John Gray

Collage Photos on following page contributed by: Mike Mendoza, David Anderson, Jeff Watkins, Elizabeth Parmer, Andi, and Cheryl Beaver



The Jacks Canyon Fire Clean-Up November 2-4, 2012

The Jacks Canyon climbing area near Winslow, AZ, needs some TLC after a wildfire raged through the canyon this summer. Climbers, hikers, businesses, groups and more are joining together to clear trails, move debris and clean up the climbing area. This is a BIG task and we need lots of help: labor, tools, monetary donations, food, coffee and water stations. If you can join us, or want to donate \$\$ or sponsor the event by providing items needed, please RSVP or contact us via the email or facebook page information below!

For more information, to volunteer, offer sponsorship or support please visit:

facebook.com/jackscanyon,
jackscanyon.com

or contact:

Susan Harnage at sharnage@aol.com

Deidre Burton at deidre@jackscanyon.com or 928-289-4989



Michelle P.



AMC 2012-2013 Calendar

NOVEMBER 2012

- 7 Anchors School Instructor Meeting
- 2-4 Jacks Canyon Clean-up
- 10 The Mace, Frank Vers
- 11 Veterans Day (Sunday)
- 12 AMC Board Meeting
- 13 Anchors School - Nov 13, 15, 17, 18
- 22 Thanksgiving at Joshua Tree
- 26 AMC Member Meeting – Activities Expo

DECEMBER 2012

- 3 AMC Board Meeting – Reminder: General Liability Insurance due
- 8 Alpine Rock Seminar
- 14 Holiday Party
- 25 Christmas (Tuesday)

JANUARY 2013

- 9 Alpine Seminar: Glacier Travel, Snow Skills and Crevasse Rescue Jan 9, 11-13
- 14 AMC Board Meeting (Deadline for submitting nominations for 2013 Election)
- 21 Martin Luther King Day (Monday)
- 28 AMC Member Meeting – Elections and photo contest, Member dues are due

FEBRUARY 2013

- 11 AMC Board Meeting
- 12 Lead School - Feb 12, 13, 14, 16, 17
- 18 Presidents Day (Monday)
- 25 AMC Member Meeting

MARCH 2013

- 6 Basic Outdoor Rock Climbing School Instructors Meeting
- 8-11 Ice Climbing Seminar – Ouray, CO
- 11 AMC Board Meeting
- 12 Basic Outdoor Rock Climbing School Mar 12, 14, 16, 17, 19, 21, 23
- 25 AMC Member Meeting
- 31 AMC Anniversary

APRIL 2013

- 3 Anchors School Instructor Meeting
- 6 Queen Creek Cleanup and Climb
- 8 AMC Board Meeting
- 9 Anchors School - Apr 9, 11, 13, 14
- 22 AMC Member Meeting

MAY 2013

- 6 AMC Board Meeting
- 20 AMC Member Meeting
- 25-27 Memorial Day Weekend - Alpine Climb
- 27 Memorial Day (Monday)

JUNE 2013

- 10 AMC Board Meeting
- 24 AMC Member Meeting - Swap Meet

JULY 2013

- Jul 4 Independence Day (Thursday)
- Jul 8 AMC Board Meeting (No Member Meeting in July)

AUGUST 2013

- 12 AMC Board Meeting
- 26 AMC Member Meeting

SEPTEMBER 2013

- 2 Labor Day (Monday)
- 9 AMC Board Meeting
- 10 Lead School - Sep 10, 11, 12, 14, 15
- 23 AMC Member Meeting
- 28 Grand Canyon Clean Up

OCTOBER 2013

- 9 Basic Outdoor Rock Climbing School Instructors Meeting
- 14 Columbus Day AMC Board Meeting
- 15 Basic Outdoor Rock Climbing School - 15, 17, 19, 29, 22, 24, 26
- 28 AMC Member Meeting

Billboard- Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader.

AMC is also on meetup. For official and unofficial outings go to:

<http://www.meetup.com/Arizona-Mountaineering-Club/>

Tuesdays **North Mountain hikes after work.** Rogil Schroeter (623) 512-8465
Wednesdays **Ape Index Gym Climbing -** Rogil Schroeter (623) 512-8465
Thursdays **Phoenix Rock Gym Climbing -** AMC Members \$10 admission with ID card.
Curtis Stone - Kim McClintic

Welcome New Members

Srikanth Sridharan, Brian Patrick, Kelly Hyatt, Charles Starr, Matthew Starr, Briana Galas,
Kelly Harkins, Jose Sosa, Christopher Canevit, Heather Kiegel, Rolf Brown, Kinney Fu,
David Chan, Kurt Licence, Kevin Karg, Laura Nagy, Scott Nagy, Molly Niewald,
Alanna Anthony, Dave Cech, Richard Harth, Richard Schwab

November Birthdays

Molly Niewald 5, Chris Taylor 7, David Tai 9, Vicki Engbrecht 13, Susan Morris 13,
Rolf Brown 15, Ted Zarbock 18, Anthony Matley 19, Evans Reed 19, Srikanth Sridhara 20,
Stephen VanHerpen 24, Matt Crego 28, Kate Fallon 30, Greg King 30, Alex Taylor 30

Congratulations Lead School Graduates!

Students

Jacob Hancock, Richard Harth, Roger Heyen, Gary Martinez,
Michelle Pashia, Kevin Pugh, John Scott, Gavin Storey

Instructors

Chelsea Beechel, Nancy Birdwell, David Cameron, Mark Christiani, Bill Fallon,
John Gray, Vinay Hanumaiah, Mike Knarzer, Michael Kreitz, Michael Lust,
Douglas Matson, Erin Matson, David McClintic, Kim McClintic, David Sampson,
Rogil Schroeter, Curtis Stone



We've got room!



We can even put our tents on the floor now!



AMC Anchors School: Fall 2012

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

Tuesday:	Learn anchor components, anchor types, knots and hitches.
Thursday:	Learn anchor system characteristics and construction.
Saturday:	Gain experience setting anchors by practicing “hands-on” scenarios under instructor supervision.
Sunday:	Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing.

Class schedule:

Nov 13	Tuesday	6:00 pm–9:30 pm	*Scottsdale Cactus Park
Nov 15	Thursday	6:00 pm–9:30 pm	Scottsdale Cactus Park
Nov 17	Saturday	8:00 am–4:00 pm	Climbing area to be announced during class
Nov 18	Sunday	7:00 am–5:00 pm	Climbing area to be announced during class

***Cactus Park is located on the northeast corner of Cactus Rd. and Scottsdale Rd in Scottsdale.**

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$95 plus membership if not already a member (\$15 for an individual and \$35 for a family). Membership is good through the end of this year. You can pay full membership (\$30 for an individual and \$35 for a family) and be paid up thru the end of next year. Register thru PayPal on the AMC website, or contact Nancy Birdwell at anchors.school@amcaz.org for the mailing address. No credit cards accepted. The registration fee is fully refundable if you cancel.

Contact Nancy Birdwell by email: Anchors.School@amcaz.org for more info. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking “D” or oval carabiners (at least 2, bring more if you have them)
 - 3 locking carabiners (at least 3, one of which should be a parabiner)
 - 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
 - 1 climbing harness
 - 1 ea 4', 6', 10' 6mm prusiks (untied length)
 - 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
 - 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
 - 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.
- (The slings and harness are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.