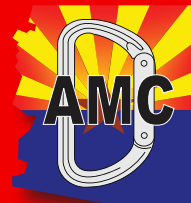


# The Arizona Mountaineer

March 2014



## “The Torch” at The Refuge

Nestor Garcia and  
Justin Bauslaugh  
climb “The Torch.”

More on page 12  
Photos: Nestor Garcia

2014 AMC Board  
Election Results  
page 8

“What’s My Line”  
Cochise Stronghold  
David Anderson  
page 14

Arno Ilgner, author of  
“The Rock Warrior’s way,” will  
give a presentation at the  
AMC member meeting  
this month.  
page 9



# The Arizona Mountaineering Club

## BOARD OF DIRECTORS

President .....	John Gray .....	480-363-3248
Vice-President .....	David Arthur Sampson.....	dasampson@gmail.com
Secretary .....	Christopher Canevit.....	ccanevit@canevit.com
Treasurer .....	Thad Colgrove .....	602-795-2167
Director-2.....	Mike Lust .....	mwlust49@gmail.com
Director-2.....	Paul Laughlin.....	ploughlin@gmail.com
Director-1.....	Matt Kalina.....	MattKalina@yahoo.com
Past President .....	Bill Fallon .....	602-909-8889

## COMMITTEES

Advanced Rock Climbing .....	David Arthur Sampson .....	dasampson@gmail.com
Canyoneering .....	Matt Kalina .....	MattKalina@yahoo.com
Classification .....	Nancy Lust.....	602-770-8326
Climbing Shoe Rental .....	Linda Locke .....	602-371-9300
Elections .....	John Keedy.....	623-412-1452
Equipment Rental.....	Jeff Crosby.....	480-516-7815
Email.....	Rogil Schroeter .....	amcazemail@gmail.com
Land Advocacy .....	Erik Filsinger .....	smorefil@aol.com
Co-Chair .....	John Keedy.....	623-412-1452
Librarian.....	David McClintic.....	602-885-5194
Membership.....	Erin Matson .....	480-818-9306
Mountaineering.....	Erik Filsinger .....	smorefil@aol.com
Co-Chair .....	Jeff Crosby.....	480-516-7815
Co-Chair .....	John Gray .....	480-363-3248
Newsletter Editor .....	Cheryl Beaver .....	amcaznewsletter@gmail.com
Outings .....	Dave McClintic.....	602-885-5194
Programs .....	Kim McClintic.....	480-213-2629
Technology .....	Steve Crane.....	480-812-5447
Training & Schools .....	Bill Fallon .....	602-909-8889
ORC.....	Bill Fallon .....	602-909-8889
Anchors.....	Eric Evans.....	602-218-3060
Lead.....	Mike Knarzer.....	602-751-1701

**Meetings:** The member meeting location is:

Granite Reef Senior Center: 1700 North Granite Reef Rd, Scottsdale, AZ 85257

The meeting time is 7:00 to 9:00 PM. Check Calendar for date.

**Board Meetings:** Board meetings are open to all members and are held two Mondays prior to the club meeting.

**Dues:** Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. dues can be paid using PayPal on the AMC website or mailed to AMC Membership, PO Box 30163, Mesa, AZ 85275-0163. (Checks only).

# The Arizona Mountaineering Club

**Schools:** The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

## For More Information:

Website: [www.arizonamountaineeringclub.org](http://www.arizonamountaineeringclub.org)

Mail: Arizona Mountaineering Club, 4340 E. Indian School Rd., Ste 21-164, Phoenix, AZ 85018

**AMC Land Advocacy Committee:** The Committee works to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger at [smorefil@aol.com](mailto:smorefil@aol.com).

**Newsletter:** The Arizona Mountaineer is published monthly by the AMC. The newsletter depends on contributions from its members so PLEASE send us your articles, gear reviews and/or photos. Submit to: [amcaznewsletter@gmail.com](mailto:amcaznewsletter@gmail.com) by the 1st of the month prior to the month to be published.

Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format.

**Advertising in the newsletter** is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts. Contact Dave McClintic at 602-885-5194 about billing. All ads are to be submitted to: [amcaznewsletter@gmail.com](mailto:amcaznewsletter@gmail.com) by the 1st of the month prior to the month to be published.

**SUBMISSIONS DUE ON MARCH 1ST FOR APRIL NEWSLETTER  
SEND TO: AMCAZNEWSLETTER@GMAIL.COM**

## Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Lust at (602) 770-8326.

<u>OUTING LEADER</u>	<u>CONTACT INFO</u>
Steven Crane.....	480-812-5447 ..... <a href="mailto:stevencrane@live.com">stevencrane@live.com</a>
Eric Evans .....	602-218-3060 ..... <a href="mailto:eae100@yahoo.com">eae100@yahoo.com</a>
Bill Fallon .....	602-909-8889 ..... <a href="mailto:bill.fallon@cox.net">bill.fallon@cox.net</a>
Erik Filsinger.....	..... <a href="mailto:smorefil@aol.com">smorefil@aol.com</a>
Jeff Hatfield.....	480-440-6840 ..... <a href="mailto:jeffhatfield1@gmail.com">jeffhatfield1@gmail.com</a>
John Keedy.....	623-412-1452 ..... <a href="mailto:jwkeedy@cox.net">jwkeedy@cox.net</a>
Mike Knarzer .....	602-751-1701 ..... <a href="mailto:mike@outdooradventuresaz.com">mike@outdooradventuresaz.com</a>
Douglas Matson.....	480-648-3009 ..... <a href="mailto:douglas.matson@gmail.com">douglas.matson@gmail.com</a>
David McClintic.....	602-885-5194 ..... <a href="mailto:david.mcclintic@cox.net">david.mcclintic@cox.net</a>
Bruce McHenry.....	602-717-8956 ..... <a href="mailto:bamchenry@att.net">bamchenry@att.net</a>
Chris Meyer .....	..... <a href="mailto:Sun2stone@cox.net">Sun2stone@cox.net</a>
Jeff Nagel .....	602-318-9538 ..... <a href="mailto:azfreedheart@yahoo.com">azfreedheart@yahoo.com</a>
Rogil Schroeter.....	623-512-8465 ..... <a href="mailto:rogil@cox.net">rogil@cox.net</a>
Curtis Stone.....	602-370-0786 ..... <a href="mailto:curtis_j_stone@yahoo.com">curtis_j_stone@yahoo.com</a>
Frank Vers .....	480-947-9435 ..... <a href="mailto:climbbox@gmail.com">climbbox@gmail.com</a>

## Treasurer's Report

### Arizona Mountaineering Club Income Statement Period Ended January 2014

#### INCOME

Advertising	0.00
Dues	1,610.00
Grants Received	0.00
Interest	0.00
Mountaineering Schools	0.00
Rental Equipment	0.00
AARS Fall	0.00
AARS Spring	0.00
Basic Fall	0.00
Basic Spring	1,170.00
Lead Fall	0.00
Lead Spring	760.00
Training Other	0.00
Merchandise & Other	0.00
<b>TOTAL INCOME</b>	<b>3,540.00</b>

#### EXPENSES

Admin	112.65
Promotional	0.00
Bank chgs	118.69
Capital Expenditures	0.00
Equipment Maintenance	0.00
Grants Expended	0.00
Insurance	0.00
Land Advocacy Committee	0.00
Library	0.00
Newsletter	0.00
Outings	0.00
Outing Leaders	77.50
Programs Monthly Meeting	750.00
Training	0.00
<b>TOTAL EXPENSES</b>	<b>1,058.84</b>

**OVERALL TOTAL 2,481.16**

#### ACCOUNT BALANCES

Checking & PayPal	24,515.95
Accounts Receivable	0.00
CD Account	15,000.00
<b>TOTAL CASH ASSETS</b>	<b>39,515.95</b>
AMC Outing Gear	0.00
<b>OVERALL TOTAL</b>	<b>39,515.95</b>

## Contents

2	Who does what, Board Members, Committees, Addresses and Numbers
3	Newsletter information, Outing Leaders
4	Treasurer's Report, Discount Directory
5	Board Meeting Minutes
7	Birthdays, New Members, Rentals
8	Election Results
9	Member Program
10	AMC Spring Anchors School
11	Save The Date- AMC Anniversary
12	The Torch
13	Save The Date - QC clean-up
14	What's My Line - Chochise Stronghold
16	AMC Mountaineering Activities
17	Billboard
18	2014 Calendar
20	AMC Spring Basic Class

## Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 3244 E. Thomas Rd., Phoenix, AZ 85018, (602) 944-7723 [www.hikingshack.com](http://www.hikingshack.com). Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

## AMC Board Minutes - February 10, 2014

Call to order: John Gray called the meeting to order at 7:05pm

Board Members present: John Gray, Bill Fallon, Gavin Storey, Mike Lust, Thad Colgrove, Paul Laughlin, Christopher Canevit

Board Members absent: David Sampson

Committee Chairs present: Erik Filsinger, Bruce McHenry

Members present: None

Minutes: The minutes of January 13, 2014 board meeting were approved as published.

Treasurer's Report: Treasurer's Report for January 2014 was approved.

Committee Reports:

Membership currently stands at 320 with dues paid.

Programs are planned through June, with Photo Contest coming up in February Meeting.

Outings/Activities

Recent: REI "Rock Climbing 101" Clinic, Tempe –Feb 4, in Tempe – Bill F.

AMC Member Meeting (Jack Tackle) – Jan 27

Superstition Ridgeline Hike – Feb 8 – Rogil

Upcoming: Lead School – Feb 11/12/13/15/16 – Mike Knarzer, David Sampson

Basic Ice Climbing – Feb 14/15/16/17 – Bruce McHenry

Ice Climbing Outing, Ouray – March 7/8/9 – Bruce McHenry

Basic School – March 11/13/15/16/18/20/22 – Bill F

AMC 50<sup>th</sup> BD Event – March 29

Land Advocacy: Mountaineering: Erik discussed items regarding Glacier Travel and Snow Skills in April.

Canyoneering: Tabled until next board meeting.

T&S: Erik assisting in obtaining the required permits for City of Scottsdale for Spring Rock Climbing schools. Bill discussed the relocation of the classroom for Basic School moving to North Mountain Visitor Center.

Newsletter Committee: Cheryl announced that she will be stepping down as Editor of the newsletter and will be looking for a replacement immediately.

Technology Committee: No Report



## AMC Board Minutes - February 10, 2014 (continued)

### New Business:

Club Liability – discussed to update new members of the board.

Website Information Contact – discussed different methods to address queries that are currently coming into the membership committee regarding the club.

Technology team to investigate solutions.

T-shirt design - discussed.

### Old Business:

AMC 50<sup>th</sup> BD Celebration planning – not discussed

OL Advanced Climbing Seminars planning – not discussed

Qualification/classification & outing docs – not discussed

Adjourn: The meeting was adjourned at 9:03pm – Respectfully submitted by Christopher Canevit, AMC Secretary

# HAVE YOU RENEWED YOUR AMC MEMBERSHIP FOR 2014?

Go to: <http://arizonamountaineeringclub.org/>

## AMC Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
Avalanche Kit (probe & shovel)	2	10	5	8
Curved Ice Tools (pair)	2	40	20	35

Contact Jeff Crosby for information on how to rent AMC equipment. 480-516-7815

## AMC Newsletter Editor Wanted!!

This is a great opportunity to volunteer your time and energy to the Club.

The AMC newsletter editor creates the monthly newsletter that is sent to the members. The editor will create event flyers, gather articles, photos and content, and design the layout of the newsletter in a desktop publishing software application. Currently we are using Adobe InDesign but Quark or Microsoft Publisher could be possible alternatives.

Anyone interested should have the skills necessary to use the software and should have good organizational skills as well.

If you would like to be involved but don't have the time necessary to be the editor, please consider volunteering as a proof reader. Other opportunities to help out with the newsletter could be designing event flyers, soliciting articles or content from members, photographing or writing reports of club events etc.

To learn more contact Cheryl at [amcaznewsletter@gmail.com](mailto:amcaznewsletter@gmail.com) or [cherylbeaver@cox.net](mailto:cherylbeaver@cox.net)

Thank you,  
Cheryl Beaver, AMC newsletter editor

## March Birthdays

Drew Calaci 2, Kay Alderton 3, Zachary Smith 4, Lisa McLin 8,  
Wayne Schroeter 9, Ronald Auerbach 11, Kieran Gallagher 14, John Perlman 16,  
Pat Brouillette 17, Justin Jones 19, Nick Hoffman 20, Jacob Hancock 26,  
Eve Hoffman 27, Jacqueline Hunter 27, Katie Beaver 29, Jeff Reisinger 31

## Welcome New Members!

Stanislaw Pak, Fiore Zuena, Laurel Arndt

# AMC 2014 Election of Officers and Directors

The elections of Officers and Directors was conducted at the January AMC Membership Meeting.

Election results are as follows:

President	John Gray	Directors 2 years	Michael Lust
Vice President	David Sampson		Paul Laughlin
Secretary	Christopher Canevit	Director 1 year	Matt Kalina
Treasurer	Thad Colgrove		

The Past President position will be filled by Bill Fallon.

Note: It was inaccurately reported at the meeting that two Director positions were filled. Three Director positions were filled by that election.

John Keedy

Election Chair

## Thank You To Our Out Going AMC Board For Their Service!

### A Few Words

As I move on to join the ranks of former Arizona Mountaineering Club presidents, I'm inclined to reflect for a moment on my years with the AMC.

I got my start back in 1997, taking the Basic School like so many of our fellow members. Over the years I've progressed through most all the outdoor disciplines we teach as a club and thoroughly enjoyed so many of the opportunities afforded by my association with the AMC. I mean, where else can you go to connect to so many quality people that enable each other in a passionate pursuit of rock, alpine, and ice climbing, canyoneering, hiking, backpacking, and the list goes on.

I love all these challenging and rewarding outdoor pursuits, but for me, it's really always been the people. I've worked and played with many, many people throughout my life, but so many of my most cherished relationships and experiences have their root in the AMC. Hey, it's just a great group and a lot like a big family. You know, with all the weird and whacky members and a fair share of dysfunctional behavior. Yes, just like family.

The last three years have been particularly rewarding for me, as I've had the opportunity to serve as President. It's been a privilege to give back to the family that has given so much to me. On that point, I want to thank all the people who have taken on the many duties required to operate the club and everyone who has energized the AMC with their enthusiasm and dedication to each other. Please join me in going forward with that same energy and resolve to continue to make the AMC an ever more relevant club for its members and the community.

Looking forward to that next adventure. See you there!

~Bill





**AMC**  
**Member Program**  
**March 24th, 2014 at 7pm**  
**ARNO ILGNER**  
**The Warrior's Way:**  
**Reclaiming Your Power**

Arno Ilgner distinguished himself as a pioneering rock climber in the 1970s and '80s, when the top climbs were bold and dangerous first ascents. These personal exploits are the foundation for Ilgner's unique physical and mental training program—The Warrior's Way®. In 1995, after a thorough search of the literature and practice of mental training and the great warrior traditions, Ilgner formalized his methods, founded the Desiderata Institute, and began teaching his program full time. Since then, he has helped hundreds of students sharpen their awareness, focus attention, and understand their athletic (and life) challenges within a coherent, learning-based philosophy of intelligent risk-taking. Ilgner considers the joy and satisfaction in the effort – the “journey” – intimately linked to successful attainment of goals, the “destination.”

Alumni of his courses now include some of the nation's most prominent climbers.

Visitors Welcome!

Located at Granite Reef Senior Center, 1700 N. Granite Reef Rd., Scottsdale

Contact Kim with questions. [canyonkim@gmail.com](mailto:canyonkim@gmail.com)

## AMC Anchors School - Spring 2014

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

Tuesday: Learn anchor components, anchor types, knots and hitches.

Thursday: Learn anchor system characteristics and construction.

Saturday: Gain experience setting anchors by practicing “hands-on” scenarios under instructor supervision.

Sunday: Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing.

Class schedule:

Apr. 8	Tuesday	6:00 pm–9:30 pm	* Scottsdale Cactus Park
Apr. 10	Thursday	6:00 pm–9:30 pm	Scottsdale Cactus Park
Apr. 12	Saturday	8:00 am–4:00 pm	Sullivan’s Canyon, Chino Valley
Apr. 13	Sunday	7:00 am–5:00 pm	Promised Land, Chino Valley (Weather permitting)

\* Cactus Park is located on the northeast corner of Cactus Rd. and Scottsdale Rd in Scottsdale.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$95 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2014. Register by the Paypal link on the website (<http://www.amcaz.org/anchorsRegistration.asp>) or if you need to send a check you can contact Nancy Lust [amcanchorsschool@gmail.com](mailto:amcanchorsschool@gmail.com) for the address.

No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Lust by email: [amcanchorsschool@gmail.com](mailto:amcanchorsschool@gmail.com) for more info. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking “D” or oval carabiners (at least 2, bring more if you have them)
- 3 locking carabiners (at least 3, one of which should be a parabiner)
- 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
- 1 climbing harness
- 1 ea 4’, 6’, 10’ 6mm prusiks (untied length)
- 2 ea 5’, 10’, 20’ slings (1” tubular webbing, untied length, AKA runners)
- 1 or 2 personal anchor slings (commercial daisy chains or 4’ sewn Spectra runners or equivalent)
- 1 helmet—required for Saturday and Sunday sessions, helmets are available if you do not have one.

(The slings and harness are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people’s gear. If you don’t know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D’s, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5’, two 15’ slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at [www.arizonamountaineeringclub.org](http://www.arizonamountaineeringclub.org)

10 arizonamountaineeringclub.org

# Save The Date!!

## AMC 50th Anniversary Celebration March 29th, 2014

2014 is a very special year for the Arizona Mountaineering Club as we celebrate our 50th Anniversary. Please plan to join present and past AMC members for a special day of climbing and celebration in a near and dear climbing locale, Queen Creek. We'll be gathering at the Oak Flat Campground, spending the morning and early afternoon climbing at various favorite crags, and meeting back at the campground for a late afternoon celebration.

All current and former AMC Members are invited to join in the celebrations. This is a wonderful opportunity to reunite with friends and celebrate the AMC that brought so many of us together over the years. Please help us re-connect to past AMC members and pass this message on.

Watch your email and the AMC Meetup group for more details as the date approaches.

**Sign up on Meetup**

**<http://www.meetup.com/Arizona-Mountaineering-Club/>**





*Photos: Nestor Garcia*

Nestor Garcia and Justin Bauslaugh climb "The Torch" at the Refuge in Lower Devil's Canyon

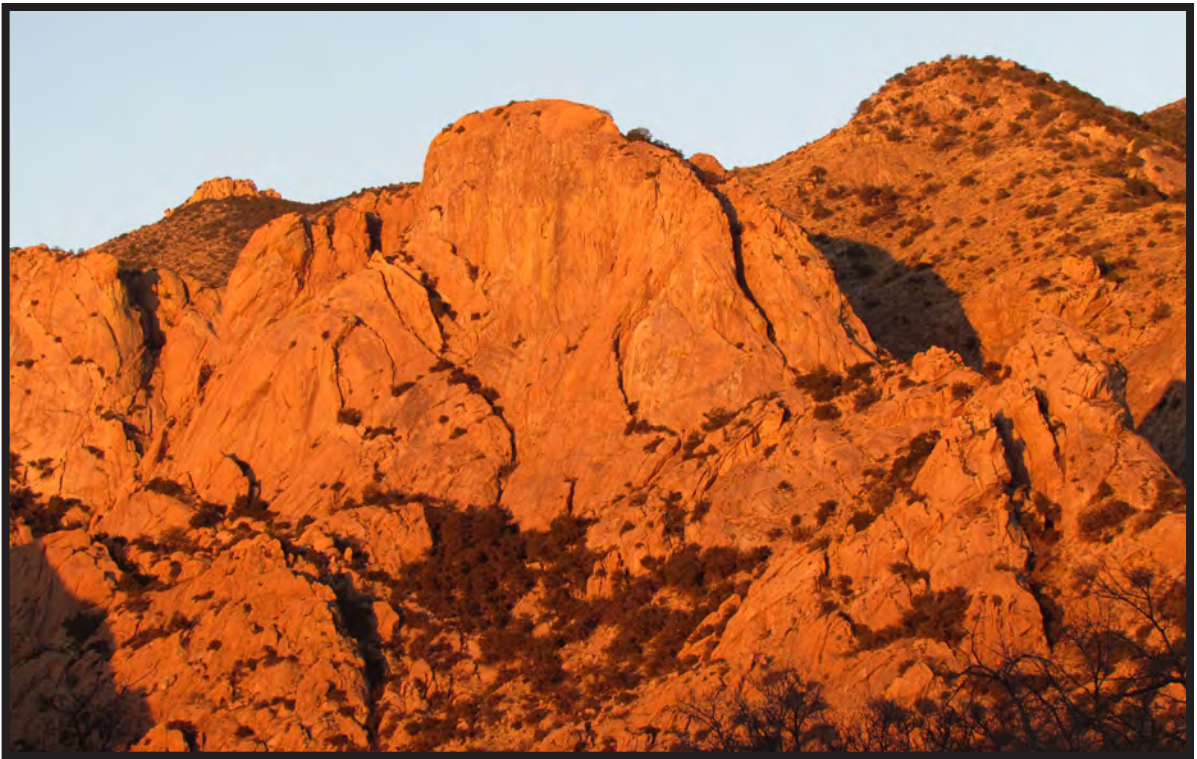
# SAVE THE DATE

**AMC'S  
BI-ANNUAL  
QUEEN CREEK  
CLEAN-UP &  
CLIMB**



**SATURDAY  
APRIL 5TH**





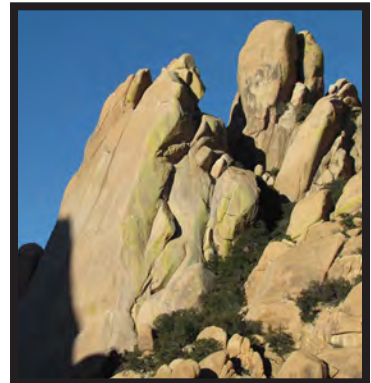
*On the drive in, the morning sun lit up the rocks at Cochise Stronghold.*

## **What's My Line - Cochise Stronghold**

Up before dawn in Tucson to drive in the dark to Cochise Stronghold. As first light spread into the eastern sky, several dozen Sandhill Cranes lifted off Wilcox Playa. The rocks were on fire in the morning sun as we arrived, and we hiked uphill 1000 feet in a mile and were close to the climb. Then, gearing up, we scrambled and climbed some more to the technical section. There were lots of chicken-heads to climb on... over there...out of reach. We worked it out. The route wanders all over. Once on the chicken-heads it was easy, near-vertical climbing until the chicken-heads settled into the rock and disappeared, way up top, for a traverse, with tremendous exposure. I'm thinking, "5.6?". But smearing worked and I didn't slip. After a couple of rappels and a long, steep, loose, brushy down-climb, we grabbed our packs were back on the trail. We got to the truck after dark and learned the SuperBowl was a complete lop-sided rout. Our route was better. I love this climb and want to do it again. The Stronghold has many great climbs and a campground right there. Who wants to lead, who wants to camp, who wants to go?

~David Anderson

14 arizonamountaineeringclub.org

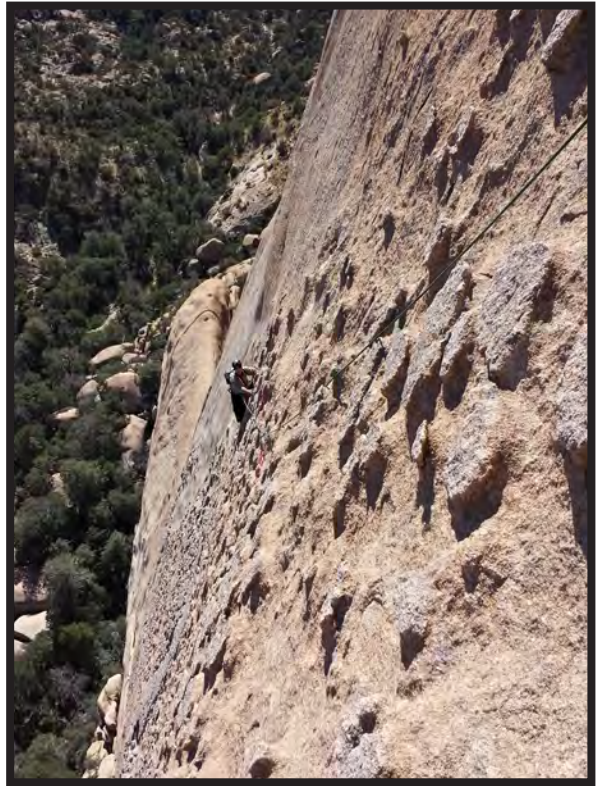


*Continued on page 15*





*This is part of the approach climb.*



*Eric Sophiea's picture of me heading up*



*Eric is up ahead, slinging a chicken-head to place a runner.*



*This is the view looking west, as I'm climbing.*



*I'm sitting at the first belay station, already far above the trees. The rest were semi-hanging belays (toes on the chicken-heads), until the top one.*

# AMC Mountaineering

## Committee Activities

2014

Sign up through the AMC Meet-Up site.

**Alpine Seminar Series** - The first Wednesday of each month. Jeff Crosby leads this informative series of talks based on chapters from *Mountaineering: Freedom of the Hills*. Jeff is soliciting speakers to cover each evening's topics.

**Top Rope Ice Climbing Outing** - Saturday, March 7 to Monday, March 10 – Bruce McHenry will lead an ice climbing outing to Ouray.

**Glacier Travel Class** - Saturday, April 19 to Sunday, April 20 – Erik Filsinger will hold a snow skills, glacier travel, and crevasse rescue class on Mt. Humphreys.

**Colorado Mountain Climb** - Saturday, May 24 to Monday, May 26 (Memorial Day Weekend)– Erik Filsinger will take an outing to Southwest Colorado to climb a mountain in practice for AMC alpinists pursuing other mountain climbs in 2014.

Submitted by Erik Filsinger  
AMC Mountaineering Committee Chair



## Billboard- Other Scheduled Events

*Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader.*

Tuesdays     **North Mountain hikes after work.** Rogil Schroeter (623) 512-8465

Wednesdays   **Ape Index Gym Climbing** - Rogil Schroeter (623) 512-8465

Thursdays     **Phoenix Rock Gym Climbing** - AMC Members \$10 admission with ID card.  
Curtis Stone - Kim McClintic

**Go to the AMC meetup for a complete list of outings and activities.**

**Up to date information and registration will be available.**

**<http://www.meetup.com/Arizona-Mountaineering-Club/>**

## Local Climbing Events

- March           Arno Ilgner -Warrior's Way Clinic. Southwest Tour.  
Arno will teach Warrior's Way Falling and Commitment clinics in the Southwest in March.  
[http://warriorsway.com/southwest-tour\\_2014-03/](http://warriorsway.com/southwest-tour_2014-03/)
- April 12       The Queen Creek Boulder Comp at Oak Flat Campground  
<http://www.queencreekbouldercomp.com/>

# AMC 2014 Calendar

## MARCH

- 5 Alpine Series Seminar
- 5 Basic Outdoor Rock Climbing School  
Instructors Meeting
- 7-10 Top-roped Ice Climbing Outing – Ouray, CO
- 10 AMC Board Meeting
- 11 Basic Outdoor Rock Climbing School -  
11, 13, 15, 16, 18, 20, 22
- 24 AMC Member Meeting- Arno Ilgner
- 29 AMC Anniversary Celebration/Climb

## APRIL

- 2 Alpine Series Seminar
- 5 Queen Creek Cleanup and Climb
- 8 Anchors School - 8, 10, 12, 13
- 14 AMC Board Meeting
- 20 Easter
- 26-27 Glacier Travel, Snow Skills and Crevasse  
Rescue Class
- 28 AMC Member Meeting

## MAY

- 5 AMC Board Meeting
- 7 Alpine Series Seminar
- 19 AMC Member Meeting
- 24-26 Memorial Day Weekend - Alpine Climbing  
Outing to CO

- 26 Memorial Day (Monday)

## JUNE

- 9 AMC Board Meeting
- 23 AMC Member Meeting - Swap Meet

## JULY

- 4 Independence Day (Friday)
- 14 AMC Board Meeting  
(No Member Meeting in July)

## AUGUST

- 11 AMC Board Meeting
- 25 AMC Member Meeting

## SEPTEMBER

- 1 Labor Day (Monday)
- 8 AMC Board Meeting
- 9 Lead School - Sep 9, 10, 11, 13, 14
- 22 AMC Member Meeting

## OCTOBER

- 4 Grand Canyon Clean Up
- 8 Basic Outdoor Rock Climbing School  
Instructors Meeting
- 13 AMC Board Meeting (Columbus Day)
- 14 Basic Outdoor Rock Climbing School -  
14, 16, 18, 19, 21, 23, 25
- 27 AMC Member Meeting

## NOVEMBER

- 1 Queen Creek Cleanup and Climb
- 3 AMC Board Meeting
- 11 Veterans Day (Tuesday)
- 12 Anchors School - 12, 14, 16, 17
- 17 AMC Member Meeting –Activities  
Expo
- 27 Thanksgiving at Joshua Tree

## DECEMBER

- 1 AMC Board Meeting
- 7 Alpine Rock Semina
- 12 Holiday Party









**NO EXPERIENCE REQUIRED!** You will learn and practice all the skills necessary for safe top-rope rock climbing including:

*Gear selection (shoes, harness, helmet) & climbing equipment (ropes, carabiners, belay & rappel devices) • Climbing knots and personal anchor systems • Climbing techniques, belaying, and rappelling • Escaping the belay and critical self-rescue skills and techniques*

**40 HOURS IN 7 SESSIONS, INCLUDING 4 EVENINGS AND 3 FULL DAYS OUTSIDE ON THE ROCK**

All equipment is provided and you get to keep five carabiners, belay & rappel device, prusiks, webbing and a comprehensive manual.

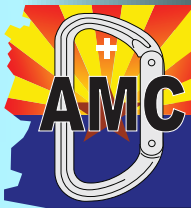


**CLASS SIZE IS LIMITED**

Register now to reserve your spot in the AMC Basic Outdoor Rock Climbing School!

Spring 2014 class schedule:  
 March 11 & 13 (Tues/Thurs) 6 pm – 10 pm  
 March 15 & 16 (Sat/Sun) 8 am – 5 pm  
 March 18 & 20 (Tues/Thurs) 6 pm– 10 pm  
 March 22 (Sat) – All day graduation climb & evening celebration

An AMC membership and a fee of \$195 is required to participate. See our website at [arizonamountaineeringclub.org](http://arizonamountaineeringclub.org) for complete details and registration.



## LEARN TO CLIMB ROCK WITH THE ARIZONA MOUNTAINEERING CLUB

AMC is the oldest and largest climbing club in Arizona, an all-volunteer organization dedicated to teaching safe rock climbing and mountaineering skills.

AMC members receive a 10% discount at Arizona Hiking Shack, AZ On The Rocks Gym, Climbmax Gym and Phoenix Rock Gym

