

The background of the entire page is a high-resolution photograph of a person rappelling down a steep, layered rock face. The rock shows distinct horizontal sedimentary bands in shades of brown, tan, and grey. The person is a small figure in the middle of the frame, wearing a blue shirt and dark pants, with a rope extending from above. The lighting creates strong shadows and highlights the textures of the rock.

# The Arizona Mountaineer

August 2012

Thad Colgrove on rappel  
in Sundance Canyon.  
Story by Thad Colgrove. Page 12  
Cover photo: Cheryl Beaver

# The Arizona Mountaineering Club

Meetings: The member meeting location is:

Granite Reef Senior Center  
1700 North Granite Reef Road  
Scottsdale, Arizona 85257

The meeting time is 7:00 to 9:00 PM.

Check Calendar for date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee  
6519 W. Aire Libre Ave.  
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

[www.amcaz.org](http://www.amcaz.org)

Mail:

Arizona Mountaineering Club  
4340 E. Indian School Rd., Ste 21-164  
Phoenix, AZ 85018

## BOARD OF DIRECTORS

President	Bill Fallon	602-996-9790
Vice-President	John Gray	480-363-3248
Secretary	Kim McClintic	480-213-2629
Treasurer	Curtis Stone	602-370-0786
Director-2	Eric Evans	602-218-3060
Director-2	Steve Crane	480-812-5447
Director-2	Cheryl Beaver	cherylbeaver@cox.net
Director-2	Douglas Matson	douglas.matson@gmail.com
Director-1	Daniel Gonzales	602 550-08371

## COMMITTEES

Archivist	Jef Sloat	602-316-1899
Classification	Nancy Birdwell	602-770-8326
Climbing Shoe Rental	Linda Locke	602-371-9300
Elections	John Keedy	623-412-1452
Equip. Rental	Bruce McHenry	602-952-1379
Email	Curtis Stone	602-370-0786
Land Advocacy	Erik Filsinger	smorefil@aol.com.
Co-Chair	John Keedy	623-412-1452
Librarian	David McClintic	602-885-5194
Membership	Rogil Schroeter	623-512-8465
Mountaineering	Bruce McHenry	602-717-8956
Newsletter	Cheryl Beaver	cherylbeaver@cox.net
Outings	Dave McClintic	602-885-5194
Programs	Kim McClintic	480-213-2629
Technology	Steve Crane	480-812-5447
Trng & Schools	Bill Fallon	602-996-9790
ORC	Bill Fallon	602-996-9790
Anchors	Eric Evans	602-218-3060
Lead	Mike Knarzer	602-751-1701

**The AMC Land Advocacy Committee:** The Committee works to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger at [smorefil@aol.com](mailto:smorefil@aol.com).

**Newsletter:** The Arizona Mountaineer is published monthly by the AMC. The newsletter depends on contributions from its members so PLEASE send us your articles, gear reviews and/or photos.

Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts. Contact Dave McClintic at 602-885-5194 about billing. All ads are to be submitted to the newsletter committee by the 1st of the month prior to the month to be published.

Submit items for publication and direct any questions through email to Susan at [SHarnage@aol.com](mailto:SHarnage@aol.com). All submissions are subject to approval by the AMC newsletter committee: *Cheryl Beaver, Tracy Fleming, Susan Harnage, and Jutta Ulrich*.



## Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (602) 770-8326.

<u>Outing Leader</u>	<u>Contact Info</u>
Eric Evans .....	602-218-3060 eae100@yahoo.com
Bill Fallon .....	602-996-9790 bill.fallon@cox.net
Erik Filsinger .....	smorefil@aol.com
Jason Garvan .....	480-734-6801 beach_bum43@hotmail.com
John Keedy .....	623-412-1452 jwkeedy@cox.net
Mike Knarzer .....	602-751-1701 thrashndangle@gmail.com
David McClintic .....	602-885-5194 david.mcclintic@cox.net
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Curtis Stone .....	602-370-0786 curtis_j_stone@yahoo.com
Frank Vers .....	480-947-9435 climbros@gmail.com
Justin York .....	480-229-8660

## Treasurer's Report

### Arizona Mountaineering Club Income Statement Period Ended June 2012

<b>INCOME</b>	
Advertising	0.00
Dues	3,255.04
Grants Received	0.00
Interest	0.00
Mountaineering Schools	600.00
Rental Equipment	20.00
AARS Fall	0.00
AARS Spring	945.00
Basic Fall	0.00
Basic Spring	3,380.00
Lead Fall	0.00
Lead Spring	570.00
Training Other	0.00
Other	5.00
<b>TOTAL INCOME</b>	<b>8,775.04</b>

<b>EXPENSES</b>	
Admin	958.34
Promotional	0.00
Bank chgs	247.34
Capital Expenditures	0.00
Equipment Maintenance	0.00
Grants Expended	0.00
Insurance	0.00
Land Advocacy Committee	0.00
Library	0.00
Newsletter	416.20
Outings	432.36
Outing Leaders	265.00
Programs Monthly Meeting	536.86
Training	5,249.07
<b>TOTAL EXPENSES</b>	<b>8,105.17</b>

**OVERALL TOTAL 669.87**

### ACCOUNT BALANCES

Checking & PayPal	13,584.10
Accounts Receivable	0.00
CD Account	15,000.00
<b>TOTAL CASH ASSETS</b>	<b>28,584.10</b>
AMC Outing Gear	0.00
<b>OVERALL TOTAL</b>	<b>28,584.10</b>

## Contents

2	Who does what, Committees, Addresses and Numbers
3	Outing Leaders, Treasurer's Report
4	Contents, Discounts, NL deadline, and Birthdays
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18	Calendar - Billboard
19	Hiking Shack Ad
20	Basic Rock Climbing Flyer

## Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 3244 E. Thomas Rd., Phoenix, AZ 85018, (602) 944-7723 [www.hikingshack.com](http://www.hikingshack.com). Show your AMC membership card and get a 15% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

**September Newsletter Submission Deadline: August 1st**

## Welcome New Members

Laura Schappert, Dorothea Jackson

## August Birthdays

Mark Christiani 8, Tom Kreuser 11, Arthur Tucker 13, Keith Waldrup 15,  
Kathy Sharp 17, David Swanson 18, Amanda Drake 19, Cheryl Beaver 20,  
Daniel Warren 22, Jim Waugh 24, Gary Martinez 28, Steve Rangel 28,  
Roberto Franco 30, Gavin Storey 30, Tim Lange 31

# AMC Board Minutes - July 9, 2012

1. Call to Order: 7:02 PM Board Members present: Bill Fallon, John Gray, Curtis Stone, Cheryl Beaver, Eric Evans, Douglas Matson. Committee Chair: Erik Filsinger.
2. Minutes of the June meeting were approved.
3. Treasurer's report was reviewed and approved. The report will be published in the August newsletter.
4. Committee Reports:
  - a. Membership: 226. Mid-year membership renewal reminder postcard will be mailed out.
  - b. Programs:
    - i. The June member meeting, the Annual Gear Swap and Climb, was held at PRG in Tempe. Thank you to Dief and the staff at PRG.
    - ii. There is no program for the month of July in observance of vacations and due to historic low attendance in July.
    - iii. The August program is still in development and will be announced via email and on Meet Up.
    - iv. Board members expressed desire to bring in a big name climber.
  - c. Outings/Activities:
    - i. Upcoming:
      1. Fall Lead School: Sept. 11, 12, 13, 15, 15- Mike Knarzer
      2. Grand Canyon Clean Up-Sept. 29-30: John Gray
      3. Queen Creek Clean Up: David McClintic and Tiina Perlman
      4. J-Tree Thanksgiving Holiday: Nov. 21-25
      5. Sven Tower III Trail Project- Dec. 1- Paul Paonessa (needs crew chiefs)
    - ii. Recent Past:
      1. The Overlook- June 16 - Curtis Stone.
  - d. Land Advocacy:
    - i. QCC: No new developments
    - ii. McDowell Sonoran Preserve: Climber Access. Upcoming Trail project near Sven Tower III Trail.
  - e. Training and School
    - i. Lead School Sept. 11, 12, 13, 15, 15- Mike Knarzer
    - ii. Basic Outdoor Rock: October 9, 11, 13, 14, 16, 18, 20

# AMC Board Minutes - July 9, 2012 (cont)

## 5. New Business:

- a. T-Shirt Plan: Cheryl and Bill discussed numbers collected on cost of producing shirts. Cheryl is heading up the T-Shirt Committee, with Kim and Curtis assisting. Due to set up costs the shirts will be offered for pre-order.

## 6. Old Business:

- a. Arno Ilgner: We will continue to pursue having Arno to speak at a member meeting and/or run a workshop for AMC in the Fall.

## 7. The meeting was adjourned at 8:57 PM.

Respectfully submitted by Kim McClintic, club secretary.



AMC thanks Rockford Corporation for the use of their facilities for board meetings. Rockford is a local maker and distributor of high-end audio components for cars, trucks and boats.

# AMC Member Meeting

August 27, 2012

7:00 PM- 8:30 PM

## TBA

**Watch for an AMC email announcement**

**Guests are welcome!**

## Coming Soon! AMC T-shirts

The AMC will offer performance and ladies T-shirts in addition to the traditional Hanes Beefy-T.

A variety of unprinted shirts in various sizes will be available at this meeting if you want to take a look at them before ordering.

For questions regarding the T-shirts, contact Cheryl at [cherylbeaver@cox.net](mailto:cherylbeaver@cox.net).



**Located at Granite Reef Senior Center**

**1700 N. Granite Reef Rd., Scottsdale**

For questions or information about this program, contact Kim at [canyonkim@gmail.com](mailto:canyonkim@gmail.com)

# AMC Lead Climbing School: Fall 2012

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

## Class curriculum:

Tue	Lecture, slide show: introduction, the lead fall, equipment
Wed	Lecture, slide show: equipment (continued); the process and techniques of leading
Thu	Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat	Hands-on practice: natural pro placement (Prescott)
Sun	Hands-on practice: leading on bolts (Prescott or Scottsdale)

## Class schedule:

Sept 11	Tuesday	6:30 pm–9:30 pm	*Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Sept 12	Wednesday	6:30 pm–9:30 pm	Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Sept 13	Thursday	6:30 pm–9:30 pm	Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Sept 15	Saturday	9:00 am–5:00 pm	Prescott (directions will be in syllabus)
Sept 16	Sunday	9:00 am–5:00 pm	Prescott or Scottsdale (directions will be in syllabus)

\*Address for the Chateau de Vie 5 Clubhouse: 5900 N 83<sup>rd</sup> St.

Directions: From McDonald Rd East of Hayden Rd and West of Granite Reef, turn south on 83<sup>rd</sup> St. Take the 2<sup>nd</sup> right into the parking lot. The Clubhouse is the only free standing building in the complex.

**Experience required:** Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

**Cost: \$95**, plus membership if not already a member (Prorated for half year -\$15 for an individual and \$18 for a family). Membership is good through Dec. 2012. Register by the Paypal link on the website (<http://www.amcaz.org/leadRegistration.asp>) or if you need to send a check you can contact Nancy Birdwell [amcleadschool@gmail.com](mailto:amcleadschool@gmail.com) for the address. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Birdwell by email: [amcleadschool@gmail.com](mailto:amcleadschool@gmail.com) for more info. The number of students will be limited to 30.

## Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

1. All climbing gear (harness, prusiks, biners, etc.)
2. Helmet—mandatory for all on-rock sessions
3. Specifically needed:
  - 2 20' slings (untied length), preferably different colors
  - 2 10' slings (untied length), preferably different colors
  - Nut pick
  - Quickdraws with biners—at least 5 per person
  - All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.
  - Consider combining with another person to have enough gear
4. Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday
5. Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

**For more information:** Visit the Arizona Mountaineering Club website at [www.amcaz.org](http://www.amcaz.org).



**ARIZONA MOUNTAINEERING CLUB'S**

# **OVER THE RIM**

**GRAND CANYON CLEAN-UP**

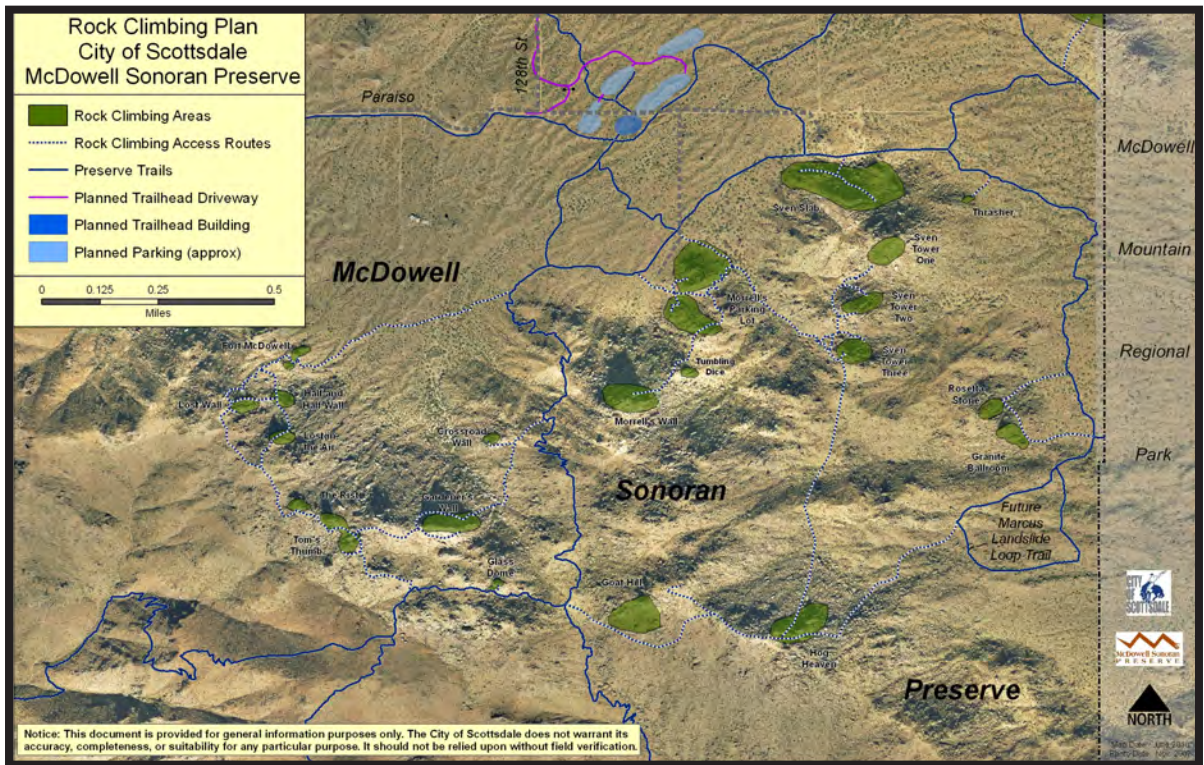
**SEPTEMBER 29-30, 2012**

**SAVE THE WEEKEND  
MORE INFORMATION COMING SOON**





# Tom's Thumb Trail Head- Change in Parking



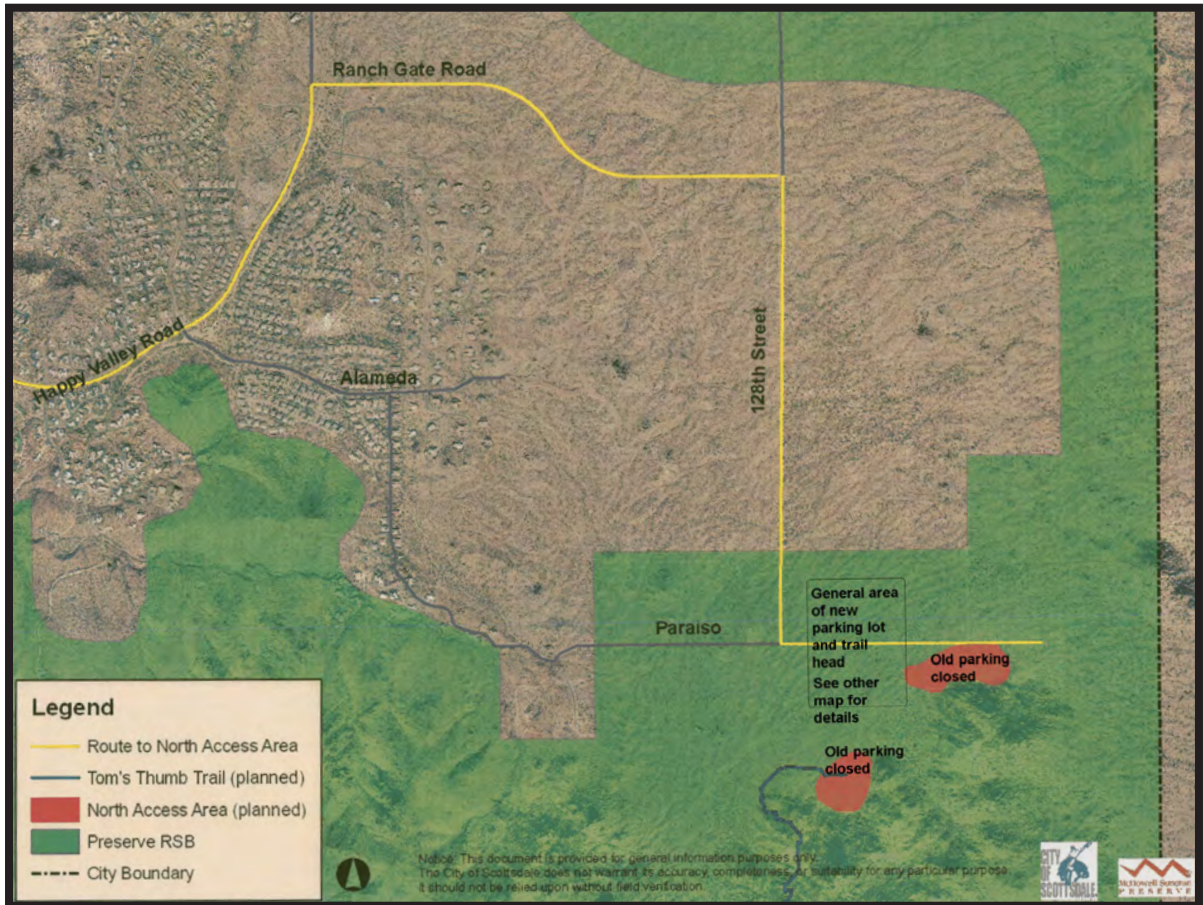
The City of Scottsdale has made the transition to the new parking lot for the Tom's Thumb Trail Head. All members of the public will be required to enter the new Tom's Thumb Trail Head via 128th Street. All of the former access points will be closed.

This new parking lot will serve the climbing on the eastern slope of the McDowells (e.g., Granite Ballroom and Rosetta Stone), the greater Sven Slab area (Sven Slab, Sven Towers I, II, and III), Hog Heaven via Mesquite Canyon, the greater Morrell's Wall climbing (Morrell's Parking Lot, Morrell's Wall), Gardeners Wall, Glass Dome, Goat Hill, Tom's Thumb, the Rist, Lost in the Air, Lost Wall, Half and Half, and Fort McDowell. It also will serve as gateway to the McDowell Regional Park and Rock Knob. If anyone wishes to have updated route information please contact me.

The main entrance point to the Tom's Thumb Trail Head is south of the intersection of Ranch Gate Road and 128th Street. Most climbers coming from the south and west will take advantage of coming east on Happy Valley from Pima. Continue on Happy Valley easterly past 104th Street/Alma School and go through the Troon development. Happy Valley curves north on the east side of Troon Mtn and becomes 118th Street. Follow 118th Street a short distance and look for the brown signage to the Trail Head. You take a right/east off of 118th Street on to Ranch

amcaz.org 10

# Tom's Thumb Trail Head- Change in Parking (cont)



Gate Road, which then arrives shortly at 128th Street. This short cut saves maybe 15 minutes drive time up to Dynamite and across.

For your reference, see the accompanying maps – one showing the roads access and the other showing the new parking and trail access.

If you have any questions or if you would like any updated trail access and climbing route information, please contact me – [smorefil@aol.com](mailto:smorefil@aol.com).

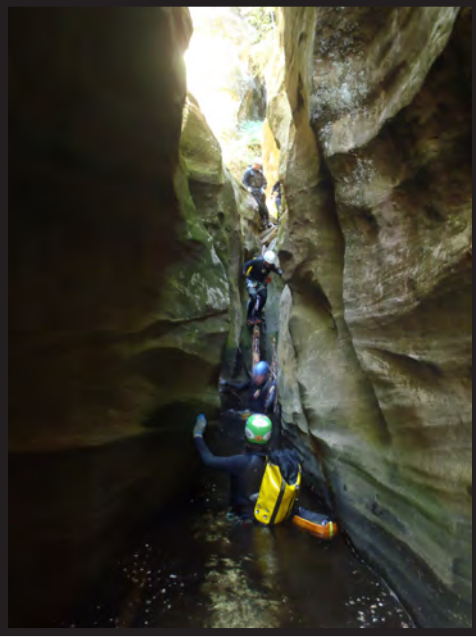
~Erik Filsinger

AMC Land Advocacy Chair



# Canyoneering – Bear and Sundance Canyons

Gearing up by putting on a wet suit and harness with anticipation of rappelling into cold water always brings excitement. Not that a wet suit or cold water is exciting, but the excitement of the technical descent into a canyon and the beauty of the canyon make canyoneering exhilarating.



*Canyoneers downclimbing a slippery log.*  
Photo: Cheryl Beaver

from the Sun due to the narrowness of the canyon. The swim sections are short and the water can be pretty murky. The water was cold even with a 3 mm wet suit, but the summer weather warmed us up fairly quickly after getting out of the water. As with most canyons there are rocks to hop over, fallen trees to go under but, all that adds to the fun. There is also an area for stemming practice if you choose or if you choose not to you can wade through the water. We decided to exit the canyon before we arrived at West Clear Creek by climbing up canyon right. However, exiting at West Clear Creek is very scenic with clear water and green vegetation along the banks. The climb back to the top is steep, but that is all part of canyoneering.

Sundance is the mother of all canyons in the West Clear Creek area, mainly because of the rappel into a box canyon. The name came from Rich Carlson taking a film crew through the canyon

Recently I joined a group of friends and fellow canyoneers for a day trip to descend through Bear Canyon and Sundance Canyon. These are classic canyons connected to West Clear Creek. I have done these canyons several times before, but each time brings a newness and awareness of the scenic nature of canyons. Bear Canyon is known for a scenic narrow section and Sundance is known for its magnificent 180' rappel with 130' free hanging. Due to the relatively shortness of these canyons they both can be done in the same day.

Bear Canyon was first on the agenda. I remember wondering why it was named Bear Canyon and if there was a story behind the name. One can only guess. The approach is relatively easy, and the rappels are fairly straight forward. One rappel has a big round rock wedged above you that you duck under at the start of the rappel. It makes a good place for a picture. Bear Canyon has a keeper hole, but the times I have been through there has been sufficient water making it easy to get out. Several rappels are into water, so it is important to set your rope length to be able to swim out of the rappel without removing your rappel device to get off rappel. The canyon has a narrow section that winds like a snake slithering down a road. This section is unlike any other canyon in the West Clear Creek area. The rocks are smooth with less light



*Rappelling into the narrows of Bear Canyon.*  
Photo: Scott Betz

## Canyoneering (cont)

filming a PBS series Anyplace Wild. It was named after Butch Cassidy and the Sundance Kid. The approach is slightly more difficult, but still not bad. There is a little more down climbing, rock hopping and more obstacles to climb around and over. There are logs to shimmy down and a short slide that is more of a forced fall into a pool of water. Sundance also has keeper holes, but for us did not provide any difficulties. The keeper hole could be a problem if water levels are low. There are short swimmers and one of the rope pulls could be tricky if not careful. Then just before last rappel you rappel into a bowl that is a deep keeper that can be a struggle to get out and you end up in a place known as the keyhole. You stay connected to your rappel rope for the next short rappel into shallow bowl of water. The last rappel is like standing on a windowsill looking down from a tall building. There are bolts to anchor into, but on the rappel platform only two people fit at a time. And once you step over it is straight down 180' between you and the ground. After 50' the rappel turns to free hanging the rest of the way down. Proper resistance with your rappel device is critical. During the free hanging part of the rappel you may spin. If that happens, just think of the lyrics from Dead or Alive "You spin me right round, baby right round like a record, baby right round, round, round." Enjoy the sensation of being a Sundance kid. Just keep in mind that this rappel is not for the inexperienced or for those scared of heights. A fireman's belay is recommended. The box canyon in its own right is spectacular to look at, but rappelling into the box is truly amazing. The exit from West Clear Creek is the same for both canyons.

West Clear Creek has beauty in itself, but the technical canyons leading into West Clear Creek brings additional beauty and fun. So during the dog days of summer the West Clear Creek canyons are a great way to get away from the heat. For specific details and gear requirements for both of these canyons refer to Todd Martins book "Arizona Technical Canyoneering."

~ Thad Colgrove



*One of the rappels in Bear Canyon.  
Photo: Brian Bassett*



*One of the many scenic areas in Bear Canyon  
Photo: Cheryl Beaver*



# Sedona Rocks! A Climbing Guide

Authors: David Bloom and Erik Wolfe

## Q&A with Erik Wolfe

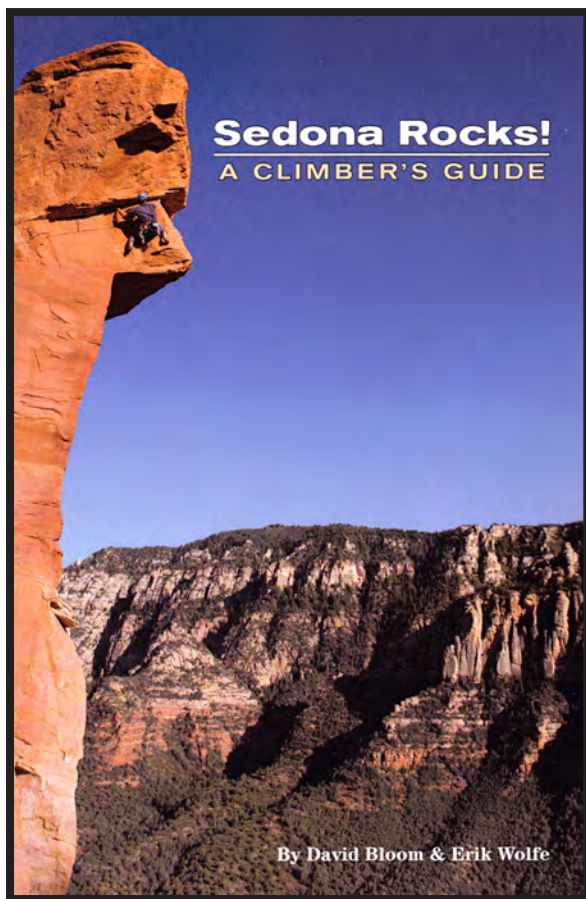


Photo: J. Burcham

*Seems like there are a lot of books about climbing, what inspired your book?*

Climbing with co-author David Bloom and other partners, it became apparent that the previous rock climbing guides were seriously out-dated. Another objective was to dispel the “scary and loose” reputation that Sedona climbing has had for years. New climbs had been going up in multiple areas around Sedona for some number of years. David has an eidetic memory for routes and beta (route details), and I have a good organizational mind and decent artistic talent for topography. Over a period of time, we came to realize we were well matched for the enormous task of organizing the areas and climbs of the region. After talking to a lot of the locals, we found that they were very supportive of the project. We were inspired by people that wanted their climbs to be repeated and enjoyed! The support was there, and the excitement was palpable. After 4 years to reach publication, the response has been overwhelmingly positive – a really nice reward for the effort.

*What can readers expect from the book... is this something a novice could purchase and use?*

In a word: No. Sedona is an adventure climber’s paradise, but many of the routes tend to be quite challenging in that regard. Even the easier routes can involve long approaches and a larger skill set than your average “beginner-friendly” climbing areas. That being said, the rewards equal the challenge. There are many moderate adventure climbs for those seeking an experi-

ence outside of the local crag. Generally, this is an area that is exhilarating but challenging with spectacular summits – but the beginning climber should tag along with an experienced leader. On the positive side, the experience of Sedona climbing definitely expands the perspective of the newer climber as to what real climbing is about, and that makes one a better all-around climber.

*What about advanced climbers... is this a guide they can use as well?*

**The advanced** and expert climber will find the Sedona region to be very rewarding and diverse. The area abounds with sport, mixed and traditional routes with year-round climbing. From road-side cragging to back-country adventures, the experienced climber will find here a virtually unlimited vertical landscape for their desires, especially for those intrigued by traditional and mixed adventure climbs. The majority of climbs in Sedona are grade 5.10 and up. The newer climbs, while safer than the “old school” routes are still challenging, often require good technical skills and commitment.

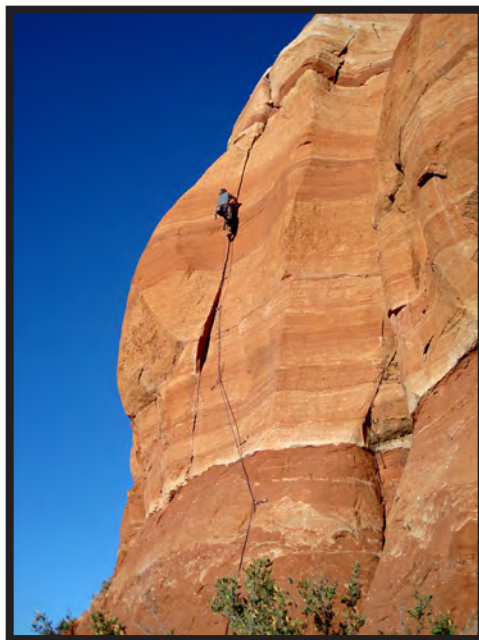
# Sedona Rocks! A Climbing Guide (cont)

*What makes climbing in Sedona so special or unique? Why should I climb the red rocks?*

The Sedona region is one of the most scenic and spectacular areas in the climbing world. Everywhere that one ventures has spacious and inspiring settings: whether it be a long approach up any of the multiple back-country canyons or the closer mesas and pinnacles, the adventure and connection to the earth spirit cannot be equaled. People travel from all over to experience the “Sedona energy”, and the climbing brings one a peak experience. Additionally, the approaches and climbing often take one off the normal beaten path – offering vistas and unique features not often seen by other travelers.

*Did you face any challenges writing this book? How did you overcome those challenges to complete it?*

The information that we initially received from the locals was staggering in its scope. There are over 550 climbs in 24 different climbing areas, and there are often areas within areas. Collecting and organizing so much raw data and creating the topo maps that climbers rely on for each climb was a daunting and very time-consuming task. The book was repeatedly being re-written and edited as new information was found and corrections were made. Once committed, we knew we had to follow through to the end.



*Erik Wolfe climbing Reef Shark at The Beach Area. Photo: D. Burton*



*David Bloom on Oski at Bear Mountain.*

We just had to keep focused on the final goal until completion.

*What do you love most about the book?*

We wanted to keep a traditional feel to the guidebook, and I really love the mix of hand-drawn topographical maps and photographic ones. It gives the book nice variety, yet provides the landmarks and directions needed to navigate the sprawling region. I also really like the professional photographs of climbers that were donated by some of the top climbing photographers that live in the area.

*What's next for you?*

We actually started this book as a Flagstaff and Sedona area guide, but it quickly got too big for just one book. The Flagstaff area guide will be the next project we are going to work on publishing.

*Can you provide a bio about your climbing background, etc?*

I have been a climber for 22 years. I started climbing in the North Cascades of Washington state, where the emphasis was on traditional climbing. This experience culminated in several long back-country first ascents in 2005 and 2006, the stand-out being



# Sedona Rocks! A Climbing Guide (cont)

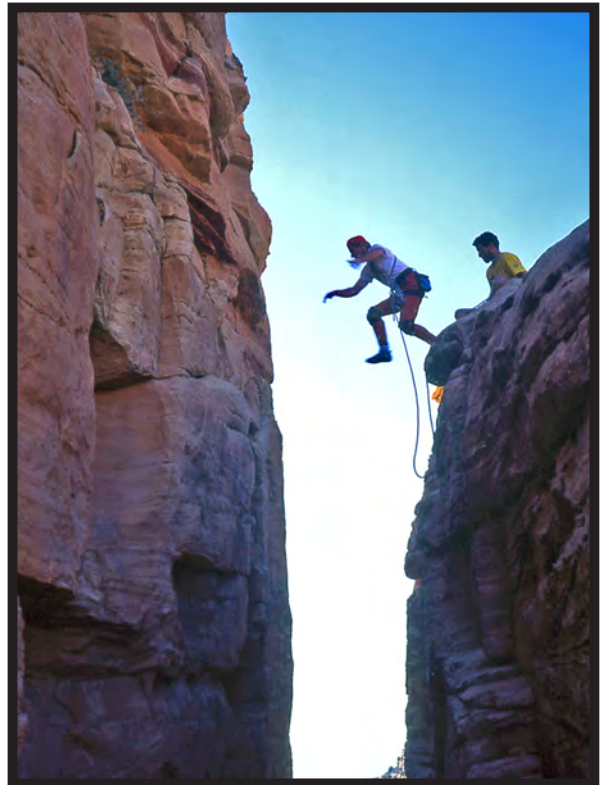


*Cody Lane climbing Free Refills at The Doctor's Office.*



*Tacos Satoko on Isaiah at The Overlook area.*

the completion of a 25-pitch ascent that was featured in *Alpinist Magazine* (#15, p.82). I then moved to central Oregon where I got into sport-climbing (protection by bolts anchored in the rock) at Smith Rock. I honed my technical skills here, and put up a few routes in the process, eventually working for a climbing wall manufacturer. In 2008 I moved yet again to Flagstaff, and by this time I had the bug for putting up new routes. I met David Bloom, and we have spent a lot of time exploring and putting up climbs. David has over 25 years experience, and is a great climbing partner and resource of information. I also met my wife (who is a climber, as well) while in Flagstaff, and we continue to have climbing adventures together. I truly love climbing and the places it has taken me, and hope to continue climbing well into my golden years.



*Jump-across on Oak Creek Spire.*

*Photo: L. Coats collection*

# Two More Excellent Resources

## Author: Manuel Rangel



My book is informative with a plea for readers to walk softly and act as caretakers of an area so new to climbing. It has been nine years since I began climbing in Isolation Canyon AKA Narrows of Pine Creek. It has been a lot of work and joy as a result. I love to be creative with my climbing and now I can share my thoughts and feelings through the book as well. A novice would find it useful to find a suitable climb. It is not an easy area to navigate and many places here are very exposed. I have become careless and nearly lost my life if I had leaned back into the abyss just a bit more on the Main Wall ledge. I placed a fixed line part way down the Main Wall ledge trail because I feared for my friend Brad Mattingly's daughter. When she was small she could walk under the overhang but that is not the case now. So, I feel better about making this small section safer. Advanced climbers will have lots to do here. Especially if they enjoy trad and mixed climbs. Sport climbs top out at 5.12 with room for more. I just can't climb harder so I don't look for that. The biggest hurdle I overcame when publishing the book was my own trepidation about opening such a stunning area to the "masses" and careless climbers. It is a fragile area. The drought and bark beetle have destroyed a huge stand of Arizona Cypress, some 100' tall. Now they stand about the canyon floor ready to impale the unlucky. Initially Isolation Canyon was an Internet thing. People were encouraged to bring people. That's it. Jeremy

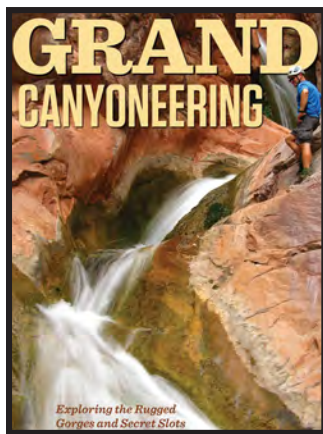
Smith first found the area in '96 and asked to be invited every time I went there. He couldn't keep up. My schedule leaves work week days open and I used them well, putting up nearly a third of the routes was the best part.

To purchase Manny's book---He makes more money on the book this way:

*I have Paypal. Use my email for paypal: [sonso45@gmail.com](mailto:sonso45@gmail.com)*

*But first you'd have to email me to arrange delivery. Pay via Paypal and I would send a copy. Or, for a small fee I'll deliver to Boulders on Broadway...I'm there often enough and I like the beer selection.*

## Author: Todd Martin



This guidebook is somewhat different from others in that the trips require the user to apply skills from the varied disciplines of backpacking, climbing, orienteering, rafting and technical canyoneering. The upside is that those willing to expand their skill set will find that previously inaccessible areas of the Canyon will become open to exploration. A packraft removes the impenetrable barrier presented by the Colorado River. Rope allows the descent of routes not otherwise possible for the non-technical hiker. Orienteering allows hikers to explore off-trail routes in the backcountry. As a result, this book should appeal to backpackers who wish to put together new loops and routes using a packraft, rafters who'd like to perform some canyon descents as part of their river trip, canyoneers who are looking for remote multi-day expeditions and more!

This full-color comprehensive guide includes:

- Descriptions of over 100 canyons rated by technical and physical difficulty
- Detailed first-hand descriptions supplemented by maps, photos, and GPS coordinates
- Essential equipment information
- Locations of water sources
- Natural History facts and low-impact canyoneering techniques

The trips described in this book will guide the reader on some of the most beautiful and remote backcountry adventures to be found within the Grand Canyon.

*Signed copies are available through my website for \$29.95 (plus tax and shipping) at [www.toddshikingguide.com](http://www.toddshikingguide.com)*

*They are also available at the local REI or through Amazon (though, it's better for me if people buy them direct).*

# Calendar of Events - Outings/Schools/Events

## AUGUST 2012

- 13 AMC Board Meeting
- 27 AMC Member Meeting

## SEPTEMBER 2012

- 3 Labor Day (Monday)
- 10 AMC Board Meeting
- 12 Lead School Sep 11, 12, 13, 15, 16
- 24 AMC Member Meeting
- 29 Grand Canyon Clean up

## OCTOBER 2012

- 3 Outdoor Rock Climbing School Instructors Meeting
- 8 Columbus Day AMC Board Meeting – Reminder: D&O Insurance Policy due
- 9 Outdoor Rock Climbing School Oct 9, 11, 13, 14, 16, 18, 20
- 22 AMC Member Meeting
- 27 Queen Creek Cleanup and Climb

## NOVEMBER 2012

- 7 Anchors School Instructor Meeting
- 11 Veterans Day (Sunday)
- 12 AMC Board Meeting
- 13 Anchors School Nov 13, 15, 17, 18
- 22 Thanksgiving at Joshua Tree
- 26 AMC Member Meeting –Activities Expo

## DECEMBER 2012

- 3 AMC Board Meeting – Reminder: General Liability Insurance due
- 8 Alpine Rock Seminar
- 14 Holiday Party
- 25 Christmas (Tuesday)

## Billboard- Other Scheduled Events

*Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.*

### Billboard—Other Scheduled Events

*Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader.*

*AMC is also on meetup. For official and unofficial outings go to: <http://www.meetup.com/Arizona-Mountaineering-Club/>*

- Tuesdays **North Mountain hikes after work.** Rogil Schroeter (623) 512-8465
- Wednesdays **Ape Index Gym Climbing -** Rogil Schroeter (623) 512-8465
- Thursdays **Phoenix Rock Gym Climbing -** AMC Members \$10 admission with ID card.  
Curtis Stone - Kim McClintic
- Oct 6: All day hike off South rim Grand Canyon. Trail will be Grandview & will include a large cave to explore. For more info contact [Rogil@cox.net](mailto:Rogil@cox.net) or 623-512-8465





**We've got room!**



**We can even put our tents on the floor now!**



# OUTDOOR ROCK CLIMBING

## FOR THE BEGINNING OUTDOOR CLIMBER



*Instruction provided by*  
**The Arizona Mountaineering Club**

During the 4 evening and 3 weekend day sessions, you will learn:

### **The Basics of Climbing Equipment, Climbing Technique, Knots, Rappelling, Belaying, & Self-Rescue.**

The class fee of \$195, plus \$15.00 membership for the remainder of the year (\$18.00 for families), covers equipment provided by the AMC and equipment that you get to keep including: a belay/rappel device, carabiners, prusik cords, climbing text and AMC membership for the remainder of the year.

To register online, go to:

[www.amcaz.org/basic.asp](http://www.amcaz.org/basic.asp)

**Class Size is Limited to 40 - Reserve your spot now!**

For additional information, contact Eric Evans  
[AMCBasicSchool@gmail.com](mailto:AMCBasicSchool@gmail.com), or visit our website at:

**[www.amcaz.org](http://www.amcaz.org)**



**By the 3rd Class  
You will be  
climbing  
outside!**

### **Fall 2012 - Class Schedule**

- October 9 - Tue - 5:30 PM - 10:00 PM
- October 11 - Thu - 6:00 PM - 10:00 PM
- October 13 - Sat - 8:00 AM - 5:00 PM
- October 14 - Sun - 8:00 AM - 5:00 PM
- October 16 - Tue - 6:00 PM - 10:00 PM
- October 18 - Thu - 6:00 PM - 10:00 PM
- October 20 - Sat - All Day - Grad Climb

### **AMC Members Enjoy**

- Basic to advanced rock climbing training
- Periodic meetings and outings
- Special Annual Events:
- Grand Canyon Cleanup
- Thanksgiving at Joshua Tree NP
- Camaraderie with other climbers
- The Arizona Mountaineer newsletter